



The Power to Empower

ANNUAL REPORT

2018-19

Women Shaping the Future



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Women Shaping the future

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The Power to Empower

FICCI Ladies Organisation



Vision

Getting to Equal

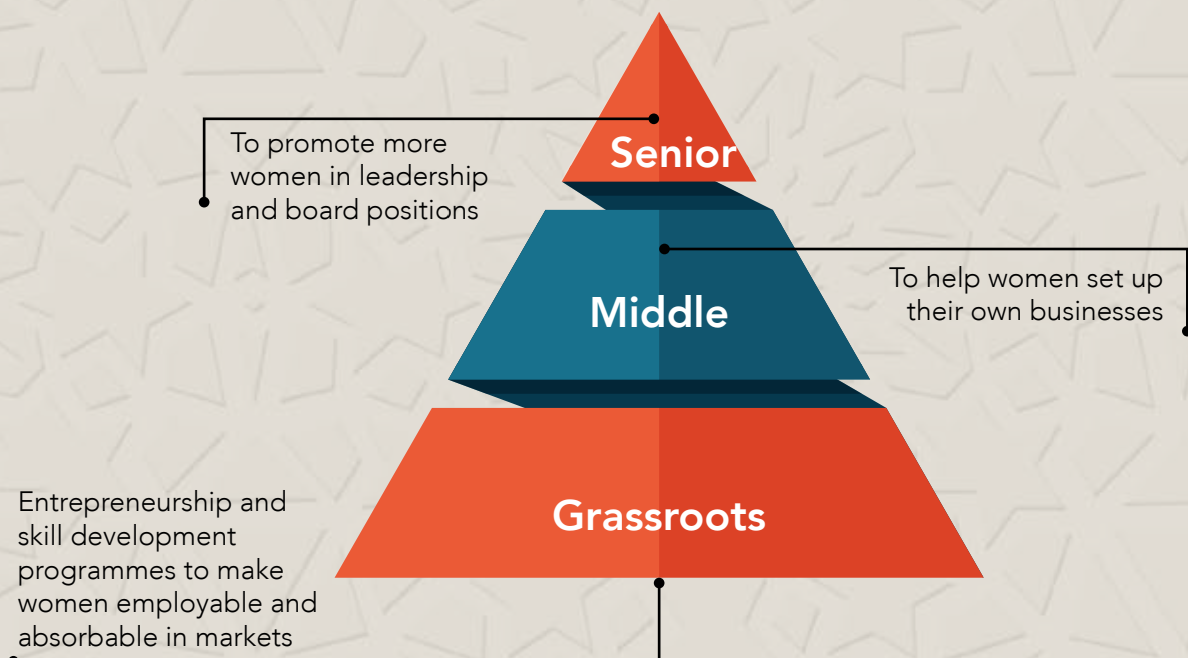


Mission

Promote Economic Empowerment
and Equal Opportunity for Women

- FLO is the women wing of the Federation of Indian Chamber of Commerce & Industry (FICCI).
- An all India forum for women, FLO has its headquarters in New Delhi, with 16 chapters covering different geographical regions of India.
- FLO represents over 6800 women entrepreneurs and professionals.
- With over 35 years of experience, FLO has been promoting entrepreneurship and professional excellence among women through workshops, seminars, conferences, training and capacity building programmes etc.
- The objective of the organization is to encourage and facilitate women to showcase their talents, skills, experiences and energies across sectors and verticals of the economy, for a truly inclusive economic growth trajectory.

We work with women at 3 Levels



Methodology Used



Message from **Prime Minister of India**



Narendra Modi
Hon'ble Prime Minister
of India



सत्यमेव जयते

प्रधान मंत्री
Prime Minister
MESSAGE

I am happy to learn that FICCI Ladies Organisation (FLO), the women wing of Federation of Indian Chamber of Commerce of Industry (FICCI) is holding its 35th annual session on April 13, 2019, and publishing an annual report on the occasion.

Ours is a nation that has always respected and accorded a place of pride to women. Today, women are excelling in every sphere of activity – from space, defence, business, sports and media, to the film industry. The empowerment of women is critical to the socio-economic growth of our nation. Women are today no longer confined to the home and are leading the process of development. Our vision of a New India is one that sees women as equal and strong partners in the society and the nation.

The deliberations at the 35th annual session and the annual report will surely showcase the initiatives and achievements of FICCI Ladies Organisation over the years. I hope that the publication will also highlight the little known success stories of women that have become milestones in women-led development.

Best wishes for all success of the 35th annual session.

(Narendra Modi)

New Delhi
18 March, 2019

Ms. Pinky Reddy
National President
FICCI Ladies Organisation
Federation House, Tansen Marg
New Delhi- 110001

Message from **President, FICCI**



Sandip Somany
President
FICCI





Sandip Somany
President

**Federation of
Indian Chambers
of Commerce and Industry**
Federation House
Tansen Marg
New Delhi - 110001
T : +91 11 2335 7364
F : +91 11 2332 9369
E : president@ficci.com
W : www.ficci.in
CIN : U99999DL1956NPL002635
ISO 9001 : 2015 Certified

MESSAGE

On the occasion of the 35th Annual Session, I am pleased to extend my best wishes to the FICCI Ladies Organization (FLO).

I want to take this opportunity to congratulate FLO for being associated with exemplary work for the development of entrepreneurship and professional excellence among women for the last 34 years. Compliments to FLO for emerging as a premier association of its kind in India by organising innovative programmes that benefit a large number of women.

It is even more satisfying to note that the FLO does not limit its activities to metro cities but also carries out significant work for the empowerment of rural women. FLO's outreach is extending globally and it is highly commendable. In the sphere of employability and awareness, its initiatives are in sync with the national agenda.

FICCI is indeed privileged to have this specialized arm and as the apex business organization in the country, we look forward to continuously compliment the endeavours of FLO.

April 3, 2019
New Delhi

Sandip Somany

Industry's Voice for Policy Change



Message from **President, FLO**

Pinky Reddy
President, FLO



From the Desk of the President

Dear Friends,

It was a great honor for me to lead FLO as the 35th President as also to pioneer as the 1st President from Hyderabad.

Sheryl Sandberg, COO of Facebook very aptly said, "We cannot change what we are not aware of, and once we are aware, we cannot help but change."

This one year has gone by like a dream. Taking up the mantle of FLO was indeed a daunting task. With a lot of enthusiasm as well as apprehension, I took up the challenge and set my ship to sail.

The UN's SDG, Sustainable Development Goals are the blueprint to achieve a better and more sustainable future for all. They address the global challenges we face, including those related to poverty, inequality, climate, environmental degradation, prosperity, and peace and justice. The Goals interconnect and in order to leave no one behind, it is important that we achieve each Goal and target by 2030 according to the UN. Most of these affect women directly and women need these to shape the future.

Advancing women's rights, building women's leadership and investing in movement building are the key levers of change. Every initiative and every project that FLO has undertaken this year has been driven by the goal of creating a more just and sustainable environment for women.

Now, as I reach the culmination of my term, it fills me with immense pride to see that FLO has been able to impact positively, the lives of so many women, and will continue to reach many more.

It was an exhilarating journey of achievements, challenges and self-discovery. Beginning with the launch of the 15th FLO Chapter at Amritsar, we rolled from one pathbreaking activity to another.

A range of other programmes including interactive sessions, panel discussions, workshops, exhibitions and much more were organized, with the objective of 'Educating & Empowering' our members and the society at large.

We also had a very successful Business Delegation to the United States of America (USA). The vibrant and beautiful cities of Washington DC, New York and Boston were a part of the 11 days itinerary for the delegation which revolved around the theme of business policies, fashion, and art & culture.

The Annual Interstate Meet, hosted by the Hyderabad Chapter at Vizag, was a huge success with over 175 members participating actively from Delhi and 16 chapters across India. It provided a perfect platform for an exchange of great ideas and the meeting of visionary minds.

We also took up the initiative "Khadi Goes Global" to empower women artisans of rural India in order to achieve the 2030 agenda for change.

At the National level, we celebrated 'Khadi' as the fabric of the nation with a daylong conclave cum exhibition at National Handicrafts and Handloom Museum, New Delhi, on February 21, 2019. With the objective to promote Khadi as a global sustainable fabric and bring it to mainstream as a style statement, the theme of the Conclave was 'Moving towards global sustainable development for the future of mankind'.

At the global level, we were privileged to present "Khadi Goes Global" at the most prestigious international forum, The United Nations headquarters, New York, from 11 to 22 March 2019.

This annual report shall give you a glimpse of FLO's activities pan India in 16 different locations. Chairpersons of Chapters and Initiative Heads have collectively worked towards getting women empowered and equal.

I would like to thank each one of you for the support extended to me and my team during my term as the President of FLO.

I am indebted to my governing Body Members and Committee Members who truly supported me with their creative ideas and helped me execute the programs meticulously. They were the backbone of this wonderful journey.

I could not have done without the constant guidance, support and encouragement of all the past presidents. I place on record my heartfelt gratitude to them.

My sincere appreciation for the FLO Secretariat ably led by Executive Director, Rashmi Sarita, who always stood by me and made sure everything was right. Thank you for your unstinted support throughout the year.

A big thank you to Ankurita Pathak for compiling and editing this Annual Report and Governing Body Member, Sajani Sutaria Dua for her inputs and help.

I humbly hand over the baton now to the able and experienced leadership of the incoming President – Harjinder Kaur – who will take FLO to even greater heights. I wish her immense success in her tenure.

Thank you all for giving me this opportunity and the beautiful experience which will stay with me for a lifetime. I will always be proud of my FLO family.

Peter Drucker once said, **'Effective leadership is not about making speeches or being liked; leadership is defined by results not attributes'.**

I look forward to continue my journey as a part of FLO and contribute my bit towards its growth story.

Best regards,

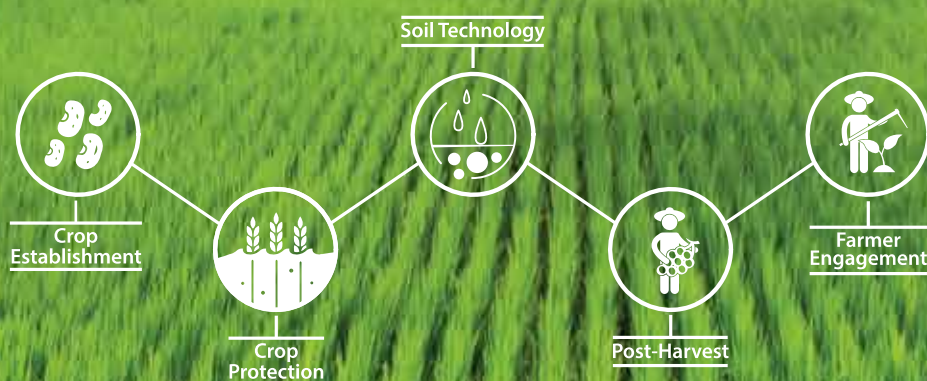
Pinky Reddy
President, FLO



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The Power to Empower

**PAST PRESIDENTS,
OFFICE BEARERS &
GOVERNING BODY
MEMBERS**

Past Presidents

1983- 2018



Indu Jain
1983-1984



Abha Dalmia
1984-1985



Usha Patodia
1985-1986



Manju Bharat Ram*
1986-1987



Shobhana Bhartia
1987-1988



Sudha Jhunjunwala*
1988-1989



Nirmala Jain*
1989-1990



Indu Rani Punj*
1990-1991



Shubhra Gupta
1991-1992



V L Indira Dutt
1992-1993



Madhu Kanoria
1993-1994



Beena Khaitan*
1994-1995





Dr Manju V Mehta
1995-1996



Usha Krishna
1996-1997



Sarparveen Kaur
1997-1998



Anjana Somany
1998-2000



Renuka Shah
2000-2001



Dr Kusum Ansal
2001-2002



Surekha Kothari
2002-2003



Chandra Garodia*
2003-2004



Namita Gautam
2004-2005



Usha Agarwala
2005-2006



Mukta Nandini Jain
2006-2007



Kiran Gera
2007-2008



Anuradha Goel
2008-2009



Kavitha Dutt
2009-2010



Ranjana Agarwal
2010-2011



Neena Malhotra
2011-2012



Kavitha Chandran
2012-2013



Malvika Rai
2013-14



Neeta Boochra
2014-15



Archana Garodia Gupta
2015-16



Vinita Bimbhet
2016-17



Vasvi Bharat Ram
2017-18

**Since Deceased*



2018- 2019

OFFICE BEARERS 2018-19



Aparna (Pinky) Reddy
President



Harjinder Kaur
Sr Vice President



Jahnabi Phookan
Vice President



Vasvi Bharat Ram
Imm. Past President



Jayanti Dalmia
Treasurer



Poonam Mahajan
Jt. Treasurer



Rashmi Sarita
Executive Director

GOVERNING BODY MEMBERS 2017-18



Alka Batra



Ajitha Reddy



Anju Narain



Anuja Narain



Archana Luthra



Arti Rajkumar



Avantika Dalmia



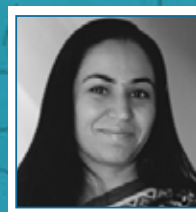
Charu Gupta



Dipali Goenka



Divya Oswal



Divya Suri Singh



Garima Jain





Heena Shrivastava



Joyshree Das Verma



Jyotsna Kaur Habibullah



Lipika Sud



Lubeina Sharpurwala



Meera Goyal



Padma Rajgopal



Pragati Gupta



Preeti Saboo



Rati Dhandania Mundrey



Reena George



Ritu Vadehra



Ruchika Gupta



Sabina Sanghvi



Sajani Anil Dua



Sangeeta Rai Gupta



Shoba Jolly



Smitha Raju



Sonal Ambani



Sudha Shivkumar



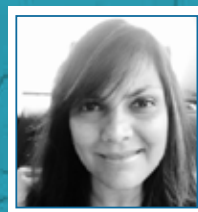
Sunitee Abbi



Swati Mayekar



Trupti Gupta



Ujjwala Singhania

**Since Deceased*



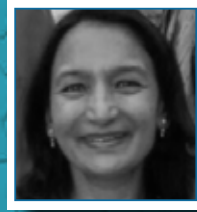
AHMEDABAD CHAPTER



Shubha Bhandari
Chairperson



Babita Jain
Sr Vice Chairperson



Pavani Bakeri Agarwal
Imm. Past Chairperson

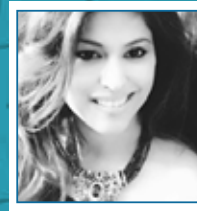


Shriya Damani
Chairperson, YFLO

AMRITSAR CHAPTER



Gowri Bansal
Chairperson



Arushi Verma
Sr Vice Chairperson

BANGALORE CHAPTER



Yashodhara Shroff
Chairperson



Shruti Mittal
Sr. Vice Chairperson



Lakshmi Ishwar
Imm. Past Chairperson

CHENNAI CHAPTER



Anupama Shivaraman
Chairperson



Deepali Goyal
Sr. Vice Chairperson



Meena Mohan
Imm. Past Chairperson

COIMBATORE CHAPTER



Jayanthi Manohar
Chairperson



Poonam Bafna
Sr. Vice Chairperson



Uma Maheshwary
Imm. Past Chairperson

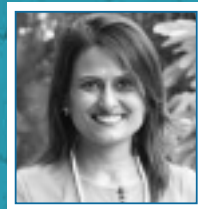
HYDERABAD CHAPTER



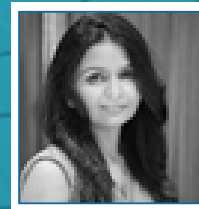
Priyanka G Arora
Chairperson



Sona Chatwani
Sr Vice Chairperson



Kamini Saraf
Imm. Past Chairperson



Vinita Surana
Chairperson, YFLO

INDORE CHAPTER



Rekha Mehta
Chairperson



Bhavna Bhalla
Sr. Vice Chairperson



Neha Karan Mittal
Imm. Past Chairperson

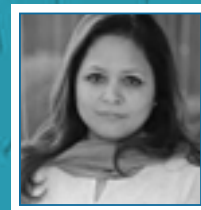
JAIPUR CHAPTER



Nitasha Chordia
Chairperson



Shweta Chopra
Sr. Vice Chairperson



Minal Jain
Imm. Past Chairperson

KOLKATA CHAPTER



Suchandra Bhutoria
Chairperson



Jyoti Jain
Sr Vice Chairperson



Sunita Kanoria
Imm. Past Chairperson



Isha Patodia
Chairperson, YFLO

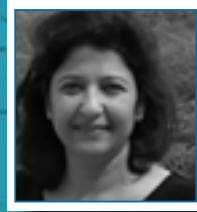
LUCKNOW-KANPUR CHAPTER



Renuka Tandon
Chairperson



Dr Anuradha Varshney
Sr Vice Chairperson



Madhuri Halwasiya
Vice Chairperson



Archana Khaitan
Imm. Past Chairperson

LUDHIANA CHAPTER



Reena Aggarwal
Chairperson



Nandita Bhaskar
Sr. Vice Chairperson



Monika Choudhary
Imm. Past Chairperson

MUMBAI CHAPTER



Monica Chaturvedi
Chairperson



Anuradha Bhatia
Sr. Vice Chairperson

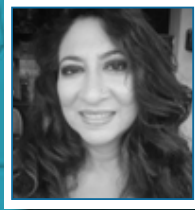


Minali Shah
Imm. Past Chairperson

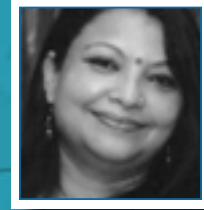
NORTHEAST CHAPTER



Sarita Sikaria
Chairperson



Srutimala Duara
Sr. Vice Chairperson



Prabidita Bharati
Imm. Past Chairperson

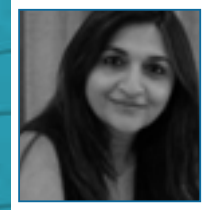
PUNE CHAPTER



Sangeeta Lalwani
Chairperson



Christine Khalsa
Sr. Vice Chairperson



Varsha Chordia
Imm. Past Chairperson

UTTARAKHAND



Shilpi Arora
Chairperson



Nazia Izuddin
Sr. Vice Chairperson

YFLO DELHI



Atashi Singhania
Chairperson



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Sr. Vice Chairperson



Aanchal Sethi
Imm. Past Chairperson

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Change of Guard

April 5, 2018

Ms Pinky Reddy, Managing Director – The Lotus House Group & Member on Board -GVK EMRI & GVK Projects, took up the mantle as the 35th President of FLO, for the year 2018-19, from Ms Vasvi Bharat Ram, Joint Vice Chairperson of The Shri Ram Schools.





The Power to Empower

NATIONAL EVENTS

Launch of FLO Amritsar Chapter

April 23, 2018

FLO launched its 15th Chapter, FLO Amritsar Chapter, on April 23, 2018. It is the 2nd FLO Chapter in the State of Punjab, besides Ludhiana.



Maharani Preneet Kaur, Member of Parliament and former Union Minister was the Chief Guest. Ms Farah Khan, eminent Bollywood choreographer along with Deepa Sahi, cine star of Maya Memsahib fame were the Guests of Honour.

Ms Gowri Bansal took up the mantle as the Chairperson of Amritsar Chapter.



Felicitation of Golden Girls of Badminton & Interaction with

Saina Nehwal, PV Sindhu, Coach P Gopichand & Dr Boria Majumdar

May 5, 2018

First time ever, the three protagonists of badminton - Saina Nehwal, PV Sindhu and Coach P Gopichand came together on the same platform, in an event organized by FLO. The session was organized to honor and felicitate the Golden Girls of Indian Badminton, Saina Nehwal and PV Sindhu.



On the sidelines of the felicitation ceremony, a panel discussion was organized, wherein the three shared their journeys and discussed about possible ways to create a roadmap for sports to evolve as a crucial tool for women empowerment. Dr Boria Majumdar, sports journalist, academician, historian, commentator and author, was the moderator of the panel discussion.

Interaction with

Smt. Nirmala Sitharaman, Hon'ble Minister of Defence, Government of India on "STORIES THAT MATTER: Journey of India's first full-time Woman Defence Minister

May 7, 2018

FLO organized a session with Smt. Nirmala Sitharaman, Hon'ble Minister of Defence, Government of India. Nirmala Sitharaman is India's first woman Defence Minister. In her keynote address, Smt. Sitharaman stressed on the need to make women empowerment steady. "For every frontier touched or broken by women that frontier should be sustained with more and more women", she said.



Release of Gender Parity Survey Report by

Smt. Nirmala Sitharaman, Hon'ble Minister of Defence, Govt. of India

May 7, 2018

The Gender Parity Report brought out by FLO, in collaboration with Thought Arbitrage Research Institute (TARI), was released by Smt. Nirmala Sitharaman, Hon'ble Minister of Defence, Govt. of India on May 7, 2018. It is the first survey, of its kind in the country.



Meeting with

H.E. Mr. Kenneth Juster, US Ambassador to India

May 18, 2018

Pinky Reddy, FLO President met with H.E. Mr. Kenneth Juster, US Ambassador to India and discussed potential areas of collaboration with the objective of women entrepreneurship development and sharing best practices.



Launch of

FLO Wellness for Women (WOW) Mobile Application

August 1, 2018

FLO and Apollo Hospitals joined hands to launch FICCI-FLO Wellness for Women (WOW) mobile application on Android and iOS platform. The App was launched on August 1, 2018 at Chennai by Dr. Preetha Reddy, Vice Chairperson of Apollo Hospitals.

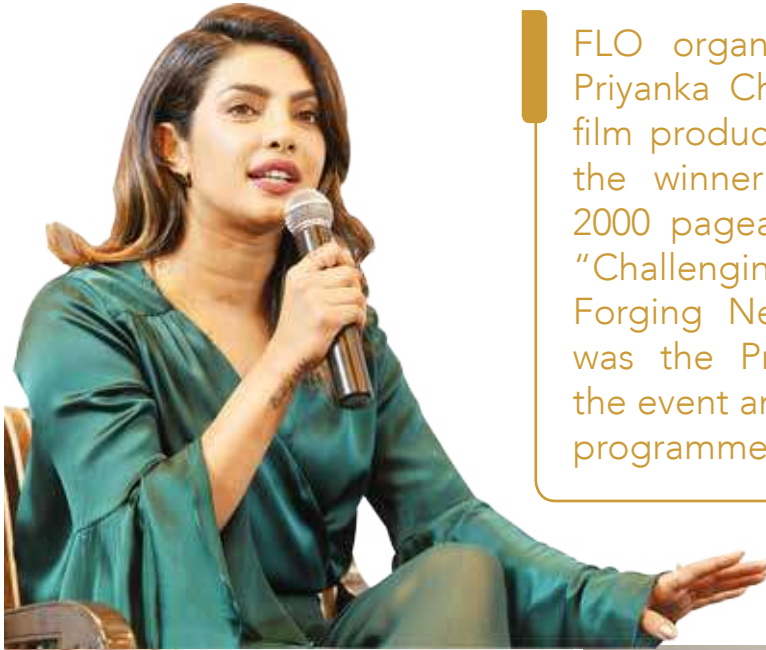


The mobile application has been tailored for health and wellness needs of Women. The application is focused on holistic health and wellness needs of Women. Right from getting health tips, to consulting a Doctor, maintaining and accessing health records, it enables all at the click of a button.

Priyanka Chopra in Conversation with Vir Sanghvi on

Challenging the Status Quo & Forging New Paths

August 6, 2018



FLO organized a session with Priyanka Chopra, actress, singer, film producer, philanthropist and the winner of the Miss World 2000 pageant, very aptly titled "Challenging the Status Quo & Forging New Paths". Yes Bank was the Presenting Partner for the event and GVK group was the programme partner.



Shocking Illusion & Tricks by the Master of Illusions

Nicolai Friedrich

August 12, 2018

FLO organised a very exclusive event with internationally renowned German Mentalist and Master of Illusion, NICOLAI FRIEDRICH. Nicolai Friedrich is a Magician-Mentalist, who belongs to the new generation of Magicians who's success lies not only with their technical equipment, but with an unparalleled and remarkable stage presence that amazes the audience.



A Discussion on

Digital Leadership and Inclusive Culture

September 1, 2018

Leading women CIOs were invited as the panelists for the session on Digital Leadership and Inclusive Culture. Dr. Neena Pahuja, Director General at ERNET India, Department of Electronics & IT (DeitY), MC&IT, Govt. of India; Harmeen Mehta, Global CIO and Head of Digital – Airtel; Seema Gaur, Executive VP & Head- IT, IFFCO Tokio GIC Ltd and Anupreet Lamba – VP- Digital Technology(USA) Bank of America were the panelists. Amit Goel, Group Vice Chair, The Pioneer moderated the session. Rajesh Janey, President and Managing Director, India Enterprise, Dell EMC was also present at the event.



Finding Beauty in Imperfection

Deepika Padukone in conversation with Anna Chandy

September 8, 2018

It is undeniable that mental health is often missing from public health debates even though it's critical to holistic wellbeing. Deepika Padukone was in conversation with Anna Chandy for an interactive session on finding beauty in imperfection and creating awareness on the importance of mental well-being as much as our physical well-being.



Anna Chandy stood by Deepika's side while she battled with her mental health as her therapist, as her guide and as her mentor. She is the country's first supervising and training transactional analyst, who today dons the hat of chairperson of the Deepika Padukone-led, Live Love Laugh Foundation.

Clean India Trail

Awareness Drive by Sangeetha Sridhar

September 13, 2018

FICCI Ladies Organisation supported 'Clean India Trail' by Sangeetha Sridhar, who drove to raise awareness on a 40,000 km Solo Trip. Sangeetha Sridhar, an Indian national based in Abu Dhabi embarked on an ambitious solo drive that would take her through 29 states and 150 cities across India.



FLO supported her cause as it is a step ahead towards women empowerment, as Sangeetha plays the role of an inspiring role model for women around the globe with her unique initiative, especially in a country where safety and security of women is a prime concern.



FLO Delegation to

USA (Washington – Boston - New York)

September 24- October 3, 2018

The FLO annual business delegation visited USA (Washington DC, Boston and New York) from September 23 to October 3, 2018. The delegation comprised FLO members from across the country. Entrepreneurs, professionals, venture capitalists and women from varied fields were represented in the delegation.

*The delegation was led by **Ms Pinky Reddy, President***

Visit to the White House

40 member FLO delegation visited the White House during its visit. It was an opportunity to witness the official residence and workplace of the President of United States. The delegates also saw the portions of the house preserved as a memory of the former Presidents of USA.



Roundtable Discussion on India, Entrepreneurship and Connectivity: Path to Sustainable Development, hosted by USIBC

The Delegation was hosted by USIBC for a Roundtable Discussion on September 25, 2018. Ms Nisha Biswal, President, U.S.-India Business Council welcomed the Delegation.

The discussion on the topic “**Thoughts on Entrepreneurship in the U.S.-India Corridor**” was moderated by Nisha Biswal, President, U.S.-India Business Council. The following discussants participated.

- Pinky Reddy, President, FLO
- Diane Farrell, Deputy Assistant Secretary, Department of Commerce
- Mr. Puneet Roy Kundal, Minister (Commerce), Indian Embassy to the United States
- K R Padmaja Reddy, MD, Padmaja Polymers Pvt Ltd

The session ended with a signing of the MoU between FLO and USIBC formalizing the partnership to engage, in the field of trade, commerce and industry with systematic business promotional activities by providing a regular and recognized platform for interaction and exchange between businesswomen of the two countries.



Policy master class on India US Foreign Policy and India's trade priority at Riggs Library, Georgetown University, Washington DC

The delegation visited the Georgetown University, one of the world's leading academic and research institutions, offering a unique educational experience.

At the University we were met by Ambassador Barbara Bodine, who had spent over 30 years in the US Foreign Policy issues relating to the Arabian Peninsula and the Persian Gulf issues, specifically US Bilateral and Regional Policy, strategic security issues, Counter terrorism, governance and reforms.



Reception at the Indian Embassy, Washington DC

The FLO delegation met with a warm welcome by the Indian Embassy in Washington. The embassy had hosted a reception with a variety of Indian food. Some of the important business alliances of the embassy also joined the reception.



Visit to the Capitol Building



The members of the FLO Delegation visited the Capitol Building's guided tour. The United States Capitol, often called the Capitol Building.



Visit to the Harvard T. H. Chan- The school of Public health

The delegation was welcomed by Dean – Michelle Williams and Professor Vish Viswanath. The context was set by Prof. Viswanath, a passionate professor of Indian origin, where the delegation got an insight on how the Harvard India Campus came to be established in Mumbai. The topics of the discussion were around women health.

Prof. Glorian Sorensen, a Professor of Behavioural Sciences and Director, Centre for Community based research spoke about her research in Bihar on cancer related to use of tobacco.

Prof. Ana Langer, Prof. Practise of Public Health, spoke about the research in maternal health at St. John Hospital in India

Prof Manoj Duraisingh, Immunology and Infectious disease, spoke about his research on malaria and other infectious diseases in South Asia

The others who addressed the Delegation were Mr. Mintoo Bhandari, Council member, India Research Centre, Harvard T. H Chan, India Research Centre and Dr. Ananya Awasthi, Asstt. Director, Harvard T. H Chan, India Research Centre.



Roundtables session UN for a session on 'Beyond Gender'

The delegation drove to New York to the United Nations Headquarters in New York City. It is home to the General Assembly, Security Council, Economic and Social Council, Trusteeship Council, and much of the UN Secretariat.

'Beyond Gender', a session supported by the Permanent Mission of Grenada in USA and organised by Dr. M and Mrs Preeti Malhotra of the Global Citizen Forum was presented to the delegates and guests.

The FLO delegation was represented by Ms Pinky Reddy, President FLO and Ms Vinita Bimbhet, Past President FLO.

A very important question posed by Ms Vinita Bimbhet who represented FLO was regarding why and how are we instilling gender biasness in our children by how we act and the vocabulary that we use.

To describe fluid gender we need to assign language, reshape the words we use, have a language that leads us to a space beyond gender.

However gender does exist: Women get paid less than men....Transgenders face oppression and violence daily. We need to move to a space beyond gender so it becomes one of our attributes.

Other guests who participated were members of the Global Citizen forum. They shared their views on the subject.



Visit to the Dolce & Gabbana Store

The Delegation was invited to discover the Fall Winter collection of the Italian Fashion House. It was a generous invitation to not only browse and buy their new fall collection but also to interact with them in understanding the nitty- gritties of the business of Fashion.



Visit to the ESCADA Store for a tete- e -tete with Avril Graham, Executive Beauty & Fashion Editor of Harper’s Bazaar

The FLO delegation was invited by ESCADA to visit one of its leading stores at the 5th Avenue. The WOW factor of the visit was Avril Graham, Executive Beauty & Fashion Editor of Harper’s Bazaar. ESCADA not only gave an insight of their new designs for the fall but the speaker also gave the group a few tips on “Power Dressing”.

A gorgeous evening at ESCADA with a powerful interaction with the Editor of Harper’s Bazar, now that’s serious business!



Visit to the Metropolitan Museum, New York

The Met presents over 5,000 years of art from around the world for everyone to experience and enjoy.

The FLO delegation was received by Dr John Guy, curator of South and Southeast Asian Art at the Metropolitan Museum of Art. He curated the visit for the group. The delegation was also greeted by Navina Haider, Curator of Islamic Art at the Metropolitan Museum of Art. Dr. Haider oversees one of the most comprehensive collections of Islamic Art in the western world. She took the group through the museum lending the most amazing insights and contributions of the Islamic art.



An Interactive Session with

Swami Ramdev on his journey from Yoga Guru to Marketing Guru

October 8, 2018

No other story would be more inspiring and enriching than the one of Baba Ramdev's journey from attaining moksha in the Himalayas to ruling the market, especially the FMCG sector, with his Patanjali products.



Baba Ramdev was in conversation with Barkha Dutt, Emmy-nominated reporter, an author and a columnist on his journey from Yoga Guru to Marketing Guru.



Hathkarga 2018 - The Handloom B2B Meet by FICCI

FLO President, Pinky Reddy spoke at the HATHKARGA 2018 - The Handloom B2B Meet by FICCI and highlighted the importance of the handloom and handicraft sector, which has the economic potential to strengthen livelihoods in a sustainable manner.



FLO President, Pinky Reddy spoke at the HATHKARGA 2018 - The Handloom B2B Meet by FICCI and highlighted the importance of the handloom and handicraft sector, which has the economic potential to strengthen livelihoods in a sustainable manner.

India & Finland

Women in Business Leadership

October 17, 2018

FLO, in collaboration with the Embassy of Finland organized an interactive seminar on “Women in Business leadership – India & Finland” at the Residence of the Ambassador of Finland. The session brought together entrepreneurs and business leaders for an exclusive session, with the objective of expediting the processes for creating and enhancing the role of women in working life and in business leadership in both nations and beyond.



Make in Odisha Conclave, Bhubaneshwar

November 11- 14, 2018

FLO was invited by the Odisha government to participate in the 2nd edition of the Make in Odisha Conclave 2018, a flagship biennial global investors' meet held in the state capital Bhubaneswar.



Harjinder Kaur represented FLO as the Sr Vice President at the Women Entrepreneurship Session and led the delegation.

Jt Treasurer Poonam Mahajan, Past President Archana Garodia, FLO GB Members - Jayashree Das Verma, Lubeina Shahpurwala, Monika Choudhury & Anuja Narain and a few other FLO members - Revathi Roy & Kavitha Reddi actively participated as Speakers and investors.

The Government of Odisha has requested FLO to open a Chapter at Bhubaneshwar. The Government will provide infrastructure and logistical support. This is the first time that a State Government has initiated the proposal for open a FLO Chapter in any State!

Asia Pacific women's exchange programme at Tokyo, Japan

November 18-19, 2018

FLO Vice President Jahnabi Phookan participated at the Asia Pacific women's exchange programme on November 18-19, 2018 held at Tokyo. Addressed by senior women leaders who are in positions to influence their countries' economy and policies, this programme aims to address significant gaps in women's leadership in Asia and the Pacific.



Annual Interstate Meet 2018-19, Vizag

November 25-28, 2018

FLO Hyderabad Chapter hosted a 3 day long Interstate Meet 2018-19 & Governing Body Meeting from 25th November to 28th November, 2018. The venue for this meeting was chosen as the PEMA Wellness Centre at Vizag, as it is a purpose driven wellness resort where the harmony between the body, mind and spirit is restored through holistic healing and enlightened wisdom. Over 175 members from Delhi and pan India attended the meet.



Besides the 3rd GB Meeting, an array of interesting events were organized for the members, including wellness sessions, a comedy show, a play by eminent theatre artistes and an interaction with Nara Lokesh, Cabinet Minister for Information Technology, Panchayati Raj and Rural Development in Andhra Pradesh.

The highlight of the Interstate Meet was a visit to the Naval Dockyard, which was a once in a lifetime experience for the members.

Linking Art, Culture and Entertainment Behind the Scene of Chhatrapati Shivaji Airport Mumbai

December 3, 2018

The swanky new Chhatrapati Shivaji Airport of Mumbai has a three-kilometer long 'art walk' titled 'Jaya He', which has been built inside the T2 displaying Indian art pieces between the 8th century and 19th century which are an art collectors delight, as also boasting the country's tallest airport escalator at 11.6 meters.



The members were overwhelmed by the art walk which has more than 5500 artefacts, works of 100 artists and some 1000 artisans, spread across a span of 3.2 kms.

It was a privilege for the members to interact with Mr Sanjay Reddy, the man behind the success of the Airport. He is the Vice Chairman of GVK EMRI and the Managing Director of Mumbai International Airport Pvt Ltd.



Interaction with

American Council of Young Political Leaders (ACYPL)

December 4, 2018

FLO hosted a luncheon meeting with the delegation of Young Political Leaders from US, brought in by American Council of Young Political Leaders (ACYPL), a nonpartisan non-profit organization founded in 1966. The delegates interacted with FLO members and expressed their interest in understanding the challenges in the path of women empowerment in India.



Advertising

The Art of Being Creative with Strategy- Interaction with Prahlad Kakkar & Bharat Dabholkar

December 7, 2018

Prahlad Kakkar & Bharat Dabholkar are not only inspirational leaders and role models for the advertisement industry but also for youth in general.



It was highly fascinating to hear from them about their journeys, to learn about their challenges and understand their creative pursuits. The right perspective and the precise skills for an effective brand positioning was the key takeaway from the event.



Women Parliamentarians as Change Agents

FICCI–KAS Dialogue Series – Powered by FLO Dialogue IV

December 19, 2018

FICCI Forum of Parliamentarians and Konrad-Adenauer-Stiftung (KAS) in association with FLO, organised a panel discussion on “Women Parliamentarians as Change Agents” under the fourth FICCI KAS Dialogue Series.



The esteemed Panelists were the Hon'ble Members of Parliament:

- Smt. K Kavitha, Telangana Rashtra Samithi
- Ms. Sushmita Dev, Indian National Congress
- Smt. Supriya Sule, Nationalist Congress Party
- Smt. Poonam Mahajan, Bharatiya Janata Party
- Dr Kakoli Ghosh Dastidar, All India Trinamool Congress

Shri Bajiyant “Jay” Panda, Former Member of Parliament was the moderator for the session.

FLO was represented by Ms Pinky Reddy, National President –FLO; FICCI was represented by Mr. Harshavardhan Neotia, Past President, FICCI and KAS by Mr Peter Rimmele, Resident Representative to India, Konrad-Adenauer-Stiftung (KAS).

Premiere of

SON RISE

January 15, 2019

FLO supported the premiere function of National award winning film maker Vibha Bakshi's latest documentary film 'Son Rise' January 15, 2019.



Through this initiative, FLO extended its support to the United Nations (UN) HeForShe campaign as well as to Vibha Bakshi's latest documentary film 'Son Rise' which glorifies men as hero's for gender rights in Haryana State.



Jijabai Awards

**Organised by Women Development Cell,
Shivaji College University of Delhi**

January 16, 2019

FLO President, Pinky Reddy was invited by Shivaji College as a Guest of Honour at the Jijabai awards, instituted by Shivaji College in the name of Chhatrapati Shivaji's mother. These annual awards are a celebration of the development that can be unleashed with the empowerment of genders and these are given annually to a select number of people who work at the grassroots level for gender parity.



FLO & YFLO Annual Fellowship Meet

A celebration of Basant

January 23, 2019

The Annual Fellowship Meet provided a wonderful platform for interaction with fellow members & new members and connect with them professionally and at a personal level. The Sanskriti Kendra, a creative haven with an exquisitely designed complex and traditional architectural designs imbibed into the modern edifice, was a refreshing and rejuvenating experience for the members.



It was even more significant that the Fellowship Meet coincided with the celebration of Basant Panchami, the festival that celebrates love and learning.

It was also an excellent opportunity for the members to showcase their products/ services during the Fellowship Meet. A range of products/ services including jewellery, accessories, food items, handicrafts etc. were displayed.



Successful Mothers & Daughters in the Business of Luxury

February 1, 2019



Mothers and daughters make exceptional pairs in business and FLO invited some such successful mother-daughter duos from the luxury business for an interactive session. These business ladies together have created a mark in the business of luxury, a sector primarily dominated by men. They have truly done India proud by creating an International presence.



The Mother & Daughter Panelists were – Ms Zarine Khan & Ms Sussanne Khan, The Charcoal Project (Interior design concept store); Ms Nelofar Currimbhoy, Shahnaz Herbals (Beauty & Wellness), Ms Sunita Kohli & Ms Kohelika Kohli, K2INDIA (Multidisciplinary design and architecture) and Ms Asha Kamal Modi and Ms Shivani Modi, Art Karat (Jewellery Brand).

Guided Walk through the India Art Fair

February 2, 2019

An exclusively curated walkthrough was organized for the FLO members at the 11th edition of India Art Fair on February 2, 2019. It was an excellent opportunity for the members to visit the India Art Fair, which is the leading platform to discover modern and contemporary art from South Asia and a portal to the region's cultural landscape.



Interactive Session on

Transforming Retail Landscape: Innovative Concepts and New Opportunities

February 5, 2019

Eminent panelists at the interactive session included Ms. Avni Biyani, Concept Head at Foodhall-Future Group, Ms. Brahmani Nara, Executive Director- Heritage Foods Limited and Ms. Savitri Devi Singh, Director- DLF Family Office. The session was moderated by Ms. Syna Dehnugara, Features Editor at CNBC-TV18 & Co-author of Young Turks.



Experience the Best in Luxury Design & Decor

A Curated Walkthrough the India Design, ID

February 13, 2019

FLO organized a curated walkthrough at the INDIA DESIGN ID 2019 at, NSIC Grounds, Okhla Industrial Area, New Delhi.

India Design ID brings together the best in home décor and design from across the country and abroad, blurring the lines between art, craft, design, interiors and architecture in an experiential exhibit space.



FLO- AIWEFA National Conclave

'Khadi Goes Global' To Celebrate 100 Years of Khadi

February 21, 2019

FLO and All India Women's Education Fund Association (AIWEFA) organized a day long conclave cum exhibition at National Handicrafts and Handloom Museum, New Delhi on February 21, 2019.



The major highlights of the day-long conclave was a Khadi Exhibition in conjunction with Concern India Foundation and Pause for a Cause. The exhibition featured exhibitors from different parts of the country, and from leading designers to artisans .

Speaker Sessions on "What's Next in Khadi" was organised with Speakers such as Sunaina Suneja, Antonio M. Grioli, Sandhya Raman, Shazia Amanat, Rita Kapoor Chisti, Prof Charu Smita, Mandeep Nagi, Madhu Sood, Ambika Magotra and Jyotsna Kapur.

This was followed by an afternoon Fashion presentation by Shades of India and upcoming Khadi designers.

The Inaugural session was addressed by Dr Arun Kumar Panda, Secretary, MSME and Smt Ranjeeta Kant, Eminent artist.

The highlight of the Conclave was the National Award Ceremony, felicitating the promoters and producers of Khadi from across the country.

NATIONAL EVENTS

The Awardees were: Rohit Bal; Wendell Rodricks, Rajesh Pratap Singh; Concern India Foundation; Shripal Shah Asal; Chaman Siju; Lajwanti; Rita Kapoor Chishti; Rashmi Bharti; Tara Gandhi Bhattacharjee and Shubhangi Nitin Mahajan.

A Compendium on "Empowerment of Rural Women to Achieve the 2030 Agenda For Development- Case Studies From Khadi Promoters In India" was released on the occasion.

The Conclave had the presence of eminent personalities such as Sukanya Bharat Ram, President of Kasturba Gandhi Memorial Trust,

Delhi, Zafar Chaudhary, Partner -Habitat Architects; Mandeep Nagi, Design Director- Shades of India; Sita Nanda, Founder – Design workshop amongst others.

The "Khadi Goes Global" event also saw a dance performance titled "An Ode To Mahatma" by Geeta Chandran and Sandhya Raman.

Ace Fashion designers such as Rohit Bal, Rajesh Pratap Singh, Abu-Sandeep and Rina Dhaka along with Bollywood actors Arjun Rampal and Aditi Rao Hydari celebrated the centennial of Khadi and presented the fabric as a style statement on the runway.



FLO Vital Voices

Global Mentoring Walk

March 8, 2019

Commemorating International Women's Day, FLO & Vital Voices organised the Global Mentoring Walk in New Delhi, India on March 8, 2019, at Garden of Five Senses, Saket.



ARCH College of Design & Business, based out of Jaipur was the Knowledge partner in this initiative. ELSA – the Lady Shri Ram College Alumni Association was also a partner for this initiative along with Women Mentors' Forum. She the People was the Media Partner.

FLO-AIWEFA

“Khadi Goes Global” at the CSW63, United Nations, New York

March 11-22, 2019

FLO & AIWEFA presented “Khadi Goes Global” at the most prestigious international forum at the 63rd session of the Commission on the Status of Women (CSW63) at the United Nations headquarter, New York, between 11 to 22 March 2019.



FLO was represented by President, Pinky Reddy; Past President, Vinita Bimbhet & GB Member Monika Zafar (Advisor - Khadi Goes Global). The objective was to facilitate rapid revival of the Khadi industry and create more opportunities of self-employment as also encourage more and more artisans to showcase their crafts.



A presentation was made by FLO President, Pinky Reddy on Corporate Social Responsibility for Khadi Workers.

Vinita Bimbhet made a presentation on India ASEAN: Challenges and Opportunities in the Handloom Industry.



A Position paper presented by FLO at the UN during the 63rd Commission on the Status of Women. The objective of this paper was to analyse the current state of the handloom industry in India, understand its contribution to the economy, identify issues and challenges concerning their sustainability and outline measures needed for strengthening and promoting the handloom industry globally.



INDIAN HANDLOOM INDUSTRY

POSITION PAPER



Meeting with

Syed Akbaruddin, India's permanent representative at the United Nations, New York

March 12, 2019

FLO President, Pinky Reddy had a meeting with Syed Akbaruddin, India's permanent representative at the United Nations today at New York. Past President Vinita Bimbhet and GB Member Monika Zafar (Advisor - Khadi Goes Global) joined her for the meeting.



Roundtable discussion to discuss the opportunities and challenges faced by women entrepreneurs in the formal and informal sector

March 26, 2019

The U.S. Ambassador Kenneth I. Juster invited FLO President, Pinky Reddy for a roundtable discussion to discuss the opportunities and challenges faced by women entrepreneurs in the formal and informal sector and how FICCI-FLO is helping them in their entrepreneurial journey. It was an excellent discussion with Indian business leaders, civil society representatives, and officials on how to further support women entrepreneurship and economic empowerment in India.



An Empowering Story

Entrepreneurial Journey of Kiran Mazumdar-Shaw

April 3, 2019

FLO organized an insightful session with Ms. Kiran Mazumdar Shaw, who is a pioneer of the biotechnology industry in India. She has been the face of female entrepreneurs as has been highlighted by the many awards that she has received. She has been listed in many influential lists like TIME magazine's 100 most influential people, Forbes' List of 'World's Self-Made Women Billionaires', etc.



The session was aptly titled "Entrepreneurial Journey of Kiran Mazumdar Shaw: An Empowering Story". It indeed showed how entrepreneurship is a "journey", a work in progress and how one has to go through challenges everyday in order to succeed. Ms. Mazumdar-Shaw prefers using "compassionate capitalist" over the word "philanthropy". Her story is a true example of how a "compassionate capitalist" can go on to make changes in the society, improve lives of the people through innovation and commerce.



Session on

Exercising Your Electoral Rights by Dr. Ranbir Singh, Chief Electoral Officer

Delhi, April 3, 2019

A session on a very relevant and timely topic "Exercising Your Electoral Rights" was organized by FLO in collaboration with Navbharat Times. The session was conducted by Dr. Ranbir Singh, Chief Electoral Officer, Delhi.





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The Power to Empower

35TH ANNUAL SESSION



35th Annual Session: Women Shaping the Future & FLO Awards 2018-19

April 13, 2019

FLO organized its 35th Annual Session on April 13, 2019 at Hotel Taj Palace, New Delhi. Mr. Kumar Mangalam Birla, Chairman, Aditya Birla Group was the Chief Guest and Ms Shobhana Bhartia, Chairperson and Editorial Director of the Hindustan Times Group was the Guest of Honor.





Keeping in sync with the Theme “Women Shaping the Future”, panel of women were invited for a discussion on the topic. These are women who have broken the barriers and are truly shaping the future of the nation – Ms Sonam Kapoor Ahuja, Bollywood Actor Ms Zoya Akhtar, eminent film director and screenwriter; Ms Sania Mirza, ace tennis player and Ms Schauna Chauhan, CEO- Parle Agro; Ms Karuna Nundy, Supreme Court Lawyer.



Commemorating the occasion, FLO Awards 2018-19 were presented to women achievers from the grassroots, who have been exemplary through their life and work. The Awardees were - Geeta Tandon, Deepali Sengupta, Kalpana Saroj, Anmol Rodriguez and Charu Bajaj.

Geeta Tandon is a Stuntwoman. She Walked away from an abusive marriage. Lived in the Gurudwara with kids. Bought a house and built a life for themselves on their own.

35TH ANNUAL SESSION OF FLO

Deepali Sengupta is an inspiring story from being a waitress to a successful entrepreneur who does multiple things. Outreach is the name of her company, which provides hospitality training, spa and wellness consultancy since 2005. In her own words "I was not born to fit in, I was born to be this badass."

Kalpna Saroj came out of an abusive marriage, moved to Mumbai to work as a tailor and started an NGO to help people get loans.

Anmol Rodriguez's father poured acid on her and her mom. Grew up in an orphanage. Was conscious when she went to college but got over it. Pursues stage designing and costume styling.

Charu Bajaj came from a family where girls weren't supposed to study, pursued studies after marriage. Pursued B.Ed. Now CEO of 'Skills and You'.



A Mobile Application "My Circle App" was also launched, in collaboration with Airtel. This application is a friendly and multilingual women safety application, which is freely downloadable from play store and iOS App store. A women in distress can send SMS to pre fed numbers with a link containing her GPS location for help.



Harjinder Kaur Talwar, MD & CEO at Comvision India Pvt Ltd. took up the mantle as the 36th President of FLO for the year 2018-19, from Pinky Reddy, Managing Director – The Lotus House Group & member on Board -GVK EMRI, GVK Projects.







The Power to Empower

**GOVERNING BODY MEETINGS
2018-19**



1st Governing Body Meeting

April 5, 2018: New Delhi



2nd Governing Body Meeting

August 1, 2018: Chennai



3rd Governing Body Meeting

November 26, 2018: Vizag



4th Governing Body Meeting

February 7, 2019: New Delhi



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The Power to Empower

FLO PRESIDENT'S VISIT TO CHAPTERS

Bangalore

Change of Guard, April 17, 2018



Chennai

Celebration of 25 years of FLO Chennai Chapter, August 1-2, 2018



Pune

FLO Half Marathon: Run for Women Empowerment, October 28, 2018



Lucknow-Kanpur

Inauguration of FLO Film Forum and International Women Artisans Awadh Festival 2018, November 14, Lucknow



Kolkata

Women Achievers Awards by FLO Kolkata, January 25, 2019



Coimbatore

Sadhana 2019: Women Achievers Award



Ahmedabad

International Women's Day & FLOTUS Awards, March 8, 2019



Jaipur

SPEAKERS' FEST - FLO TALKS FINALE: April 5, 2019





NATIONAL INITIATIVES

SWAYAM

*Empowering Women Entrepreneurs
Converting Ideas Into Reality*

National Coordinator - Rati Dhandania Mundrey





Swayam is a Business Consultancy and Mentorship Cell of FLO which provides support to new and existing entrepreneurs as also aspiring student entrepreneurs, in establishing a new business or enhancing existing ones.

FLO Swayam helps women entrepreneurs in the following areas (on a case to case basis):



- **Strategy** – Formulating the best possible growth strategy
- **Finance** – Assistance with loans, funding as well as introduction to Government initiatives
- **Marketing** – Digital Marketing work-shops, etc
- **Human Resources** – Recruitment / Training or organizational behaviour support
- **Legal** – Ensuring that mentees are aware of and adhere to Government and legal directives
- **Infrastructure** – Provides connects for office spaces/ co-working places at nominal costs

Swayam follows the FLO work model of reaching out to women at all levels of the society, with a slight variation:

Grassroot level – FLO Swayam taps the entrepreneurial potential of women who show interest to add to their family income by starting small ventures like Papad-making, etc from their homes. We also compliment the Skilling initiative of FLO that provides training to women in various fields at the grassroot level. Post their skill training, some of these women showed interest in entrepreneurship. Thus, Swayam was asked to step-in to enhance their growth opportunities by mentoring and guiding them through their entrepreneurial journey.

Members – Many of our members have come forward and asked us to assist them in achieving with entrepreneurial dreams. We have formed an in-depth process of accessing their commitment and viability and then guiding them through their venture, to the best our ability.

Campus Outreach – FLO Swayam does not restrict itself only to women. We realise the potential and entrepreneurial drive in today's youth. Thus, came about the Campus Outreach programme under Swayam. We reached out to colleges and conduct workshops/ seminars on entrepreneurship. Interested students come forward and we hand hold them through the next level.

Every FLO Chapter has its own mix of people. Depending upon what works for each Chapter, they adopted the best possible model for themselves. Glimpses of these can be seen in the respective Chapter Reports.

Key achievements this year (2018-19):



FLO Swayam is changing lives across the country. We are bringing together the success stories of women entrepreneurs mentored by Swayam from every chapter, in a report/ booklet to showcase the fabulous work FLO does in inspiring others.



Swayam engineered a number of National Tie –ups with Private agencies – WeWorks for office space for training sessions and one-on-one meetings, in talks with Banks for assistance on access to loans.





The mentors need mentoring too. This year FLO Swayam created the first ever 'Train the Mentors' structure. We conducted one trial training session in Bangalore. This was very successful and the idea is to either take it pan-India or have one centralised one each year. Also, considering bringing out a manual to train the trainer.

National FLO Swayam Event

- **FLO Swayam was part of Udyam Sangam – 2018** (National MSME Conclave) on the '**2nd United Nations Micro, Small and Medium-Sized Enterprises Day**' on 27th June, 2018 at Vigyan Bhawan, New Delhi. The prestigious event was presided over by Shri Ram Nath Kovindji, Hon'ble President of India.
- Rati Dhandhania Mundrey, National Head of Swayam, was part of a panel discussion on 'Women Entrepreneurs: Challenges, emerging opportunity and best practices for women led entrepreneurship in India'.

WOMEN EMPOWERMENT (WE)

In HEALTH & SPORTS

National Co-ordinator: Alka Batra

Health and Wellness activities including YOGA AND MEDITATION Session organized across the chapters on International Yoga Day (21st June 2019) with the help of ISHA foundation in 12 chapters out of 15 held successfully.

Hyderabad chapter arranged Smile Initiative- Mega Village Hygiene Drive on 11th Feb, 2019 event where 600 kits were distributed to complete the pledge of 1100+ kits.

Chennai chapter arranged Health & Menstrual Awareness talk with 200 school students.

Walkathon with the message to create Breast Cancer awareness with 3000 people including Health Minister.

Mentoring walk arranged on 9th March

Half Marathon with the message of BETI BACHAO BETI PADAO, Uttarakhand

Full Marathon with the message of ACCOMPLISHING GOALS, Pune & Kolkata

Cancer Awareness Panel discussion/Motivational talks with 4000 under privileged women in Bangalore & Chennai.

Health & Pretty talk arranged for Women's Day Special for Indore chapter

Car rallies (with social message) organized by various chapters.

- Wheeling to Power on 10th March, Ludhiana
- A Drive To Empower on 5th February, Delhi
- Meri Udaan on 13th January, Uttarakhand

Ahmadabad chapter conducting every each quarter Menstrual Hygiene Awareness programme along with donation of 250 reusable sanitary napkins to underprivileged women.

Lucknow chapter conducted Interstate Cricket match for women with disabilities on 4th & 5th February.

Total number of event held till date is 35 for the awareness of health & Sports.

Alka Batra won BRONZE Medal and secured 3rd Position in Master's NATIONAL Badminton, India 2019.



WOMEN EMPOWERMENT (WE)

E-COMMERCE INITIATIVE

National Co-ordinator - Joyshree Das Verma

The whole objective of this FLO E-Commerce Initiative is to give market access to every women who are manufacturing products and need the market place. Getting onto these E-Commerce platforms and selling through portals gives them better and greater reach, better prices, helps to get innovation in their products in terms of design and also understand market needs and demands hence get help in inventory management as well. Selling through E-Commerce portals has manifold benefits specially entrepreneurs base at remote locations, operating out of their homes etc

All the FLO Chapters across the country has had various programs, events and workshops to promote this National Initiative of FLO.

These Workshops and training programs have benefitted members, women entrepreneurs, artisans, SMEs, MSMEs etc across Chapters and got them geared up to understand the whole gamut of online and digital marketing and selling their products and wares through E-Commerce portals. Google has conducted training programs and so also Amazon. Amazon.com held training programs which were totally export oriented and selling through amazon.com gave them access to the Entrepreneurs reach across customers in about 160 plus countries across Europe and USA. Amazon also trained artisans and women entrepreneurs for their dedicated women domestic portal section called Saheli.

FLO also has a tie up with E-Commerce portal Shopclues for members & women entrepreneurs to showcase and promote their products.

WOMEN EMPOWERMENT (WE)

In Skilling

National Co-ordinator: Aarti Rajkumar

WE Skilling initiated in 2015 with a view to encourage non- traditional for women from economically weaker sections. Since then, FLO's chapters have innovated and facilitated a vast range of skilling programmes successfully. To date, over 8000 women have been covered in FLO's skilling outreach with over 7000 short and long-term trainings completed. Skilling is an important feature in each chapter's annual plans; outreach continues to expand; the network of organisations within the skilling ecosystem has grown and FLO has helped build the capacity of many institutions over these years.

With its aim to increase the opportunities for participation of women in India's workforce, FLO plays its role on the larger Ecosystem of Skilling. This ecosystem includes skilling institutions, Government, NGOs, industry and non-Governmental organisations. As a facilitator, an advocate and as steadfast partner, FLO works across the ecosystem to expand skilling opportunities for women. FLO's networks as well as the dedication, experience and resourcefulness of its members are vital to its success. All training and exposure to careers is valuable, sometimes these initiatives are the first experience of stepping out for many women in FLO's outreach.

As in the previous years, in 2018-2019, chapters have taken different approaches to skilling successfully.

FLO Facilitates skilling programmes

Each chapter has facilitated some training and workshops- tailoring, beauty, computers, weaving, mushroom cultivation, driving, craft, nursing, cooking, baking are just some of the theme areas. FLO chapters and members have facilitated invaluable support to skilling institutions to grow.

FLO recognises and encourages innovative organisations and women in path-breaking occupations

Media coverage of stories of women in non-traditional work inspires thousands of women. Felicitations and awards encourage institutions and have a significant impact for women in ensuring support at home.

Chapters have also connected with local skilling organizations and PMKVY centres and ITIs to discover and give recognition to these women. FLO has leveraged media extremely well to highlight FLO's recognition for skilled women, innovations in institutions and industry.

FLO supports and strengthens institutions of delivery

FLO itself is not an institution of delivery of skilling programmes. It supports ITIs, Government run skilling centres and NGOs in governance, fundraising, partnership building, industry connections and placements.

- Pune has been supporting ITI with help in governance, improving quality of training, placements.
- Amritsar has established a long term association with a skilling NGO which delivers a range of trainings under project Pankh;



- Uttarakhand is working closely with Government programmes and promoting cooperatives;
- Hyderabad has been working with long-term partners in driving;
- FLO has established associations with IIBM, NIIT, USHA and many more.

FLO creates awareness about skilling programmes and opportunities

FLO has helped create awareness of skilling and career opportunities for women. FLO held career talks to introduce new careers to women such as at BPOs supported by free training and guaranteed jobs. Short programmes to introduce career options to women as standalone or career fairs- such as in baking, hotel and hospitality, driving etc. where one to one interaction of FLO members with aspirants and budding entrepreneurs is invaluable. The demand for skill enhancement and awareness programmes continues to grow.

FLO advocates access to skilling programmes for women

FLO continues to work with the Government and with industry to promote women’s participation in skilling schemes. FLO has initiated work with NSDC. Each chapter is being connected with their local PMKVY centres. FLO delegation led by President Pinky Reddy visited the PMKVY Centre in Delhi to kick-start this association. Since then, FLO has organised several awareness sessions at the centre. FLOs role in connecting institutions with industry is sought after by these institutions. FLO’s association with NSDC and the PMKVY centres is the start of the important relationship with the Government.

A rough tally of Skilling and outreach programmes in 2018-19

	Short Trainings and workshops	Jobs linked formal training programmes	Skill enhancement programmes	Support to ITI/training institutions	Skilling in health	Career fairs /talk/ introduction
Total Outreach across chapters	1192	170	477	523	326	610

The range of programmes from the chapters this year was rich and diverse. Members worked tirelessly to organise and facilitate a range of these programme. Many have worked to help build institutions in whichever way needed.

Chapters have taken different approaches to skilling programmes, some have focussed on skilling to placement and some have focussed on awareness, orientation and access to skilling programmes. All of these programmes have concluded successfully. Some of the highlights are as follows:

- Chennai: EDP, Beautician, tailoring, entrepreneurship orientation, cooking
- Pune: Continued focus on strengthening skilling institutions with various resources and inputs including Governance support
- Amritsar: Continued focus on building skilling institutions with various resources and providing the vital links to markets

NATIONAL INITIATIVES

- Uttarakhand: Model working with Government institutions and strengthening cooperatives
- Jaipur: Skilling in traditional areas in large numbers as forays in Digital literacy
- Lucknow/Kanpur: Progress in agriculture and expanding FLOs outreach in new areas such as filming
- Bangalore: Training in menstrual hygiene and terrace gardening
- Coimbatore: EDP, Beauty, Nursing and tailoring
- Indore: Healthcare and beautician
- North East: Weaving and tailoring
- Ludhiana: counselling and awareness
- Delhi: Baking, career fairs, awareness programmes, IT courses
- Hyderabad: driving
- Ahemedabad: stitching and market access programmes
- Mumbai: Non-traditional skills





FOREIGN AFFILIATIONS

Message from CACCI-CWEC



Dear friends,

It is a matter of great pride that FICCI -FLO has achieved yet another level of excellence under the graceful, dignified & able leadership of FLO President Pinky Reddy .My sincere and heartfelt congratulations to you Pinky, I also wish you success in all your future activities.

Women have achieved great transformative economic reforms and growth. In the last few decades Asian women in particular have made significant advances in gender equity, political participation and personal economic empowerment.

Cacci - WEC, headquartered in Taiwan has played a significant role in the development of the "Third Billion" CWEC was formed as one of the Product & Service Council of Cacci to promote economic development and for enhancing the growth for women.

The Confederation of Asia-Pacific Chambers of Commerce and Industry (CACCI) established in 1966, CACCI is the leading private sector organization in Asia with a membership base from 27 different countries of the world.

It maintains an active relationship with Eurochambers, The European Association of Chambers of Commerce and Industry- a representation to the institutions in 45 European countries. More than 90% of these enterprises are Small or Medium Enterprises.

CACCI also has strong relationships with the Federation of Gulf Council Chambers of Commerce (FGCCC), whose membership includes the Gulf Arab States of the Kingdom of Bahrain; State of Kuwait; Sultanate of Oman; State of Qatar; Kingdom of Saudi Arabia; and the United Arab Emirates.

CACCI also works with Junior Chamber International, a worldwide federation of young leaders and entrepreneurs. All these associations provide CACCI members the opportunity to network with local, regional, and international chambers from various countries, and to also participate in various programs and projects that facilitate trade and market access between different regions.

The young enthusiastic modern women with a global perspective can take advantage of the partnerships & associations of the entire chamber network of CACCI -WEC for business growth and progress.

Looking forward to another milestone under President Elect Harjinder. Best wishes to you & looking forward to the bright future of FICCI - FLO.

With warm regards,

Mukta Nandini Jain

Chairperson CACCI -WEC Taiwan
Past President, FLO (2006-07)



Message from IAWBF



Dear Friends,

“Entrepreneurship matters. Its benefits are many, from rewarding problem solving, organizational and leadership abilities, to fostering creativity and engendering empowerment. Not the least of its merits is the significant boost it gives to the economy.”

FLO has a long history of supporting, empowering, educating and promoting women entrepreneurs in several ways. It also recognizes that the time is here to start moving our country towards greater gender parity, disrupt status quo and build a powerful social movements for women’s equality.

I am delighted that this year FLO has invited thought leaders and iconic guests from whose experiences there has been great learning, released results on Gender Parity in the Organized Sector, presented a position paper on the Handloom Industry at the UN and given a huge boost to Khadi by inviting all stake holders in a movement towards promoting Khadi and women weavers.

Well-deserved congratulations Pinky, on completing a very successful year and I wish you all the very best in your future endeavors.

Warm Regards

Vinita Bimbhet

India Chair, India ASEAN Women’s Business Forum &
Past President, FLO (2016-17)

Message from IWECE India



Dear Friends,

International Women's Entrepreneurial Challenge IWECE Awards present a platform for the exchange of knowledge, experience and connectivity among women business owners worldwide. Sets the stage for new business opportunities, joint ventures, global business co-operation and promoting a dialogue among women entrepreneurs and business leaders

It is an initiative of Barcelona Chamber of Commerce in partnership with the Manhattan Chamber of Commerce (New York) and FICCI – FLO (The Federation of Indian Chambers of Commerce and Industry Ladies Organization and US Department of State.

Since 2007, IWECE has gathered some of the world's largest and most successful women-owned companies in an intensive 3-day program to inform, connect and celebrate the work of women entrepreneurs across all industries. There have been 337 IWECE awardees globally till date.

The 11th edition of IWECE Awards was held in Shanghai, China from September 9 – 12, 2018. FLO mounted a delegation to Shanghai, including the office bearers of IWECE India and 3 awardees chosen from India - Alpana Kirloskar, Neha Arora and Neha Garg.

We are pleased to announce that the 12th edition of IWECE Awards will be hosted by FLO in November, 2019. It will be a huge opportunity for networking and business promotions amongst the conference participants. We look forward to your support and cooperating in making this event a huge success.

Our best wishes to FLO for all future endeavors. My heartiest congratulations to Pinky Reddy and her team for a meaningful and successful tenure.

Neena Malhotra
India Chair
IWECE
President, FLO (2011-12)

Harjinder Kaur
President Elect-FLO &
Global Ambassador, IWECE



Message from SCWEC



Dear FLO members,

It is my pleasant task to share my thoughts and addressing all my colleagues at FLO through this Annual Report.

As a past President, I have been keenly involved in the activities of FLO over the past many years. The year 2018 -19 has been very eventful and we have many an achievement to our credit. I congratulate the current President Pinky Reddy for exceptional programmes which were interesting and created a high buzz for our organisation. It's also in Pinky's year where we have added two Chapters, Amritsar and Kanpur. I am sure the good work would continue in the year to come.

FLO's endeavours have been extraordinary in assisting women to achieve their dreams. FLO is relevant today because only women's participation in nation building will achieve an equitable and a prosperous India.

With warm regards,

Kavitha Dutt
Vice Chairperson, SCWEC India
Past President FLO (2009-10)

Message from WCD



Dear friends,

FLO collaborated with WomenCorporateDirectors (WCD – USA) a non-profit foundation in 2010. Both WCD and FLO are powerful advocates of women empowerment. WCD seeks to inspire and educate female board members and promote gender diversity on corporate boards.

FLO Women Directors (FWD) program too seeks to inspire and train prospective women directors in corporate governance plus provide an opportunity to network with sitting directors.

As founder chair of FLO - WCD affiliation, I consider myself fortunate and privileged to be part of this revolution and am committed to creating a data bank of board ready women directors.

During 2018-19 under the leadership of National President Pinky Reddy and FLO Women Director, National Coordinator Sudha Shivkumar, several women were trained under this initiative. I congratulate each and every participant for taking this opportunity to 'Skill up' and get board ready.

Male dominated boards often argue that there are not enough qualified female candidates. Surveys have shown that this is not entirely true. So, if you are looking for trained and qualified women directors please do contact FICCI FLO.

Best Regards,

Ranjana Agarwal

Founder Chairperson

FLO – Women Corporate Directors (WCD) Affiliation

Past President, FLO 2010-11



India-ASEAN Women Business Forum (IAWBF)

1st IAWBF Committee Meeting

New Delhi, July 18, 2018

The 1st Committee Meeting of the India-ASEAN Women Business Forum (IAWBF) powered by FLO, FICCI and MEA, was held on July 18th, 2018 at FICCI.



To recognize the contribution of women entrepreneurs in society, India-ASEAN Women Business Forum (IAWBF) was launched by Smt. Sushma Swaraj, Minister of External Affairs, Government of India on 5th July, 2017 in New Delhi.

As leading business organizations in India and the ASEAN region, FLO and IAWBF are both committed to promote trade and investment between India and the ASEAN Countries. This will also strengthen ties between Indian and ASEAN women, open dialogue to address challenges of gender and equality and learn from successful implementations of government policies, innovation and cross cutting technologies.

Delhi Dialogue and the FLO IAWBF representation

July 19-20, 2018

The 10th edition of the Delhi Dialogue (DD X) was organised in New Delhi from 19-20 July 2018. FLO – IAWBF was represented by Past President FLO, Ranjana Agarwal, along with Co-Chairs of IAWBF Pacita Juan from Philippines and Vinita Bimbhet from India in the Delhi Dialogue, which is a premier annual event to discuss politico-security, economic and socio-cultural engagement between India and ASEAN.



Meeting with

HE Mridul Kumar, Joey Concepcion IIIrd, Advisor to the PM, Govt. of Phillipines, Datuk Ramesh Koddamal, Co-Chair of ASEAN India Business Council (AIBC), Smriti Shamdasani



The 3rd ASEAN India Business Summit and Excellence Awards, Kuala Lumpur

November 27, 2018

The Business Summit was organised by AIBC and led by the Malaysian Chapter and supported by the Ministry of International Trade and Industry, The High Commission of India, FICCI and ASEAN BAC.



Mrs. Vinita Bimbhet, Co-Chair India ASEAN Women’s Business Forum spoke on the “Opportunities for Women and Youth in the Era of 4th Industrial Revolution and Digital Economy”.

She also received the “Excellence Award in Leadership” from Ramon Lopez, Secretary Trade & Industry, Philippines, a certificate from HE Mridul Kumar and Datuk Ramesh Koddamal.



Ms Vinita Bimbhet speaking at the 3rd ASEAN India Business Summit & Excellence Awards, Kuala Lumpur on Opportunities for Women and Youth in the Era of the 4th Industrial Revolution Digital Economy, November 27, 2018.



India ASEAN Meeting Attended by Past Presidents Ranjana Agarwal and Vasvi Bharat Ram with members of FICCI and ASEAN BAC



SAARC Women Entrepreneurs Council (SCWEC)

Workshop on Growing your Business with Digital Marketing

New Delhi July 19, 2018

FLO & SCWEC organised a workshop on Growing your Business with Digital Marketing at New Delhi on July 19, 2018.



The objective of the 1- day workshop was to provide a platform for the women entrepreneurs from the SAARC Countries to understand the various facets of Digital Marketing, its need, scope, and benefits.



SCWEC Bazaar

New Delhi, September 19-20, 2018

SCWEC, along with FLO organized the SCWEC BAZAAR, an International exhibition for Women Entrepreneurs from SAARC countries, on September 19-20, 2018 at The Ashok, New Delhi.



SCWEC has been playing an important role in working towards the development of women entrepreneurship in the SAARC Region. SCWEC BAZAAR aimed at bringing together businesswomen from the SAARC Countries under one roof to provide a platform to showcase their products and give them a chance to explore the large Indian consumer Market.

Workshop on

Growing your business by Digital Marketing

Chennai, November 09, 2018

A seminar on “Growing Your Business with Digital Marketing” was organized by SAARC Chamber of Commerce and Industry in collaboration with FLO-FICCI and in Partnership with FNF on November 9, 2018 in Chennai, India.



The aim of the workshop was to equip women entrepreneurs with the know-how of digital marketing and to enable the women entrepreneurs to learn digital and social media best practices to increase investment in effective marketing and achieve business results.



The Confederation of Asia-Pacific Chambers of Commerce and Industry (CACCI) Women Entrepreneurs Council (CWEC)

CACCI Presidential Visit to Mongolia

September 5-10, 2018

Cacci WEC Chairperson Ms Mukta Nandini Jain along with an 18 member delegation of FICCI - FLO joined the CACCI President Mr. Jemal Inaishvili & Vice President Mr Sameer Modi in Mongolia. This Presidential visit was combined with the Ulaanbaatar Partnership, the country's largest International Trade Fair in September which is jointly organized by the Mayor Administration of Ulaanbaatar City and MNCCI.



To tap into & understand the unexplored opportunities that exist in Mongolia, Cacci WEC & MNCCI under the leadership of Cacci WEC Vice Chair L. Bolormaa Luvsandorj, organised a full day conference on 6th September. The conference was attended by over 400 women & was host to an exhibition of world class products made by women artisans & micro enterprises from rural areas.



During the Gala dinner women from micro industries were recognized & awarded. There were 5 women from Mongolia, & two each from India & Bangladesh.

The FICCI - FLO delegation had an opportunity to participate in the Cacci booth at the Partnership summit.

32nd CACCI Conference at Istanbul

23-24 November, 2018

Mukta Jain, Past President & CACCI-CWEC Chairperson participated in the 32nd CACCI Conference on 23-24 November, 2018 at Istanbul. The theme of the conference was- Asia: Expanding Boundaries.



The International Women's Entrepreneurial Challenge Foundation (IWEC Foundation)

11th IWEC Awards at Shanghai, China

September 9 -12, 2018

The 11th edition of IWEC Awards was held in Shanghai, China from September 9 – 12, 2018. FLO took a delegation to Shanghai, including the office bearers of IWEC India- Harjinder Kaur, Sr Vice President, FLO ; Past Presidents of FLO- Dr. Kusum Ansal, Mukta Nandini Jain and Neena Malhotra and 3 awardees chosen from India - Alpana Kirloskar, Neha Arora & Neha Garg.



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The Power to Empower

CHAPTER REPORTS

YFLO DELHI

Message from Chairperson

Dear Friends,

To aim is not enough, you must hit! – German proverb

I initiated my term with a lot of excitement and enthusiasm along with a bit of apprehension and nervousness. Being the President of YFLO was a huge responsibility and an immensely humbling experience. As I come to the end of this tenure, there's a great sense of satisfaction and accomplishment of doing justice to this legacy.

My vision for the year was holistic. Knowing YFLO members are women of substance in their own right, my aim was to satisfy their varied interest while providing intriguing novel experiences too. Our various events together tried to touch on all aspects of our lives. The CSR endeavours this year have also reached a new milestone. Apart from skilling and supporting women at the grassroots level we now are proud to have 5 YFLO VATIKAS around the city this year.

I want to take this moment to thank everyone who has been part of this journey and all our members for making this year so much fun.

The YFLO's journey shall continue... empowering, educating and evolving many young women always.

Warmly, and Happiness Always,

Atashi Singhania
Chairperson, YFLO Delhi



COMMITTEE MEMBERS



Mandira Lamba
Sr Vice Chairperson



Karishma Manga Bedi
Vice Chairperson



Ekta Gupta
Treasurer



Aanchal Sethi
Imm. Past Chairperson



YFLO Change of Guard

May 5, 2018

Atashi Singhania took over as the YFLO Delhi Chairperson from Aanchal Sethi. The theme of the year is Educate, Empower and Evolve. This is also the fifteenth year of YFLO Delhi.



Wellness 360

April 27, 2018

YFLO Delhi started the year with WELLNESS 360, with a talk on Health, Nutrition, and Fitness, with the speakers Shilpa Shetty Kundra and Luke Coutinho. The event also included a wellness bazaar showcasing 16 brands, a play on pollution and recycling, and lastly a talk on Healthy Parenting by Vedanta Guru Shri Lakshminarayanan. The event was successful and was attended by more than 550 members.



Child's play

May 5, 2018

Next up was a play enacted by school kids under the direction of theatre director Bubbles Sabharwal. For many YFLO members it was a treat to see their kids perform.

Time for some goodies: During the break members had the opportunity to choose from 20 brands which came together to offer organic and nutritious food items for the house. Most of the brands are owned by our fellow members.

Sound advice

The day ended with Vedanta Guru Lakshmi Narayana talking to parents about modern day parenting and striking the right balance with their children.

Getting in touch

Two coffee mornings were organised as an ice breaking session for the new committee members. They were held at ATM and had a great turnout. Apart from this, Atashi came up with a YFLO Delhi WhatsApp group to ensure members are in touch with each other every day and have a platform to connect on to share work related queries and network.

YFLO Delhi retreat to Andaman & Nicobar

May 8-11, 2018

The YFLO delegation took off to the Andamans on the 8th of May for a three day trip. Before members got down to work, they were treated to a fabulous sunset viewing at Radhanagar Beach, Havelock Island. The night ended with a lovely dinner and some live music organized at the hotel.



The next day a nature walk was organized with a naturalist. This was followed by a trip to the beach where members could choose between scuba diving, snorkeling and night kayaking.

The following event was a meeting with the Governor of Andamans, Admiral Devendra Kumar, the local Ficci body and local entrepreneurs. Members were encouraged to share business ideas. Before the trip ended a tour was organized to the famous Cellular Jail and of Port Blair City.



YFLO Social - Networking Lunch

July 26, 2018

On the 26th of July, a lunch was organized to give members the opportunity to connect after the summer to share business ideas and encourage each other.



Wall Power

August 29, 2018

On the 29th of August a walkthrough was organized with Noelle Kadar, director of the Sculpture Park at Madhavendra Palace in Jaipur, at the Delhi Contemporary Art Week. Seven Galleries had participated and showcased works from well-known artists like Mahbubur Rahman, Anju Dodiya, KM Madhushan, Waswo X Waswo, Ashok Ahuja and many more.



The Townhall with Twinkle Khanna, moderated by Barkha Dutt

September 19, 2018

Former actor and author Twinkle Khanna charmed our members with her wit, question & answer session and discussion on her book 'Pyjamas are Forgiving'. This was one of our most popular events. Senior journalist Barkha Dutt really knew how to get Twinkle to open up and talk about life in Bollywood, her columns, books, parenting, relationships and much more.



Demystifying Cryptocurrency where India Stands

October 16, 2018

On 16th October 2018, world renowned cryptocurrency expert Shikha Mehra and cyber lawyer Anirudh Rastogi came together for a session. It was moderated by Mrs Atima Mankotia. They educated the members on the currency of the future as digital currencies are already a reality.



Art Induct presented by The Gujral Foundation

November 21, 2018

Feroze Gujral, artistic director, The Gujral Foundation, conducted Art Induct, a master class in arts and culture, through a daylong session bringing together prominent panel of speakers including gallerist Peter Nagy, art historian Gayatri Sinha, collector Nitin Bhayana, artist duo Thukral & Tagra, auctioneer Mallika Advani, Jagdip Jagpal of India Art Fair, architect and designer Ankon Mitra and art educator Sharmila Samant.



Interlace with Gaurang Shah

December 13, 2018

YFLO hosted an immersive multimedia showcase that presented an interpersonal perspective of Jamdani weaving timeless essence. Award winning designer Gaurang Shah who is a self-taught weaver put the showcase together. Actor Tabu was the showstopper. Cabinet Minister for Textiles Smriti Irani and MP Kirron Kher were also present. This was YFLO's endeavour to make the younger generation more aware of the rich handloom heritage our country has.



New Gen versus Next Gen

January 18, 2019

JK Fenner MD Vikram Path Singhania, Upasana Taku co-founder Mobiwik and Ashish Bharatram MD SRF came together and were moderated by senior journalist Sarah Jacobs. They spoke about the struggles and challenges they had to overcome as inheritors of business houses and founders of start-up and first generation entrepreneurs.



Basant Mela Fellowship

January 23, 2019

Pinky Reddy and Atashi Singhania co-hosted the annual fellowship --- themed Basant Mela on January 23, 2019. The biggest networking event of the year had all sorts of exciting activities like shopping, with twenty different member brands, music, Tarot card reading and lots of yummy food stalls from Kanpur, Mathura, Jaipur and Amritsar.



YFLO JK Tyre Women's Power Drive

February 5, 2019

A super fun initiative saw 32 teams coming together to participate in a car rally which flagged off at FICCI House and ended at ITC Grand Bharat, Gurgaon. It was inspiring to see so many women enthusiastically participate in the rally.



A quest for Spirituality

February 18, 2019

A day trip to Dharamsala , to meet the His Holiness The Dalai Lama, saw 78 YFLO members participate. This was an experience of a lifetime. His humourous way of imparting universal knowledge left everyone in awe.



YFLO Young Achievers Awards and the Change of Guard Ceremony

April 12, 2019

Mr Vicky Kaushal, eminent Bollywood actor was the Chief Guest. YFLO Delhi's Annual Program, the illuminating and inspiring YFLO Delhi Young Achiever awards to honour and salute the contributions of young women leaders in varied fields was held on 12th April. The ceremony marked yet another stupendous learning year and creating impact in the history of YFLO.

The Awardees were:

- Sonal Kalra for media
- Sudha Reddy for philanthropy
- Sumakshi Singh for arts
- Sandhya Raju for performing arts
- Chavvi Rajawat for Politics
- Capt. Sikha Surabhi, Capt. Bhavna Syal & Lieutenant Bhavana Kasturi for being Inspirational Leaders
- Shreyasi Singh for shooting
- Anushree Reddy for fashion
- Aprajita Jain for entrepreneurship
- Meghna Panth for writing
- Gazal Dhaliwal for influencer LGBTQ community



YFLO Delhi CSR Initiatives

YFLO Self Defence

The self-defence workshop at the Vidya Roshan Trust, located in the Basai village, Haryana, was attended by 200 girls from in and around the village to learn self-defence techniques to defend themselves and also act as propagators of self-reliance in the community.



YFLO Skilling Programs

YFLO initiated the Computer Learning Program and the Adult Learning Program in addition to the previously fun programs, making the offerings to the women in around the village of Basai, more holistic and worthwhile.



YFLO Tree Drive

YFLO tree drive was a huge success and will continue to be a part of the YFLO CSR initiatives in the years to come, this year we planted saplings in thousands across various government schools and municipal parks across Delhi- NCR. It's our way of giving back Mother Earth.



YFLO Dental Workshop

YFLO CSR also conducted a DENTAL HYGIENE workshop at the Vidya Roshan Trust on the 10th October, at the Basai Village for about 100 women.



AHMEDABAD

Message from Chairperson

Dear Friends,

The mantle of FLO Ahmedabad Chairperson for 2018 - '19 has been one of the most exhilarating and rewarding responsibilities I've taken up. I was well aware of the expansion of horizons that it would entail. However, the reality far exceeded my expectations. This position has been a huge privilege, with many learnings and some challenges, both of which I could cruise through thanks to wonderfully supportive team members.

I've been steeped in FLO culture for 8 years and this position was the cherry on the cake, a valuable opportunity to leverage all that experience for the benefit and progress of the chapter. Responsibilities apart, the position has introduced me to an array of wonderful people who I have absorbed so much from. It's been as much about female bonding, laughter and good cheer, as it was about hard work and serious networking. Ultimately, the aim was to empower and embolden our girls and women, and in this endeavor, I remain deeply gratified, while looking at carrying this legacy further.

Regards,

Shubha Bhandari
Chairperson, Ahmedabad Chapter



COMMITTEE MEMBERS



Babita Jain
Sr. Vice Chairperson



Taruna Patel
Vice Chairperson



Pooja Singhvi
Treasurer



Ekta Gupta
Treasurer



Pavani Bakeri Agarwal
Imm. Past Chairperson



Meet Sonal Ved – Food Writer & Cookbook Author: April 28, 2018

Sonal Ved is a Mumbai based food journalist. She is a cooking instructor at Studio Fifteen and has authored India's first phone cookbook, GUJJU GOES GOURMET. Before Sonal started her talk, she handed out a chart where you could find out your body type according to Ayurveda, which is Vata, Pitta, Kapha. She mentioned the foods to be eaten and avoided by the various body types. She also demonstrated three dishes, which were amazingly light and delicate on the palette.



Personal Transformation by Pooja Bedi: June 6, 2018

Pooja Bedi's vibrancy, passion, honesty, and happiness permeated throughout her talks, keeping the audience spellbound. The workshop conducted by Pooja was very informative about the power of positive affirmations and how one can reinvent a happy future by conditioning their minds. At the end of this wonderful session, ably assisted by scientific facts, she asked us to meditate for twelve minutes.



Battles of the Mind by Dr Anna Chandy: June 23, 2018



While we all know that depression is a problem that needs immediate attention, connecting the dots is where we fall short. More than 120 women attended the event. Anna Chandy beautifully put forth the play between the subconscious and conscious and stated ways in which you can find peace of mind. The need of the hour is to give those fighting depression the confidence to seek professional help to combat the demon and break the stigma around it.

In Conversation with Gaur Gopal Das: July 14, 2018

Gaur Gopal Das’s talk on “The Secret of Happiness” was filled with shared laughter, bonhomie and anecdotes. But that did not, in any way deviate him from the seriousness of the topic. He instantly developed a rapport with the spellbound audience with his simplicity.



Fashion with Feminism: July 17, 2018

The intriguing conversation was moderated by Aparna Badlani, curator & co-owner- Atosa Mumbai, to spread awareness and creating dialogues on the links between Feminism and Fashion. Fashion designer, Payal Singhal and head stylist of Style-by-Ami, Mr. Sanjay Kumar led the dialogues on fashion as the backdrop for feminism while supporting with stories and trends that marked the feminist movements. They agreed that this is probably the best time to be in the fashion industry.



WE initiative's tie up with Ashok Kurien living foundation educates the girls/women about for the importance of menstrual hygiene and is making saafkins sanitary napkins which are 85% biodegradable and are reusable for eighteen months



WE is training 16 women who work in municipal corporations for a two month intensive varied cuisine cooking course so that they can upgrade their skills





We have trained thirty women in the Behrampura area to make multipurpose and easy-to-carry stitch cloth bags to combat the plastic menace and also to help underprivileged women support themselves.

FICCI FLO AHMEDABAD in association with Indian Institute of Hotel Management (IIHM) conducted a cookery workshop for jail inmates at Sabarmati Central Jail recently. We took this initiative to encourage women inmates to learn culinary skills that can give them sustainable livelihood options ahead. More than 25+ inmates of different age groups were present to learn the new recipes from IIHM chef. The inmates very well received the culinary training programme at Sabarmati jail inmates.



The Art of Table Setting With Janaki Kirloskar: October 13, 2018



The event of table laying by Janki Kirloskar was informative and interactive and one of its kind in our city where we rarely get to see such gracious events on the finer nuances of entertaining and hospitality which are so pleasing to the eyes. She had done a beautiful table setting with Indian colours using flowers like marigold, just ideal for the festive season ahead. She gave tips on how to make a buffet dinner easier to handle and the little thought processes that go to make it accessible yet doesn't detract from its elegance.

She Talks Money: October 30, 2018



India's biggest women's channel "She The People" TV brought an exclusive initiative called SHE TALKS MONEY in partnership with SBI Mutual Fund, for the first time to the city of Ahmedabad. Most women wish that they had enough money on their hands for an impulsive purchase or plan an extravagant holiday. To explore these needs, there were incisive insights from experts and entrepreneurs as they explored the needs and solutions that can make women smarter with managing money.

Networking Meet at Chairperson's Residence: November 2, 2018

The networking Diwali party hosted by Chairperson Shubha Bhandari was euphoric and the environment of Diwali was pervading throughout the celebration. There were sparkles of peace, goodwill, bonhomie, bonding, and networking amongst the members.



Women Writers' Fest: December 19, 2018



Putting the spotlight on women writers, The Women Writers' Festival 2018 Ahmedabad encompassed both fiction and non-fiction writing. From women in the workplace to women behind the scenes in Bollywood, to women from Indian history, to nonfiction narratives by women, to the business of publishing, and more, it included an array of panel discussions as well as workshops for aspiring writers.



The Journey of World's best restaurants & cuisines with Rashmi Uday Singh: January 11, 2019

Food critic Rashmi Uday Singh gave insight on why one should try to take more vegetarian meals to live a healthy life. The event was in partnership with the newly opened restaurant from the Ambuja Group- "Jhaak Farezi".

A full vegetarian meal was spread out at the restaurant which was in perfect sync with the theme of "Why Be Vegetarian." The event was exclusively covered by Times of India.



Brands with the Best in Conversation with Anand Pillai: January 19, 2019

"We all are born unique, we all have our own individual traits yet we want to follow everyone out there for the same reason we think the grass is greener on the other side". This is the analogy that Mr. Anand Pillai drew while comparing a brand to an individual's life.

It was indeed a matter of pride to see the famous Leadership Coach who has been a guest lecturer at leading business schools like Harvard Business School, MIT-Sloan, London Business School, IIMs and more to share his wisdom on 'BRANDING' at an interactive session organized by FLO Ahmedabad.



In Conversation with the epitome of Woman hood –Sushmita Sen:

March 8, 2019

The grand event reflected on the importance of women empowerment, gender equality and highlighted the accomplishments and success stories of 6 such women from diverse walks of life who were adorned with the Sambhava Awards.

The awardees Winnie Singh (Social worker), Pabiben (A village woman who dared to start the first Women Artisan brand - pabiben.com), Vasanthi Veluri (Co-founder of Peoli, a brand built on the ethos of sustainable fashion), Supreet K Singh (A writer, film director, a gender activist and yoga acharya), Revathi Roy (An established social entrepreneur who pioneered Asia's 1st ever women taxi service, FORSCHE, in 2007), and Shalini Sheth Amin (Community project initiator, Financial consultant, Writer and committed spokesperson for sustainability and Fair trade) were greeted with a thunderous applause while the citations about their life and work left the audience inspired.



YFLO AHMEDABAD

Message from Chairperson

Dear Friends,

The second year at YFLO Ahmedabad we were set out to make Young FICCI LADIES ORGANIZATION as one of the most coveted women's chambers of commerce in the city.

YFLO gave me a platform which challenged me, humbled me and lifted me up and sometimes did it all at the same time. This year my theme was to "Discover the Hero Within" where the objective was to make YFLO a personal growth engine for all our members to unearth their hidden potential.

Aligning our programs and initiatives to the 3Ms: Media, Money and Members: We could double our membership, YFLO Was Featured in 85+ publications, raised 35 lacs and had 1500+ Business Referral Exchanges! We had a variety of speakers, from Narayan Murthy, Twinkle Khanna and others, who helped us learn Entrepreneurship, Self-Help, Motivation, Leadership Lessons, Nutrition, Art & Design, Law & Fashion amongst much more.

Personally for me, YFLO has been a satisfying experience. It has taught me the value of leadership and the importance of working together to achieve bigger goals. I have immense gratitude for the wonderful opportunity to lead an inspiring organization like FICCI YFLO.

Warm regards

Shriya Damani

Chairperson, YFLO Ahmedabad



COMMITTEE MEMBERS



Swati Garodia
Sr. Vice Chairperson



Priyanka Sanghi
Vice Chairperson



Aarohi Shah
Treasurer



Urvija Shah
Jt. Treasurer



Ayushi Vastupal
Secretary



Shumona Bakeri
Jt. Secretary



Aditi Parekh
Imm. Past Chairperson

Blogger to Girl Boss with Miss Malini: June 20, 2018

YFLO Ahmedabad organized an interactive session with Miss Malini at Renaissance Ahmedabad, where she spoke about persistence, aspirations, working with spouse & requirement for clear communication boundaries for home and work. The event saw participation of 200+ women from across diverse sectors. Miss Malini emphasised that to enrich and enlarge their businesses, entrepreneurs should make the employees a part of their growth path and make them understand how their current work is empowering them.



Power Magazine Launch: June 20, 2018



Yoga Day: June 21, 2018

YFLO Ahmedabad believes that a healthy woman is an empowered woman. On the occasion of International Yoga Day, a special session on Movements & Postures was conducted by Ms Partivartan Khandhuri who is an advanced certified yoga instructor at 136.1 Yoga Studio.



Masterclass by Uttara & Praneta: June 29, 2018

YFLO Ahmedabad Chapter organized a Master-class by members, with the objective of learning and sharing best practices amongst each other and grow in their professional spheres. Uttara Parikh spoke on Journey in Fashion E-Commerce: Learning's and Lessons and Praneta Mehta highlighted on the Basics of Building a Global FMCG Brand: Tips, Tricks, Tools and Story of Building a Tea Brand.



Business of Luxury: July 11, 2018



Spearheading her term as YFLO Ahmedabad Chapter Chair, Ms Shriya Damani organized an inspiring panel discussion aptly titled "Business of Luxury". It was an opportunity for members to pick up tips, advice and ideas for creating a Luxury Brand from Ms Sunaina Kwatra (Country Head – Louis Vuitton India), Mr Tarang Arora (CEO, Amrapali Jewels) and Ms Akansha Arora (CEO, Amrapali Jewels). It was followed by a Styling Session by Ms Aastha Sharma (Celebrity Stylist).

Life Musings with Mrs Funny Bones: August 7, 2018

YFLO Ahmedabad Chapter organised a very interesting session with actor, author, newspaper columnist, film producer, and interior designer Ms Twinkle Khanna. The event was moderated by Abha Bakaya – Founder AB Network Pvt Ltd.



Law for Women Entrepreneurs: August 7, 2018

YFLO Ahmedabad conducted an interactive legal awareness session in conjunction with lawyer members Namrata Trivedi & Hiral Trivedi. It was a basic session covering different aspects of the law, both business and social. The key learning by these women was that ignorance of the law is not an excuse to escape the liability of violating laws.



National Sports Day – An Interactive Session with Differently abled people: August 29, 2018

YFLO Ahmedabad Chapter Organized an interactive session for creating awareness amongst disabled people, focussing on swimming as a way, for kids with special needs. The coach Amal Upadhyay has treated over 600 kids with special needs, and in a recent achievement, one of them bagged a gold at a national swimming championship! YFLO Ahmedabad has always strived to do something different and meaningful, wanting to let everyone know that these kids too can lead an amazingly easy and normal life, with just some more care.



Wit & Wisdom with Mr Narayan Murthy: September 15, 2018



YFLO Ahmedabad was privileged to interact with Mr Narayan Murthy at Renaissance Ahmedabad. The discussion focussed on Mr Murthy’s journey under whose visionary leadership, Infosys has become a world leader in the IT Industry. Members gained insight not only of the nuances of entrepreneurship in this sector, but also into visionary leadership.

The Building of a Legacy: Collections & Institutions: September 18 2018

YFLO Ahmedabad Chapter in association with Sotheby’s & Lalbhai Museum collaborated for a talk on Investments in Arts. It was an interesting session, the knowledge about antiques and art collections shared by Mrs Yamini Mehta (Head the Indian and Southeast Asian Antiquities / Modern and Contemporary South Asian - Sotheby’s) and Mrs Jayshree Lalbhai (Kasturbhai Lalbhai Museum), was just invaluable. The talk was moderated by Mr Gaurav Bhatia (MD Sotheby’s India).



Retreat: The Goan Escapade: October 3-5 , 2018

The Goan Escapade was the YFLO Ahmedabad members retreat to Goa. 23 Members participated in the retreat. The trip went beyond socialising and also incorporated learning elements, a special interactive session was organized by Hennessy on Mixology. Goan Escapade was indeed an experience of a life time - one through which beautiful memories were created that will undoubtedly live on forever, and friends that we'll cherish all our lives.



Fashion & Sustainability with Shivan & Narresh: November 23, 2018

On Nov 23, YFLO hosted a networking event where ladies had an opportunity to have a one on one conversation with Fashion Designer Shivan. The event generated a lot of interest amongst members and others, as Fashion & Sustainability was discussed.



Networking Dinner - Holiday Cheer: October 3-5, 2018

A networking event was exclusively organized for YFLO Members as well as their spouses to give opportunities to interact and get to know each other better, and brought the group further closer together.



Busting Diet Myths with Pooja Makhija: January 21, 2019

YFLO Ahmedabad hosted an enlightening and informative event on busting diet myths and Emphasizing on a healthy lifestyle, a subject that concerns most women. The members gathered at Renaissance Hotel to listen to Celebrity Nutritionist Ms Pooja Makhija.



Demystifying Past Life Regression with Dr Rahul Dutta:

February 5, 2019

The Session with Dr Rahul Dutta was on understanding mind, energy and relationship. It was an entrancing session where he shared about connection between the past, present life and how to manifest.



Interaction with Ms Pinky Reddy: March 8, 2019

YFLO Ahmedabad Chapter on the occasion of Women's Day organized an interactive session with Ms Pinky Reddy, National President FLO. It was an inspiring session for our members, where Ms Pinky discussed about self-belief, gratitude & humility.



AMRITSAR

Message from Chairperson

Dear Friends,

As founder Chair of Amritsar Chapter I feel a huge sense of achievement not only in the inception of a chapter but also for the induction of 180 members in the very first year of inception. The action packed maiden year had a huge impact not only on my members but on the city as a whole. Imparting each of my members with a feeling of belonging and self-discovery has been the mission throughout the year, which in turn led to Evolved - Enriched and Empowered Women.

I am grateful to have a committed team of office bearers and EC members. Each one

Contributed their precious time, energy and added dimension to the group which is truly the key to our grand success in the maiden year.

My vision has broadly been to set goals and plan programmes and initiatives in a way that would :

1. Engage and involve members and harness the leadership skills within FLO members Discovering women of Purpose Power and Passion in all spheres
2. To maintain a holistic growth to Empower women with economic disability and equip them with wings of skills that would help them soar above poverty. Skill training of 200 underprivileged girls by various mentors has been the most victorious part of this year

As I end my year I can see the roots get stronger to uphold the FLO growth - nurtured with abundance of Commitment & Compassion. This year of inception will be a stepping stone to a glorious future of Amritsar Chapter and that shall be our true victory! Veni, Vidi, Vici..... FLO came FLO saw & FLO conquered the hearts of Amritsar.

Regards,

Gowri Bansal
Chairperson, Amritsar Chapter



COMMITTEE MEMBERS



Arushi Verma
Sr. Vice Chairperson



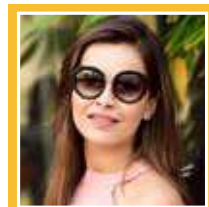
Manjot Dhillon
Vice Chairperson



Surangma Sharma
Secretary



Shikha Sareen
Treasurer



Himani Arora
Jt. Treasurer

Launch of Amritsar Chapter: April 23, 2018

The 15th chapter of FLO was launched on April 23, 2018 at Amritsar in the august presence of Maharani Preet Kaur. Farah Khan, Film Director, Producer, Dancer, Choreographer and Actress was the Guest of Honour.

Ms Gowri Bansal was announced as the Founder Chairperson of the Amritsar chapter. The occasion was also graced by the presence of honoured Past Presidents of FLO India, members of the Presidium and the Governing Body.

'Project Pankh' was launched by the Chapter, with the aim to provide skill development opportunities in 8 different streams to 200 girls from disadvantaged backgrounds.



Launch of Amritsar Chapter: April 23, 2018

Shivfit Mind and Body Workshop was conducted by Ms Vrinda Mehta and Shivoham, the co-founders of the Shiv fit programme. The workshop was planned keeping in mind the stress levels of the present competitive world. Vrinda Mehta spoke about the vibration process of our mind, thoughts and our emotions which play a very vital role in every aspect of our physical life.

Dr Surangma Sharma & Mona Singh were the day chairs of the workshop.



Embrace Your Age 17 To 70: In Conversation with Shobha De: May 27, 2018

Amritsar Chapter organised an exhilarating session for its members with the irrepresible author and columnist Shobha De on her newly launched book 'Seventy and to Hell With it'.

Shobha De was at her exuberant best as she shared with the FLO ladies her experiences and inspirations. Encouraging women to shun stereotypes and embrace each chapter of life for its fresh learning and joys, Shobha left the audience wanting to ravish her new book for its immense insight into human emotions and eccentricities. The session was moderated by Ms Shireen Kumar and Ms Manjot Dhillon.



The Brand You: Personality Development Workshop: June 2, 2018

Amritsar Chapter organised a workshop on personality development "The Brand You". Ms Sonal Gadhvi and Bhuvaneshwari Sawant, Co-Founders of NYOU image consulting, Mumbai. The workshop was attended by more than 170 women.

The workshop aimed at conditioning the women entrepreneurs in the city for competitive world and re-inventing themselves. Workshop on personal branding was truly a moment of self-analysis and self-revelation. Dr. Simarpreet V Sandhu & Dr. Manika Sharma were the Day Chairs.



Workshop on Art of Mindful Parenting by Dr. Shelja & Amit Sen: July 26, 2018

Workshop on 'The Art of Mindful Parenting' led by Dr Shelja and Dr Amit Sen, Child and Adolescent Psychologist and Psychiatrist, Family Therapists, Co-Founders of Children First was a highly anticipated one.

The teaser videos created featuring the Day Chairs Aparna Kapur (Double Duty Mom), Komal Sehgal (See-Saw Mom), Chishma Mehra (Toddler Toppled Mom), Arusha Khurana (Tech Troubled Mom), Sakshi Mehra (Hashtag Hassled Mom) generated a lot of awareness and interest.

Early Birds received the Punctuality Prize of a copy of the book "All You Need is Love" authored by Dr Shelja Sen, TED India speaker. The opener for the day was the stage presentation of 'Diary of an Exasperated Mom' by the Day Chairs. The experienced experts delivered a highly interactive workshop with lots of questions put up and adeptly answered.



Seminar on Women Safety & Self-defence followed by Workshop on KRAV MAGA: August 11, 2018

As an Independence Day Initiative, Amritsar Chapter organised a Seminar on safety and self-defence of women titled – BEKHAUF AZAD HAI JEENA MUJHE. Mr Shael Sharma, the renowned KravaMaga instructor from Mumbai taught women techniques for self-defence. The entire city extended support to this initiative and apart from FLO members there were nearly 400 women from different units who took full advantage of this programme. The guest speaker Mr Junior Anand Gupta, the man who selflessly fought for Nirbhaya rape case, emphasised on the need for making our country a safer place for its women.

PROJECT PANKH was launched at the occasion.



Musical Autobiography by Sharon Prabhakar: August 19, 2018

A musical autobiography of Sharon Prabhakar unveiled a musical extravaganza with variety of emotions to regale the audience. Four Day chairs gave a sneak peek into her life. The evening was a reminder that no matter how dark the clouds are, it will always have a silver lining. She made everyone fall in love with her and also brought forward the insight that with unending self-belief, grit and determination, one can rise above the ashes. The evening was full of music, vitality n unbridled joy. It was highly applauded by all.



Project Pankh: One Year Program Skill Development

Providing education is giving wings to the children and giving skill training is like adding air to their wings. With the help of these skill programs, they could generate money which is like true empowerment. Project Pankh-AN INITIATIVE to empower & equip 200 underprivileged girls with wings of skills & performing arts. This is the very first step towards making them self-reliant, independent and opening various windows of aspiration and hope for them.

Amritsar chapter have adopted 200 girls from Mission Deep education society- an Ngo, from different villages and they were trained in 7

skill programs, over the period April 2018 to December 2018. This project is mentored by the best faculty of Amritsar; they conduct classes on weekly basis with their allotted number of girls in the city. These 200 girls are given an orientation by each faculty member to help them decide what course they would like to pursue and be trained in.



Courses offered are:

- Creative stitching & tailoring which have 21 girls in a batch trained by Himani Arora
- Block & Screen printing which consists of 19 girls trained by Rubina Singh
- Cafe menu cooking classes are taken by Payal Seth which consists 34 girls
- Life skills with spoken English with 145 girls trained under Amrita BrarNawal
- Computer basic & graphic designing by Niit have 22 girls
- Kathak dance have 34 girls trained by Ms Minni
- lassical music/ vocal training have 17 girls trained by Dipin Academy

Women - Wealth & Wellness (Womenya & Angel investment):

September 18, 2018

Ficci flo Amritsar in collaboration with Reliance mutual funds had organised an informative session on finance and investment. It was great to know what certain basic terms meant when used for investment purposes. Also we were able to judge how to figure out the pros and cons of a particular investment and also keep track of the processing of the same. Last but not the least , we were told about angel investors who work in a way beneficial for people with business looking for investors and vice versa!!!!!!

Denny Kurian the angel investor gave us insights on how to make pitches for start-ups and what all are essential ingredients to start your own firm. This was a truly empowering event.



Make Rest of your life - Best of your life with Gaur Gopal Das:

October 12, 2018

Life is not about finding yourself. Life is about creating yourself. So here we had a program that helped people understand "Not to add years to your life but Life to your years". It was a great enlightenment by Gaur Gopal about coming out of the world of oblivion and enjoying a blissful journey because we don't live life we are life itself. It was a time when Das had launched his first book 'Life's amazing secrets' which helped us to believe and make the rest of our life, the best. It was A FLO Family event.



Cancer Awareness Camp & Conclave:

November 12, 2018



The Organising Committee of the XXVII National Conference of Indian Association of Oral & Maxillofacial Pathologists 2018 along with FLO Amritsar organised a Community Outreach Camp & Conclave on Cancer Awareness on 12th November 2018 along with World Cancer Care Charitable Society.

It was one of the biggest outreach programmes aimed at targeting both rural and urban population in which early detection and screening of 5 Cancers ie Breast, Cervical, Oral, Prostrate & Blood was carried out.



This was followed by a Cancer Awareness Conclave with Power Panelists: Cancer Crusaders & Warriors . Lisa Ray , Tahira Kashyap , Manali Jagtap and Monika Choudhary as survivors left our audience with tremendous inspiration and insights

The Calendar of causes culminated with a Run over Cancer – a 3 km health run in association with The Great Run of Punjab with the slogan Together We Can.

FLO Fashion Fest -Glitterati - The Runway Bride: December 18, 2018

Ficci flo Amritsar in collaboration with Reliance mutual funds had organised an informative session on finance and investment. It was great to know what certain basic terms meant when used for investment purposes. Also we were able to judge how to figure out the pros and cons of a particular investment and also keep track of the processing of the same. Last but not the least , we were told about angel investors who work in a way beneficial for people with business looking for investors and vice versa!!!!!!

Denny Kurian the angel investor gave us insights on how to make pitches for start-ups and what all are essential ingredients to start your own firm. This was a truly empowering event.



Best Friend Stories – Take 2 of Life: February 12, 2019

The “Best Friend Stories - Take 2 of life” was one if it’s kind event with the best friend trio – Mrs Mini Mathur, Mrs Maria Goretti & Mrs Jaya Mishra.

The aim of this event was relationships and how to strike a balance between work & professional lives. There was a live cooking demo by Maria Goretti , Mini Mathur shared her tips on how to be a better public speaker and a Q&A round with sexpert Jaya Mishra.

The day chairs of the event were Suhena Chouhan, Priya Chouhan & Gayatri Peshawria. Suhena & Priya shared about their journey from being best friends to becoming sisters in law. Gayatri is a well known chef in the city and headed the live cooking section with Maria Goretti. The first 100 received a signed copy of the book “Kama” by Jaya Mishra.



Tribute to the soldiers who lost lives: February 16, 2019

FLO Amritsar paid tribute to the brave soldiers who fell for the nation. Their sacrifice shall not go in vain. Their martyrdom shall further fortify our resolve to remain united and protect our great nation from the menace of terrorism.

A candle march was organised at Company Garden to show respect for the huge loss of the country. From school children to FLO family to Amritsar citizens all joined in the endeavour to pay tribute to the heroes.



FLO SKILL FEST: March 15, 2019

FLO Amritsar hosted Pernia Qureshi Brands for the very first time in Amritsar. This day will also mark the culmination of Project Pankh - a yearlong skill training program with mission Deep girls led by a panel of FLO mentors.

200 underprivileged Project Pankh students and their artistic & creative outcomes were presented on the same platform as country's most renowned fashion entrepreneur Pernia Qureshi.



BANGALORE

Message from Chairperson

Dear Friends,

**“Balance for Better.”
Everyone can play a role!!**

It has been an honour and a privilege to lead the Bangalore Chapter of FLO this past year.

Interacting with the urban privileged, and the underprivileged, younger, as well as older women, has enriched me in a manner which is almost transformational!

Skilling women in terrace gardening, cooking, self-defence, yoga, beauticians’ course, training them in menstrual hygiene, distributing a year’s supply of menstrual hygiene kits to 700 underprivileged girls and women, fruit tree planting, awareness of legal rights, block printing for autistic children, rejuvenation of a child psychiatry ward, and so much more!!

The wide variety of programs that were conducted over the past year, including a delightful trip to Hampi, has given the FLO Bangalore Chapter a huge fillip and has contributed directly, and through word of mouth, to almost 200 new members joining this year! That’s an increase of almost 70% in our membership!!

I would like to thank my Team and the national Secretariat for all their assistance and efforts in ensuring that we had a hugely successfully year.

The truth of the pudding is in the eating! I am delighted to say that brand FICCI FLO has become one of the most coveted corporate organizations that women in Bangalore would like to be part of.

With warm regards,

Yashodhara Shroff
Chairperson, Bangalore Chapter



COMMITTEE MEMBERS



Shruti Mittal
Senior Vice Chairperson



Jyotika Kapoor Kalra
Vice Chairperson



Manjari Jalan
Secretary



Sunitha Reddy
Joint Secretary



Nupur Handa
Treasurer



Kiran Soni
Joint Treasurer



Lakshmi Ishwar
Imm. Past Chairperson



Change of Guard: April 17, 2018

The Change of Guard of Bangalore Chapter annual event was well attended. A grand evening with ramp walk by FLO members was organised. The Change of Guard ceremony was presided by FLO National President Ms. Pinky Reddy.



What Is Your Personal Brand by country's foremost Branding Expert Ms. Meeta Malhotra: May 9, 2018

Brand Guru Ms. Meeta Malhotra spoke about ways to create an effective personal brand. After building the most popular brands over the past 15 years, she has now entered the digital space. Ms. Malhotra emphasised that we all need a personal brand, something which people talk about when we are not in the room. Self-awareness, facing our fears, recognising our strengths and having a goal post is the way to achieve a personal brand. A house full session of 150 enthusiastic FLO members.



“Pullela Gopichand – Candid Tête-À-Tête with Mr. Rajesh Kalra, the Chief Editor at the Times Internet: May 26, 2018

“When girls decide to achieve something, they get possessive about it. Hence they pursue it with a strong mind and learn quickly.”- Golden words of star coach and World Champion himself, Pullela Gopichand at the session organised by Bangalore chapter with the man behind stalwarts Saina Nehwal and PV Sindhu. He emphasised on Physical Literacy and how it should be a part of everyone's life.



Behind The Scenes at Kempegowda International Airport, Bengaluru and Lunch with CEO Mr. Hari: June 14, 2018

The members were thrilled by behind the scenes experiences during the visit to KIAL and lunch with CEO Mr. Hari. It was a first-hand experience of the basics of the airport, how and why it's designed this way and how the baggage is handled, how the objectionable items are segregated.

The members also visited the Air control division, ATC tower and understood the communication with pilots.



Health is Wealth – A Day at SOUKYA and Presentation by Dr. Issac Mathai: June 23, 2018

SOUKYA, Dr. Mathai's International Holistic Health Centre, is a unique residential facility that helps restore the natural balance of your mind, body and spirit by combining modern medical advancements, ancient medical techniques and complementary therapies used worldwide. The tranquil facilities lent a serene, calm vibe for FLO Bangalore members. It was a refreshing & rejuvenating experience for the members ending with lunch.



Investment Mantras of Warren Buffett by Mr. Bishnu Dhanuka:

June 23, 2018

Mr. Bishnu Dhanuka of Millennium Mams gave away Golden Investment rules of Warren Buffett at the FLO Bangalore Workshop. He is a successful businessman and investor from Kolkata who is dedicated to empower women through Financial Literacy. The most important takeaway being – you must educate yourself before buying shares, and never choose a wrong partner!



Start-up Stories – Joint Event with FICCI Karnataka and FICCI FLO Bangalore including SWAYAM: July 3, 2018

An insightful session with three powerhouse women had the FLO Bangalore members inspired & amazed.

Ms. Bharti Jacob of Seedfund, Ms. Shradha Sharma of Yourstory.com, Ms. Lathika Pai of Sonder Connect held a powerful discussion of stories and struggles. What came out as the clear message was that if women put their mind to something, they achieve it.



A Walk Through With Indian Contemporary Artist Mr. Paresh Maity: July 28, 2018

FLO Bangalore members walked with Mr. Paresh Maity at Sumukha Art Gallery and heard him explain all about his inspirations, his thought processes, his techniques and more. The members were enthralled as they walked and appreciated his works of art - large and small.



Band of Sisters – India’s Unsung Women Founders:

A Private Interaction with Mr. Vikram Raghavan, Lead Council - World Bank,
Writer & Historian: August 4, 2018

Vikram Raghavan spoke on the political and social context in which these remarkable women were elected to the constituent assembly and their subsequent activities and accomplishments. One was not even aware that these “Band of Sisters” who stayed mostly in the background and shadows of the Freedom movement had such an important and integral role to play, perhaps in many ways, just as important as Nehru, Tilak and Patel.



FLO Culinary Masters: August 11, 2018

It was a day filled with good food, wine and a display of exceptional culinary skills. The participants were given a mystery box where they had to put together a master dish. 7 teams from FLO Bangalore participated. The Grand event was judged by Mr. Manu Chandra, Partner, Olive Bar & Kitchen, Ms. Radhika Ponappa and many more.



Meeting With His Holiness the 14th Dalai Lama: August 12, 2018

Organised by Vidyaloke Talks, 100 FLO Bangalore Members participated in the event. The topic was "Indian Wisdom in the Modern World". His Holiness mentioned that in community and society, prayer alone is of no use. Hence individual must work on one's own inner peace. His Holiness then talked about the non-existence of self as single, autonomous and permanent.



Know Your Rights in the 21st Century: An interactive Workshop by Dr. Sarasu Esther Thomas, Professor of Law, National Law School, Bangalore August 12, 2018

The workshop was organised in the Q & A and Quiz Format. The FLO Bangalore members formed groups and it was a very interactive and engaging session. The following topics were covered – Inheritance Rights, Right to Property, Writing a Will, Indian Marriage Laws, Gender Issue in the Indian Legal System.



FLO Bazaar at Taj Westend, Bengaluru: September 7, 2018

FLO Bazaar provided a platform for Women Entrepreneurs and in this fund raiser, approximately INR 10 lakhs were raised for the initiatives. It looked like a regular fashion edit but behind the decorations, clothes, food and fashion, was purpose, strategy and resolve. In addition, INR 4 lakhs were raised for The Akshay Patra Kitchen which will feed about 50,000 children when it is ready. There were over 70 stalls in the Bazaar.



FLO Bangalore Retreat to Hampi: September 19-21, 2018

65 members from FLO Bangalore took a 45-minute flight to Vijayanagar. The members visited IIS, The Inspire Institute of Sport which trains Olympic medallists such as Geeta Phogat, Sakshi Malik. They also visited a museum in Hampi, a play - Ramayana, learnt & shopped the local crafts. The highlight of the retreat was a visit to the India's largest steel plant.



Luxury Retail Across Borders - An in-depth conversation with Sanjay Kapoor, Founder & President, Genesis Luxury, & Sujata Keshavan, Founder, Ray + Keshavan & Varana: October 9, 2018

Sanjay Kapoor, the man behind Genesis Luxury is a banker turned entrepreneur. He shared his story of how he acquired a slew of premium Indian fashion labels and took them to the world. He is now retailing 17 luxury brands in India. He captured the attention of all the members with his distinctive and dynamic business story.



Sujata was the first Indian women to obtain a post- graduate degree in design. She founded Ray + Keshavan which was ranked no. 1. She turned design from a soft subject and brought into the board room. She then went on to share her dream of creating a brand of the highest quality from India for the global market – Varana, in London.

Session by Hollywood’s Celebrated Endocrinologist Dr. Daryl Turner: October 23, 2018

Dr. Turner believes 87% of Indians have thyroid disorder due to gene mutation. He treats hormonal imbalances leading to auto immune disorders with natural FDA approved supplements and is much sought after by Hollywood celebs for his anti-aging programme.

His claim is that a thyroid imbalance may go undetected by a blood test. He has devised a non-invasive method of testing endocrine system – specifically thyroid and adrenal gland functioning by a machine called Thyroflex which is used in 16 countries worldwide.



FLO Diwali Jambalaya:
 October 25, 2019

It was a Festive Event for members and guests to celebrate Diwali. It was a Bollywood evening with 34 members dancing to different genres of Bollywood music along with the Sutradhar.



FLO Technicolor @ Technicolor India:
 November 23, 2018

FLO Bangalore members visited TECHNICALOR Studios Bangalore (a US based \$5 billion company). Technicolor India Country Head Biren Ghose hosted the delegation. The visit was an eye-opener. Thousands of artists and technicians sitting right here in Bangalore creating content for International commercials and the biggest blockbusters of the movie world viz. Jungle Book, Life of Pi and many more.

Visit to Navprabhuti, a subsidiary of Asha Foundation for Autism: December 3, 2018

December 3rd is the International Day of Persons with Disability, an observance promoted by the United Nations since 1992. The day aims to promote an understanding towards people with disabilities and encourage to support their dignity, rights and well-being.

FICCI FLO Bangalore chapter visited Navprabhuti a subsidiary of Asha Foundation for Autism. It is a vocational training centre for young adults with autism and similar conditions, with a focus on teaching life skills and income generating activities for self-sustenance.



This was done in association with Tharangini. Established in 1977, Tharangini is Bangalore’s oldest hand block print studio, specializing in ethical and eco-friendly block prints. They have the finest master artisans and more than 4000+ block prints.

An afternoon session with Luke Coutinho, holistic lifestyle coach - Integrative Medicine: January 8, 2019

Celebrity wellness coach, Luke Coutinho kept everyone in rapt attention whilst he shared his expertise on health and lifestyle. Luke Coutinho, is a Holistic Nutritionist specialising in the field of Integrative and Lifestyle Medicine. He highlighted on the 4 pillars of Holistic Health - Balanced Nutrition, Adequate Exercise, Quality Sleep and Emotional Detox.



Boardroom Diversity - Why It Matters, January 10, 2019:

January 10, 2019

Bangalore Chapter organised a very lively and thought-provoking discussion on whether it really makes a difference having a woman Director in the boardroom.

The stellar Panelists included – Ms. Vinita Bali, Independent Director & Strategy Advisor. Former MD – Britannia ;Ms. Shinjini Kumar – Country Business Manager – Citibank; Mr. Sanjiv Sarin – MD & CEO – TATA Coffee; Dr. Gopichand Katragadda – CTO – Tata Sons and Mr. Ajay Nanavati, Chairman – Syndicate Bank. Former MD – 3M India was the moderator.



The New Face of Khadi: January 21, 2019

Bangalore Chapter organised a very lively and thought-provoking discussion on whether it really makes a difference having a woman Director in the boardroom.

The stellar Panelists included – Ms. Vinita Bali, Independent Director & Strategy Advisor. Former MD – Britannia ;Ms. Shinjini Kumar – Country Business Manager – Citibank; Mr. Sanjiv Sarin – MD & CEO – TATA Coffee; Dr. Gopichand Katragadda – CTO – Tata Sons and Mr. Ajay Nanavati, Chairman – Syndicate Bank. Former MD – 3M India was the moderator.



Rejuvenation project with NIMHANS: February 10, 2019

This is an initiative by FLO Bangalore for the rejuvenation project for the National Institute for Mental Health and Neurosciences (NIMHANS), along with the assistance of Dr. Shekhar Seshadri (HOD – Child Psychiatry), Jija Harisingh of Art Mantram, and Antra Bhargava (CEO – Suvitas).

The unique feature of this initiative was the enthusiastic participation of the children of FLO Members. The Chapter brought colour to the life of the patients by painting the various rooms occupied by them.



Dental Camp: February 11, 2019

This was a unique collaborative event between FLO Bangalore and the NGO – Paloma Foundation, which assists in making under-privileged children acquire life skills post matriculation, in order to make them employable.

Bangalore Chapter Member Dr Archana Diwan brought a mobile clinic to the premises of the NGO and examined 50 children. The principles and advantages of dental hygiene created a positive impact on these young minds.



Outlook Businesswomen of Worth: February 10, 2019

Dream big, get bigger! Women entrepreneurship has taken wing and is soaring in India. However, only a few have truly been able to build businesses and take them to their logical scale. There were numerous experts and speakers, such as Rashmi Daga of Freshmenu, and veteran actor – Manisha Koirala, who shared their success stories with the audience.



Tete-a-tete & Demo by artist Ganapathi Hegde: February 16, 2019

An afternoon spent with renowned artist Ganapati Hegde at his solo show "Second Spring" where he did a live demonstration of his technique, and shared his unique method of painting. This was held at the popular Gallery G.

The members were enthralled and took home several works of Art.



BK Sister Shivani:

February 22, 2019

Globally renowned spiritual guide and mentor, Brahma Kumari Sister Shivani spoke on the tagline of the FLO logo "Power to Empower". She discussed and shared several examples of what this means and encouraged the members to follow the same.



Celebrating International Women’s Day with Menstrual Hygiene Training and Distribution of Menstrual Hygiene Kits to 700 Girls and Women



WOW – World of Women – Foundation of Women Empowerment was the organization which assisted in this initiative. The larger aim is to create a world where all women have menstrual dignity.

The location of this event was the NGO – Parikrma Foundation. The highlight of this event was the distribution of menstrual hygiene kits to 700 girls and women.

Celebrating International Women’s Day with Self Defence Training to the Children of NGO Parikrma Foundation: March 7, 2019

FLO Bangalore, in collaboration with Helping Hand Films presented the art of urban self-defence technique – KEYSI, with Master Katie Pyle. Katie has been training in, and teaching, martial arts for the past 15 years. 700 girls and women attended this important event, which was based on personal growth using martial arts as a medium.



FLO Women Achievers Awards Ceremony: March 10, 2019

International Women's Day is celebrated around the world and this year the theme internationally is "Balance for Better". It focuses on how everyone plays a role in forging gender parity. Think equal, Build Smart, Innovate for Change.

The following outstanding Women of Bangalore were awarded on the occasion of International Women's day.

- Woman in Science – Dr. Chaitra Harsha
- The Performing Arts – Madhu Natraj
- Entrepreneur – Sahar Mansoor
- Health and Beauty – Dr. Chytra Anand
- Sports and Fitness – Wanitha Ashok
- Outstanding Bangalore FLO member – Anjana Chandak
- Humanitarian and Social Service – Aloma Lobo
- Entrepreneur – Sangeeta Lala
- Philanthropy – Kulsum Hothur
- Environment – Dr. Chitra Rajan



Celebrating Traditions, Textiles and Handicrafts With Raw Mango Clothing And Amrapali: March 10, 2019

In keeping with the traditions of promoting our Indian Heritage, FLO Bangalore requested the internationally renowned Design Label – Raw Mango, and traditional Jewellery House – Amrapali, to showcase an amazing "Jugal Bandhi" of textiles and jewellery. The audience was spell bound with the intricate workmanship of both brands. Unique to this event was the work opportunity provided to 20 "Saperas" who enthralled with their lilting music.



CHENNAI

Message from Chairperson

Dear Friends,

It was an honour to be Chairperson of FLO Chennai this year, as we celebrated our Silver Jubilee and hosted the National Governing Body meet. My theme for the year was "Avatars of a Woman - Connect, Collaborate and Celebrate".

We had inspirational speakers like Indra Nooyi, Nirmala Sitharaman, Dr. Shashi Tharoor, Dr. Subramaniam Swamy and our Honourable Governor of Tamilnadu. Our membership grew by 30% and we received extensive media coverage. FLO Chennai has become one of the best known organisations in Chennai today. I am truly grateful to the Presidium, my seniors in the Chapter and my Committee for their valuable support.

To quote Helen Keller "Alone we can do so little, but together we can do so much!"

Regards,

Anupama Shivaraman
Chairperson, Chennai Chapter



COMMITTEE MEMBERS



Deepali Goyal
Sr. Vice Chairperson



Rinku Mecheri
Vice Chairperson



Meena Mohan
Imm. Past Chairperson



Vidya Gajapathi Raju
Secretary



Jayashree Chinne Narayanan
Jt. Secretary



Geeta Ramanathan
Treasurer



Kanakadhara Srinivasan
Jt. Treasurer



Change of Guard: April 11, 2018

FICCI FLO Chennai had its change of guard at a function held at Hotel Crowne Plaza on 11th April 2018. Ms Anupama Shivaraman took over the charge from Ms. Meena Mohan. The event received excellent Media coverage. Ms. Anupama Shivaraman presented the Theme for the year “Avatars of a Woman” and outlined our plans and projects.



Launch of “Her Idea” An Entrepreneurship Development Program for Women: April 25, 2018

FICCI FLO Chennai had its change of guard at a function held at Hotel Crowne Plaza on 11th April 2018. Ms Anupama Shivaraman took over the charge from Ms. Meena Mohan. The event received excellent Media coverage. Ms. Anupama Shivaraman presented the Theme for the year “Avatars of a Woman” and outlined our plans and projects.

FICCI
The Power to Empower

SWATHI

Anupama Shivaraman, Chairperson
Priya Goutham, Head-Swayam
and Committee Members
FICCI FLO, Chennai
in association with

TE CHENNAI

Launch

ENTREPRENEURSHIP DEVELOPMENT PROGRAM FOR WOMEN

HER idea

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Avatars of a Woman
Connect Collaborate Celebrate

Partner
TWO TREES
Work Space

A fun filled learning session with The Mumbai Dabbawala:

June 7, 2018

Our first event for the year started with the celebration of Indian Entrepreneurship with the Mumbai Dabbawala on 7th June 2018 at Crowne Plaza, followed by lips smacking Mumbai Street food! This event saw a record turnout of 170 women. Dr.Pawan Agrawal, the speaker enthralled the audience with the story of The Mumbai Dabbawala, their punctuality, on-time delivery, work ethics and service excellence.



Celebration of International Yoga Day - Mind, Body & Soul:

June 20, 2018

International Yoga Day was celebrated with Mind, Body & Soul, a wellness session at Isha Life Yoga Centre on 20th June, 2018, followed by a delicious healthy lunch. Dr.Rangarajan, Psychiatrist gave a talk on Stress, anxiety & mood swings. This was followed by Pranayama & Meditation with a Isha Yoga Guru.



Her idea Entrepreneurship Workshop for Women at MMA:

June 21, 2018

An Entrepreneurship Workshop for women was organised in association with TiE. The workshop had a packed house of over 250 women entrepreneurs. The sessions included Business Strategy, Finance and Marketing. The speakers included Ms.Kavitha Dutt, President-MMA & Past President-FLO, guest speakers Ms.Lavanya Nalli, Vice Chairman-Nalli Group & Ms.Kaveri Lalchand among others.



Come, Dine with Me – Masterclass on cuisines of the World with Ms.Rashmi Uday Singh: July 12, 2018

Our members experienced a Masterclass on Cuisines of the World with Ms. Rashmi Uday Singh, World renowned food critic at the Hotel Park Hyatt followed by a session of Dining Etiquette and a specially curated menu from 10 countries around the world. The FLO Chennai Privilege Card was launched during this event with exclusive discounts for our members.



Women & Wealth Workshop: July 18, 2018

A session on Women & Wealth was conducted for 100 FLO members by Citi Bank at Hotel Hyatt Regency. It was a fun filled session on how to invest and manage your money which was well appreciated by all the attendees. Prizes were given to participants which were sponsored by Citibank and Sanskriti.



The Chola Collection: August 1st, 2018

“The Chola Collection” was inaugurated by FLO National President Ms. Pinky Reddy and the Past Presidents of FICCI FLO at a glittering function at ITC Grand Chola on August 1st, 2018. The Chola Collection was an exclusive showcase of South Indian textiles, arts and crafts, organized as part of the Silver Jubilee of FLO Chennai and Governing Body Meet hosted at Chennai. Stalls were put up by leading brands of Tamil Nadu and Chennai!!



Governing Body Meeting: August 1, 2018

FLO Chennai hosted the 2nd Governing Body meet on August 1st, 2018 at ITC Grand Chola, Chennai to coincide with its Silver Jubilee Celebrations. The meeting was attended by over 70 Governing Body Members from all over India. The visiting delegates were given a taste of traditional South Indian cuisine culture, arts and crafts and taken on a temple visit to the historic Kabaleeshwarar Temple at Mylapore, Chennai.



Silver Jubilee Celebration FLO Chennai: August 1, 2018

FLO Chennai celebrated its Silver Jubilee on August 1st 2018. Each of the Past Chairpersons contributions was acknowledged and appreciated at the event. An artwork by renowned Artist Biswajit Balasubramanian was presented to them. The event was graced by National President Ms Pinky Reddy and Vice Chairperson - Apollo Group – Dr.Preetha Reddy. The hosts for the evening were Past National Presidents Ms V.L.Indira Dutt and Ms Kavitha Dutt. The fashion show that followed showcased the best of Tamil Nadu Jewellery and Saris. The Showstoppers were Ms Vyjayanthimala Bali, Ms Anita Ratnam, Ms Priyadarsini Govind and Ms Urmila Satyanarayana.



Peace for Children at MMA: August 21, 2018

FLO Chennai members participated in the “Peace for Children” event conducted by Ms. Latha Rajinikanth, Chairperson – Shree Dayaa Foundation. This initiative focused on providing safety and well-being for children, thereby improving the quality of life of the child in all aspects. National President, Ms. Pinky Reddy was also present at the event.



The Talk Big Ideas: August 25, 2018

FLO Chennai has partnered with “The Talk Big Ideas”, a platform for startups & SMEs to connect, engage and scale up. Our member Subaprada won the Best Emerging Entrepreneur Award which was given by our Chairperson Ms Anupama Shivaraman along with Mr. CK Kumaravel of Naturals. Our Swayam Head, Ms Priya Goutham & Treasurer Ms Kanakadhara Srinivasan were Panelists.



The Van Cleef & Arpels Story At Studio Tara: August 31 2018

FLO Chennai in association with Jewellery brand Studio Tara organized a talk “The Van Cleef & Arpels Story” by Francois Arpels on August 31st, 2018. The talk was organized at Studio Tara followed by a walkthrough of their store displaying contemporary jewellery pieces. The members had a chance to interact with Francois Arpels and learn about the influence of India on International Jewellery Brands and about lifestyle and luxury brands.



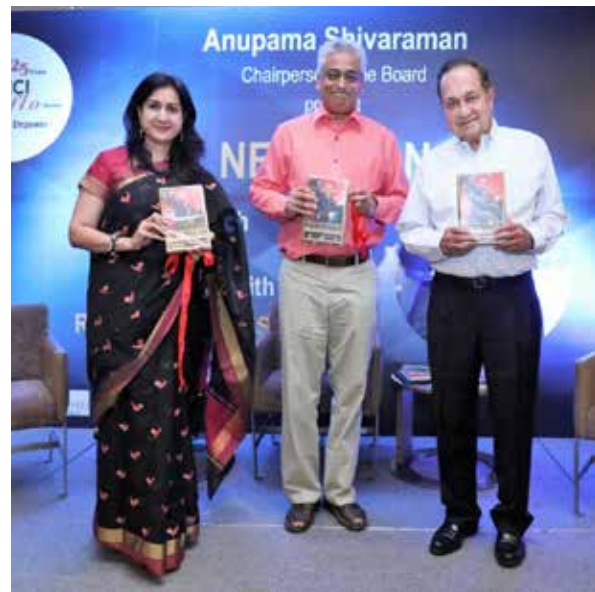
Royal Retreat to Jaipur: September 3- 5, 2018

The annual retreat for the Chennai Chapter was a three day trip to Jaipur from 3rd September to 5th September 2018. The FLO Chennai and Jaipur chapter members met for a Fellowship and Networking tea at Jaipur. The 41 members of FLO Chennai who went on this trip had a great time bonding and experiencing the local cuisine, and learning about the history and heritage of Rajasthan including the spectacular Taj Jai Mahal Palace Hotel, Amer Fort, the City Palace and Govindji Temple.



Newsman – Book Launch & Conversation with Mr.Rajdeep Sardesai: September 15, 2018

A Book Launch and an exclusively interaction was organized with Mr.Rajdeep Sardesai on 15th September 2018 at Hotel Raintree followed by High Tea. Our FLO Members Ms.Priya Goutham and Ms.Nancy Satish were the moderators of this event. Mr.N.Ram, Chairman, Hindu Group alongwith Ms.Anupama Shivaraman, Chairperson, received the first copy of the book. The event was attended by over 100 members & several dignitaries including Mr.Mukund Padmanabhan, Editor Hindu & Mr.Natraj, MLA. The event received excellent media coverage.



Knowledge Is Power - Legal Workshop: September 20, 2018

An interactive Legal Program was conducted on Personal Laws & Business Laws on 20th September 2018 at GRT Convention Center followed by High Tea. Over 100 FLO members benefitted from this workshop. Ms.Chitra Sampath, Senior Advocate handled the session on Personal Laws and Ms.Aarthi Sivanand, Advocate handled the session on Business Laws. Both the sessions were well received by the participants.



Politics & Poetry with Ms.M.K.Kanimozhi, MP: September 27, 2018

An interaction with Ms.M.K.Kanimozhi, MP was held on 27th September 2018 at Hotel Crowne Plaza followed by a typical South Indian Lunch. Ms.Indira Kameswaran and Ms.Geetha Muthuswamy, our Committee members were the moderators. Ms.Anupama Shivaraman, Chairperson made a presentation to the members on the events and achievements for the period April to September 2018.

Over 100 members and several Past Chairpersons attended this event. This event received extensive media coverage in the Economic Times, Daily Thanthi, etc.



Navrathri Fellowship and Cultural Evening with FLO Members: October 4, 2018

A Navrathri fellowship and cultural evening was organised "Of the Members, By the Members, For the Members", on 4th October 2018 with a cultural program at GRT Convention Centre followed by yummy chat menu. FLO Members displayed their products for sale. A Music and Dance performance was organized by our very own FLO Members including Dandiya and Garba session. Prizes were distributed which was sponsored by FLO members. It was well attended and well enjoyed by over 100 members. Ms.Dimple Mehta choreographed the dances, Ms.Leena Parekh and Ms.Sheetal Jain were the moderators. Ms.Rachna Kumar curated the yummy chat menu.



An Inquisitive Mind with Dr. Shashi Tharoor: October 15, 2018

Our FLO members were privileged to experience an interactive and thought provoking session with Dr. Shashi Tharoor, Writer, Thinker, Former International Diplomat and Member of Parliament on 15th October 2018 at Hotel Hyatt Regency, Teynampet followed by Lunch. Our FLO member Dr. Renuka David was the moderator and sponsor of this event. This event was well attended by over 150 Members.



Go Digital – Workshop on Digital Marketing: November 9, 2018

FLO along with SCWEC, India organized a Workshop on “Social Media and Digital Marketing”. There were about 90 Women Entrepreneurs who attended this session. The morning session included the topic “Building your Digital Marketing Strategy” by Mr. Soumitra Das, Founder and Principal at Pinpoint Consulting and Profession, marketing at IMT, Ghaziabad. The afternoon session included the topic “Using Digital Marketing platforms highlighting Instagram” by Mr. Sourav Jain, Digital Marketing and social media expert and CEO, echoVME and “Walk the Talk” by Digital Marketing Leader Ms. Anju Shankar. Certificates were also issued to the participants by Ms. Kavitha Dutt, Past President - FLO and Vice Chairperson – SCWEC.



Industrial Visit to the Taj Flight Kitchen: November 16, 2018

Our members went on an Industrial field visit to have a look Behind the Scenes at the “Taj Flight Kitchen” to learn about supply chain, quality control and assembly processes in the food business. Our FLO members Ms.Pooja Singhi and Ms.Pooja Bhandari were the Event Chairs for this event. Around 50 FLO members visited the Taj Flight Kitchen and were presented with attractive gift hampers and enjoyed a delicious lunch.



Her Story - A Panel Discussion - Learn from the Success Stories of our Members: November 23, 2018

We had a chance to listen to the success stories of our own members. FLO Chennai organized a Panel discussion with six FLO members who are achievers in various fields on 23rd November 2018 at Hotel Raintree followed by lunch. The Six FLO Members were Dr.Khushali Gambhir, Fharzana Siraj, Arti Bagdy, Viji Varadarajan, Radha Pathasarathy and Jeyasree Ravi. Our FLO member Ms.Nalini Radhakrishnan was the moderator of this event. Over 65 members participated in this event and Two of our Swayam mentees talked about their experience and showcased their products.



Interstate Meet at Vizag: November 25-27, 2018

Chennai Chapter had a delegation of 15 members at the interstate meet at the Pema Wellness centre at Vizag from 25th November to 27th November 2018. All the 15 members of FLO Chennai energized their mind, body and soul with all the activities spread over 3 days starting with the talk by Nitya Shanti, the stand up comedy act, post dinner bonding, visit to the beautiful 1000-year-old Simhachalam temple, the very delightful salaam noni appa play and finally visit to the naval base.



Economic Resurgence – Building A New India with Dr.Subramanian Swamy: December 2, 2018

A thought provoking session was held with Dr. Subramanian Swamy, MP & Economist, on the topic “Economic Resurgence – Building a New India” on 2nd December 2018 at Hotel Taj Club House. The session was moderated by Dr Mohan Kameswaran, Founder, Madras ENT Research Foundation (P) Ltd. This event was attended by 200 Members and spouses and was an extremely interactive and intellectual discussion on the economy, politics, the upcoming elections and industrial growth.



The Entrepreneurial Recipe for Business Success: December 13, 2018

FLO Chennai's Swayam Team and TIE Chennai organised a One Day State Level Conference on The Entrepreneurial Recipe for Business Success on 13th December 2018 at Stella Maris College. Around 320 students from Stella Maris College and other college students attended this conference. The conference had our FLO members Ms.Latha Pandiarajan, Dr.Renuka David, Ms.Geeta Premkumar, Ms.Jeyasree Ravi along with other speakers who shared their entrepreneurial journeys. Amongst the panelists we had the Youngest CEO Ms.Sindhuja Rajaraman, Mr.Karthik Kumar and Ms.Pavitra Charan. The conference was well coordinated and executed by our FLO members Ms.Jyothi Thomas, Ms.Mala Sharat and Ms.Shilpa Krishna



Breaking The Glass Ceiling – in conversation with Ms.Indra Nooyi: December 14, 2018

FLO Chennai's Swayam Team and TIE Chennai organised a One Day State Level Conference on The Entrepreneurial Recipe for Business Success on 13th December 2018 at Stella Maris College. Around 320 students from Stella Maris College and other college students attended this conference. The conference had our FLO members Ms.Latha Pandiarajan, Dr.Renuka David, Ms.Geeta Premkumar, Ms.Jeyasree Ravi along with other speakers who shared their entrepreneurial journeys. Amongst the panelists we had the Youngest CEO Ms.Sindhuja Rajaraman, Mr.Karthik Kumar and Ms.Pavitra Charan. The conference was well coordinated and executed by our FLO members Ms.Jyothi Thomas, Ms.Mala Sharat and Ms.Shilpa Krishna



Women & Wellness – A Panel Discussion: January 7, 2019

FLO Chennai along with Kauvery Hospital organized 'Women & Wellness', an event curated by 4 women doctors (Gynaecologist, Psychiatrist, Oncologist & GP) for women on 7th January 2019 at Hotel Crowne Plaza. It was an interactive session on women's physical and mental health issues. Health check-up for BMI, BP and Sugar were done for all the participants. We have also launched a Kauvery Health Privilege card during this event with a special well woman package and distributed the privilege card to all the FLO members along with a gift hamper from Kauvery Hospital.



Power Dressing – A Workshop on Styling: January 18, 2019

A workshop was conducted on "Power Dressing" along with knowledge partner Naturals Training Academy. The members learned the difference between "Smart Casual" & "Business Formal" attire, the art of sari draping, makeup and styling. Ms. Nandita Pandey, Image Consultant, Author of the book Dressology conducted the session. Over 80 FLO members and guests attended this event. A few makeup items along with a gift coupon was sponsored by PAGE 3 salon and gifted to all the participants.



Decoding the Number Game – A Workshop on GST and Accounting: January 25, 2019

A Workshop was organised along with ZOHO Books on 'Decoding the Number Game' on 25h January 2019 at Novotel Chennai followed by lunch. The speakers were, CA Sripriya Kumar – Member (Central Council at ICAI), Kavya Sabaresh – Director or Varam Group of Industries, Bangalore and CA Lavanya Mohan – Head of SMB initiatives. There were sessions on "Basic accounting and making key financial business decisions", "benefits of Cloud accounting" and "GST compliance" which were well attended by over 75 FLO members, guests and Swayam mentees. ZOHO books was the sponsor of this event.



Trail Blazers – The Path Less Travelled – Bombay Jayashri And Vishy Anand In Conversation with V.Sriram: February 12, 2019

The members had an interactive session with Ms. Bombay Jayashri, Classical Artiste and Mr. Vishwanathan Anand, Chess Grandmaster and World Champion, on 12th February 2019 at Hotel Crowne Plaza. The session was moderated by Mr. V. Sriram, Historian. The speakers shared their success stories and challenges for the benefit of the audience. This event was attended by over 100 Members and was an extremely interactive and intellectual discussion on their unusual path to international success in the fields of Music and Sports.



FICCI FLO Women Achiever Awards 2019: February 25, 2019

Chennai Chapter's Annual event 'FLO Women Achiever Awards 2019' was held on 25th February 2019 at Hotel Hyatt Regency to recognize the accomplishments of brilliant women achievers from various fields. The Chief Guest of the event was Hon'ble Governor of Tamil Nadu Thiru.Banwarilal Purohit and the special guest was Acclaimed Artiste Ms.Suhasini Maniratnam. The awardees were selected under five categories by the three eminent jury members namely, Ms.Usha Krishna, Past President of FLO, Ms.Aruna Subramaniam, Trustee Bhoomika Trust and Mr.V.Balaraman, Former Managing Director, Ponds India and Independent Director on various corporate Boards. The awardees were Ms.Sangeetha Shankaran Sumesh and Dr.R.A.Karthika under Professional Category, Dr.Srimathy Kesan under Social Entrepreneur Category, Ms.Sruti Harihara Subramanian under Upcoming Entrepreneur Category, ANEW (Ms.Vinodhini Sudhindran, President) under NGO Category, Ms.Kaveri Lalchand under Entrepreneur Category. FLO Chennai had also announced a Special Mention Award to Ms.B.Aswatha, a child Paleontologist (an 11 year old girl). Since she has a clear vision for her future at this age, FICCI FLO-Chennai honoured her with a special mention. The Event ended with a special dance performance 'Shakti – The Strength of a Woman - A confluence of Kathak & Kuchipudi'. This session was attended by over 200 FLO Members, Awardees, Guests and several Past Presidents and Past Chairpersons.



Women's Day Celebration with Ms.Nirmala Sitharaman, Honourable Defence Minister: March 10, 2016

FLO Chennai celebrated Womens Day with one of the most powerful Women in India Ms.Nirmala Sitharaman, Honourable Defence Minister of India on 10th March 2019 at Crowne Plaza. The Event started with an invocation song and lighting the Kuthuvilakku. The Chief Guest addressed an audience of over 350 women with spouses on issues relating to women's empowerment. The session was moderated by Past Chairperson Ms. Sudha Shivkumar.



BUSINESS NETWORKING MEETINGS

FLO Chennai conducted six business networking meetings for its members this year which was hosted by various members. At these meetings, members were given time to speak about themselves and their business and exchange business cards. The FLO guidelines were explained to new members.

First Networking Meeting at Forum Art Gallery: June 12, 2018

We had our first Networking meet on 12th June 2018 with 40 members at Forum Art Gallery. The members sampled products displayed by other members and got to know the new members better! The meeting was hosted by Ms.Shalini Biswajit, Past Chairperson and organized by our networking moderators Ms.Preeti Ganneriwai & Ms.Leena R Parekh.



Second Networking Meeting at Huma Hospital: July 4, 2018

Our second Networking meet was on 4th July 2018 with 22 members at Huma Hospital Auditorium. The meeting was hosted by Ms.Reshma Papa & Ms.Alisha Papa and organized by our networking moderator Ms.Leena R Parekh. Ms.Anupama Shivaraman, Chairperson explained about FICCI FLO for the benefit of the new members.



Third Networking Meeting: August 10, 2018

Our third Networking meet was on 10th August 2018 with 30 members at Aquaab. One of our FLO member Ms Subaprada has also gifted all members an eco-friendly shopping bag. The meeting was hosted by Ms Fareeda Khan, FLO Member.



Fourth Networking Meeting: September 10, 2018

Our fourth Networking meet was on 10th Sep 2018 with 30 members at the Brew Room. The meeting was hosted by one of our newest and youngest members Ms. Anannya Parekh.



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Fifth Business Networking Meeting: October 24, 2018

The fifth Business Networking meet for FLO members took place on 24th October 2018 attended by 25 members at Hotel Hyatt Regency. The meeting was hosted by one of our FLO members Ms. Sheetal Jain. Ms. Anupama Shivaraman, Chairperson and networking moderator Ms. Leena R Parekh explained about FICCI FLO and the networking rules to the new members. Each member was given time to speak about her business and exchanged business cards to promote networking.



Sixth Business Networking Meeting: February 5, 2019

The sixth Business Networking meet took place on 5th February 2019 with 25 members at Spaces at i13. The members sampled products displayed by other members and got to know the new members better! The meeting was hosted by one of our FLO members Ms. Shalini Bokaria.



VOCATIONAL SKILLING PROGRAMS

FLO Chennai conducted 9 vocational skilling programs for 250 women this year in partnership with various NGOs

Vocational Counselling Session at NAAM Trust: April 7, 2018

FLO Chennai initiated its first Vocational Counselling Session at NAAM Charitable Trust which is run by Ms. Suhasini Maniratnam, for a batch of under privileged women on 7th April 2018. The counselling session was "The Power of Thoughts" by Ms. Geetha Premkumar, Consultant Psychologist and FLO member.



EDP Skilling Programme at ANEW: April 11 - May 11, 2018

A one month training programme was conducted along with ANEW on Basic Computer Skills, Spoken English, Career Guidance, Soft Skills, Life Skills classes with activity, Cultural, Workshop, Dance & Drama activities at NON- TRADITIONAL EMPLOYMENT FOR WOMEN [ANEW] for a batch of 50 under privileged girls.



Tailoring Class for Two Months at Gandhinagar Ladies Club

A two-month basic tailoring workshop for under privileged women was organised by FLO Chennai at Gandhi Nagar Ladies Club for enhancing their skill for future employability or for self-employment.



North Indian Cookery Workshop: April 20-21

A Two-day workshop on Cookery covering popular North Indian Vegetarian cuisine was organised by FLO Chennai for underprivileged women from NAAM. The workshop was conducted by Ms.Akila Vankalapati, a FLO member and was well received by the participants.



Vocational Counselling Session at Naam Charitable Trust:

April 23, 2018

A counselling session was conducted for underprivileged women on April 23rd, 2018 at NAAM, a Charitable Trust run by Ms.Suhasini Maniratnam. Ms.Geetha Premkumar, FLO member and Consultant Psychologist, conducted a counselling session.



Block Printing Workshop at MGR Janaki College: August 6, 2018

A five-day block printing and Tie & Dye workshop was conducted for 40 under privileged women students at MGR Janaki College. It was inaugurated by Anupama Shivaraman, Chairperson and Srilakshmi Mohan Rao, the faculty of the MGR Janaki College was present.



Beauticians Course at Ambattur: August & September 2018

FLO Chennai facilitated a beautician course for 18 women who are mothers of special children during the month of August and September 2018. Some have already started earning from their learnings in Jewellery making, Bridal Henna, flower decor for hair accessories and garland making. This has made them overcome their depression, help in making friends and networking.



Skill Development Programme: November 20, 2018

A workshop was conducted for the 44 underprivileged mothers of special children and other support women at Hope Charitable Trust, a Non-Profit organisation located at Ambattur, Chennai on 20th November 2018. Our FLO member Ms.Geetha Premkumar a first generation Entrepreneur and a qualified Psychologist spoke on various topics which included entrepreneur development and bringing up these children with confidence and love. Due to the success of this workshop she has been asked by the mothers to come and address them again. This was coordinated by Mrs.Jyothi Thomas and Mrs.Chitra Gopinath from FLO.



Nurse Aid Training for One Year at Womens' Indian Association

FLO Chennai member Ms.Prasanna Vasnadu has sponsored the one-year ongoing Nurse Aid training for 18 candidates at Womens' Indian Association. After training the candidates will be absorbed for suitable employment.



LEGAL AWARENESS PROGRAMS

FLO Chennai conducted several Legal Awareness Programs at Womens Colleges and NGOs this year on Safety, Sexual Harassment, Domestic Violence and Filing an FIR. Over 2000 women were benefitted by these programs.

Legal Awareness Program at WIA: June 1, 2018

A program was organised in Tamil at Womens' Indian Association by Ms.Poongkuhulali, a lady advocate on Domestic Violence, Filing FIR, Marital Law, etc. Over 75 under privileged women were benefitted by attending this program.



Legal Awareness Program at NAAM Charitable Trust: June 30, 2018

A program was conducted in Tamil at NAAM CHARITABLE TRUST which is run by Ms.Suhasini Maniratnam, for under privileged women. Over 75 under privileged women were benefitted by attending this program.



Safety at Workplace & Legal Awareness Program at Jeppiar College: July 11, 2018

The Legal Committee organised a program on Safety at Workplace at JEPPIAR COLLEGE for 1000 Engineering & MBA women students. Cobra Legal Solutions handled the sessions on First Information Report (FIR), Gender Bias in the Workplace and Legislative Protection against Violence, etc. Over 1000 women students were benefitted by attending this program. Ms. Anupama Shivaraman, Chairperson, addressed the students and briefed them about the activities of FICCI FLO.



Legal Awareness Program at Guild of Service: 15th September, 2018

A program was conducted in Tamil at NAAM CHARITABLE TRUST which is run by Ms.Suhasini Maniratnam, for under privileged women. Over 75 under privileged women were benefitted by attending this program.



Legal Awareness and Safety Program: 12th October, 2018 at Karpaga Vinayaga Institute of Medicine

A Legal Awareness and Safety program was conducted for Nursing students and Doctors on 12th October 2018 at Karpaga Vinayaga Institute of Medicine in Madhuranthagam on Safety of Women in the workplace. 100 nursing students and doctors from the forensic department and around 50 interns participated. The session was conducted by Mr.Saktivel, CEO Cobra Legal Solutions and Dr.Seethamal, Retired Prof. of Pediatrics, Madras Medical College and visiting Professor, Advisor National Health Mission.



Legal Awareness Program: October 27, 2018

A program for Nursing Students and staff was conducted on 27th October 2018 at Andhra Mahila Sabha. It was also their first program that was being conducted where the President of Andhra Mahila Sabha, Mrs Reddy, Vice President, Mrs Datre, and their Committee members attended. In all there were about 75 in the audience that benefitted from the session. Mrs Adhilakshmi, Advocate spoke on the different aspects of law, intertwined with real life situations and the legalities involved.



Legal Awareness Program: December 5, 2018

A program was held on 5th December 2018 at SHASUN JAIN COLLEGE for 130 students. The program was conducted by lawyer Mr. Sakthivel, CEO of Cobra Legal Solutions and attended by Ms. Anupama Shivaraman, Chairperson, Ms. Chitra Gopinath, Head of Legal Project, Ms. Naina Shah and Ms. Jyothi Thomas committee members.



Legal Awareness Program: 12th December, 2018

A program on Safety and Women's Legal rights was conducted on 12th December 2018 at SHASUN JAIN COLLEGE. There were around 130 students who attended this program. The program was conducted by lawyer Mr.Sakthivel, CEO of Cobra Legal Solutions and attended by Ms.Chitra Gopinath, Head of Legal Project and Ms.Naina Shah committee members.



Legal Awareness Program: December 18, 2018

A program on Sexual Harassment and Safety at the workplace was conducted on 18th December 2018 at STELLA MARIS COLLEGE. There were around 140 students who attended this program. The program was conducted by lawyer Mr.Sakthivel, CEO Cobra Legal Solutions.



HEALTH AWARENESS PROGRAMS

Health Awareness Program at Children's Garden School:

June 18, 2018

A Health & Menstrual awareness talk was conducted to over 200 teenage school girls at the Children Garden School. Paediatrician Dr. Manu Arun gave an insightful overview on puberty and importance of menstrual hygiene. Sanitary napkins were distributed by our health project sponsors.



Health Awareness Program at MERF for the WIA: August 22, 2018



A Health awareness talk was conducted by 2 lady doctors for 75 underprivileged women from Womens' Indian Association. The Doctors gave an awareness on Nutrition, Menopause and health issues facing women. Free Nutritious supplements were distributed by Ms. Anupama Shivaraman, Chairperson, MS. Indira Kameswaran, Health Project Head and sponsored by BGR group.

National Sports Day Celebration at Madras Seva Sadan School:

August 29, 2018

The Health Committee along with Madras Seva Sadan School organised the National Sports Day with 200 underprivileged girl students with a creative display of Aerobics, Yoga and Drill. School kits and juices were sponsored by Ms.Vimmi Deepak our Committee Member.



One Walk One Hope - Cancer Awareness Walk: October 13, 2018

FLO Chennai along with CanStop conducted a Breast Cancer Awareness Walk 'One Walk One Hope' to create awareness & fight Breast Cancer on October 13, 2018 at Olcott School, Besant Nagar. Our Health Minister of Tamilnadu Dr.Vijayabaskar inaugurated this event. Many of our FLO members supported this cause. The event received extensive media coverage. It was organized by Dr.Vijayabharathi Rangarajan, Past Chairperson FLO and Founder CanStop along with Ms.Indira Kameswaran, Head of FLO Health Committee.



Health Camp: January 9-10, 2019

The Health Committee organized a two day health camp on 9th and 10th January 2019 at Presidency Girls School for all the students and also students from 5 other government schools close by. Doctors from HUMA Hospital and MERF have done ENT & Lung medical checkup for all the students and gave them medicines too. They have examined 767 children (381 students on 9th January 2019 and 386 students on 10th January 2019) in these 2 days from 6 schools. This camp was inaugurated by Ms.Anupama Shivaraman, Chairperson and Ms.Indira M Kameswaran, Health Project Head and sponsored by BGR Energy.



SWAYAM PROJECT – MENTORSHIP PROGRAM WITH TiE Chennai

The Health Committee organized a two day health camp on 9th and 10th January 2019 at Presidency Girls School for all the students and also students from 5 other government schools close by. Doctors from HUMA Hospital and MERF have done ENT & Lung medical checkup for all the students and gave them medicines too. They have examined 767 children (381 students on 9th January 2019 and 386 students on 10th January 2019) in these 2 days from 6 schools. This camp was inaugurated by Ms.Anupama Shivaraman, Chairperson and Ms.Indira M Kameswaran, Health Project Head and sponsored by BGR Energy.



COIMBATORE

Message from Chairperson

Dear Friends,

I initiated my term with a lot of enthusiasm and excitement along with a bit of apprehension and nervousness. It's been a huge responsibility throughout the year. Towards the end there is a great sense of satisfaction and accomplishment of doing justice to this legacy.

I thank the leadership of Ms. Pinky Reddy, her team and my committee for their unconditional support in executing my dreams and vision of the year Explore, Empower and Enrich. We did over 30 plus events and have had 460 lives impacted. My entire experience has been an exciting voyage of giving back to the society whatever we can.

It was a wonderful experience to work for the organization, memories of which I will cherish forever.

Regards,

Jayanthi Manohar,
Chairperson, Coimbatore Chapter



COMMITTEE MEMBERS



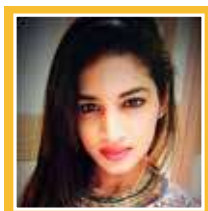
Poonam Bafna
Sr Vice Chairperson



Preethika Balaji
Vice Chairperson



Suguna Ravi
Treasurer



Ritisha Niveda
Secretary



Dharma Subramaniam
Joint Secretary



Uma Maheshwary
Imm. Past Chairperson

Change of Guard: April 26, 2018

FLO Coimbatore Chapter began its journey for the year 2018-19 with the change of guard held on 26th April 2018.

The baton was passed on from Mrs. Uma Maheshwari to Mrs. Jayanthi Manohar and her team of office bearers. The Chief Guest was Brahmakumari Sister Kodai.



Road to GES: April 27, 2018

On 27th April our members had the opportunity to interact with the US Consulate Mr. C G Burgess. It was based on the discussion on various developments. It was held at Taj Vivanta and was well attended.



Eye Camps

The first project of the year was an eye camp on 15th May 2018 along with Arvind eye hospital at Shanthi Ashram for the age group of 8 to 13 years. About 10 children were identified to take follow up treatment.

- The second eye camp was held on 2/6/2018 at the same venue as above. About 57 children in the age group of 6 to 18 years were benefitted. While 2 children were provided with spectacles, 2 children were taken up for follow up.
- The third Eye camp was conducted on 10th July 2018 at Madukarai Government school where 500 children were screened.
- The fourth eye camp was held at Seva Nilayam with the help of Arvind eye hospital, of which 85 children were benefitted.



Fundraiser: June 7, 2018

The fundraiser event was a fun-filled evening when members came together along with family and friends for Rajinikanth's super hit movie KAALA on 7th June 2018.



Event with Jaipur Gems: June 10, 2018

It was an interactive and learning session with M D Vineet Naheta based on Gems and caring of the jewellery at The Residency on 10th June 2018.



Past Chairs Meet: June 15, 2018

About 15 past chairs met on 15th June 2018. Past National President Ms. Kavitha Chandran was also present. Discussions on the events for the whole year was held. It was a very useful and resourceful meeting.



Yoga Day Celebrations: June 18, 2018

FLO Coimbatore in collaboration with Suguna International School, celebrated the Yoga Day with Padmashree Nanammal as the chief guest. It was an amazing experience to watch her perform Yoga postures at the age of 98 years.



Tailoring Project: July 4, 2018

16 candidates were trained in the summer camp at Shanthi Ashram on July 4, 2018. Completion certificates were given to 4 candidates.



Investor Awareness Programme: July 7, 2018

FLO Coimbatore in collaboration with Suguna International School, celebrated the Yoga Day with Padmashree Nanammal as the chief guest. It was an amazing experience to watch her perform Yoga postures at the age of 98 years.



Mumbai Dabbawallas Programme: July 25, 2018

A conversation between Dr. Pawan Agarwal and Mr. Shankar Vanavarayar on supply chain management of the Mumbai Dabbawallas on 25th July 2018 at Ballroom, Hotel Residency Towers was conducted.

He elaborated on the takeaway home qualities of Passion, Commitment, 100% Execution, Accuracy, Dedication, Time Management, Complete Customer Satisfaction and the importance of a system.



World Tribal Day: August 9, 2018

The world Tribal day was celebrated with Tribal women from 8 villages in and around Scenguthaiyur. Two pulverizing machines were given.

WEDP Programme: August 20, 2018

25 days of women entrepreneurship development was conducted at PSG CAS, starting from 20th August 2018. It was sponsored by DST with EDI Ahmedabad under the government of India.

- Apparel and Fashion Technology, January 1st 2019
- Electronic Program, August 20th 2018
- CCTV Installation, December 12th 2018
- Mobile Service Training, November 11th 2018
- Baking Technology, October 3rd 2018
- Costume Designing, January 1st, 2019



Certificates were distributed on September 27th, 2018.



Kannika: September 9, 2018

A session on Stronger Girls, Safer World for the school students of Saraswathi Vidyalaya, Coimbatore where every girl was empowered to stand up and to speak out by herself with confidence and to protect herself.



Global adjustment Programme: September 11, 2018

A skill development Programme at Ganga hospital for nurses with global adjustment foundation. The theme of the programme was "champion a woman-she will build a nation". The programme was attended by 300 nurses and it touched the lives of all participants and helped in empowering them to reach greater heights.



Christmas Cake Mixing: September 29, 2018

Members had a great time bonding over X-mas cake Mixing Ceremony at The Ball Room, Hotel Residency, Coimbatore.



Legal Awareness Programme: September 29, 2018

An interactive session on Legal Awareness and tips for women on board by Senior Advocate from Madras High Court.



Fit After 40: October 6, 2018

A 360 Degree view on, Women and health after 40, by Dr. Sheela Nambiar – Gynaecologist and health expert, to enjoy the glow of good health, toughen the body and to polish the spirit.



A Story On Space, Science and Stones: October 16, 2018

A talk by ISRO Scientist Dr. Geeta Vardhan, along with an exotic Jewellery display at Zaveri Bros and a talk by our member Ms. Sangeetha Chetan on maintaining the charm and lustre of our jewellery.



Diwali Celebration: October 30, 2018

Festive spirit of Diwali was celebrated with great fervour. Members were dressed in lustrous shades of pink and purple and played Dandiya Raas, celebrating the festival.



FLO Bazaar and FLO Food court: January 5 - 6, 2019

FLO Coimbatore organised two-day FLO Bazaar, a Women Entrepreneur Bazaar, exclusively for women entrepreneurs of Coimbatore.

This annual flagship event acts as a launch pad for women entrepreneurs to exhibit their products and services. There were 54 paid Stalls, 45 free stalls, 13 food stalls and 1,00,000+ foot fall.



Industrial Visit: February 2, 2019

FLO members had an industrial visit to Sharadha Terry Products. It was an opportunity for learning about growth, development, quality and standards of their product. Members were taken around the factory to learn about working mechanism in Terry towel manufacturing.



Sadhana: March 2, 2019

International women’s Day was celebrated by Coimbatore Chapter in the presence of National President Ms. Pinky Reddy and the dynamic duo Commodore Rajiv Choudhry, INS Agrani, Coimbatore and LT.CDR.P.Swathi from Vizag. LT.CDR.P.Swathi is one of the six crew members of Navika Sagar Parikrama, who circumnavigated the globe in INVS Tarini , covering a distance of 21,600 nautical miles in a period of 8 months and 14 days. She was conferred with the title ‘Inspiring Trailblazer’ by FLO Coimbatore Chapter.



HYDERABAD

Message from Chairperson

Dear Friends,

Michelle Obama, very wisely said, "There is no limit to what we, as women, can accomplish."

As I come to the end of my tenure as Chairperson Hyderabad FLO, I fondly look back at my long standing association with this organisation... Beginning as a member in 2002, to the enriching journey as the committee member in various capacities from 2004 and now as the Chairperson

My Vision for the year was "infinite possibilities". At every step in life, we face numerous situations and opportunities, each having multiple options and possibilities. But our minds are programmed to look at only the obvious choices. However, if we choose to think out-of-the-box, we open our minds to infinite possibilities.

This year's sessions, workshops and speakers were leaders who understood this concept and when faced with obvious choices, they dared to think differently and consequently, are now path breakers and trendsetters. Even the Interstate was planned keeping this in mind.

My Journey at FLO has taught me new lessons at every step of the way... be it learning to work with an all-women's team... each one a volunteer, planning ahead of time, importance of time management, keeping calm when everything seems to be falling apart... the list is endless!!!

I am very grateful to my enthusiastic, supportive and very resourceful team of Office-bearers, family and friends who have been by my side constantly. Without you, I really could not have hoped to achieve all that I had set out to. My sincere gratitude to all the Past Chairs, for their wisdom and guidance, from whom I have learnt valuable leadership lessons and who had prepared me for taking on this role .

All my very best wishes to the Incoming Teams of 2019-2020. Thank you giving me this wonderful opportunity to lead an inspiring organization like FLO.

As I step down as Chairperson today, I take with me a deep sense of gratitude and satisfaction, strengthened bonds of friendships and great learning's from a very action packed eventful 365 days. The memories of which I will cherish forever!

FLO... may you continue to learn, grow, create impact, change lives and Transform India!

Warm Regards,

Priyanka Ganeriwal Arora
Chairperson, FLO Hyderabad



COMMITTEE MEMBERS



Sona Chatwani
Senior Vice Chairperson



Usha Rani Manne
Vice Chairperson



Rakhi Kankaria
Secretary



Arti Hora
Joint Secretary



Shubhbraa Maheshwari
Treasurer



Sangeeta Verma
Joint Treasurer



Kamini Saraf
Immediate Past Chair

The Change of Guard & Reconstitution: April 27, 2018

Ms Priyanka Ganerwal Arora took up the mantle as the Chairperson from the outgoing Chairperson Ms. Kamini Saraf during the Change of Guard. Mr. Jayesh Ranjan was the Chief Guest. 9 Women Achievers were honored for their contribution towards women empowerment. National President Ms. Pinky Reddy addressed the audience & Mr. Sunil Sharma wished the awardees as well as the incoming and outgoing teams of FLO as well as YFLO.



Relationships Are Always Under Construction: April 27, 2018

A very interesting session titled 'Relationships are Always under Construction' with Mahatria Ra, as the Speaker. Mahatria R is a Spiritual Leader and the founder of infinithism, an organization that provides a platform for anyone's transformation on material, emotional and spiritual pursuits. The key takeaway from the session was that happiness is achievable if there is no expectations from any one.



Relationships Are Always Under Construction: April 27, 2018

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Ayurveda Alternative Healing & Self-Empowerment: June 20, 2018

An event on the world of holistic wellbeing with experts from the award winning destination spa – Ananda, in the Himalayas, was very appreciated by the members. The key takeaway from the session was that good health is achievable if we keep the body in good health and treat this as our duty; otherwise we shall not be able to keep our mind strong and clear.



Land Allotment Ceremony of TSIC Industrial Park: July 6, 2018

The most prestigious land allotment ceremony to the women entrepreneurs, for the 50 acres TSIC Industrial Park was held on July 6, 2018.

The 2nd phase of the land has been initiated for discussion. The objective of the Industrial Park for women is to create a new wave of entrepreneurship and enable factors which can catalyze a conducive eco-system in an integrated facility to foster economic growth.



Impact of Silence – Psychological Abuse: July 31, 2018

An event on the world of holistic wellbeing with experts from the award winning destination spa – Ananda, in the Himalayas, was very appreciated by the members. The key takeaway from the session was that good health is achievable if we keep the body in good health and treat this as our duty; otherwise we shall not be able to keep our mind strong and clear.



The Celebration Maker: August 7, 2018

The Celebration Makers session was organized at the Taj Falaknuma Palace followed by a gala dinner.

A grand welcome with flower shower and perfume on all guests, alongwith the Royal Carraige ride in to the Palace with live Sufi Music during dinner, made the evening resplendent.

The program was on the Wedding Industry , And four stalwarts of the industry who have created Niche opportunities and today are inspirations were the speakers - Joseph Radhik - Ca-did Photography, Vishal Punjabi – Wedding Filmer, Devika Naraine – Wedding Planner & Anand from Wed Me Good .

The venue of Taj Falaknuma , which is the IT destination for weddings was the perfect setting. The evening was enhanced with the Sufi singers.



A Successful Romance with Risk with Dr Velumani: September 21, 2018

A session on 'Successful Romance with Risk' with Dr. Velumani as the speaker was highly appreciated by the members. Dr Velumani is an Indian scientist and entrepreneur. He is the founder, chairman and managing director of Thyrocare Technologies Ltd. a chain of diagnostic and preventive care laboratories headquartered in Navi Mumbai.



The Journey of a Tiny Dot into a Glitzy World with Miss Malini: September 29, 2018

A very interesting session was organized with Malini Agarwal a.k.a. MissMalini, a digital influencer, TV host, entrepreneur and best-selling author. She gave an insight on blogging and how it can be a full-fledged career choice. She also shared her personal experiences with Bollywood.



Know Your Jewelry – Workshop: October 15, 2018

A hands-on workshop was conducted with the certified trainer of the IIG institute at the venue of a jewelry store. The idea was to make our members identify the difference between real and authentic diamonds vs cultured and costume diamonds. The members after the theory session were handed some real & costume jewels to get practical knowledge in identification.

In today's times, where every second jewelry brand gets busted for trying to palm off costume jewelry as real, it was a very informative, practical and required workshop.



The Indian Economy in a Tailspin: October 28, 2018

FLO Hyderabad organized a fire chat session with Dr. Subramanian Swamy moderated by Sriram Karri. Dr. Swamy filled a volley of questions ranging from polity to economy. The discussions touched upon the varied topics ringing from the voting rights of an Indian, moving on to our finance minister Mr. P. Chidambaram to Vijay Mallya, prime minister Mr. Narendra Modi, GST and many more.



Interstate Meet 2018 at Vishakhapatnam: November 25-28, 2019

Hyderabad had the opportunity to host its third interstate meet. Keeping wellness in mind, a one of its kind, the interstate meet was designed with Holistic Wellness as the theme.

The Interstate facilitated robust interaction between members across and within chapters; self-improvement techniques and experiences essential to healthy living; and exposure to the fast burgeoning Wellness industry. Customized programs were designed to ensure optimal learning and experiences specifically for FLO members. A total of 176 participants from across 16 chapters attended the Interstate.

The interstate started with the Interaction with the Wellness Guru Nitya Shanti, followed with a standup comedy show By Jiya Sethi from Delhi. Day two was a visit to the famous Swami Narshimha Temple, followed by an artisan market, the Third GB meeting, an interaction with the Government – MR Nara Lokesh – The Cabinet Minister for Information Technology, Panchayati Raj and Rural Development in Andhra Pradesh , Followed by the play “Salaam Noni Appa ” by Lilllete Dubey and written by Twinkle Khanna .

Day three was the Visit to Naval Dockyard with a rare interaction with the Naval Commandment & P Swati the naval officer who was among the 4 member crew, the first Indian all-women crew who set sail to circumnavigate the globe. This was followed by an evening of Fun with the famous women band, Desi Swag .

The three days were also about healthy food, treatments and analysis of your body, and interaction with naturopathy doctors to understand health and wellness issues better.







DIGITAL UNLOCKED: An Initiative by Google in association with FICCI and ISB: December 3, 2018

FLO Hyderabad Chapter members had an experiential day with a full day workshop titled "Digital Marketing Unlocked".

A practical experience with clear details shared by experts from Google who had defined the session on how to use FACEBOOK, INSTAGRAM, TWITTER, SNAPCHAT as marketing tools. Significant clarity was shared on the different applications available to help you handle this part of the business.

Introduction to digital marketing, creating your web site, digital marketing components, mobile and video marketing, managing digital marketing, were the aspects in sequence that were part of the workshop which made the whole learning experience extremely impressive.



Transforming Fortunes by Dr. Jai Madaan: October 18, 2018

FLO Hyderabad Chapter got to finally explore the Infinite possibilities that can help us in more than many ways with this workshop on "Transforming Fortunes" presented by Dr. Jai Madaan, a philosophy graduate who began her spiritual journey in the early years of her childhood.

Constantly contributing as a relationship expert she got the members ready to understand logo styles which can determine success; brand colors that can impact business; and signatures which can change destiny.



Women of India - Organic Festival: February 6-10, 2019

FLO Hyderabad Chapter associated with the Ministry of Women and Child Development & Government of Telangana as goodwill partner for the Organic festival at Sampradaya Vedika, Shilparamam, Madhapur, Hyderabad.

The Organic Festival is to celebrate wellness through usage of organic products and promote women entrepreneurs, farmers and professionals from the organic sector.

The idea was to spread awareness amongst members and create a B2B and B2C opportunity for our members and the farmers. FLO Hyderabad Chairperson Ms Priyanka Ganeriwal Arora also shared the dais and spoke about the vision and achievements of FICCI FLO.



Lucknow Retreat for Hyderabad Chapter followed by Kumbh

A one day retreat in Lucknow coinciding with the Ardhha Kumbh Mela saw the participation of over 40 enthusiasts. The day started with a lunch hosted by Lucknow FLO member, perfect winter afternoon lunch with authentic chaat from the region, along with a pop up bazaar. Post this the ladies headed towards the chowk shopping experience and then to the Kotwara house of Meera & Muzaffar Ali for an authentic experience of Awadh.



**Future of Couture
by Gaurav Gupta In
conversation with
Priyanka Khanna:**
February 27, 2019

The king of Couture, ace designer Gaurav Gupta, took the members through this journey. He was in conversation with Ms Priyanka Khanna, Fashion Feature Editor VOGUE INDIA.

The audience was mesmerized by a surprise fashion show by the designer and the in-depth details shared by the duo about the industry and its opportunities.



YFLO HYDERABAD

Message from Chairperson

Dear Friends,

This opportunity has been a fabulous experience and has really enhanced my personal and professional life. All events and initiatives well received by Hyderabad FLO & YFLO members, immense support of the past chairs and a great time working with my committee.

We had business leaders Ms. Lavanya Nalli, Ritesh Mastipuram, social activists Mr. Jaidhar Gupta and Junior Anand, Bollywood celeb Ms. Raveena Tandon, top class fitness guru's Namrata Purohit and also a supercop Mr. Amit Lodha. We couldn't have asked for a better member reaction and response to our speakers.

We had immense participation and appreciation for Go Green Go solar, where we had the tree plantation drive and powering classrooms with renewable

solar energy for the blind children at The Devnar School.

It was delightful to get feedback from our members who appreciated the VIP benefits with collaborations with unique events such as the International Blockchain congress, Yoga under the moon and the Indian Luxury Expo, that were organized by experts and veterans in their field.

As my term comes to an end, I wish the very best for the incoming committee of 2019-20 and will always love to be in an advisory role for the years to come.

Warm Regards,

Vinita Surana

Chairperson, YFLO Hyderabad



COMMITTEE MEMBERS



Shilpa Datla
Sr. Vice Chairperson



Apurva Jain
Treasurer



Dr Namrata Rupani
Joint Treasurer



Rekha Somavarapu
Secretary



Aditi Srimal
Joint Secretary



Yoga Under the Moon: June 16, 2018

YFLO celebrated International Yoga Week with some of the best yoga institutes and gurus. The guided ethos of five classes that stretched till late evening with 430 participants, registrants and innumerable Instagram posts, and social media shout outs.

Taking a step towards wellbeing with the intrinsic beauty of yoga to experience inner peace and the joy of a healthy body, Each session was a form of Yoga poetry.



The Powerful & Influential: July 13, 2018

YFLO Hyderabad had a very inspiring and introspective session. Our speakers talked about very diverse topics ranging from how women can achieve work life balance to how each one of us can make some difference in the society and how can one build a successful business.

Lavanya Nalli of the Nalli Group and Ritesh Mastipuram, Founder of O2 spa spoke on building women centric businesses. Jai Dhar Gupta of "Mace" and Jr. Anand Gupta of "makewomensafe" talked about on women safety.



IBC – International Blockchain Congress: August 3-4, 2018

YFLO Hyderabad, FLO, and the millennials were delighted to participate at International Blockchain congress.

The first edition of the conference had distinguished guest speakers such as Mr. Tim Draper, Founder of DFJ Ventures, Mr. Amitabh Kant, CEO Niti Aayog, Mr. KT Rama Rao, IT Minister, State of Telangana, Mr. Rohan Khaunte, IT Minister, Goa, Mr. CP Gurnani, CEO Tech Mahindra, Mr. Mohandas Pai, Chairman, Manipal Global Assoc., Mr. Min Kim, CEO of ICON Foundation, Mr. Ian Balina, Global Community Influencer and many others.

IT & Industries Minister, KT Rama Rao delivering a keynote address at the inaugural edition at IBC, outlined the benefits and opportunities that blockchain will bring to Indian industry and public services.



Successful Women Think Differently: August 28, 2018

YFLO Hyderabad’s event “Successful Women Think Differently” was held with Raveena Tandon, a prolific actress who asserted her screen presence in Indian movies. It was an exciting conversation, as she shared her personal & professional anecdotes and life journey in Bollywood. She spoke about her proximity with social support, standing up for women rights, girl child support and her initiatives on women empowerment.

Pinky Reddy, National President, FLO was the Guest of Honour at the event. Bhavna Jasra, Founder First Impressions, who has a clientele from Prime Minister Modi to Dhoni, from Ambani’s to Bachchans, also spoke at the event.



Find Your Prime Life: September 10, 2018

YFLO-Hyderabad had an exclusive event with the Fitness Coach, Namrata Purohit. Her client list may impress you — Yuvraj Singh, Malaika Arora, Kangana Ranaut, Jacqueline Fernandez, Arjun Kapoor, Varun Dhawan, and Kareena Kapoor Khan are a few notable names. Refusing to let a major knee injury at 15 steal her passion for sports and fitness from her forever, the determined teenager fought back. Namrata Purohit became the world’s youngest Stott Pilates instructor.



Go Green Go Solar initiative on Republic Day: January 26, 2019

On the occasion of our 70th Republic Day, the YFLO team spent a blissful and joyous morning with the super talented kids from Devnar School for Blind.

It was so heartening to see the kids perform so enthusiastically and celebrate our Republic Day.

The YFLO-Hyderabad team chose Devnar School for the Blind for tree plantation drive, and distribution of solar kits consisting of 2 lights, a fan, and mobile charger from Surana Solar limited: a pioneer in world class manufacturing of Solar Photovoltaic Modules in INDIA.



The Indian Luxury Expo: February 2-3, 2019

YFLO was pleased to partner with “The Indian Luxury Expo” on 2nd & 3rd February’ 19 at TAJ KRISHNA, Hyderabad, India.

The Expo had sessions on fashion, art, technology, films and sustainable living. Exclusively For FICCI LADIES we had VIP Passes For The Expo, VIP Seats For Panel Sessions, Front Row Seats For Entertainment & Theatre.

The range of designer fashion brands for clothes, jewellery, shoes etc. on display was impressive and a delight for the shopping connoisseur. Also interesting were the art booths featuring some stunning artwork by artists across India.



Life lessons from a SuperCop Amit Lodha: February 5, 2019

Amit Lodha motivated and inspired YFLO Hyderabad in his style! The man responsible for arresting the most wanted criminals. An author. A family man. A motivational speaker, Amit Lodha is the epitome of bravery and valour.

Bihar Diaries is a gripping account of his capture of Vijay Samrat, one of Bihar’s most feared and notorious gangsters. Bihar diaries is all set to be a motion picture directed by Neeraj Pandey and enacted by Akshay Kumar!

He is also a part of a philanthropic and benevolent cause- BHARAT KE VEER, which supports and raises funds for the families of martyrs of the parliamentary forces.



INDORE

Message from Chairperson

Dear Members,

“Let Every Bud Bloom!! Each one of us is a woman of Courage, Strength, Self- Discipline, Diligence, Wisdom, Compassion & true Beauty. The unfading beauty of gentle and quiet spirited souls. Let’s aspire, inspire and help each other to grow, prosper and flourish!”

More than me, my potential has been seen by my family and friends who gave me the power to Empower and strive for the best to unleash my potential.

Soon my tenure as a chairperson is going to come to an end. Concluding the year with the result of Perfection, hard work, learning from failures, loyalty and persistence, we as a team attained success and took ahead the legacy of FLO through continuous guidance from our past chairpersons.

Under our initiative for the Year “Each One Teach One” it really gives us great pride and satisfaction of touching the lives of more than 2000 underprivileged girls by creating libraries and empowering them.

This is how we did our bit for creating a better nation this year. I’d like to share that the library project will be continued in the coming year also.

My year as a Chairperson has indeed ended, but my journey to work for the betterment of women will grow till eternity.

With best wishes and shout-out to FLO,

Rekha Mehta

Chairperson, Indore Chapter



COMMITTEE MEMBERS



Bhavna Bhalla
Sr Vice Chairperson



Darshana Turakhia
Vice Chairperson



Meetu Kohli
Treasurer



Apeksha Gupta
Secretary



Neha Mittal
Immediate Past Chair

Change of Guard: April 30, 2018

Rekha Mehta took up the mantle of FLO Indore Chairperson 2018-19 from Neha Mittal. The theme of her tenure was "Let Every Bud Bloom". Initiative for the Year was "Each One Teach One". Another highlight of the day was a program "Hiccups to Heaven-Nothing Spiritual about It" by Mr. Pratish Nair from Prahlad Kakkad School of Branding and Entrepreneurship.



World Environment Day: Plantation Drive: June 5, 2018

The Chapter celebrated the world environment day on 5th June, 2018 by planting trees on barren land behind C-21 Mall to save Earth. This also added towards making a 'Green Lane' in the city. The maintenance of plants was undertaken by Member and Treasurer of the Chapter Meetu Kohli.

FLO members took the pledge to save environment by planting more trees and support the ban on plastic. Members also posted their selfies while doing plantation, art work & creatives and ideas for sustainable alternatives to plastic on social platforms like Facebook, Instagram & Twitter to raise awareness among people. Contest among members was also organised for best selfie while doing plantation. Three best selfie awards were given to Ms.Chetna Rao Jain, Ms. Ranu Jain Gupta and Ms. Payal Agarwal in the next event.



International Yoga Day: Powered By Isha Foundation: June 16, 2018

The Chapter celebrated International Yoga Day in association with Isha Foundation on 16th of June 2018 at 6.30 AM on the open air lawn of VELVET Garden. The theme of the event was "Yoga and Meditation for harmony & Peace ". The event was chaired by Ms. Meetu Kohli (Treasurer) and Ms. Apeksha Gupta (Secretary) of the Chapter. The participants practiced yoga by watching Yoga Module developed by SADHGURU of Isha Foundation and under the guidance of Mr. Manoj Agarwal, the facilitator from the Foundation.



Champion in the Game of Life: An Inspiring Journey of Padmashree Deepa Malik: July 7, 2019

When we talk about battling all odds and emerging a winner, Padma Shree Deepa Malik stands as a living testament. She proved that no matter how strong the opposition, sheer courage and willpower can make one a true winner. Amazing Biker, Swimmer, Rally Driver, Entrepreneur and a Motivational Speaker, It was a truly inspiring story that left all the members emotionally spellbound.



The Power to Empower: Talk By B K Shivani Didi: July 12, 2018

FLO Indore Chapter was truly blessed to have a one-to-one session with Shivani Didi from the Brahma Kumaris. She specially addressed FLO members for over 30 minutes on our FLO tagline – ‘The Power to Empower’. Her thoughts and words seemed surreal and magical. Members were truly grateful to FLO for arranging this meet.



Beauty Decoded by Ms. Heena Somani (Fashion & Image Consultant): July 27, 2018

It was a dream come true for FLO Indore Chapter members to meet the iconic Ms. Heena Somani, a certified & renowned image consultant, personal stylist and a fashion enthusiast. She was honoured with Lady of Excellence Award-2015 by South East Asia Alliance, Star Awardee by Mercedes Benchmark Cars (For contribution towards women empowerment), included in the 20 Asians, successful in their 20s-SEA, was judge panelist at Singapore Islandia 2014 pageant and her styling work was aired thrice on FTV worldwide. She is passionate about making difference by helping people to consciously alter their image for success.



Let Every Bud Bloom: We Skilling Initiative: August 1, 2018

Under our National Initiative and FLO Indore theme for the year 2018-19 "LET EVERY BUD BLOOM" Indore Chapter joined hands with Ramp Up Academy, an all India certified teachers training institute, for the one-year diploma course in Montessori Teachers Training. It was hereby a successful step towards the betterment of the young girls for their livelihood.



Post Neo-Natal Training: We Skilling Initiative: August 9, 2018

Neo-Natal Training is an excellent opportunity for ladies to acquire specialized skills for the optimal treatment of newborns & earn a respectable livelihood. FLO Indore Chapter under the WE skilling initiative organized a workshop in association with Bombay Hospital Nursing College on 9 August, 2018 towards providing skill-based training to a batch of 10 under-privileged women in the neo-natal care segment so as to empower them with financial freedom.



Transforming Ideas into Reality: Swayam Initiative: August 13, 2018

Taking forward FLO’s mission of empowering women, under “Swayam” initiative we at Indore Chapter had a Speaker series from the month of August, through which all FLO Entrepreneurs shared their inspiring journeys and success stories with students from different institutes and connected to more than 1500 students of Indore. Panel of Mentors was the one who guided & assisted them in taking their start-up ideas to the next level.



National Sports Day: Aqua Fitness by Ms. Kavita Chittiappa: August 30, 2018

Sport plays an important part in everyone’s fitness and FLO Indore Chapter members are well aware of it. National Sports Day was celebrated with an interesting Aqua Fitness session with Mrs. Kavita Chittiappa on 30th August. A National Swimmer & Diver and an AustSwim certified swimming teacher by profession, Ms. Chittiappa shared interesting fitness tips & different kinds of exercises that can be performed in water to stay fit & healthy.



Talk By Ms. Ruzan Khambatta: In Association With IMA: August 31, 2018

Ms. Ruzan Khambatta, founder of Wajra 'O' Force Empowerment, enlightened the members of FLO Indore Chapter & Indore Management Association with her entrepreneurial skills and positivity. She reckoned the women to use their multitasking skills & start taking their own decisions. Ms. Khambatta emphasized on out of the box thinking in all kinds of situations. The lady with wit and humour had a smart outlook for every challenge in life and left the audience with a thought of standing on their own feet with zeal to be happy for themselves.



FLO Women Achievers Awards: Teacher’s Day Celebration with A Musical Tribute To Our Educators: September 5, 2018

FLO Indore Chapter organised a special event- ‘A Salute to the Masters’ on the occasion of Teacher’s Day at Labh Mandapam Auditorium. The event was witnessed by more than 800 educators from various schools across Indore & FLO members. Renowned Hindustani classical vocalist, Ms. Kalapini Komkali was the guest of honour. Seven Outstanding Educationists were felicitated with FLO Women Achievers’ Awards for their valuable contribution in shaping the future of the society- Induben Davey, Asha Trivedi , Anjushree Mukherji, Anjana Sridhara, Archana Parsai Gehlot, Late Mrs. Suneeta Singh, Tahera Jadhav.



Mentoring Mela: Swayam Initiative: September 22, 2018

The hand-picked panel of Swayam Mentors did the one to one mentoring for almost 50 students with their start-up ideas. 15 Mentors provided guidance in area of E-Commerce, Technology, Logistics, Fashion, Health, Retail, Engineering & Technology, smart city, Medical, Financial Services, etc. The response from the students and mentors has just energized us to do much more for society.



Power Packed Session by The Narvekar: September 29, 2018

FLO Indore organized a power packed session for FLO Indore Chapter members on the entrepreneurial journey of the Narvekar family-Rahul Narvekar (Director & CEO, Sun and Sands Advisor), Pallavi Rao Narvekar (Group Head CSR-Radio Mirchi) and Rian Rao Narvekar (The Youngest Crowd Funder of India).



Start-Ups Hobnob: Swayam Initiative: September 30, 2018

FLO Indore Chapter in association with IEN (Indore Entrepreneur Network) organised a networking Hobnob for the startups of Indore city on 30th September, 2018. Almost 60+ start-ups participated in this meet and interacted with the panelist on board. Entrepreneurial enthusiasts had the opportunity to meet the famous entrepreneurs of the city advising them in the right direction to establish a successful business venture. Mentoring was given in E-Commerce, Interior Design, Information Technology, Logistics and Transportation, Engineering and Technology, Food, Digital Marketing, Education, Real Estate, Hospitality, Smart City, Medical, Financial Services, etc.



Guftagu with Gulzar: Life Time Experience with the Legend Himself: October 2, 2018

FLO Indore Chapter members had a life time experience to interact and listen to live poems narrated by the legendary lyricist, poet Mr. Gulzar on 2nd October, 2018.



Felicitating Mrs. Smriti Zubin Irani: October 12, 2018

FLO Indore Chapter members had an opportunity to felicitate the leader on 12th October, 2018 and listen to the empowering talk delivered by her.

PINKATHON: Participation in Cancer Awareness Run: October 21, 2018

In our endeavor to spread awareness of cancer among women, FLO Indore Chapter participated in a run under the initiative "Pinkathon" who share a belief that a healthy family, a healthy nation and a healthy world begins with empowered women.



Each One Teach One: Building Libraries, Spreading Literacy:

November 1, 2018

Under this enriching project of spreading knowledge to the under privileged children FLO Indore Chapter donated 3 libraries in government schools on 1st November. This memorable project was carried out in association with Go Dharmic a charitable organisation of London with their campaign of "Shape the Future". FLO members donated books, gave time, provided substantial funds and painted the libraries themselves to make reading an enjoyable affair. The teachers and students were ecstatic to have a library in their school.



Children's Day Celebration: Industry Visit With Under Privileged School Girls: November 14, 2018

During the Children's Day celebration, under the initiative "Let Every Bud Bloom" FLO Indore Chapter organised an industrial visit for the young underprivileged children. They were taken to Yellow Diamond, Pratap Snacks Ltd. It was a treat to watch the thirst for knowledge in this energetic batch.



Cake Mixing Ceremony: December 1, 2018

In our endeavor to add a bit of fun and sweetness to life, FLO Indore Chapter organized a cake mixing workshop for its members at TGB on 01 December, 2018.



Emotional Intelligence: Session by Ms. Neharika Vohra (Ahmedabad): December 3, 2018

Emotional Intelligence plays a huge role in one's well being. And to decode it in a simplified manner, FLO Indore Chapter invited Niharika Vohra, veteran psychologist, IIM Hyderabad on 3rd November, 2018 to shed light on this very important matter for the benefit of our members.



Self Defence Workshop: We Skilling Initiative: December 28, 2018

In our effort to further empower women especially with self defense techniques, FLO Indore Chapter organised a self defence workshop at Mhow on 28th December, 2018 for girls and women of Kodaria village. Jitendra Jatab an international participant trained the gathering.



Secrets of The Stars: Dr. Jai Madaan Along With FLO National President Elect Mrs. Harjinder Kaur Talwar: January 9, 2019

Knowing what the future may have in store for us is always a core topic of everyday life. FLO Indore Chapter organised an interactive session on 9th January, 2019 at the Grand Bhagwati Palace with the Lady of Fortune-Dr. Jai Madaan in which she shared "The Secrets of the Stars". The Guest of Honour on this occasion was Harjinder Kaur Talwar (National President Elect, FICCI Ladies Organisation).



She Talks Money: In Association with SheThePeople: January 16, 2019

Money matters in every life and managing it, needs sensible brains. FLO Indore Chapter empowered its members through “She Talks Money” program conducted by Rashmi Gajra, a FLO member (Graduate in Chemistry, Post Graduate in Medicinal Chemistry and Six Sigma Black Belt Level I certified) on 16th January in which she spilled the beans on money matters.



Be Your Own Rani: In Association with Sheroes Summit 2019: January 25, 2019

Under its initiative to inspire women and take charge of their proceedings, FLO Indore Chapter participated in a Sheroes Summit organised for the first time at Abhay Prashal on 25th January, 2019.



FLO FIESTA: A Two Day Shopping Festival: February 1-2, 2019

It was another move to further empower women. FLO Fiesta was organised for women entrepreneurs to promote their brand and products on 1st & 2nd February, 2019 at C-21 mall, Indore. Plus a Fiesta Talk on empowerment benefitted the FLO members. The highlight of the proceedings was the presence of Ambika Anand (consultant NDTV Goodtimes and NDTV HOP) who visited all the 12 stalls and shared some business tips with all. This proved to be a shopping extravaganza for the large crowd, present.



Digital Unlocked: Workshop by Google: February 24, 2019

It's our belief that women entrepreneurs should also know the finesse of future dealings in business. FLO Indore Chapter and ISB in association with Google organised a workshop on "Digital Unlocked" on 24th February, 2019 for its members where they were embraced with how to "Touch The Future of Business", conducted by Mayank Batra.



Heal With Food: Women's Day Celebration with Nutritionist Ms. Lovneet Batra: March 8, 2019

Women are undoubtedly the best caretakers, but at times they tend to overlook themselves. FLO Indore Chapter organised a women's day special on 8th March, 2019 for its members, in which they had an opportunity to interact with Ms. Lovneet Batra (Consultant, Fortis Hospital), who shared health secrets with them.



The Grandeur of the Grandest: Industry Visit to TGB Indore: March 16, 2019

FLO Indore Chapter members had an opportunity of their lifetime to visit the Grand Bhagwati Palace on 16th March, 2019 and know its style of working. Furthermore they interacted with the Founder and Managing Director of TGB Group who spoke at length on his journey towards the formation of Grand Bhagwati Palace.



JAIPUR

Message from Chairperson

Dear Members,

The year 2018-19 has been absolutely wonderful with our vision 'Together for tomorrow' soaring high throughout. All the sessions, meets and retreats witnessed high participation of our dear members. The array of events were amalgamation of education, glamour and entertainment to keep their endorphins levels high. The CSR initiatives for skilling women for tailoring , beauty , driving etc.. Were all in sync with Flo's mission of women empowerment. Alongside , many activities were planned for saving the environment - tree plantations, using cloth bags and social initiatives like Pad stations was also done.

During my tenure as the Chairperson of FLO Jaipur Chapter I have learnt a lot and grown as a human being manifolds. Through the years I had been mentored by Past chairpersons and my 10 years old journey with FLO has been a pleasure. Thanks to everyone who believed in me and gave me this opportunity to take this prestigious organisation to a step higher...

Regards,

Nitasha Chordia

Chairperson, Jaipur Chapter



COMMITTEE MEMBERS



Shweta Chopra
Sr. Vice –Chairperson



Wandana Parnami
Vice Chairperson



Mudrika Dhoka
Secretary



Monica Kothari
Treasurer



Minal Jain
Immediate Past
Chairperson

Change of Guard Ceremony: April 27, 2018

It was a day of heartwarming events for FLO Members; with our esteemed guests Ms. Nimrat Kaur, Ms. Neerja Birla and Mr. Shayamal Vallabhjee. Their stories were inspiring and life changing. Finally, it was time to open a new chapter of FLO Jaipur, beginning of 2018-19 tenure and all the members welcomed Nitasha Chordia as their Chairperson.



Inaugural Session of Tenure 2018-19: May 2, 2018

2018-19 witnessed a grand opening with Bollywood diva Ms. Dimple Kapadia where she spoke about her Life Journey "The Screenplay of life". The session was graced by few eminent guests Mr. Ashok Lahoti, Mayor – Jaipur, Mr. Rajeev Dasot Additional DGP, & Mrs. Rollee Agarwal, Income Tax Commissioner. Organic Bags were launched that were made and tailored by women trained under Women Empowerment in Tailoring, following Prime Minister's drive of Swachh Bharat Abhiyan.



Empowering 'HER' to Transform India with Shri Saini Pilot: May 10, 2018

Emphasizing on gender equality, similar opportunities, dignity and respect to women, Shri Sachin Pilot, President Rajasthan Pradesh Congress Committee also unveiled the rising words of women in politics. The session also witnessed the launch of WE IN HOSPITALITY, under which FLO Jaipur has taken up Social & Medical awareness programs. This inspirational session was concluded by National Anthem spreading a flair of patriotisms all around.



International Yoga Day: June 21, 2018

It was a very enlightening session under the guidance of Isha Foundations. Few very important aspects of Yoga were learnt by enthusiastic FLO members. It was a very refreshing start of International Yoga Day. FLO Jaipur Chapter organized Yoga & Meditation workshop for the members, in the peaceful greens, and dancing peacock harmonic aura of Diggi palace.



Inauguration of FLO Talks series held: June 13, 2018

Chairperson, Nitasha Chordia came with a vision of giving members an opportunity to come on stage with their progressive thoughts under the drive of 'Ladies Let's Talk'. FLO Talks witnessed two motivational journeys of Prof. Sandeep Desai & Mr. Manas Tayal, who believed in never giving up. The event also witnessed launch of PAD STATION, taken up under one of the most significant agenda of the year Menstrual Hygiene.



Managing people by Mr. Vivek Kaul: July 2, 2018

Mr. Vivek Kaul being a leadership coach and an HR Consultant, planned the workshop very informative and interactive including 4 case studies as a test. He shared to manage people, we have to understand people not only by their behavior patterns but also through their motives, traits & self-image. In the end Mr. Kaul provided PERSONAL INDEX SCORE CARD to all the participants which was quite helpful in self-analysis.



Flaunt your flaws by Varun Sharma held: July 13, 2018

Making people laugh is not easy, but entertainment with learning was also one of the agenda of this tenure. The event started in a very unique way by giving cards to the members to write their flaws and pin them. Varun Sharma with his comic sense began with the session with full energy and enthusiasm. Few things just touched members from their heart like when he said that 'It's always Ordinary that becomes Extra Ordinary', so it's ok to be Ordinary.



Tree Plantation Drive at Kishangarh: July 28, 2018

Under the initiative "WE GO GREEN", FLO Jaipur organised a Tree Plantation Drive. Nitasha Chordia, continuing with her spirits of World Environment Day planned this drive specifically for monsoon season to reap full benefits of such abundant rains to spread awareness about afforestation. 200 Trees were planted successfully at Kishangarh Police Academy by 40 FLO members.



Holistic Health & Lifestyle by Luke Coutinho: August 7, 2018

FLO Jaipur organized a session with Luke Coutinho on holistic health, which was a power-packed session. He emphasized majorly on stress free, target free and healthy living. He also took up many Facts and fads that members had and clarified many myths.



Retreat to Goa: August 21-23, 2018

55 members of FLO Jaipur Chapter, headed by Chairperson, Ms. Nitasha Chordia travelled to Goa for their Annual Retreat 2018-19. The idea of the retreat was not only to have some fun, but it also aimed at Team Building, Networking, making a new friends, and recognizing a "New You".



FOCUS – The Power within You: September 1, 2018

This session was a step towards giving a platform to its members, who are budding entrepreneurs or aspiring to be one, through its national initiative called SWAYAM. The speakers of the session were – Paresh Gupta who spoke on “Ideation of a Plan”, Dilnawaz who threw light on “Freedom of work” and Vivek Kumar who encouraged people on “Maximize your reach”.



FLO Jaipur Meets Chennai Chapter: September 5, 2018

FLO Jaipur meets FLO Chennai. It was a great networking with Chennai chapter over hi tea.



FLO Jaipur at FICCI Rajasthan’s HR SUMMIT: September 12, 2018

FLO Jaipur participated in inaugural session of HR Summit organized by FICCI. With Mr. Raman Kumar Sharma, Co-chairperson, FICCI Rajasthan state council; Mr. Anurag Aman, partner KPMG; Mr. Ngikya Gohain, Director skill, employment & Entrepreneurship & MD RSLDC, Govt of Rajasthan; Mr. S Y Siddiqui, Executive Advisor, Maruti Suzuki India pvt, Mr Subodh Agarwal Add. Chief secretary higher & technical, Govt of Rajasthan & Mr Atul Sharma Head FICCI Rajasthan state council



Workshop for underprivileged girls: September, 2018

FLO Jaipur in association with Federal Bank organised a workshop for under-privileged girls for understanding the need to save money & what are the credit notes.



FLO EDU Talks: September 25, 2018

The FLO Edu Talks were organised with the legends from the field of education: Ms Swati Popat Vats; Ms Lata Vaidyanathan; Ms Avnita Bir & Mr Pawan Solanki.

The session unfolded all the questions that haunt us for our child's education. No matter whichever era we are into, our kids will always be our priority; we want to do the best for them whether it is schooling, board, sports, over all development, or the level of exposure they should get.



Joy of Giving: October 8, 2018

For the Joy of giving Week, Jaipur Chapter supported in a Government primary school in the Kacchi Baasti of Raja Park. A free dental check-up was also organised on that day.



The pleasures of Friendship with Siddharth Dhanvant Singhvi & Sooni Taraporewala: October 12, 2018

FLO Jaipur hosted a literary event at the majestic Hawa Mahal with Mr. Sidharth Dhanvat, successful author and Sooni Taraporewala, a photographer, and screenwriter, filmmaker a recipient of numerous National and International awards.



Networking Event : An Evening with Laughterpreneur Jeeveshu Ahluvali: November 16 , 2018

FLO Jaipur organised an evening with the Laughterpreneur, Jeeveshu Ahluvalia followed by a live music performance by the solo artist Abhi Solankhi



Beauty Workshop by VLCC: November 29, 2018

Under the aegis of WE initiative, a beauty workshop by VLCC team at one of the centre for skilling, Jagriti. For the same on the completion of the course, we distributed certificates to them.



The Simple Truths of Life: October 12, 2018

Jaipur Chapter, organized a yet another enlightening event filled with humour and learning, under the leadership of its Chairperson Ms Nitasha Chordia. The speaker of this event was none other than the world famous life coach, Shri Gaur Gopal Das, a student of his holiness Radhanath Swami and a senior monk in the International Society for Krishna Consciousness (ISKCON). During the event, he spoke on various aspects of life-whether you are looking at strengthening your relationships, discovering your true potential, understanding how to do well at work and how you can give back to the world.



FLO Traveling Trunks: A Lifestyle Exhibition: January 11-12, 2019

FLO Jaipur presented Travelling Trunks, a lifestyle exhibition that hosted a variety of brands traveling from pan India for our very own TRUNK show - Food, Workshops, Shopping & Music all under one roof.



Breaking Views with the Newsman Rajdeep Sardesai: January 25, 2019

FLO Jaipur invited Rajdeep Sardesai for a session on Breaking Views. Rajdeep Sardesai is a senior journalist, author and news presenter. He spoke about freedom of speech and freedom of mind.



Workshop on Social Media & Marketing with Avi Arya: February 21, 2019

A workshop on social media was organized with Avi Arya, speaker, writer, trainer and columnist for social media and online reputation management. He has been ranked amongst the top 100 Digital icons of India by Impact magazine – one of the leading Advertising and Marketing magazines.



Certificate Distribution

On 19th July, 3rd December & 28th January, 2019 Certificates were distributed for Skilling under WE in Tailoring & Stitching.



KOLKATA

Message from Chairperson

Dear Friends,

Greetings from FICCI Ladies Organization, Kolkata!

It has indeed been an honor and great privilege to serve as the Chairperson of FLO KOLKATA CHAPTER for the year 2018-19. With all grace I am thankful to my team and members who I had by my side.

My theme for the year has been "LEADERSHIP & BEYOND." Whether it's a family unit, a classroom, a village, an office or elsewhere- we all make an impact to our society and we all have the ability to be an agent, a leader bringing in positive changes. I believe that leaders are evolved, and not born, let us stand together as committed individuals and make a positive impact in the world.

When I started as a chairperson I had one thought that I should be able to meaningfully contribute to the continued growth and success of FLO. I have organized an era of events, workshops, interactions that have sturdily strike the type cast, blithely break some good old glass ceilings thus engendering a culture of thinking beyond the stereotype.

To be at the helm, this year has been extremely enriching, fulfilling and a memorable one.

Thanking You,

Best Regards,

Suchandra Bhutoria

Chairperson, FLO Kolkata Chapter



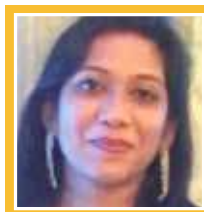
COMMITTEE MEMBERS



Jyoti Jain
Sr. Vice Chairperson



Monika Poddar
Vice Chairperson



Sarika Patodi
Treasurer



Ritu Jajodia
Secretary



Sunita Kanoria
Imm. Past Chair

Roohaniyat- Fellowship Evening: May 5, 2018

“ROOHANIYAT” a soulful Sufi performance by the “WADALIS” was organised in the fellowship evening for the members of FLO Kolkata on 5th May, 2018 at the Taj Bengal, Kolkata. More than 350 members and guests attended the event.



Environment Day: June 14, 2018

To commemorate Environment Day, a panel discussion “Think Green, Go Green”, was organised at Lincoln room, American centre, Kolkata on 14th June, 2018.



Mystic Morning – International Yoga Day: June 20, 2018

To celebrate International Yoga Day on 20th June, 2018, FLO Kolkata Chapter had an early morning yoga session “Mystic Morning”. The session was organised along with ISHA FOUNDATION. It was followed by a healthy breakfast at the Royal Calcutta Turf Club.



Smart Dining: July 10, 2018

FLO Kolkata chapter organised “Smart Dining”, a culinary master class, about balancing nutrition with great flavour. The workshop was hosted by Chef Auroni Mukherjee on 10th July, 2018 at Lounge, THE SALT HOUSE, Kolkata.



FLO Leadership and Motivation Speaker Series: July 28, 2018

FLO Leadership and Motivation Series was organised at the hall of The Indian Council for Cultural Relations, Kolkata on July 28, 2018. Dr. Gaurav Chandra Dutta IPS and Bhakti Shastri, IGP at Police Directorate were the Speakers.



Ek Packet Umeed: August 25, 2018

Kolkata Chapter organized a unique carnival shopping experience for 1000 underprivileged kids in association with Round table 227, on 25th August, 2018. "EK Packet Umeed" was an initiative looking to revolutionise the lives of underprivileged children by facilitating their educational future.



Plant a Tree Run: September 9, 2018

FLO Kolkata had "PLANT A TREE RUN" in collaboration with Border Security Force. "THE NILE MILE" on 9th September 2018.



The Time to Think Smart

FLO Kolkata had an informal interactive session for the members, on achieving success in a VUCA (Volatile Uncertain Complex Ambiguous) world, "The Time To Think Smart". The speaker was Ms. Seema Sapru principal of The Heritage School.



Eye Camp: October 5, 2018

FLO Kolkata held an eye camp on 5th October 2018 for the Inmates of Presidency Correctional Home, with 7 doctors from Shankar Netralaya and provided spectacles to 130 Inmates.



Visit to Vikram Solar Plant: October 9, 2018

A learning experience at Vikram Solar Plant at Falta 24 Parganas on 9th October 2018 was indeed a great experience for the members of FLO Kolkata on harvesting solar energy. This was followed by the lunch for the members.



Diwali celebration: November 2, 2018

This Diwali FLO Kolkata collaborated with 91.9 Friends FM to bring a smile to hundreds of underprivileged children in Kolkata by distributing chocolates and goodies to light up their hearts this Diwali on 2nd November 2018.



**Light
up their
Hearts**



Photo
Grid

Empowering through learning: November 12, 2018

On 12th November FLO Kolkata had a session on “Empowering through learning” with Ms. Poonam Singh wife of Brigadier Narinder Singh at Army Institute. Ms. Singh has been closely associated with Empowering soldiers families. The session was followed by lunch.



Children’s day:
November 14, 2018

On 14th November FLO Kolkata celebrated Children’s day at the Missionaries of charity Nirmala Shishu Bhavan by Spreading Smiles. A magic show, followed by lunch was provided for the children.



Dev Deepawali: November 22, 2018

FLO Kolkata Chapter celebrated "DEV DEEPAWALI" at the PRINCEP GHAT KOLKATA on 22nd November, 2018, along with the government of West Bengal. We are extremely proud and honoured to have Ministers and Dignitaries grace the celebration along with more than 200 members of FLO Kolkata Chapter.



Elimination of Violence Against Women: November 23, 2018

On 23rd November 2018, FLO Kolkata Chapter had a session on INTERNATIONAL DAY for the "ELIMINATION OF VIOLENCE AGAINST WOMEN" at THE BRITISH DEPUTY HIGH COMMISSION KOLKATA and planned discussion on case studies followed by an informative Q&A session between eminent judges and lawyers and representatives from NGOs.



Diamond Awareness Masterclass: December 3, 2018

FLO Kolkata had a “DIAMOND AWARENESS MASTERCLASS” along with FOREVER MARK on 3rd December 2018, at ITC SONAR KOLKATA. Mr. Sachin Jain president Forever Mark was the speaker.



Styling Session: December 19, 2018

On 19th December 2018, FLO Kolkata Chapter collaborated with KALIGHATA FLAGSHIP STORE and had an afternoon of styling, draping and makeup for its members along with celebrity stylist Danielle Jones, celebrity saree drapist Dolly Jain and celebrity makeup artist Bridgette Jones.



FLO Cares: December 20, 2018

FLO in association with 91.9 FRIENDS FM spread the warmth of love... by distributing warm clothes around the City Of Joy among the less privileged on 20th December, 2018.



FLO at Derby: December 22, 2018

It was indeed a lovely winter afternoon at the ROYAL CALCUTTA TURF CLUB. Members and guests had a great time enjoying the races and the lunch n 22nd December, 2018.

Old Age Home: December 24, 2018

On 24th December, 2018 members of FLO provided lunch at ST. JOSEPHS OLD AGE HOME and sang for them celebrating PRE- CHRISTMAS.



Panel Discussion with Educationist: January 11, 2019

Panel Discussion with four Principals of some renowned schools of Kolkata- Birla High School, La Martinere for Boys, Modern High School, the Heritage School. The topic was "Discouragement and Failure Are Two of the Surest Stepping Stones to Success".



Women Achievers Award: January 25, 2019

Hon'ble Mayor of Kolkata was the chief guest and FLO National President Smt.Pinky Reddy was the Guest of Honour, along with other Hon'ble Ministers, MP's and MLA's at the "WOMEN ACHIEVERS AWARD CEREMONY", where 11 Women were awarded.



Nutrition and fitness on Saturday: February 2, 2019

FLO Kolkata had an interactive session on Nutrition and Fitness with Ryan Fernando of Qua Nutrition and Ranadeep Moitra founder of Endorphins. It was an extremely informative and inspiring session on the importance of nutritious and quantified diet. It was followed by a session to demystify corrective exercises.



Health after 40:

February 9, 2019

FLO Kolkata had a wonderful session on HEALTH AFTER 40. Leading panelists from Mumbai and Kolkata spoke on Health risks that women are predisposed to post 40, screening tests, Myth busters etc.



Visit to Torero - A Leader in Leather Shoes and Accessories:

February 9, 2019

FLO Kolkata had a wonderful session on HEALTH AFTER 40. Leading panelists from Mumbai and Kolkata spoke on Health risks that women are predisposed to post 40, screening tests, Myth busters etc.



Luncheon Meeting at Birla Corp:

March 7, 2019

The Committee of FLO Kolkata was invited for a luncheon meeting at BIRLA CORP. on Thursday 7th March 2019. The committee enjoyed the lunch with the Managing Director, a Presentation was also given on the various companies of the globally acknowledged group.



Shakti Unlimited: March 8, 2019

FLO Kolkata celebrated International Women’s Day on Friday 8th March 2019, in collaboration with Luxury Car Brand BMW and Celebrity Designer Abhishek Dutta. Women Achievers were felicitated followed by a Panel Discussion on the Power of Womanhood with Dr. Alokando Roy Celebrity Dancer and Reformist, Birgit Holm General Manager Hyatt Regency Kolkata, Ushoshi Sengupta Winner I Am She, Iman Chakraborty Celebrity Singer and Swapna Barman Celebrity Athlete.



YFLO KOLKATA

Message from Chairperson

Dear Friends,

"Life isn't about finding yourself. Life is about creating yourself."
~George Bernard Shaw

As my term as Chairperson of the Kolkata Chapter draws to a close, it's time to look back and assimilate what we have learned and experienced. It is also time to look forward to new beginnings with renewed hope and passion.

I feel privileged to have had the opportunity to serve the Young Ladies FICCI Organization and its members. We embraced the FICCI promise 'Power to Empower' and made it our guiding light for all our events, activities and social work that attempted to discover hidden potential, release positive energies and encourage personal development.

All our hard work seems worthwhile when we receive positive member feedback and witness change. When a young under confident member emerges so much stronger and confident and says that this year she learned that 'You are your best investment' and worked at growing her strengths, reducing her liabilities and increasing her capabilities. Even more rewarding has been the smiles on the faces of the 30 women and 160 orphaned children whose lives we have tried to impact through our WE SKILL income generation skilling and wellness activities.

With the deepest sincerity I thank all the Past Chairs for their invaluable advice. A special Thank You to my Committee Members, a team of outstanding women who devoted so much time, effort and thought to make each event a roaring success.

Lastly, Dear Members, while I have enjoyed this journey with you, I must remind each one of us that personal development is a journey, not a destination. So continue to create yourself, dream big, unleash your potential, play to your strengths and grow your greatness by testing yourself, learning and improving.

Warm Regards,

Isha Patodia
Chairperson, YFLO Kolkata



COMMITTEE MEMBERS



Amrita Kajaria
Sr. Vice Chairperson



Shefali Agarwal
Vice Chairperson



Varsha Wadhwa
Treasurer



Shilpa Sethi
Secretary



Shilpi Choudhury
Imm. Past Chairperson

Integrating Tradition with Modernity: Amaan & Ayaan Ali Bangash, May 3, 2018

YFLO Kolkata 2018 began its year with the dynamic duo Amaan & Ayaan Ali Bangash, sons and disciples of legendary Amjad Ali Khan. They have performed in India & abroad at some of the most esteemed venues namely, the Indian Parliament, Opera House in Sydney, the United Nations in New York, and many more.

It was truly a Jugalbandi of a different kind, moderated by Ms. Oindrilla Dutt. The members got inspired as they learnt about their heritage; vast talent and that success had not lessened their humility and quest for learning. They laid emphasis on discipline as a key ingredient, thus the importance of riyaz in everyday life.



International Yoga Day, June 21, 2018

To spread the spirit of health and mental fitness, YFLO Kolkata celebrated "International Yoga Day" with 2 sessions exclusively designed for women of Athena Yoga.

The sessions were organized to unfold and discover the inner strength so as to empower women from all walks of life. Certified trainer Harsha Banthia taught techniques of breathing, asanas and stretching along with an introduction to Acro-Yoga. We concluded with a guided sound meditation. Members were motivated to incorporate exercise and meditation in their everyday lifestyle.



The Many Voices of Faith by Sonam Kalra, June 27, 2018

The Sufi Gospel Project, conceived by eminent Singer-Songwriter Sonam Kalra, was an effort to blend the many different voices of faith. Traditional western gospel fused with Indian classical sounds, and Indian spiritual texts were enriched by western verses to create a sound that touched us to the core.

Held at the Oberoi Grand, Kolkata, Sonam spread the message of love, harmony and humanity. The audience was mesmerized by the soulful honesty that came through in her songs.



Master Class on Design Thinking By Parsons School Of Design In Collaboration With Indian School Of Design & Innovation, July 13, 2018

Team YFLO got together its members for a design and innovation session, which was a joint collaboration of YFLO, Indian School of Design and Innovation and the Parsons School of Design. The chief facilitator David Wittenberg is currently Professor of Entrepreneurial Innovation and Director of corporate training and consulting at the Indian School of Management and Entrepreneurship.

David in his unique style, brought everyone together in an interactive and charged session. He took us with him on a journey of design thinking using the five main pillars of design – Empathize, Ideate, Define, Prototype, Test. Interestingly, as a project we developed a blueprint which would make 100% Indians job-ready by the age of sixteen.



Secrets of a Sophisticated Palate by Indian Accent Chef Manish Mehrotra, August 3, 2018

There is no sincerer love than the love for food. This event served an appealing mix of innovation, creativity and talent all integrated into an exciting bowl that will appeal to all of the members five senses.

Internationally renowned celebrity chef Mr. Manish Mehrotra's brainchild Indian Accent has been recognized globally and is the ONLY restaurant from India on the prestigious S. Pellegrino World's 100 Best Restaurants and Asia's Top 50 Restaurants. During the session he shared with us his love for food, his journey, thoughts and signature dishes.



YFLO Gives: Kerala Relief Initiative through Goonj

Beginning on 15 August 2018, severe floods affected the south Indian state of Kerala, due to unusually high rainfall during the monsoon season. It was the worst floods in Kerala in nearly a century. Over 483 people died. We at YFLO Kolkata felt that this was a time of solidarity and with the support of our members, we sent essential articles to those rendered homeless in Kerala.

- 350 pcs of Blankets
- 300 pcs of Solar Torches
- 500 pcs of Towels
- 200 pcs Jute Bags
- 650 packers Sanitary Pads
- 250 kgs Rice
- 650 pvs Avalon
- 450 pcs Rin
- 300 pcs Combs
- 450 pcs Mosquito Coil
- 700 pcs Lifeboy Soap
- 450 pcs Toothpaste
- 450 pcs Toothbrush



SKILL: Design Upgradation (Kantha Embroidery) at Divya Chaya Trust Rajarhat

The program is aimed at design upgradation of 20 rural women engaged in Kantha embroidery and assisting them to procure orders. Further, we have created a source of revenue for these women to impart their skill knowledge to underprivileged women in slum areas by hiring them as trainers for them



You Can Win With Mr. Shiv Khera, August 24, 2018

YFLO got its members for an evening to release self-doubt, to facilitate positive thinking and inspire and achieve what you want by believing in it. Mr Shiv Khera an author, educator, business consultant, successful entrepreneur and a much sought after speaker globally inspired members with his wisdom and encouraging words. He is the author of several self-help books, including the international best seller 'YOU CAN WIN' which has sold over 3.2 million copies in 19 languages - tens of thousands of people like us have benefitted from his dynamic workshops the world over millions have heard him as keynote speaker and he has appeared on numerous radio and television shows.



Industry Visit Coca Cola: Taste the Feeling, September 11, 2018

Management is all about practical implications of the theoretical concepts. In lieu of this, YFLO Kolkata Members conducted an Industrial Visit to 'Bengal Beverages Coca-Cola' plant in Kolkata.

An introductory provided useful information such as the historical background of the company, the products offered worldwide, quality standards followed, certifications required. Thereafter, the members were taken to the Assembly Line and briefed about the Processes and Operations undertaken by the plant. The industrial visit to Coca-Cola was an enriching experience for our members providing exposure of manufacturing.



Masterclass - Legally Yours by Rishabh Shroff And Radhika Gaggar, September 18, 2018

The quest for empowerment is incomplete without awareness of our legal rights, mandated by Indian law.

To equip us with this knowledge and increase our self-awareness, we had Mr Rishabh Cyril Shroff, Partner at Cyril Amarchand, Mangaldas and Ms Radhika Gaggar, (ranked among the top 200 specialist trusts and private client lawyers in the world and the topmost in India)

This masterclass helped to create awareness among women regarding their property, succession rights, inheritance rights and the various modes of transmission of wealth in India and the importance of wills.



FLO Delegation to USA : Beyond Gender at United Nations, September 29, 2019

In this all India FICCI delegation visit to United States of America, Young FICCI Ladies Organisation - Kolkata Chapter, held a conference at the United Nations whose halls echo with powerful and inspiring words of world leaders from all fields, leaders who strive to make the world a better place.

The panel comprised of Mrs. Pinky Reddy, President FICCI Ladies Organisation, DR M - A Global Thought Leader, H.E. Mr. Denis G Anione (Permanent Mission of Grenada in USA) , Honourable Prime Minister Mr Keith Mitchell, Mr. Taj Hamad (Secretary General, UPF and Chairman) and Mrs. Vinita Bimbhet (Past President FICCI Ladies Organisaition) addressed the audience on the topic of "Beyond Gender".

YFLO KOLKATA was instrumental in coordinating this event for the United Nations during the meet.



I Did It My Way, by Mr Boman Irani, October 25, 2018

Mr Boman Irani, is an actor par excellence, who has endeared audiences with his very natural and honest acting talent. He is an actor whose comic timing often has us in splits of laughter. A late starter in the film Industry, and yet today he is at the summit with several stellar performances under his belt.

Mr Boman Irani took us on a journey of his life experiences on how he overcame obstacles and challenges in life; his determination to reach for the stars made him reach where he is today. His passion and belief made him do everything in life big or small in the most motivational way giving 100% to everything he did.

He made us believe that if you do everything with belief, passion and hardwork you will achieve your dreams.



Dr. Shashi Tharoor Unplugged, November 3, 2018

Over the years through his writings and thoughts Dr Tharoor has taught us the skills of empathy, imagination and understanding. Through his service in politics, he has taught us dedication and social service and through his inspiring speeches he has floored us with his words and exemplary communication skills.

An early morning at Taj Bengal, Kolkata had the members floored by the wit and charisma of Dr Tharoor. He spoke on all topics from the present government to his personal life. Dr Tharoor spoke unplugged on every topic and question put forward to him leaving the crowd inspired, encouraged and enthralled.



Annual Chapter Retreat to Andaman & Nicobar Islands - An Endless Discovery, November 13-15, 2018

The members enjoyed three days of bonding and fellowship along with exploring of the island and loads of adventure activities. From visit to the cellular jail to scuba diving, night kayaking, nature walk and ice breaker parties the members had an enjoyable and entertaining experience. The beauty of the island, adventure sports and the quality time spent made sure that this retreat was a memorable one.



World of Water with Renowned Artist Mr.Paresh Maity, December 6, 2018

YFLO got its members for an evening to release self-doubt, to facilitate positive thinking and inspire and achieve what you want by believing in it. Mr Shiv Khera an author, educator, business consultant, successful entrepreneur and a much sought after speaker globally inspired members with his wisdom and encouraging words. He is the author of several self-help books, including the international best seller 'YOU CAN WIN ' which has sold over 3.2 million copies in 19 languages - tens of thousands of people like us have benefitted from his dynamic workshops the world over millions have heard him as keynote speaker and he has appeared on numerous radio and television shows.



YFLO marathon training for Tata steel marathon 10k run - Charge challenge conquer, November 10- December 16, 2018



YFLO provided its members a chance to train and run for TATA STEEL MARATHON TSK25 2018 ON 16th December 2018 and experience personal lifestyle changes, mental and physical determination and pride on accomplishment of goals. It was a 16 session training program to prepare members to run the marathon under the guidance of Senior Trainer Mr Sanjeev Choudhary, C.S.C.S. Certified from National Strength and Conditioning Association.

For the members it was time to CHARGE, CHALLENGE AND CONQUER. The group trained with enthusiasm and motivation. It truly was an experience of raising your fitness level not better than someone else but yours.

Industry Visit: ITC Factory – Enduring Value Building World Class Brands : January 30, 2019

YFLO Kolkata Members conducted an Industrial Visit on 30th January 2019 to 'ITC ULUBERIA' plant in Kolkata.

YFLO Kolkata spent the day with 50 entrepreneurial women members witnessing the “Enduring Value” of the ITC Food Business.

The food processing sector makes a multidimensional contribution to the state by enhancing the entire food value chain, creating an impact on the state economy and enhancing farmer income and creating employment.



Ananya Birla - Creating Her Own Legacy, February 13, 2019



At an early age when most of us are still finding our own direction, Ananya has established her own company and a successful music career. As a leader, creating a legacy is an important facet of one's career graph as it enables one to have influence well into the future.

The event began with a speed networking session where members got to interact with each other. While members really enjoyed this networking

over lunch what followed was an even more memorable experience where Ms Ananya Birla shared her journey and performed for the members. She was very real and self-aware while performing and performed in a very interactive manner with the members making it an inspiring afternoon.



The Golden Code – Ms. Rukshana Eisa, February 28, 2019



YFLO Kolkata organized an interactive session with the Grooming & Etiquette expert Ms. Rukshana Eisa. She is one of the official instructors at the Miss India Training Programs for over 10 years training participants right through to the final Miss India Event.

During her talk with the members she spoke about the right conduct, business, social and dining etiquette. According to Rukshana business etiquette

is gender free. It is important to be punctual always to avoid disrespect and to be professional at all time. According to the kangaroo effect we should always make an effort to never say NO blatantly.

Radiance – An Ayurvedic Talk by the Experts of Forest Essentials, March 11, 2019

YFLO Kolkata organized a one of a kind experience with forest essentials to decipher your Ayurvedic Dosh, to celebrate International Women’s Day. Dr Akansha Kotibhaskar (Ayurvedic Consultant, Mumbai) and Dr Shweta Netke (Ayurvedic Consultant, Bangalore) conducted a talk session where they spoke about Ayurveda and skin care. They through a pre-conducted questionnaire (based on skin, hair and lifestyle) deciphered the dosha of every members (Kapha, Pitta Vatta) and advised accordingly on a wellness regime.



WE Skill: Paper Bag Making & Imitation Jewelry Making Skill Development At All Bengal Women's Association

YFLO in association with Social Venture Partner (SVP) conducted Skill Development Program at All Bengal Women's Union. The program aimed at training teenagers over a period of 4 weeks by providing raw materials and guidance to help them hone creative skills whilst keeping a healthy mind and positive attitude. It will enable the participants to produce marketable goods and services thereby improving productivity, and income-earning opportunities.

Further 2 computers for skilling were provided along with a combination of Velcro shoes, clothes, leggings, and food for healthy nutrition of 160 children.



YFLO Book Club

The book club and author interactions opened doors for us to witness the imagery of words that transport us to places that may be dark or sunny, thunderous or calm, funny or tragic, spine chilling or totally relaxing. The members were open to various reading experiences, shared reviews at meetings and truly felt that reading changed their life in a positive way. Books read were as follows

- Victims for Sale by Nish Amarnath
- A Man Called Ove by Fredrik Backman
- Diary of a Social Butterfly & Return of the Butterfly by Moni Moshin
- Train to Pakistan by Khushwant Singh
- Forty Rules of Love by Elif Shafak
- Sherlock Holmes - A Study in Scarlet by Sir Arthur Conan Doyle
- The Paradoxical Prime Minister by Dr. Shashi Tharoor
- Becoming by Michelle Obama
- The Forest of Enchantments by Chitra Banerjee Divakaruni



LUCNKOW- KANPUR

Message from Chairperson

Dear Friends,

“The only limit to the height of your achievements is the reach of your dreams and your willingness to work for them.”

Our theme for this year - to Inspire and Empower the women around you - was to lead women into believing and recognizing their strengths, their unquestionable power and capabilities. The diverse events (46+) of 2018/19 for capacity-building among women are undoubtedly going to help them move further towards their goals.

We persisted with old initiatives and launched new ones, all with the aim of being able to empower more women than ever before. We touched new areas and left an everlasting impression.

We hosted 46+ events in different fields touching health, Sports, Skill, Startups and so on with having 30+ speaker from various fields like Hon'ble Governor of UP, Hon'ble Justice Shree Devi, Hon'ble Cabinet minister Dr Rita Bahuguna Joshi ji Smt SMRITI Irani ji, Sharmila Tagore, Tapsee Pannu, Devdutt Pattanaik and the list go on.

With Pinky Reddy our leader, it was a great journey she was always there to guard and guide, always encouraging and radiating positive energy.

Regards,

Renuka Tandon

Chairperson, FLO Lucknow Kanpur Chapter



COMMITTEE MEMBERS



Dr Anuradha Varshney
Sr. Vice Chairperson



Madhuri Halwasiya
Vice Chairperson



Deepali Garg
Treasurer



Meenu Jhunjhunwala
Jt. Treasurer



Puja Garg
Secretary



Aarti Gupta
Secretary



Deepali Chopraa
Executive secretary



Archana Khaitan
Imm. Past Chairperson

Tete A Tete with Sharmila Tagore, May 3, 2018

On the occasion of Mother's Day, legendary Bollywood actress and Padma Vibhushan Awardee, Sharmila Tagore, shared her secrets of managing a family while being a celebrity mom.

The event was jointly chaired by Dr. Nidhi Tandon and Dr Simu Ghai. Cabinet Minister Mrs. Rita Bahuguna along with many prominent FLO members attended the stimulating session. The actor was in conversation with Shantanu Roy Chowdhri.



Activation of Swayam, May 7, 2018



In the hallowed precincts of Raj Bhavan, His Excellency Sr Ram Naik, Hon'ble Governor of U.P., activated SWAYAM, a tool for empowering women as it offers support to aspiring and existing women entrepreneurs.

The Hon'ble Governor flagged off the E-rickshaws driven by young women skilled under FLO WE Skill Development Initiative. Cabinet Minister Dr. Rita Bahuguna, Mayor Lucknow Smt. Sanyukta Bhatia, FLO National Swayam Head Smt Rati Dhandhanja Mundrey, along with the enthusiastic FLO Team members graced the occasion.

Activation of Livelihood & Skill Development, May 15, 2018

Chief Guest Chetan Chauhan, State Minister for Sports & Youth Welfare, Vocational Education and Skill Development, lauded the women's organization for their work in the field of skill development.

Chairperson Renuka Tandon, in the event, said that in the year 2018 the aim is to impart industrial training to 25 women, 25 women in a Shoe Factory in Chinhat, 20 women in Beautician's course, 10 in Chikankari, 1000 in self-defense, 10 in Housekeeping and 20 in Gardening.



Technotex 2018, May 19, 2018

FLO Lucknow Kanpur chapters in association with FICCI organized 'Technotex 2018 Industry Meet' in Kanpur. Joint Secretary Mr. Pinit Agarwal threw light upon various schemes initiated by the government for the development of the textile industry.

FLO requested Director of MKU Ltd. to include the number of women employed in their factory. Technical Institute in Kanpur offered to train girls sent by our organization since the scope of employment in textile sector is 45 million directly and 20 million indirectly.



Rooftop Farming, May 27, 2018

A workshop was organized to educate our members and women farmers about the various ways in which one could cultivate plants even on our rooftops! Ayush Bisht from Living Greens gave a wonderful demonstration of the techniques used for growing vegetables and fruits on the rooftop. FLO members Rashmi Vaid and Shachi Singh successfully organized the informative session.

Equip For Emergencies, May 28, 2018

A session was organised on 'How to equip yourself to tackle emergencies' with Dr. Akshay Kumar, Assistant Professor, Emergency Medicine, All India Medical Sciences (AIIMS), New Delhi at Hotel Hilton Garden Inn on Monday.

The event was chaired by Dr. Amrita P. Khattri, who spoke about the importance of the 'golden hour' stressed that the person's chances of survival are greatest if they receive care within a short period of time after a severe injury.



WE Initiative- General Duty Assistance, June 1, 2018

Under Skill Development Initiative, training was imparted to girls to inculcate skill for their employment. Nine girls are doing GDA (General Duty Assistance) Course at Kulwanti Skill Academy, Kanpur.



Selfie with Saplings, June 5, 2018

World environment day was celebrated by requesting all members to plant at least 1-5 saplings and take a selfie with a small message stating the measures they were taking to save our planet.



A Date with Pooja Bedi, June 21, 2018

To mark the International Yoga Day, the charismatic Pooja Bedi conducted a healing workshop, 'Happy Soul' for the members and their friends. It was an exhilarating experience for the audience!



WE Skill – Beauty Workshop, June 22, 2018



A beauty workshop was organised by FLO in Mandiyaon on June 22, 2018. It was a well-attended session with many women taking advantage of the same. Basic make-up techniques were taught, which will help them to enhance their livelihood. It was a step ahead in their lives towards financial independence.

WE Skill Development Initiative, June 24, 2018

Financial Independence is the key to women empowerment. Taking a small step in this direction, two skill centres at Madiyaon were inaugurated where women would receive training in the field of beauty services and stitching. The trained women would subsequent be helped in attaining placements. The centres were inaugurated by Mrs. Usha Vishwakarma, founder of the Red Brigade.



Torch Bearers of Education, June 27, 2018

FLO made its contribution towards actualization and implementation of RET by bringing together Govt. representatives, school Management Committees, NGOs, local Politicians, harnessing Company CSR initiatives and the media to start a dialogue. Towards this, a power packed session was organized in Lucknow for promoting girl child education and their multifaceted development.



For Purses to Portfolios, June 28, 2018

In an effort to enhance the wealth creation activities of women, a very informative session was organized by FLO member, Mrs. Charu Srivastava, in association with Oranje Castle Lucknow. The inputs provided by the Guest Speakers Mr. Navin Tekwani and Mr. Samrat Chandra were highly enriching.



Solar Panel Installation, June 29, 2018

Keeping in mind the need to preserve the environment and move towards a sustainable future for the next generations, FLO installed a Solar Panel at a Public Convenience in Mall, near Lucknow.



Hingpur Medical Camp, June 30, 2018

FLO Lucknow Kanpur chapter organized its 2nd medical camp in continuation of its medical camp series in Hingpur. The camp was headed by Dr. Anuradha Varshney, Sr. Vice-Chairperson and attended by Past Chairperson Archana Khaitan. It was held in association with Kulwanti Hospital, with 74 beneficiaries. Medical check-ups like blood sugar, blood pressure, pulse rate, BMI and eye-tests were done. Distribution of free sanitary napkins was also a part of the camp.

Be a Superwomen, July 2, 2018

FLO Lucknow Kanpur chapter held its networking meet in Kanpur on July 2, 2018. In addition to briefing the members about the way forward and future events, the event was graced by Ritu Motial, a behaviour change communication expert with over 16 years of multidisciplinary and multi-sectoral experience. She spoke about various kind of stressful situations that a women goes through everyday life, and also shared simple tools to live life effortlessly and joyfully. The event was attended by 23 members.

Krav Maga – Life Saving Skills, July 8, 2018

Mr. Michael along with his team, all the way from France, gave a demonstration and training in the art of Krav Maga to the girls at the Skill Development Centre. It was so wonderful to see the girls participate with such enthusiasm and vigour.



Ayurveda & Healthy Lifestyle, July 11, 2018

FLO Lucknow Kanpur chapter hosted experts from the world-renowned destination Ananda Spa in the Himalayas, for a talk on Ayurveda and holistic wellness in daily life. The event saw Ayurveda expert Dr. Naresh Perumbuduri speaking on Ayurvedic principles and herbal formulations for optimum health benefits. A workshop on guided meditation was also conducted by Shambhu Kumar a Yogic Science expert. The Participants appreciated the simple Ayurveda remedies for common disorders and bodily imbalances.



3rd Edition of FLO BAZAAR, July 13, 2018

The annual FLO Bazaar, which aimed to provide a platform to women entrepreneurs was a huge success, with 48 brands participating and showcasing their products. The theme was "Go Green" and usage of plastic bags was avoided. Organic and environment conscious companies were encouraged to participate. The Chief Guest, Deepika Deshmukh, a producer and entrepreneur shared her encouraging words. Like every year, the funds collected and raised will go towards rebuilding



broken school (toilets with running water, drinking water, classrooms with roof) in villages around Kanpur. Rakhis and Envelopes made by the girls of Hingpur village which the Skilling team has been training was much appreciated.

She's Mercedes, July 21, 2018

SHE's MERCEDES in an initiative by SRM Star Mercedes Benz, Lucknow through which they celebrate the success stories of women and provide them a platform to inspire and celebrate their achievements. A session was organised by them for the FLO members, in recognition of contribution of FLO towards empowerment of women.



She's Mercedes, July 21, 2018

A session with Devdutt Pattnaik was organised on Parenting & Nurturing Young Minds was organised by Lucknow-Kanpur Chapter on August 11, 2018. Mr Pattnaik is an Indian author known for fictional work and interpretations of ancient Indian scriptures. The event was chaired by Dr Surabhi Sahi and Vandita Agarwal.



Talk, Tea & Tree Drive -Hingpur Village, August 18, 2018

Talk, Tea & Tree Drive is the tree plantation initiative taken up by FLO. It's a series of 3 events, wherein the executive members of the FLO committee along the Vice-Chair planted saplings at 3 different locations; first being at Hingpur Village, the members planted trees in the village with the ladies.



Networking Meet, September 18, 2018

Networking Meet was a fun event organised for the FLO members by the event chairs –Geeta Agarwal & Manjari Gupta. It had fun games for the members and little surprises for the winners. The event was attended by Sr. Vice Chair –Dr Anuradha Varshney.



Eye Camp at Primary School, LodhwaKhera, October 6, 2018

The eye care camp was organised by FLO in the Primary School of LodhwaKhera in the presence of Dr Anuradha Varshney and other executive members. There were 199 people who were consulted by the doctor and his team and medicines (eye drops) & spectacles were distributed as required, free of cost.



Self Defense Workshop

A Self defense workshop was conducted for girls, in the PSIT campus. The event was attended by the Sr. Vice Chair Dr Anuradha Varshney and 13 other executive members. Event Chair: Sangeeta Khurana.



Diamond 2.0, September 7, 2018

The event 'Diamond 2.0' chaired by our executive member Shail Kapoor and had Mr. Prasad Kapre & Mr. Shreyansh Kapoor as guest who shared whether diamonds are still a good investment option in 2018 where we have a lot of other investment avenues. The event was attended by the Sr. Vice Chair Dr Anuradha Varshney and 32 other executive members.



Burden of Cervical Cancer, September 19, 2018

The Lucknow-Kanpur chapter organised yet another informative session for its members – a talk on prevention and cure of cervical cancer by Dr. Jaideep Malhotra. Dr. Neharika Malhotra spoke about the repercussions of environmental causes on cancer among women. The event another attempt to give members the advantage of knowledge to take action. Event chair-Dr Nidhi S Tandon & Co chair-Dr Snigdha Agarwal



Cervical Cancer Vaccination, October 5, 2018

As part of the prevention for cervical cancer FLO Lucknow-Kanpur chapter health initiative Head Dr Nidhi S Tandon decided to arrange for the vaccination of 25 girls in the age group of 11 to 16 years, in the Madhiyaon Training Centre against cervical cancer. Members came forward to contribute for the cause of cancer prevention. FLO member Dr. Jyotsna Mehta took charge of the vaccinations by volunteering to get the vaccinations done at her clinic. Event Chair :Dr Nidhi S Tandon & Co Chair :Dr Jyotsana Mehta



Bijoux Lumiere, October 25, 2018

An insightful talk by Harshad Ajoomal from H.Ajoomal Jewellers, Mumbai on the craft of jewellery designing and how to build and maintain an exquisite collection followed by an exhibition of fine jewellery collection. The event was chaired by Aarti Gupta and Radhika Lohia and was attended by Sr. Vice Chair Dr. Anuradha Varshney and other executive members.



Vaastu for Health, Wealth & Prosperity at Home & Workplace, October 29, 2018

Vaastu expert Vimal Jhajharia was invited for a session on channeling vastu guidelines ahead of the festive season. Mr. Jhajharia spoke about simple measures to harness luck and ward off evil using Vaastu principles at home and work. Puja Garg chaired the event.



FLO International Women Artisans Awadh Festival & international Film Forum (IWAAF &IFF), November 14- 16, 2018

The flagship event of the Lucknow-Kanpur chapter saw two events being held in Lucknow simultaneously, both to promote Lucknow as a hub of arts and filmmaking. While the Indian Women Artisans' Festival saw designers and artistes coming from all over the country to showcase their products, the FLO Film Forum was attended by prominent personalities in the world of filmmaking. FLO President Pinky Reddy was present for the inauguration of the event, along with singer Kanika Kapoor, while actress Taapsee Pannu came as chief guest. Dr. Rita Bahuguna Joshi and Smriti Irani represented the government in a panel discussion among stakeholders of the burgeoning film industry in UP. Talks, master classes and screenings were organised as part of the film forum.



Meeting with ACYPL Delegation, December 5, 2018

FLO Lucknow- Kanpur Chapter hosted the American Council of Young Political Leaders (ACYPL) delegation at Lucknow on December 5, 2018. The seven-member delegation arrived in India on 30th November to visit Delhi, Lucknow and Bangalore and the Chapter was honoured to conduct an interaction over lunch. It was followed by High-Tea with Shri Dinesh Sharma, Deputy Chief Minister, Uttar Pradesh. Later in the day Chairperson Renuka Tandon went for a dinner interaction with the delegation.



Tea Tasting & Networking Meet, December 10, 2018

In Networking meet, the event chair Aarti Gupta explained the guiding principles of FLO to all the executive members present there through a presentation and encouraged them to join various proposed committees.

The tea tasting session was arranged after the networking, where we had an interesting talk by Ms. Chandni Kanodia on various types of tea and the effect of it on our body. Event Chair: Aarti Gupta & Archana Khaitan.



Art as an investment, December 14, 2018

In our line-up of events exploring current trends, the FLO Lucknow-Kanpur chapter organised a talk on art as a viable investment option. The event was held at Kala Srot Art Gallery in Lucknow, and chaired by Mansi Didwania. Art connoisseur Samarth Narain spoke about the increasing interest in art as investment. The talk was club with an art show, that was inaugurated by actress Sadiya Siddiqui.



Take Charge and Shatter Your Limitations, January 7, 2019

In collaboration with Red Brigade Apna Huner Center, FLO Lucknow Kanpur Chapter trained around 400 girls in different fields and thus helping them to be economically empowered. This workshop was a step towards making them confident enough to be a successful entrepreneur.

Visit to Ardh Kumbh Mela at Prayagraj, January 14, 2019

A delegation of pan India members to Ardh Kumbh Mela at Prayagraj was organised by FLO Lucknow- Kanpur Chapter. The event is an unparalleled display of Indian culture's harmony and all inclusive nature. Diverse Indian culture, elevated spiritual consciousness and festivity of Indian public life are identity of this mega event. The event aptly mirrors enthusiastic and festive celebration of the all inclusive Indian philosophy that has brought the world closer to its message of peace and immortality.



Session on Digital Security, January 18, 2019

FLO Lucknow- Kanpur chapter organised a session on Digital Security by renowned cyber security expert Rakshit Tandon at CMS Auditorium, Shaheed Path branch. The session was conducted keeping in mind the increasing use of internet in our lives, and how to ensure that it works safely for us. Tulika Kapoor was the Chair for the event. Simu Ghai anchored the session with Rakshit Tandon.



FLO Factory Visit, January 21, 2019

Under the guidance of Sr Vice Chair Anuradha Varshney, event chair Ruchi Jain, FLO Lucknow Kanpur chapter visited a startup factory close to Kanpur, where 80 women from the slum areas make agarbattis from the used flowers from temples. It was a wonderful experience to see how with creativity something which causes pollution in rivers is converted into lovely smelling agarbattis and is uplifting and transforming the lives of many poor women.



Innovation in Farming -Workshop for Women Farmers, January 28, 2019

FLO Lucknow Kanpur chapter held a training for women farmers at a village Nagwa Maukala, close to Lucknow. More than 50 women farmers were told the harmful effects of using insecticides and chemicals in their fields and taught about how Organic Farming (chemical free) can be a way to move forward. This will not only provide them economic sustainability but also improve their health. Renuka Tandon, Chairperson, FLO Lucknow Kanpur and Sadhna Gosh Ji from Shramik Bharti were present. Event Chair: Aarti Gupta



Women Corporate Directors Program, February 1, 2019



A delegation of 7 members attended the 7th Asian Invitational Conference on Family Business at ISB Hyderabad. It was an initiative keeping in mind to empower women in Family businesses it turned out to be a power-packed session spanning two days. The conference had speakers from some of the biggest family-run business houses in the country, such as Farhad Forbes of Forbes Marshall, Lavanya Nalli of Nalli Group, Sangita Reddy of Apollo Hospitals, Mohan Reddy of BVR and Harish Laxman of Rane Group, among others.

While family businesses are evolving, most of them are still grappling with issues of succession and governance, which were addressed during the conference. The mantra offered for a smooth leadership transition between generations was to provide the next generation with world class education, work experience outside the family-run business.



Hyderabad retreat to Lucknow, February 13, 2019

FLO Lucknow-Kanpur chapter hosted members of the FLO delegation from other parts of the country for an evening of culture and cuisine at Kotwara House. A mesmerising Kathak performance by Astha Dikshit, and a delicious and an authentic spread of Awadhi cuisine enthralled the guests. Meera and Muzaffar Ali played the perfect hosts, enlightening the delegation about the kaarigari of Chikankari through a short film directed by the filmmaker on the subject for UP Tourism. Anju Narain chaired the event.



How to Handle Success & Deal with Failure- A Session with BK Sister Shivani & 4th UP FLO Women's Awards, March 15, 2019

A delegation of pan India members to Ardh Kumbh Mela at Prayagraj was organised by FLO Lucknow-Kanpur Chapter. The event is an unparalleled display of Indian culture's harmony and all inclusive nature. Diverse Indian culture, elevated spiritual consciousness and festivity of Indian public life are identity of this mega event. The event aptly mirrors enthusiastic and festive celebration of the all inclusive Indian philosophy that has brought the world closer to its message of peace and immortality.



Inauguration of School at Ludhwakhera, January 29, 2019

FLO Lucknow Kanpur Chapter, had adopted this secondary school in Ludhwakhera village last year. The school has about 130 students. From the funds of FLO Bazaar and other CSR funds the restoration work was completed. We inaugurated the restored school along with the Commissioner, Kanpur and other government officials. It now has proper verandah, classrooms with furniture, toilets with running water, water cooler, sports room, library and proper kitchen for midday meals.



National Delegation to Kumbh, February 13 & 14, 2019

The event was an unparalleled display of Indian culture's harmony and all inclusive nature. Diverse Indian culture, elevated spiritual consciousness and festivity of Indian public life are identity of this mega event. The event aptly mirrors enthusiastic and festive celebration of the all-inclusive Indian philosophy that has brought the world closer to its message of peace and immortality. FLO LUCKNOW KANPUR CHAPTER invited PAN INDIA FLO FAMILY to this incomparable event. Chief Guest: Pinky Reddy President FLO



Inauguration of Crèche at Police Station, Civil Lines, Kanpur, February 14, 2019

Keeping in line with the philosophy of FLO on empowering women, FLO Lucknow Kanpur Chapter with the aim of supporting and encouraging more working Women in Police, built a crèche at the police station in civil lines, Kanpur. This project conceived by Sr Vice Chair Anuradha Varshney with the help of Sangeeta Khurana and Juhi Asthana.



Launch of FLO Legal and Advocacy Cell at RTI, February 23, 2019

In our sustained efforts to empower women with skills and knowledge, FLO Lucknow-Kanpur chapter announced the launch of the FLO Legal and Advocacy Cell to equip members and other women with political and legal tools to influence gender discourse. The event was held

at RTI Bhawan in Lucknow. Shri Ram Naik ji, Hon'ble Governor of Uttar Pradesh as the chief guest. Other esteemed guests on the occasion included Hon'ble Justice G. Sridevi and Shri Jawed Usmani ji, Chief Information Commissioner, UP.



Inter-state Cricket Tournament for Women with Disabilities, February 4 & 5, 2019

FLO Lucknow-Kanpur chapter organised first time in U.P. DISABLED WOMEN INTERSTATE CRICKET MATCH at the Ekana International Stadium in Lucknow, in collaboration with the Indian Cricket Federation for Disabled. Teams from UP, Jaharkhand, Gujarat and Maharashtra played their best in the two-day tournament. The event was helmed by FLO member Deepali Garg. Students from various Lucknow schools came to cheer for the participating teams



SWAYAM: Project E Rickshaw

Ms.Renuka Tandon, Chairperson of Flo Lucknow-Kanpur Chapter with the help of team members, identified four young women who had the courage to dream and the passion to achieve. These women were taught driving and then assisted in the process of acquiring the driving license. The next step was to provide them e-rickshaws to generate daily income. With the assistance of Mahindra motors the vehicles were procured and a revolution was created in the region by introduction of women drivers in the segment.

In the presence of the Hon. Governor of Uttar Pradesh, Cabinet Minster Shrimati- Rita Bahuguan Joshi ji, Mayor of Lucknow- Shrimati Sayukta Bhatia ji, National Head Swayam- Shrimati Rati Mundrey- key to the vehicles was handed over to the mentees. The event was attended by the entire Flo team, prominent citizens of Lucknow and received tremendous media coverage.



LUDHIANA

Message from Chairperson

Dear Friends,

In the spirit of FLO, which in my view is about empowering and evolving with entrepreneurship at its very core, we at FLO Ludhiana have continually worked and will work towards the cause of upliftment at the grassroots level through our project UDAAN as well as creating awareness towards our budding female neo-entrepreneurs.

A year after taking on as Chairperson, FLO Ludhiana, I stand with heart full of pride and humility. Reminiscing the year brings a memory of a roller coaster ride full of planning, deliberation, delegating and organizing meaningful events. I tried to fulfil the duties in the best of my abilities with the sole aim of women empowerment and keeping up the standards of FICCI.

In the process, I was metamorphosed totally and learnt a lot of things. The love and respect I gained in the process made me value myself and I started holding myself in better self-esteem. Now I have the confidence and faith- yes, I can do it.

Any post higher up in the hierarchy brings out the leader in you. I got plethora of chances to hone my leadership skills and enhance my organizational skills too. Now I see myself as a leader who can listen to others, yet follow the right path.

I can say with complete satisfaction that I put my heart and soul into it and the results were quite gratifying. Interacting, collaborating and connecting with various people from all walks of life has really helped expand my vision.

In the end I would like to add, 'Women have an inherent multi-tasking capacity and can take up any challenge with their indomitable spirit.'

Regards

Reena Aggarwal
Chairperson, Ludhiana Chapter



COMMITTEE MEMBERS



Nandita Bhaskar
Sr. Vice Chairperson



Mannat Kothari
Vice Chairperson



Neha Gupta
Treasurer



Ankita Gupta
Jt. Treasurer



Radhika Gupta
Secretary



Jyoti Vijan
Jt. Secretary



Monika Choudhary
Imm. Past Chairperson

Workshop on Happy Soul by Pooja Bedi, May 7, 2018

FLO organised a Personal Transformation Workshop on 7th may 2018 with Ms. Pooja Bedi- a prominent TV, Film & Entertainment Media personality, fondly remembered by us for her role with Amir Khan in Jo Jeeta Woh Sikander, an award winning talk show host & relationship columnist Heart Chakra.

Chairperson Reena Aggarwal took opportunity in this session to launch UDAAN EK SOCH, an initiative that symbolizes the rise of women from the vulnerable sections of the society. The dream project is going to skill these women to empower themselves and earn a respectable lives.



Talk On Career Counselling, May 26, 2018

The choice of subjects play a very important role as they can make or break a student's future. In a bid to help young minds make the right choice regarding subjects and institutes, FLO Ludhiana organised a seminar on career counselling on 26th MAY 2018 at Park Plaza. Noted Career counsellors from Eduabroad, Mumbai and Delhi Dr. Pratibha Jain and Manvi Bansal addressed the members and also organised psychometric tests for children.



Skill Project Udaan, June 2018

Chairperson Reena Aggarwal, FLO organized the first step of our much awaited programme UDAAN EK SOCH. It was her dream and her vision which allowed the skill project UDAAN EK SOCH to flourish.

UDAAN symbolizes the rise of women from the less fortunate sections of our society. The dream project is going to skill these women to empower themselves and earn a respectable lives through workshops in stitching, beautician, gift wrapping, cooking, painting etc. Employability and market linkages are the highlights of the project. Chairperson Reena Aggarwal and Sanam mehra, Rimpky Khurana, Anamika Ghai are part of the skill team. They are being trained with Sonu Gandhi, Sheetal Lyall, Rajita Goel, Reena Kaushal, Voila, Rimpky Khurana , and Suman Nanda.



Talk on Astrology by Ridhi Bahl, July 13, 2018

Chairperson Reena Aggarwal, FLO organized the first step of our much awaited programme UDAAN EK SOCH. It was her dream and her vision which allowed the skill project UDAAN EK SOCH to flourish.

UDAAN symbolizes the rise of women from the less fortunate sections of our society. The dream project is going to skill these women to empower themselves and earn a respectable lives through workshops in stitching, beautician, gift wrapping, cooking, painting etc. Employability and market linkages are the highlights of the project. Chairperson Reena Aggarwal and Sanam mehra, Rimpky Khurana, Anamika Ghai are part of the skill team. They are being trained with Sonu Gandhi, Sheetal Lyall, Rajita Goel, Reena Kaushal, Voila, Rimpky Khurana , and Suman Nanda.



Personal Branding By Anand Pillai, July 26, 2018

FLO Ludhiana organized a session on Personal Branding with the topic “Dream. Dare. Do. Building the Brand You.” Anand Pillai is the Managing Director of Leadership Matters, Inc. www.leadershipmatters.in, a company focusing on building an entrepreneurial culture in organizations.

The session helped the members with ways to discover and leverage one’s uniqueness in today’s competitive world. The members showed great enthusiasm while attending the event.



Talk By Bespoke Women, August 3, 2018

FLO Ludhiana organised a talk by Neuro Linguistic Programming Practitioner who taught us the art of managing emotions to feel good. Members were also given some insight for high style quotient. The Bespoke women came with her entourage of purposeful women channelizing their energies, making choices, to be the best within their respective ecosystems.



Talk On Cosmetic Surgery, August 10, 2018

FLO Ludhiana in association with cocoon refine organised a talk on latest techniques and trends of cosmetic surgery. Also Ms. Navpreet Kaur organised a ramp walk for members. It was organised by members to boost their confidence.



Retreat to Goa, August 19-21, 2018

FLO Ludhiana organised the retreat to Goa with 52 young & dynamic members. It was a breakaway trip with complete different experience and a lifetime of memories. There was a lot to do, learn & share. It was not just the beauty of the place but the presence of strong, independent women who loved being with each other that made all the difference. As they say, travel is important because it fundamentally transforms you & reinforces your willingness to expand your horizons, to get unstuck and to move in new directions.



Legal Awareness: A talk on Wills & Succession, October 14, 2018

FLO Ludhiana organised a talk on wills & succession on 14th Oct 2018. This session highlighted important facts which are so relevant in the case of inheritance and succession for one and all in today's world.



Breast Cancer walkathon, October 21, 2018

October is Breast Cancer awareness month, which is an annual campaign to increase awareness of the disease. The campaign is aimed at creating awareness for breast cancer and make sure that everyone affected by breast cancer receives the possible treatment and services. FLO Ludhiana organised a walkathon on 21st October 2018.



Session with Holistic Lifestyle Coach Luke Coutinho, November 24, 2018

The most awe inspiring was the session on 24th November 2018 by the award winning globally renowned Holistic Lifestyle Coach Luke Coutinho who practices in the field of integrative and lifestyle medicine. He guided the members to eat smart, move more and sleep right and to move to more natural foods. The inspiration to change the lifestyle towards healthy goals was a major takeaway at the session.



A talk by Father Davis Chiremal on Usage of Plastic, November 30, 2018

FLO Ludhiana organised a talk by Father Davis Chiremal and his team on 30th Nov 2018. FLO Ludhiana joined hands with Father Davis in our efforts to educate, inform and start a campaign in our State Punjab on the usage of Plastic, which is considered one of the major factors in ruining health and causing these deadly diseases.



Cooking Demonstration, December 4, 2018

FLO Ludhiana organised cooking demonstration on 4th Dec 2018 using walnuts. It was well appreciated by members.



Networking event- The Grape Escape, January 14, 2019

FLO Ludhiana organised its networking event 'THE GRAPE ESCAPE' on 14th Jan 2019 with Nish Amarnath (a writer with a twist) and Mr.Subhash Arora (the wine guy). We also launched our book club 'Literary Circle'.



Digital Unlocked, January 22, 2019

Digital Unlocked - an initiative by Google in association with FICCI and Indian School of Business, to help Indian businesses unlock exponential growth with digital. The objective of the program is to build capacity and equip the Start-ups, SMEs and Innovators with the necessary skills for utilising the power of Internet, creating their online presence, launching and executing cost-effective targeted digital marketing campaigns, reaching out to a wider audience, increasing the sales volumes, keeping a consistent connect with the potential customers, staying competitive in the market place, etc.



How Our Past Impact Our Present, February 26, 2019

FLO Ludhiana organised a talk on how past impacts our present life by Minal Arora.

Minal Arora is an author, a mentor, a holistic therapist, a speaker and a technocrat. The talk was to bring awareness to how one's karmic memories embedded in their sub-conscious can interfere in their life, relationships and situations and become the cause of conflicts, failures and disease.



Panel Discussion with Shri Ram Universal School, March 9, 2019

FLO Ludhiana organised a Panel Discussion in association with The Shri Ram Universal School Ludhiana on March 9, 2019 at The Park Plaza, Ludhiana. The theme of the Panel Discussion was: The balancing act of engaging children offline and online. In the present milieu, where in our world is strewn with internet, it's extremely important to empower our children to manage technology. The Panel Discussion was organised envisaging this concern in mind.



Wheeling To Power- Car Rally, March 10, 2019

FLO Ludhiana organised A Car Rally - Wheeling to Power on 10th March 2019 to mark International Women's day. It aimed to spread awareness related to Women's empowerment such as women safety, infant mortality, preventing child marriage, employment among several other awareness campaigns (Beti Bachao, Beti Padhao initiative, Breast Cancer Awareness) and at the same time



MUMBAI

Message from Chairperson

Dear Friends,

It was an honour and privilege to be the Chairperson of FLO Mumbai Chapter. I feel happy and satisfied to leave behind strong collaborations with the Government, having hosted three state cabinet ministers and one Union minister. This year 2018-19, being the year leading up to elections, we brought the Government and industry representatives face to face to deliberate on policies and implementation.



Deepening our ties with FICCI at regional and National level helped us to be part of their initiatives & programmes which in turn helped our members.

Adding new verticals in our social initiatives like Skilling in two wheeler driving, Education on Menstrual Health & Hygiene and Good Touch & Bad Touch, and very recently job readiness for youth made us more relevant to the society.

Programmes were curated to keep in mind interests and aspirations of members. Whether it was Leadership Speaker Series, Networking or Seminar Series, Programme by Members for Members and many more.

Collaborative programmes gave us visibility and helped in attracting new members.

Nationwide tie ups were initiated by FLO Mumbai Chapter by way of She Unltd Awards in association with Times of India to promote homepreneurs.

At the end I would like to thank all our past chairpersons who were always there to guide & encourage me and my entire executive committee team who always supported me.

Warm Regards

Monica Chaturvedi
Chairperson, Mumbai Chapter

COMMITTEE MEMBERS



Anuradha Bhatia
Sr. Vice Chairperson



Lubeina Shahpurwala
Vice Chairperson



Sonia Golani
Treasurer



Neela Parikh
Secretary



Tehmina Khandwala
Secretary



Minali Shah
Imm. Past Chairperson

Book Launch of Marshall Gold Smith, May 10, 2018

Book Launch of "How Women rise" and discussion with the Author Marshall Goldsmith was organised at Title Waves Bandra. It was followed by a Q&A session & interaction with the author.



Networking Event, May 11, 2018

FLO Mumbai Chapter had conducted a Networking event on 11th May 2018 at TAPPA Lower Parel.

The first session was informative providing certain insights about Podcast. Speakers for the session were Mr Amit Doshi- Founder & CEO- IVM Podcast Ltd , Mr Narendra Shenoy – Top Indian Blogger and Mr. Deepak Gopalakrishnan- Creative Strategist- Insider.in.



Second Session was conducted by Ms. Pallavi Datt, Image Consultant and Soft Skills Trainer. Several games were conducted to demonstrate team spirit & self-confidence.



Amazon Workshop, May 25, 2018

Members of FLO Mumbai Chapter participated in an Amazon Workshop which provided an opportunity to know everything about how to open an Amazon account to be a global seller and learn how to sell internationally with Amazon. The workshop was very informative, well handled & very well presented.



Women Propelling India, May 28, 2018

FLO Mumbai Chapter conducted an event titled "Women Propelling India". The first session had Ms. Pankaja Munde Palwe, Minister- Rural Development, Women and Child Welfare, who spoke about the difficulties she faced being a woman to make her mark in politics.

The second session had various panelists - Ms. Ruma Rao- DGM- Diversity and Inclusion at Tata Group, Ms. Deepali Nair- Chief Marketing & Digital Officer- IIFL, Ms. Madhavi Lall- Managing Director- Head HR India-Deutsche Bank, Mr. Sharad Gangal- Executive Vice President- Thermax and Mr. S. Venkatesh- Management Board Member & President, Group HR –RPG.



Murphy Rocks with Pratish Nair, June 14, 2018

The event was conducted by Founder & Managing Director PKSBE who is an MBA in Marketing & has certification from Chartered Institute of Marketing (UK). He explained that we should learn to accept failures and not to pressurize our future generation to chase success. The session enabled all to know the benefit of anticipation, understand what makes a person a True Entrepreneur / Business Owner, celebrate failure & How to survive anything.



Chocolate Appreciation Session, June 16, 2018

FLO Mumbai Chapter had conducted a Chocolate Appreciation session with Toshin Patisserie. FLO Members attended the event in good numbers.

Members were introduced to Toshin Patisserie & Cocoon Fine rugs and there was a walk through the gallery with the owners showcasing both brands. It was like a museum walk through with the brand owners speaking about the collaboration of each dessert inspired by each rug design.



FLO Leadership and Motivation Speaker Series with Ms. Vinita Bali, July 18, 2018

As part of FLO Mumbai's initiative – FLO Leadership and Motivation Speaker Series – Vinita Bali, a global leader and ex MD Britannia addressed FLO members on the 18th July 2018 on the theme Responsibility of Leadership.

Vinita's perspective on Leadership centred around the premise that leadership is a behaviour, not a title, and everyone can be a leader in their own sphere of influence, whether at work or at home. It was a well-attended FLO event co-partnered by ELSA (Lady Shri Ram College alumni) and LSE India alumni.



Pune Retreat, July 26-27, 2018

FLO Mumbai Chapter & FLO Pune Chapter organised a joint retreat on 26th & 27th July 2018. Atmantan, a luxury wellness resort located at Mulshi, near Pune, offered 2 days of pure bliss amidst the backdrop of the Sahyadri mountain range. Members participated in yoga, aqua Zumba, meditation, cooking classes, and of course pampered themselves with a de-stressing massage. Combined with healthy meal options, the members bonded well and came back with happy and healthy memories.



Future of Education in Changing Times, August 27, 2018

In a very interesting session on the Future of Education in Changing Times, Maharashtra Cabinet Minister for Education Shri Vinod Tawde was the Chief Guest. The panelists were - Dr Rajan Saxena, Vice Chancellor NMIMS University; CA Sunil G Karve, Chairman Kohinoor Education Trust; Ms Aashita Mehra Board Advisor Oberoi International School; Ms Nandina Ramchandran, CEO Salaam Bombay Foundation and Mr Nikhil Barshikar – MD Imarticus Learning.



A white paper on the subject will be compiled by the Knowledge Partner Avalon Consulting, which will be presented to the Honorable Minister Shri. Vinod Tawde.

Induction Programme for New Members, September 10, 2018

FLO Mumbai Chapter had arranged an Induction Programme for New Members on 10th September 2018- Punjab Grill – BKC. New Members interacted with the existing FLO Members.

Past President Ms. Vinita Bimbhet, Past chairpersons Ms. Swati Mayekar & Ms. Shubha Maudgal shared their experiences being a FLO Member.



Interaction with Mr. Subhash Desai- The State Minister for Industries, September 11, 2019



Interactive Session with Ms. Ashwini Bhide, September 25, 2018

Mrs. Ashwini Bhide, IAS-Managing Director, Mumbai Metro Rail Corporation spoke about Changing face of Transportation in Mumbai and her journey. She also shared a presentation showing the plan for Metro – Mumbai.



Interactive Session with Ms. Ashwini Bhide, September 25, 2018



As part of FLO Mumbai's initiative – FLO Leadership and Motivation Speaker Series, Mumbai chapter, had arranged a Face to Face Session with Smt. Smriti Irani- Union Cabinet Minister of Textiles- Government of India. The Session was moderated by Ms. Shefalee Vasudev- Editor of the Voice of Fashion- A digital magazine on fashion & design published by IMG Reliance.

On the occasion, the Chairperson of FICCI, Monica Chaturvedi, reiterated the prominence of

accelerating women's participation in the process of economic and social development in Mumbai and widening the scope for women empowerment

Interactive Session with Ms. Ashwini Bhide, September 25, 2018

Mrs. Ashwini Bhide, IAS-Managing Director, Mumbai Metro Rail Corporation spoke about Changing face of Transportation in Mumbai and her journey. She also shared a presentation showing the plan for Metro – Mumbai.



Art Appreciation as a Career- Interaction with Ms. Brinda Miller & Tarana Khubchandani, October 25, 2018

FLO Mumbai organised the CARTPET PROJECT on 25th October at Art & Soul gallery, Worli. Talking about Art Appreciation as a career, Brinda Miller introduced the CARTPET PROJECT – Art reproduced on carpets by 22 leading artists in support of Breast Cancer Awareness & Treatment.



Bliss, divinity, art, colour and carpets at gallery Art & Soul with FLO Members and curators – celebrated artist Brinda Miller and celebrated gallerist Dr. Tarana Khubchandani



Safety at the Work Place- Launch of Legal Cell, November 23, 2018

FLO Mumbai launched the Legal Cell with a panel discussion on Safety at the Workplace. The Speaker was Chief Guest Justice Mohit Shah, Former Chief Justice Bombay High Court. The panelists were Justice Smt Roshan Dalvi ,Former Justice Bombay High Court; Ms Sanjivani Chadani, Chairperson ICC, Godrej Agrovet, Ms Tara Kaushal, Author & Writer – Moderator Ms Khusnuma Khan, Advocate & Solicitor.



Life in Newsroom with Ms. Navika Kumar, November 30, 2018

FLO Mumbai Chapter had conducted a session with Ms. Navika Kumar-Managing Editor, Times Now on 30th November 2018 at Essar House. It was an opportunity to ask questions to someone whose mission is to get to the truth with her Questions. It was an excellent event where certain issues or myths regarding our social media was discussed.



O Jugni Punjab Di, December 15, 2019

FLO Mumbai Chapter had conducted an excellent Fund Raiser Event. An exclusive cultural evening, 'O Jugni Punjab Di', a Sufi Kathak Recital accompanied by live singing of Qawalis by Ms Manjari Chaturvedi. The event was conducted to raise funds for various initiatives of FLO like Skilling, Sanitation, Women Empowerment.



Networking & Exhibition – Gaatha – Tales of Banaras, January 16, 2019

FLO Mumbai Chapter had conducted a networking event along with an exhibition on 16th January 2019. It was a journey of Banaras Heritage.

Display of Timeless pieces of Fine Jewels, Handwoven sarees, Lehengas & Dupattas & Pichwai Paintings along with a fabulous dance performance & lip-smacking Banarasi Chaat.



Participation in Institute of Directors for 13th International Conference on Corporate Social Responsibility, January 17 -18, 2019

FLO Mumbai Chapter associated with Institute of Directors for the 13th international conference on Corporate Social Responsibility at Taj Lands' End- Bandra. The theme of the programme was Integrating CSR Mandate into Corporate Strategy. It was a very enlightening event which gave the participants a good learning experience & networking platform.



FLO & City Book Lovers Programme, January 19, 2019

FLO Mumbai Chapter partnered with City Book Leaders & conducted an event on 19th January 2019 at SPJIMR, Andheri. It was a fantastic initiative to spread the love for reading through talks by thought Leaders inspired by books. Past President Ms Vinita Bimbhet reviewed Michelle Obama's book 'Becoming' at this session alongside a line-up of some stellar speakers.



Simplifying Health for You, February 1, 2019

FLO Mumbai chapter had conducted an event on Health & Nutrition. Speaker for the session was Ms. Munmun Ganeriwal- FLO Member & Celebrity Nutritionist. The Session was very informative wherein certain myths about food got clarified by Munmun. She advised to eat more of natural foods rather than processed foods.



Women Corporate Directors- Risk, Legal Liability & Protection, February 6, 2019

FLO Mumbai Chapter had conducted a panel discussion on Women Corporate Directors- Risk, Legal Liability & Protection. Ms. Monica Chaturvedi Chairperson Flo Mumbai flagged off the program with a brief introduction followed by Ms. Khushnuma Khan who introduced the moderator and welcomed the panellists-

Ms. Falguni Padode- Cofounder and Group Managing Editor of Asap Info Global Group

Ms. Swati Mayekar- CA CS LLB practising as a CA in S. Panse and co. She is an independent director at FDC

Ms. Rashi Kapoor Mehta - Partner at law firm universal legal and specialised in corporate commercial law and foreign exchange regulations with focus on pharma life sciences and technology.

Mr. Hasit Seth - Counsel at Bombay High court and has 20 years' experience with law firms in various roles.

Moderator Ms. Vinita Dang Mohoni gave a brief synopsis of the global and Indian perspective of gender diversity on boards and activities.



Premier of Movie Son Rise, February 19, 2019

The movie premiere was held in association with Film Maker Ms.Vibha Bakshi. The Film is a documentary about a strongly patriarchal society with one of the most skewed sex ratios & the highest rate of gender crimes reported in the country. Makers & actors of the film were present at the premiere.



Leading Your Mind to Success, February 23, 2019

FLO Mumbai Chapter had conducted a session on Leading Your Mind to Success on 23rd February 2019. Speaker for the session was Ms. Rajita Kulkarni- President of the Sri Sri University in India. Rajita is also the President, World Forum for Ethics in Business. She was selected as one of the top 100 inspirational women of India by the National Bar Association of India and published in the book "The Phenomenal She".



Digital Marketing Workshop, February 28, 2019

FLO Mumbai Chapter had conducted a Digital Marketing Workshop at Pragati Software Pvt Ltd on 28th March 2019. It was an interesting, informative session which taught members how to unleash the power of the internet, access ways to take the business to the next level, Brand Building, Customer relations, Expedite sales, Providing a social platform to the business and much more.



Invest Your way To Financial Empowerment, March 2, 2019

FLO Mumbai Chapter associated with NSE in conducting an event on Financial Empowerment for Women. The purpose of the event was to celebrate the financial freedom of today's women by empowering them with investing trends and ideas to achieve their path to prosperity.



Outlook Business Wow 2019 – Dare To Dream, March 6, 2019

FLO Mumbai Chapter associated with Outlook Business for Wow 2019- Dare to Dream. The event had a Panel Discussion: Workplace needed to welcome diversity of gender & gender-specific needs.

The panelists were - Ms Arundhati Bhattacharya – Former Chairman of SBI ; Ms. Dipali Goenka- CEO & Jt. Managing Director- Welspun India;

Mr. Apurva Purohit- President- Jagran Prakashan and Ms. Avani Davda- Managing director- Godrej Natures's Basket.



Women's Day Special, March 8, 2019

FLO Mumbai Chapter celebrated Women's Day at Films Division with the screening of short films & a tour of the newly built Film Museum.

There was a screening of two interesting short films; Shalini Saraswati – An Athlete who is a paraplegic,' Whose Image is it Anyways', Depiction of women in Films over the years.



Session on Women & Wellness, March 16, 2019

FLO Mumbai Chapter had conducted a session on Women & Wellness Throwing light on certain health ailments of women, preventive measures, precautions to be taken.



NORTHEAST

Message from Chairperson

Dear Friends,

As the year draws to a close, should I be surprised that I look back at it as a year that I have thoroughly relished? I did enter it thinking it would mean stressful planning of events, scheduling projects, devising ways to retain members, and so on. Well events and projects rolled on, but they turned out to be mediums of fun and bonding. I shall cherish for life the overflowing love that I have received from every member that kept us holding, not only hands, but hearts too, while reaching out to achieve the goals of FLO.

Warm Regards

Sangeeta Lalwani
Chairperson, Pune Chapter



COMMITTEE MEMBERS



Srutimala Duara
Sr Vice Chairperson



Juhie Saboo
Vice Chairperson



Shalini Jain
Secretary



Rashmi Manchanda
Jt. Secretary



Ramita Jhunjhunwala
Treasurer



Swati Saraf
Jt Treasurer



Prabidita Bharati
Imm. Past Chairperson

Breaking the Glass Ceiling - In conversation with Nidhi Lauria, May 9, 2018

FLO Northeast hosted a talk by Mrs. Nidhi Lauria, Business Head Assam & North East Circle, India. She was in conversation with Chairperson Sarita Sikaria and Past Chairperson Joyshree Das Verma. Mrs. Lauria shared insights about her professional and personal life and by how relevant they were to each and every woman present during the talk. Event Chair: Joyshree Das Verma. Day Chair : Ashna Dhanuka.



Because We Care - Eye and Health Check-Up Camp at Ranibari, Meghalaya, May 19, 2018

A one-day free Health Camp was organized at Ranibari, in Meghalaya. More than 200 people from surrounding villages attended the health camp. Members sponsored and distributed various items like toothpaste, sanitary napkins, drinking water, toothbrush, juice, biscuits and chocolates. Event head: Anannya Sharma



Green Guwahati - Initiative to distribute free sapling, May 21, 2018

FLO North-East tied up with the Assam Forest Department, to kick off The GREEN GUWAHATI INITIATIVE to encourage the public to pick healthy tree saplings for free from the various government nurseries around Guwahati, and plant them in schools, colleges, institutes, factories, farms, private homes, etc., to make Guwahati Greener. Over One lakh Seventy Thousand saplings by picked by citizens. Event Head : Joyshree Das Verma



Stepping towards Entrepreneurship - Skilling in Tailoring and Beautician courses, May 24, 2018

Under the national FLO women's empowerment initiative, FICCI FLO North-East started its Skilling initiative by getting the first batch of underprivileged women to take the Tailoring and Beautician training at NSIC Bamunimaidan, Guwahati. Event Head: Mitrani Kakoty.



World Environment Day - Plantation of trees at Assam State Zoo, June 05, 2018

On World Environment Day (WED), with the help of Assam Forest Department we distributed free saplings at various points in the city of Guwahati. Also with Zoo officials and Assam Forest Department officials we did the symbolic Plantation, of about a 100 tree-saplings, providing them with environment-friendly fencing.



Image of the Visage - Talk on Skincare by Dr. Noopur Jain, June 20, 2018

A session with the young and experienced Dr. Noopur Jain (M.B.B.S., MD) a dermatologist and cosmetologist, from Gurgaon and owner of Bellissimo skin and hair clinic. Dr. Jain on management and care of skin and hair, Event head : Dr. Reema Das Mallik.



Visit to the Mission Smile Centre, June 29, 2018

MISSION SMILE is a PPP Initiative completely run & managed by DoNER funding to provide free life-changing cleft care and surgeries to children and adults born with Cleft lip, Cleft palate and other facial deformities. The Guwahati Comprehensive Cleft Care Centre at MMC Hospital has completed more than 18000 safe surgeries and is a Centre of Excellence. FLO North-East has tied up with MISSION SMILE to get a first-hand experience into the pre-surgical, surgical and post-surgical care service given to the patients. Many FLO members came forward to financially support the operations.



Chhaygaon to Cannes – Manju Borah in conversation with Rima Das, July 16, 2018

Two self-empowered women filmmakers, shared the stage to talk about their journeys in the world of Cinema. Manju Borah, a writer turned filmmaker, who is a national and international awardee, was in conversation with Rima Das, the celebrated producer, director, scriptwriter, editor and cinematographer of the award-winning movie “Village Rockstars”.



Inauguration of Skilling Centre 'Ramdhenu' - July 30, 2018

With NGO OSHAD, we started the Ramdhenu Sewing and Skilling Centre at Rukmininagar, in Guwahati. The school has received affiliation from Usha International. 16 ladies enrolled for the first course of Cutting and Tailoring.



Know FLO - Orientation for members by Past Chairpersons, August 7, 2018

In a FLO Orientation program, Past Chairpersons spoke on different topics like Objectives of FLO, FLO branding, National Initiatives, Delegations of FLO, etc. and apprised members about FLO in a nutshell. They also shared their experiences through the years in the organisation. This was followed by a bonding exercise wherein member groups were given materials to create a representation of what FLO meant to them.



Independence Day, August 15, 2018

Members hoisted the tricolour on the occasion of the country's 71st Independence Day at its office. The occasion was observed with a lot of enthusiasm and fervour by all the members. This was followed by a small get together, where the members brought in mouth-watering homemade snacks. Day Chair : Rashmi Manchanda.



Global selling Workshop with Amazon, August 30, 2018

FLO North-East and FICCI-CMSME in partnership with Department of Industries, Govt. of Assam, organised a workshop on global selling for local entrepreneurs. It was conducted by the Amazon Global Selling Team, Bangalore. The Inaugural session was graced by the Hon'ble Chief Minister of Assam, Sri Sarbananda Sonowal, the Hon'ble Minister of Industries, Govt. of Assam, Sri Chandra Mohan Patowary, Sri VS Bhaskar, Addl. Chief Secretary, Govt. of Assam, and Sri Ashutosh Agnihotri, Commissioner and Secretary, Govt of Assam, besides other senior dignitaries. The workshop, attended by over 130 entrepreneurs from all over the region, focused on Amazon's Global Selling Program that enables easy, simple and convenient access for all Indian sellers to expand their business globally.



Felicitation of teachers, September 5, 2018

Member academic teachers were felicitated for their contribution to society. The work and impact of two senior retired teachers of Guwahati - Dr Manjumala Das and Mrs. Geeta Barua, was also recognised and they were felicitated and applauded. Event head: Joyshree Das Verma.



Your Backbone to Good Health, September 5, 2018

A Health Awareness Talk on Back & Joint Pain by Dr. Chetan Kabra, Senior Consultant Joint Replacement and Spine Surgeon of Apollo Hospitals. Day chair - Ramita Jhunjhunwala



Know Your Rights & Privileges, September 7, 2018

A Legal Sensitisation and Awareness Initiative at Handique Girls' College, Guwahati. Ms. Shehnnaj Rehman, Advocate, Asstt. Professor BRM LAW College and Member, State Police Accountability Commission, and FLO member Ms. Smritishree Chakravarty, practising advocate, addressed the students, giving knowledge on women's rights, privileges and duties. Day Chair - Vasavi Acharya.



12th Foundation Day Celebrations, September 14, 2018

To mark the completion of 11 years of FLO North-East chapter, an evening of fun, games and dance was organised. The founder members present, did the honour of felicitating all the Past Chairpersons. Event Head: Juhie Saboo. Day Chair - Sunita Pareek



Parenting & the Strokes Economy, September 26, 2018

A fund-raising workshop, in collaboration with The Atelier, on Parenting and the Strokes Economy, conducted by Sonal Kothari, psychotherapist and Parent Effectiveness Training (P.E.T.) expert from Bangalore. Event Head - Juhie Saboo. Day Chair - Bela Nawka.



Movie for Tailoring Trainees, September 28, 2018

FLO Northeast teamed up with our cutting and tailoring trainees of Ramdhenu Skilling Centre, and their teacher Ms Jyoti, to watch the movie Sui Dhaga together at Cinepolis.



Adding Sparkle to Girlhood, October 10, 2018

On World Mental Health Day the girls of Kalyani Niwas were given awareness on Menstrual Health & Hygiene, Mental Health and Good-touch Bad-touch, by members Dr. Reema Das Mallik and Aruna Sarawgi, Counsellor. A few daily need items, games, stress relieving balls, wall clocks, etc. were also given to the centre. Day Chair - Aruna Sarawgi.



Interaction with Hon'ble Chief Minister, October 28, 2018

Sri Sarbananda Sonowal, Hon'ble Chief Minister of Assam was in conversation with Joyshree Das Verma, Past Chairperson, and Sarita Bawri Sikaria, Chairperson. He touched on various aspects of his life, and on the ease of doing business in Assam. Members of the audience put up their suggestions and grievances to him, and he answered each one with patience, giving knowledge of schemes which could help them and conceding to areas that still needed development. Event head: Joyshree Das Verma



Pre-Diwali Night with Spouses, October 28, 2018

A pre-Diwali meet was organised at Vivanta by Taj. Members, spouses and guests were entertained with games and live music. This was followed by dinner. Day Chair: Vidhi Agarwal



Children's Day at Boragaon, November 18, 2018

Northeast Chapter celebrated Children's Day with the children at the Garbage Dumping Area of West Boragaon in Guwahati. FLO joined hands with the NGO, CareU365, which runs an Activity Centre where the children of the area, comprising mainly of rag-pickers, are taught Art every Sunday. Over ninety children of varying ages attend the class. Besides art, they have learnt manners, polite speech, public behaviour, etc.



Because We Care 2, November 25, 2019

A Health Check-up Camp was set up at Ram Thakur Mission, Pandu, Guwahati. The consulting Doctors included skin specialists, dentist, gynaecologists and medicine specialist. 235 plus patients were given free consultation and necessary medication. Day Chair : Dr Reema Das Mallik



Delegation Meets State Governor, November 26, 2018

A delegation of members comprising of Past Chairpersons, Vice Chairpersons, and Office Bearers, met Sri Jagdish Mukhi, Hon'ble Governor of Assam, at Raj Bhavan, Guwahati, to apprise him about the activities of the organization. They also met the First Lady, Smt. Prem Mukhi. They both took a keen interest in the work done by FICCI FLO NE up to now and in the prospective projects.



Enhancing Pottery Production, December 9, 2018

FICCI FLO North-East, took up a project in association with the NGO, Care-U-365, to pump life into the traditional art of pottery making villages like Hatiana, under Changsari P.S., where women of the 50 odd families that made pottery, are due to competition, slowly giving up the profession because of much-reduced income. FLO NE took up the project of modernising the skill, yet keeping the traditional technique alive. Three sets of “Chakis” and one “mud mixer” have been provided to scale-up the pottery process with technology. Sheds to house the machines have been constructed too. The village women have been trained by trainers from Kolkata.



Unleash the Power Within, December 21, 2018

Mr Neeraj Jain, Senior Instructor from World Pranic Healing, Kolkata and GMCKS Lightworkers, Guwahati, gave a talk on how one can tap one’s energy to have better relationships and get greater success. He introduced members of FLO and attending guests to Pranic Healing and its use to unleash the power that lies within each of us.



Industrial Visit, January 19, 2019

FLO NE Chapter paid a visit to Prataap Snacks Ltd., at Amingaon to experience and understand how ready-to-eat snacks are prepared. The huge plant is making snacks from corn powder, gram powder and rice powder, and it was interesting to see Diamond brand Chulbule, Puffs and Rings being produced in thousands, and being automatically packaged. The learning was followed by a fun time of games which all enjoyed. Day Chair : Saroj Khemka & Mitali Saraf



Support To Women Entrepreneur, January 22, 2019

Under Swyam Initiative, FLO NE assisted a young tailoring entrepreneur, Sabita Barman, to upscale her business, by presenting her with a Usha Stitch-Queen Sewing Machine. She was also provided with training on use of the machine. Event Head : Prabidita Bharati.



Celebrating Republic Day with Flag Hoisting At Office, January 26, 2019

Members gathered at the FLO office to hoist the tricolour collectively. Event head: Rashmi Manchanda & Shalini Jain



Digital Marketing & Why It Matters, February 5, 2019

Dipeeka Saboo, Founder of Curiousmind Consulting, and Digital Marketer and Paid Campaign Specialist, gave an illuminating talk on the use of Social Media to boost one's business. She focused on the technicalities of facebook, instagram, google business and WhatsApp business. Dipeeka also touched upon safety on the internet. The attendees were given a free online Handbook on Digital Marketing. Day Chair : Dipeeka Saboo.



Bonding Retreat to Pelling, Sikkim, February 14-17, 2019

Members went for a bonding retreat to Pelling in Western Sikkim. There was unlimited fun and sightseeing in a place that is nothing short of being spiritual. The icing on the cake was the meeting with Mr. A.B. Karki, District Collector & Magistrate, West Sikkim, a very forward looking person, intent on preserving the state, and particularly his District, in its natural form. Event in charge: Geetika Jain



Session on Legal Rights at PCPS Polytechnic, February 26, 2019

A Legal Sensitisation and Awareness Session at PCPS Girls Polytechnic College, Bamunimaidan, Guwahati, was organised. Over 400 Students of the College and staff members, attended the talk. Smritishree Chakravorty, practising advocate and member FICCI FLO NE, spoke on generic laws affecting women, Mitali Duwarah, practising advocate, delivered a talk on Laws to protect against domestic violence, and Vasavi Acharya, LLB and member of the Executive Committee of FICCI FLO NE, gave knowledge on property laws pertaining to women. Day Chair : Vasavi Acharya



Chief Minister presents FICCI FLO Women Achievers Awards 2018-19, March 10, 2019

Sri Sarbananda Sonowal, Hon'ble Chief Minister of Assam presented "FLO Women Achievers Award - 2018-19" at Hotel Radisson Blu. Two of FLO's skilling trainees – Santona Das and Bijuli Hira shared their success stories after being skilled by FLO in Cutting & Tailoring and Mechanised pottery respectively. The five awardees, who were then awarded by the Chief Minister were Eli Ahmed, from Guwahati, Assam, for her contribution to Art and Literature; Hemaprava Chutia, from Moran, Assam, who has woven the Vaishnavite scriptures and the Bhagawat Gita into cloth; Agnes Kharshing, from Shillong, Meghalaya, a social activist; Temsutula Imsong, from Mokokchung, Nagaland, who cleaned the banks of the Prabhu Ghat in Varanasi; and Hemkanti Payeng, from Lakhimpur, Assam for her work as a farmer



FLO FIESTA, March 14, 2019

A Spring Fashion Bazar was organised at Hotel Vishwaratna, as a fundraiser. Besides stalls by women entrepreneurs, FICCI FLO helped their trainees in cutting and sewing to put up a stall to sell multi-pouch shopping bags made by them; and trainees in mechanised pottery to sell glasses crafted by them at their village in Changsari. The event was inaugurated by the Past Chairpersons of the organisation Saroj Khemka, Smita Agarwal, Indrani Deb and Joyshree Das Verma. The Project Chair was Swati Saraf, ably assisted by all members. It was a very successful event with a continuous stream of customers coming in throughout the day.



PUNE

Message from Chairperson

Dear Friends,

This year as the Chairperson of the Pune Chapter, I along with my committee worked towards contributing and impacting different women from varied strata of society along with increasing the bonding and fun amongst members.

My theme for the year was LEAP- Learn, Enrich, Aspire and Progress.

LEARN: Ensuring our events and activities were focussed towards learning and development of every woman. ENRICH: Sessions centred around enrichment and making a difference to empower a woman. ASPIRE: Growth of chapter with new memberships and a group which is reaching out and committing to fulfil social initiatives of our chapter as a team. PROGRESS: Interactions and events which brought about healthy camaraderie and worked towards the growth of the chapter

The chapter worked on varied social initiatives and goals towards women empowerment through varied verticals such as Swayam, Skilling, FLO Pune Haat, & Pune FLO Half Marathon.

My endeavor will always be to work together for fulfilling the aspirations of our sisters and daughters who need our help and support. In this way be responsible for the progress of the community, city and country at large.

Warm Regards

Sangeeta Lalwani
Chairperson, Pune Chapter



COMMITTEE MEMBERS



Christine Khalsa
Sr. Vice Chairperson



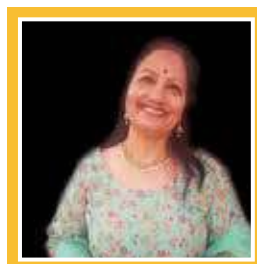
Ritu Prakash Chhabria
Vice Chairperson



Aneeta Sanas
Treasurer



Smita Patwardhan
Secretary



Usha Poonawalla
Jt. Secretary



Varsha Chordia
Imm. Past Chairperson

Change of Guard, April 11, 2018

FLO Uttarakhand celebrated International Women’s Day with much enthusiasm and fervour with Smt. Radhika Jha; Secretary to Hon’ble Chief Minister & Power, Government of Uttarakhand.

A one of its kind, exclusive interactive session on ‘Women in leadership roles breaking the glass ceiling : Opportunities and Challenges’ with Radhika Jha was highly motivating.

The day chair for the event was Ms. Anuradha Pundeer Malla, an educationist and executive committee member. Working Committee Members, Maansi Rastogi recited a beautiful poem and Vaidya Shikha Prakash expressed her heartfelt gratitude to FLO for giving such a platform that helped people to come out of their comfort zone.



Interaction with Manisha Koirala, May 2, 2018

Bollywood veteran actress Manisha Koirala visited the Pune chapter and had a heartwarming interaction with the members. She spoke about her philanthropic activities her contribution to children’s education as well as the relief work she aided during the Nepal Earthquake. A true believer in women empowerment, she gave each of us the strength to take each day as it comes, with belief and strength and overcome the hurdles with a smile.



Session with Renowned Fitness Expert Luke Coutinho, June 8, 2018

Fitness expert and wellness consultant Luke Coutinho visited the Pune Chapter and gave a talk on good health and lifestyle. Simple and effective tips to lead a healthy lifestyle, be fit mentally & physically were the key points in his lecture. In a simplified manner he decoded the myths around fitness and exercise and gave an overview on super foods that we should introduce on a daily basis in our diet. The Q & A session that followed post his talk was interesting as members could get their fitness and diet queries solved by an expert in a simplified manner.



Interaction with finance expert Shri. Motilalji Oswal, June 29, 2018

Shri. Motilalji Oswal visited the Pune Chapter and gave us a lecture on how women with small investments can multiply their money. Wise investments can yield better profits in the long run were some of the key points that he discussed during this lecture. FLO Pune had collaborated this session with the Army Wives Welfare Association – AWWA. A lecture ensuring that all women were financially empowered towards a secure future.



Tete –a –Tete with Spiritual Guru Gaur Gopal Das, August 10, 2018

The New age Guru of Timeless Wisdom- Shri. Gaur Gopal Das had an enlightening interaction with the members of the FLO Pune Chapter. An international life coach he shared with FLO members simple tips on being happy in our day to day life, as well as making a positive difference to friends and family around us. This session was enriching and effective for members as they took home rich learnings.



Holistic and Wellness Retreat to Atmantan- Mulshi, September 24 – 26, 2018

A two day retreat was planned at Atmantan, Mulshi under the Holistic & Wellness vertical of the Chapter. To be at peace with mind and body is essential to be overall healthy and fit. Members enjoyed themselves in the luxury serene surroundings. Meditation, yoga, aqua aerobics, healthy cuisine and nature walks followed by refreshing spa treatments were the key highlights of the retreat. A rejuvenating break for all those who attended.



Fundraiser- 4th Pune FLO Half Marathon 2018, October 28, 2018

FLO Pune Chapter conducted its 4th successful Pune FLO Half Marathon with a participation of over 11000+ runners & corporates at Magarpatta City Pune. The chief guest for the event was the First Lady of Maharashtra Ms. Amruta Fadnavis alongwith Ms. Pinky Reddy- National FLO President amongst other guests of honour such as Shri. DK Jain- Chief Secretary Maharashtra, Mr. Parag Satpute – MD, Bridgestone India, Mr. Sadan Banerjee- MD Airproducts, Mrs. Saini- Regional President AWWA Southern Command, Mr. & Mrs Runwal amongst others.



Interaction with Mahatria, September 17, 2018

Mahatria – spiritual guru graced the Pune Chapter and shared with us the wisdom of leading a happy & contented life with our family and friends. Simple, enriching words cast an effective spell on the 500+ audience seated in the hall. The subject was "Infiniteism". How to live the right way and teachings of Infiniteism that provides breakthroughs and allows the human spirit to realize its humongous, boundless potential.



Bollywood Musical Antakshri, November 21, 2018

Members joined in the musical celebrations over a fun evening of Bollywood Antakshri. Various teams were made and over 6 to 7 different rounds of talent & musical skills competing for some lovely prizes from renowned restaurants and retail outlets. Members had a gala time bonding with their fellow FLO team mates over music and some chaat. The theme for the event was Retro Bollywood and true to the theme each member came dressed in theme colors and styles.



Interaction with Supreme Court Sr. Advocate Shri. Dushyant Dave, December 8, 2018

An enriching discussion and tete a tete was held for FLO members with renowned Supreme Court Lawyer Shri. Dushyant Dave on women’s legal rights, protection from the law as well as a discussion on the path breaking judgments of the Supreme Court in the recent past.



Musical Nite with Renowned Singer Bela Shende, January 18, 2019

With her melodious voice renowned playback Marathi singer Bela Shende left the audience mesmerized with her popular renditions of Marathi and Hindi songs. A musical evening over some delectable food at a star hotel was an ideal treat for all members to begin the New Year with music & celebrations.



Interaction with Lt. Cdr. Aishwarya Boddapatti, February 1, 2019

Lt. Cdr. Aishwarya Boddapatti visited Pune and interacted with the FLO members. She is part of the INS Tarini all women naval crew who circumnavigated the globe for 265 days. Their mission was aptly called: Navika Sagar Parikrama- Dream. Sail. Discover. As women crew members they faced certain hardships on the high seas and overcame them with grit and determination. A candid chat with Lt. Cdr. Aishwarya left the audience spell bound with the efforts taken by this all women crew.



FLO Pune Haat, February 22- 23, 2019

A two day exhibition called the FLO Pune Haat 2019 was held at Poona Club. An ideal platform to promote artisanal talent with special focus on women empowerment and financial independence. With over 120 + stalls comprising of apparel, NGO's, lifestyle products, the Pune Shoppers had a feast and enjoyed the variety of products for stall. Maharashtra State Rural Livelihood Mission, Tribal Departments, local Pune NGO's, Army Welfare Wives Association had put up stalls and this was truly appreciated by one and all. The smiles on their faces were testimony to this novel concept.



An interaction with Comic Poet Padma Shri Surendra Sharma, March 15, 2019

The Hasya Kavi Samelan by renowned comic poet Shri . Surendra Sharma had the audience in splits. Members were allowed to bring their spouses for the event. A thoroughly enjoyable evening with wit and humour left the audience in laughter and joy



UTTARAKHAND

Message from Chairperson

Dear Friends,

Congratulations to all of us on creating yet another glorious year in the resplendent history of our organisation. The good work that we all endeavored to do and the great learnings that we gained, will surely stay with us for life. For me personally, it was a particularly significant phase as I had the privilege of starting a new chapter of FLO in the beautiful state of Uttarakhand and leading it for a good sixteen months, a responsibility that I undertook with absolute commitment and hard work. And truly, it has been such an amazing journey that the last year and a half has just flown by

in the wink of an eye. It fills me with joy to share that our Uttarakhand Chapter has grown into a highly respected and strongly established forum in such a short time. And for this, I am thankful to every member and friend of not only FLO -Uttarakhand but each one of you who have made this possible through your overwhelming support.

In this enriching journey, I have learnt so much and evolved as a person. I would like to specially thank our national president Pinky Reddy, all the Past Presidents and FLO Secretariat for their unflinching support and the ever so vibrant Vasvi Bharat Ram for all her guidance and love to FLO Uttarakhand. Also, I cannot thank enough my office bearers and working committee of FLO- Uttarakhand for always standing by me like rocks and making my work so much easier with all their talent and commitment.

May FLO attain greater heights with each passing year. More power to all of us, cheers!

Regards,

Shilpi Arora

Chairperson, Uttarakhand Chapter



COMMITTEE MEMBERS



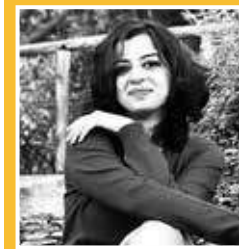
Nazia Yusuf Izuddin
Sr. Vice Chairperson



Kiran Bhatt Todaria
Vice Chairperson



Pooja Agrawal
Secretary



Anupma Khanna
Treasurer



Komal Batra
Jt. Secretary



Sarika Panchhi
Jt. Treasurer



Naina Kachroo
Executive Secretary

Investment Mantra by Mr. Bishnu Dhanuka of Millennium Mams: April 7, 2018

FLO Uttarakhand provided its members with a constructive opportunity to learn the essential nuances of financial planning and investment from the popular expert Mr. Bishnu Dhanuka of the famous 'Millennium Mams'. Titled 'Investment Mantra', the session was relevant, useful and educational for not only entrepreneurs but also for every woman committed to having an empowered life. The workshop covered topics on financial literacy and independence, investment ideas and risks. Sarika Panchhi moderated the event.



Skill Development Training on Food Processing & Beautician: April 16, 2018

Uttarakhand members visited the FLO Skill Development Centre in Dehradun. More than 50 women have are being trained to make a living in food processing and beauty treatment industries. An intensive workshop was conducted giving the much - needed vocational skills on woman entrepreneurship. This project has been organized under Ministry of Labour, Govt. Of Uttarakhand and NIESBUD in association with FLO Uttarakhand Chapter and Trikon Society Director, Dr. Neha Sharma who is a working committee member.



Panel Discussion on 'The Entrepreneur in You' at Uttarakhand University, Dehradun, May 5, 2018

With the aim of educating young B-School students on the meaning, challenges and opportunities of being an entrepreneur, FLO Uttarakhand organized a panel discussion that brought together renowned experts from diverse backgrounds to share their insights with the young minds and to motivate them. Shilpi Arora, Pooja Agrawal, Komal Batra, Sarika Panchhi and Anupma Khanna addressed the audience.

This forum also was the right occasion for the members to launch an Incubation Center for startups and to promote a startup culture. Mr. Harshit Malik, Managing Director Jumpstart addressed the gathering by his presentation on Startups. Looking at the enthusiasm in the students, he announced an award of Rs. 2 Lakhs for best ideas, followed by Rs. 10 Lakhs if the idea is executed.



Skill Development Training in Kashipur May 6, 2018



FLO Uttarakhand in association with AAN Charitable Trust, Kashipur commenced its first 6 week - Skill Development Training for a group of 20 women. Technical knowledge training was provided by Surbhi Gramodyog Vikas Sansthan, a pioneer in manufacturing of hand made premium Khadi Herbal Cosmetics and toiletries. The approach and training shall help these women in the manufacturing and packaging of herbal soaps, shampoo, lotions, oils & other premium range of cosmetics. They were also given assured job opportunities in the SGVS unit, aiding in supplementing their incomes. This helped them in upgrading their skills through WE initiative. The training was under the supervision of Namita Gupta, working committee member of FLO Uttarakhand.

Uttarakhand against Corruption and the Responsibility of Women

May 11, 2018



Mr. Manish Sisodia, Deputy Chief Minister of Delhi, gave an inspiring talk sharing his views and experiences on the need for education and of elimination of corruption for a stronger India. He highlighted that there is no short-cut solution to eradicating corruption from our country but that it must be removed by changing the mindsets of the upcoming generation who will be running the country. And the most effective tool in aiding this change is education. Ms. Ruchika Gupta, past chairperson of FLO-Kolkata & GB member moderated the event.

Dr. Farooq of Himalaya Herbals on the other hand, highlighted the role and responsibilities of the modern woman and how their contribution gives direction to our society and leads to its betterment. FLO Uttarakhand hosted the event in collaboration with WIC India. Anupma Khanna compered the event.



Green Skill Training Program at Institute of Cooperative Management, June 5, 2018

FLO Uttarakhand in association with Trikon Society inaugurated the Green Skill Training Program at Institute of Cooperative Management. Under this program, 20 underprivileged women have been trained to make a living as gardeners. The gardening training was conducted by Trikon society headed by Dr. Neha Sharma, Working Committee Member and funded by FICCI FLO. The Vice President MDDA has assured that he would hire these women at MDDA under the skill development program. The session was moderated by Komal Batra.



A plantation drive was also conducted to mark the World Environment Day. Saplings donated by the forest department of Uttarakhand were planted to mark the occasion. FICCI FLO- Uttarakhand members and other attendees took a pledge to stand true to the theme of 'Beat Plastic Pollution'.

A talk session was also held during the day. Naina Saggi, Raashi Singal and speakers from Waste Warriors, Forest department, and JICA Japanese Organization were invited to speak on the occasion.

You Can Win by Shiv Khera, July 8, 2018

FLO Uttarakhand in association with Trikon Society inaugurated the Green Skill Training Program at Institute of Cooperative Management. Under this program, 20 underprivileged women have been trained to make a living as gardeners. The gardening training was conducted by Trikon society headed by Dr. Neha Sharma, Working Committee Member and funded by FICCI FLO. The Vice President MDDA has assured that he would hire these women at MDDA under the skill development program. The session was moderated by Komal Batra.



Life Transformation by Pooja Bedi, July 20, 2018

When FLO Uttarakhand Chapter invited Pooja Bedi to talk on life, little did we know about what was coming. Pooja's spiritual inclination, clubbed with her vivacious candour left members asking for more.

She touched upon concepts like SEER programming (Social, Economic, Experiences, and Religious Programming) that makes all of us who we are, and beautifully correlated this to the adult personalities we become. The Day Chair was Dr. Neha Sharma, working committee member. The event was moderated by Sr. Vice Chairperson, Nazia Izuddin.



The Chief Guest of the event was Dr. Harak Singh Rawat, Hon'ble Cabinet Minister, Govt. of Uttarakhand. Shri Ajay Bhatt, State President-BJP also graced the occasion.

Insignia of Excellence, July 28, 2018

The primary objective of FLO is to promote entrepreneurship and encourage dynamic women entrepreneurs. FLO Uttarakhand in association with WIC India, hosted a talk show with Rakesh Dhawan, an eminent industrialist, Director of SARA Sae Industries and associated with AIWC shared some motivating experiences and encouraged all women entrepreneurs present at the event. Pooja Agrawal and Sarika Panchhi anchored the event.



FICCI FLO Half-Marathon, August 5, 2018

You Run, She Runs!!! FLO Uttarakhand organized a Half-Marathon in association with Thrill Zone at Maharana Pratap Sports College, Dehradun on August 5, 2018. Nazia Izuddin, Sr. Vice Chairperson moderated the event.

The theme of the event was 'Run to Save the Girl Child'. The 21 Km and 10 Km marathon was flagged off by Ms. Bhupinder Kaur Aulakh, IAS and 5 Km by Mr. Ashok Kumar, ADG Uttarakhand Police. The chief guest for the event was Mr. Subodh Uniyal, Agriculture Minister, Uttarakhand. Tree saplings were also gifted to all winners by Sparsh Ganga, an initiative of Arushi Nishank.



Awareness on Investments & Savings Workshop, August 7, 2018

FLO Uttarakhand in association with Trikon Society and Balaji Investment & Consultants organized an awareness workshop for underprivileged women. Dr. Harak Singh Rawat, Hon'ble Cabinet Minister, Government of Uttarakhand graced the occasion. 200 beneficiaries attended the workshop which was managed by Ms. Ruchi Jain & Dr. Neha Sharma, Working Committee Members. The talk focused on the financial upliftment of women by educating them on investment and saving. They were also given information on government schemes in different banks that they could avail.



Good Touch - Bad Touch Workshop for Children, August 18

FLO Uttarakhand in association with Trikon Society, AAN Charitable Trust, Kashipur and Satyarthi Foundation conducted an awareness campaign on Good Touch and Bad Touch at Varni Jain Inter College on August 18, 2018 in Dehradun. Approximately 150 children were sensitized on this topic by a diverse team of volunteers from Delhi, Kashipur & Dehradun respectively. As a token of appreciation, the volunteers were given eco-friendly plantable notepads and certificates which yielded smiles amongst all.



Awareness Workshop on Adolescent Health & Hygiene with Dr. Geeta, September 26, 2018

FLO Uttarakhand organized a workshop on adolescent health and hygiene at a school in Dehradun called SGRR public school that has students from the lower economic strata also. The workshop was conducted by working committee members, Dr. Geeta Khanna, President, Samarpan Society in association with Trikon Society, Director, Dr. Neha Sharma. The program was hugely appreciated by the management, staff and students of the beneficiary school, as it played a useful role in providing foundational education on health and hygiene to young minds.



FLO Sharings, October 2, 2018

FICCI Ladies Organisation Uttarakhand Chapter in its 9th month hosted 'FLO Sharings' for its members and aspiring members in association with WIC India. It was a convivial effort by our Chairperson, Shilpi Arora and Sr. Vice Chairperson, Nazia Izuddin to initiate with an ice-breaking activity, helping us to know our members and friends in an endearing light.

Nazia Yusuf Izuddin was the day chair for the event. She shared her insight and learnings from GB meeting and broadened the horizon of FLO and its potent magic for one and all. Jt. Secretary, Komal Batra also proclaimed how FLO membership has made an assertive change in their lives in such a short span of time. The event yielded many smiles and laughter among all the members.



The FLO Bazaar, October 10, 2018

FICCI FLO Uttarakhand Chapter organised its first much awaited shopping exhibition, The FLO Bazaar on October 10 at Hotel Madhuban, Dehradun. The purpose was to promote and encourage all the women entrepreneurs under one roof.

The FLO Bazaar was inaugurated by Ms. Himani Shivpuri, a renowned Bollywood Actress in the presence of FLO Uttarakhand Chairperson, Shilpi Arora.



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The event was an extensive exhibition displaying not only the eminent designers from Uttarakhand but also the upcoming & known designers from cities like Chandigarh, Delhi, Lucknow, Hyderabad etc. There were over 55 stalls at the event with an outstanding footfall.

The cultural programme was inaugurated by Shri Pritam Singh Ji, Uttarakhand Congress President. The convener of the event was Ms. Pooja Agrawal, Secretary FLO Uttarakhand.



Conversations over Coffee, November 2, 2018

FLO Uttarakhand women had an informal Coffee Meet and conversation session hosted by our member and renowned energy healer Ms. Naina Saggi. Ms. Saggi also shared the importance of placing a Kuber effigy in the house for Diwali puja.

The importance of energy and its effects was discussed at length leading to eye opening wisdom and deep gratitude from all towards the gracious hostess. The event was moderated by Nazia Izuddin.



SHE Talks with Mr. Nilesh Shah, November 22, 2018

FICCI FLO Uttarakhand invited the progressive women and citizens of Uttarakhand for a Financial Empowerment Programme on November 22, 2018.

'SHE Talks', was an interactive rendezvous with Mr. Nilesh Shah, Managing Director, Kotak Mutual Funds at Four Points by Sheraton. The aim was to provide an insight into the fiscal and financial scenario of the country and beyond. Honourable Finance Minister, Shri Prakash Pant graced the event as the Chief Guest. Under the leadership of the Founder Chairperson, Shilpi Arora, the event was much awaited and appreciated.



The day chair for the event was Ms. Ruchi Jain, Working Committee Member. The event was moderated efficiently by Manik Kaur Sadana who holds a Business Management degree in Finance. Mr. Shashank Jain, Director of Balaji Investment & Consultant partnered for the event at Four Points by Sheraton, Dehradun.

Music Appreciation with Mr. Vikram Lal, December 7, 2018

FLO Uttarakhand organised a Music Appreciation session with Vikram Lal. Mr. Vikram is an award winning educator, architect, author and patron of the art society. He also designed Akshardham Temple in New Delhi & Buddha Smriti Park in Patna.

The Day Chair for the event was Kkavya Mamgain, Working Committee Member.

Mr. Manish Mamgain hosted the event at MANKA Studio.



FLO Women's Car Rally Season 2, January 13, 2019

FLO Uttarakhand's annual event, Women's Car Rally Season 2, was a blazing success with women from across the country participating for the cause of road safety. The rally was flagged off by Hon'ble Governor, Smt. Baby Rani Maurya at Raj Bhavan and was supported by Ministry of Transport, Uttarakhand with Shri Yashpal Arya gracing the occasion. Anupma Khanna moderated the event at Raj Bhavan.

Ms. Vasvi Bharat Ram, Immediate Past President and representative of FLO came to show her support to the young chapter and encouraged the participants. The rally was powered by Thrill Zone. Garima Avtar, herself a professional woman rallyist and Team Evolution kept the energy soaring high. The day chair of the event was Ms. Sarika Panchhi. The Prize distribution was at Four Banyans Resort. Special thanks to Nazia Izuddin, Komal Batra and Manik Sadana for compering the event seamlessly at Four Banyans Resort.



Security Guard Training, January 16, 2019

FLO Uttarakhand in association with Trikon Society organized an appreciation ceremony to celebrate the culmination of one month completion of Skill Development Training in Safety & Security held at Sahaspur village. Under the program, over 30 underprivileged women were trained to get inducted as security guards across various sectors. The session was provided to the ladies by Alliance Securities, training partner. The event was managed well by Director Trikon Society, Dr. Neha Sharma who is also a working committee member.



Empowerment of Women through Cooperatives with Shri Chandrapal Singh Yadav, February 13, 2019

FICCI FLO-Uttarakhand on February 13, 2019 conducted a workshop on 'Empowerment of Women through Cooperatives' to understand and explore the functions and financial scope to this regard at Antara Senior Living.

In this one-of-a-kind intensive brief, we had Shri Chandrapal Singh Yadav; President of NCUI & Chairman of KRIBHCO, Shri Subodh Uniyal; Hon'ble Minister of Agriculture, Shri Pramod Kumar Singh and Smt Alka Shrivastava. We also thank Dr. Neemo Dhar, Shri N. Satyanarayana; Chief Executive NCUI and Ms. Sushma Bajaj for their warm presence and throwing light on the true meaning of a successful cooperative society.

The day chair of the event was Ms. Sonia Garg, Working Committee Member of FLO Uttarakhand.



Women in Leadership Roles with Smt. Radhika Jha, March 8, 2019

FLO Uttarakhand celebrated International Women’s Day with much enthusiasm and fervour with Smt. Radhika Jha; Secretary to Hon’ble Chief Minister & Power, Government of Uttarakhand.

A one of its kind, exclusive interactive session on ‘Women in leadership roles breaking the glass ceiling : Opportunities and Challenges’ with Radhika Jha was highly motivating.

The day chair for the event was Ms. Anuradha Pundeer Malla, an educationist and executive committee member. Working Committee Members, Maansi Rastogi recited a beautiful poem and Vaidya Shikha Prakash expressed her heartfelt gratitude to FLO for giving such a platform that helped people to come out of their comfort zone.





The Power to Empower

PRESS CLIPPINGS





Exemption of GST on Sanitary napkins is welcome as it is a great step towards empowering women as sanitary napkins are necessary for female hygiene...
Pinky Reddy, President, FICCI Ladies Organisation

Patanjali to be world's number 1 FMCG brand by 2025: Ramdev

OUR CORRESPONDENT
 NEW DELHI: Riding high on the popularity of desi products, Yoga guru Swami Ramdev said that his fast-moving consumer goods (FMCG) company, Patanjali, will overtake Unilever and others and by 2025 Patanjali would become the world's largest FMCG brand.
 "We want to contribute Rs 1 lakh crore to Bharat Mata and that fund would be used for the welfare of countrymen by bringing changes in the sectors of agriculture, education, social welfare," Baba Ramdev said while addressing members of FICCI Ladies Organisation (FLO) on Monday.
 In reply to a question as to what he will do with the money that he is getting from FMCG business, Baba Ramdev said, "When bhogi (world-line) get money, he becomes gets money, he makes every-one through (disease) free. Since, Patanjali is not a profit-making organisation, so whatever we are earning we are giving back to the country."
 "I'm not against any foreign company, but I'm against drain of our money. During the freedom struggle time, we were not fighting against any kingdom, though we were fighting against a foreign company - East India is to save our country from foreign intruders," Baba Ramdev said at the event.
 Patanjali, which started a small-sized pharmacy in 1997, marked its presence in yoga through yoga stores, with Baba Ramdev being the face of the brand. Ramdev's already established image of a yoga guru and a firm believer of ayurveda helped Patanjali create a brand perception of health and well-being.



मत दो, आंखें बंद कर नही, जागरूक होकर

नुवाव कार्यालय और FLO के साथ एनबीटी का वोटर जागरूकता अभियान



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 नुवाव कार्यालय और FLO के साथ एनबीटी का वोटर जागरूकता अभियान
 एनबीटी का वोटर जागरूकता अभियान नुवाव कार्यालय और FLO के साथ चल रहा है। इस कार्यक्रम में महिलाओं को वोटिंग प्रक्रिया के बारे में जागरूक किया जा रहा है। कार्यक्रम में महिलाओं को वोटिंग प्रक्रिया के बारे में जागरूक किया जा रहा है। कार्यक्रम में महिलाओं को वोटिंग प्रक्रिया के बारे में जागरूक किया जा रहा है।

फिकी लेडीज ऑर्गनाइजेशन प्रयागराज में चल रहे अर्ध कुंभ मेले में लेंगी हिस्सा

फिकी लेडीज ऑर्गनाइजेशन (एफएलओ) ने अपने सदस्यों के लिए प्रयागराज में चल रहे अर्ध कुंभ मेले में भाग लेने का आह्वान किया है। एफएलओ को सदस्य 14 और 15 जून को प्रयागराज की यात्रा करनी है। पूरे देश की 16 शाखाओं और मुख्यालय दिल्ली से कुल 250 से ज्यादा सदस्य अर्ध कुंभ मेले के लिए प्रयागराज की यात्रा के लिए जा रहे हैं। इस यात्रा के लिए एफएलओ ने विशेष इंतजाम किए हैं। सदस्यों के लिए अर्ध कुंभ मेले के मुख्य दर्शनीय स्थलों के भ्रमण की व्यवस्था की गई है। दो दिन की इस यात्रा के मुख्य आकर्षणों गंगा नदी में स्नान और पूजा के कार्यक्रम हैं।



देश की तरक्की में महिलाओं का विशेष योगदान : निर्मला

महिला उद्यमियों की स्टार्टअप में भागीदारी बढ़े
 नई दिल्ली, 7 मई (आईएनएस): प्रधानमंत्री नरेंद्र मोदी ने कहा कि देश की तरक्की में महिलाओं का योगदान बढ़ना चाहिए। उन्होंने कहा कि महिलाओं को स्टार्टअप में भागीदारी बढ़ानी चाहिए। उन्होंने कहा कि महिलाओं को स्टार्टअप में भागीदारी बढ़ानी चाहिए। उन्होंने कहा कि महिलाओं को स्टार्टअप में भागीदारी बढ़ानी चाहिए।

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'फिक्की' के मुठ नगरी में किया 15वें सेक्टर का शुभारंभ, राष्ट्रीय अख्यक पिक्की हेतु ने की नियुक्ति, नैरी बॉसल अख्यक, आनंदी कर्मा बनी वरिष्ठ उपाध्यक, नगरीगत विलुप्त उपाध्यक

देश की 'बाहुबली बेटियों' ने 'फिक्की' के मंच से भरी आत्मविश्वास की हुंकार

कार्यक्रम में महारानी परनीत कौर, फराह खान, दीपा शाही ने की शिरकत



15वें सेक्टर का शुभारंभ कार्यक्रम में महिलाओं ने 'फिक्की' के मंच से भरी आत्मविश्वास की हुंकार।

महिलाओं की सुरक्षा के लिए काम करना गर्व की बात : साइरा चोपड़ा

साइरा चोपड़ा ने कहा कि महिलाओं की सुरक्षा के लिए काम करना गर्व की बात है। उन्होंने कहा कि महिलाओं को सुरक्षा के लिए काम करना चाहिए और उन्हें सुरक्षा के लिए काम करना चाहिए।

'फिक्की' नगरी वरिष्ठ उपाध्यक नैरी बॉसल, वरिष्ठ उपाध्यक आनंदी कर्मा ने की शिरकत

'फिक्की' नगरी वरिष्ठ उपाध्यक नैरी बॉसल और वरिष्ठ उपाध्यक आनंदी कर्मा ने कार्यक्रम में शिरकत की। उन्होंने कहा कि महिलाओं की सुरक्षा के लिए काम करना गर्व की बात है।

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घीआं 'ते बंधिदासां लाउं दे, पुंतरां नूं किउं नगीं सा

दिक्की के अंधाओलिन वॉल 15वें सेक्टर की शुभारंभ, साधवा केंदरी मंत्रणी परनीत कौर ने की शिरकत

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साइरा चोपड़ा ने कहा कि महिलाओं की सुरक्षा के लिए काम करना गर्व की बात है। उन्होंने कहा कि महिलाओं को सुरक्षा के लिए काम करना चाहिए और उन्हें सुरक्षा के लिए काम करना चाहिए।

India's top designers teamed up to showcase khadi as fashion brand, reports Reshmi Kumar

One known as a simple and other form of clothing, over the years Khadi has been getting a lot of attention from fashion designers. Khadi is the top designers in the country have worked with the handspun cotton fabric and keeping up with new designs.

Another designer, Kishu Diksha, showed a collection made out of Khadi, and also got a chance to be the winner of the 14 Khadi Fashion Show. Her collection was named 'Jai Khadi' and was inspired by the Khadi fabric.

Khadi is also seen as a luxury product now. 'We're seeing a lot of appreciation in the market for Khadi. With more research, especially in the area of fashion design, we can see a lot of growth in the Khadi industry.'

Another designer, Kishu Diksha, showed a collection made out of Khadi, and also got a chance to be the winner of the 14 Khadi Fashion Show. Her collection was named 'Jai Khadi' and was inspired by the Khadi fabric.

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पेपलकन ऑरोगिकीयत्तुक्काक 'वाव' सयली अहियुक्क

दिक्की के अंधाओलिन वॉल 15वें सेक्टर की शुभारंभ, साधवा केंदरी मंत्रणी परनीत कौर ने की शिरकत

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Archana Luthra

Governing Body Member, FLO



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Shahnaz Husain received three prestigious awards in London.



Shahnaz Husain received the Confluence Excellence Award for "Pioneering Ayurveda Worldwide" at the British Parliament in London recently.



Shahnaz Husain seen at the Ayurveda Day Celebrations in the British Parliament, where she spoke on the Indian herbal heritage and received the Excellence Award for her contribution to Ayurveda. Here she is flanked by Shri Charanjeet Singh, India's acting High Commissioner to the U.K. on her right and Mr. Geoffrey Van Orden, Member of the European Parliament.

Shahnaz Husain received the "Ayurveda Innovation Award for Chemoline Range specially formulated for cancer survivors," from Shashikant Patel, Treasurer and senior most of BJP Overseas, at the event held in Holiday Inn, Regent Park, London for cancer survivors by Inspiring Indian Women and Confluence, on 25th November, 2018.

Shahnaz Husain achieved the unique distinction of being honoured with three prestigious awards in London. She received the Excellence Award at the Ayurveda Day Celebrations, held in the British Parliament, in recognition of her contribution to Ayurveda. She also received an Award for Excellence for her innovative Chemoline Range for cancer patients at an event for Cancer Survivors. She was honoured with this Award also for the pioneering work in promoting Ayurveda worldwide. She received the award from Shashikant Patel, Treasurer and senior most member of BJP Overseas.

Shahnaz Husain was also honoured with the Confluence Excellence Award for "Pioneering Ayurveda Worldwide" in the British Parliament. The award was presented to her by Baroness Sandy Verma, MP, House of Lords and Mahendra Singh Jadeja, Chairperson Confluence, U.K. Chapter. She spoke on Artificial Intelligence and said "Ayurvedic Inheritance combined with Artificial Intelligence is India's gift to the world." According to Shahnaz, "Receiving three prestigious awards in London is global recognition of my crusader's zeal and relentless efforts to take Ayurveda to every corner of the globe."



SHAHNAZ HUSAIN

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