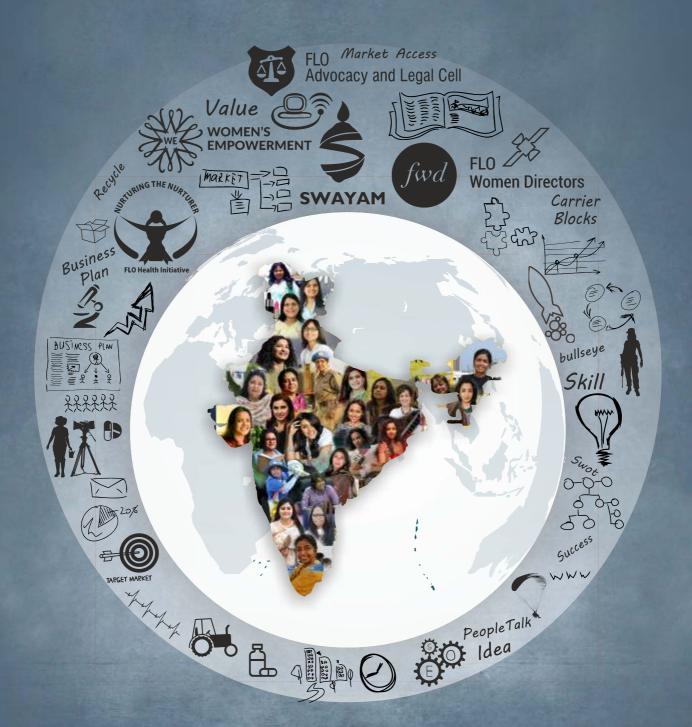


ANNUAL REPORT 2017-18

WOMEN TRANSFORMING INDIA





DEDICATED TO EDUCATION TRANSFORMATION SINCE 1982

The SRF Foundation, was setup in 1982 as Corporate Social Responsibility (CSR) arm of SRF Ltd., a leading multi-business entity engaged in textiles, chemicals, packaging films, and engineering plastics.

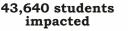
The Foundation builds on the heritage of its founders, the Late Sir Shri Ram and Late Dr. Bharat Ram, who both believed in contributing to the society particularly through education. Under their vision The Shri Ram Schools were also setup in 1988.

We aspire to achieve quality education and training that inspires children and youth from all sections of the societ to achieve individual aspirations and building a better society for tomorrow, through the knowledge, skills and values acquired.

Apart from being the CSR arm of SRF Ltd., SRF Foundation also works as an implementing agency for other companies and NGO partners.













5000 women & men trained and employed











ANNUAL REPORT 2017-18 Women transforming india



The winds of change are blowing .. empowering a woman economically as well as with knowledge, will unleash her potential to Transform not only her family and community but the economy and the country as a whole !

> Vasvi Bharat Ram National President FICCI Ladies Organisation



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FICCI LADIES ORGANISATION

VISION Changing Lives

MISSION Promote Economic Empowerment and Equal Opportunity for Women

- FLO is the Women Wing of the Federation of Indian Chamber of Commerce & Industry (FICCI).
- An all India forum for women, FLO has its headquarters in New Delhi, with 14 Chapters covering different geographical regions of India.
- FLO represents over 6000 women entrepreneurs and professionals.

- With over 34 years of experience, FLO has been promoting entrepreneurship and professional excellence among women through workshops, seminars, conferences, training and capacity building programmes etc.
- The objective of the organization is to encourage and facilitate women to showcase their talents, skills, experiences and energies across sectors and verticals of the economy, for a truly inclusive economic growth trajectory.

We work with women at **3 levels**

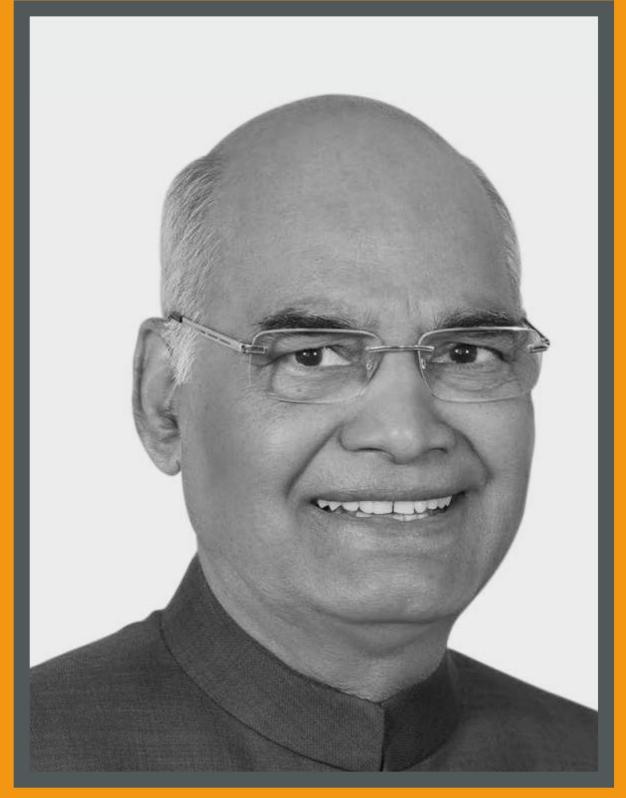
Grassroots: Entrepreneurship and skill development programmes to make women employable and absorbable in markets

- Middle: To help women set up their own businesses
- Senior : To promote more women in leadership and board positions

Methodology Used



Message from President of India





MESSAGE

I am happy to learn that the FICCI Ladies Organization (FLO) is conducting its 34th Annual Session on April 5, 2018.

I congratulate FLO for its work to promote entrepreneurship and professional excellence among women.

I am happy to know that FLO does not limit its activities to metro cities but also carries out significant work for the empowerment of rural women. Participation of women in entrepreneurship and professional activities is a key aspect of ushering in a era of inclusive growth and gender-equality.

On this occasion, I extend my warm greetings and felicitations to all those associated with the FICCI Ladies Organization and wish them success in their future endeavours.

Kukovind

New Delhi March 22, 2018

(Ram Nath Kovind)

Message from Prime Minister of India





प्रधान मंत्री Prime Minister

MESSAGE

It is a pleasure to learn that the 34th Annual Session of the FICCI Ladies Organisation (FLO) is being organized in April, 2018 and the Annual Report highlighting its activities is being released on this occasion.

It is wonderful to see several women distinguish themselves as entrepreneurs. The Government of India is fully committed to facilitating a positive environment for women entrepreneurs. Several reform measures have been undertaken to ensure that doing business is easier across India.

The active support rendered by organizations like FLO is appreciable. I congratulate FLO for providing a great platform for promoting interests of the women entrepreneurs and facilitating an environment of women empowerment. These efforts augur well for India's economic growth.

Best wishes for all the future endeavours of the organization.

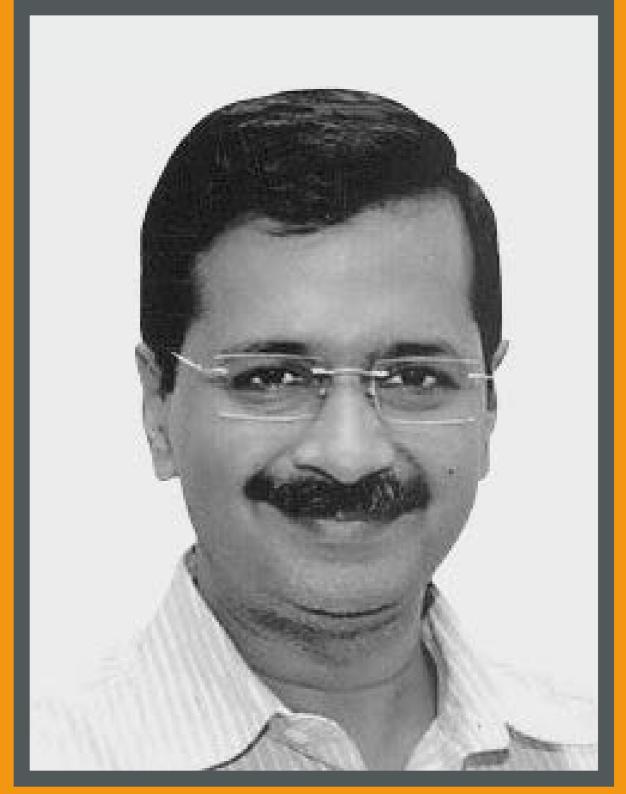
New Delhi 26 March, 2018

111

(Narendra Modi)

Ms. Vasvi Bharat Ram National President FICCI Ladies Organisation (FLO) Federation House, Tansen Marg New Delhi -110001

Message from Chief Minister of Delhi





ARVIND KEJRIWAL CHIEF MINISTER GOVT. OF NATIONAL CAPITAL TERRITORY OF DELHI DELHI SECRETARIATE I.P. ESTATE, NEW DELHI-110002 TEL.:23392020, 23392030

MESSAGE

I am glad to learn that the FICCI Ladies Organization (FLO) is holding its 34th Annual Session in the month of April, 2018 and publishing its Annual Report for the year 2017-18 on this occasion.

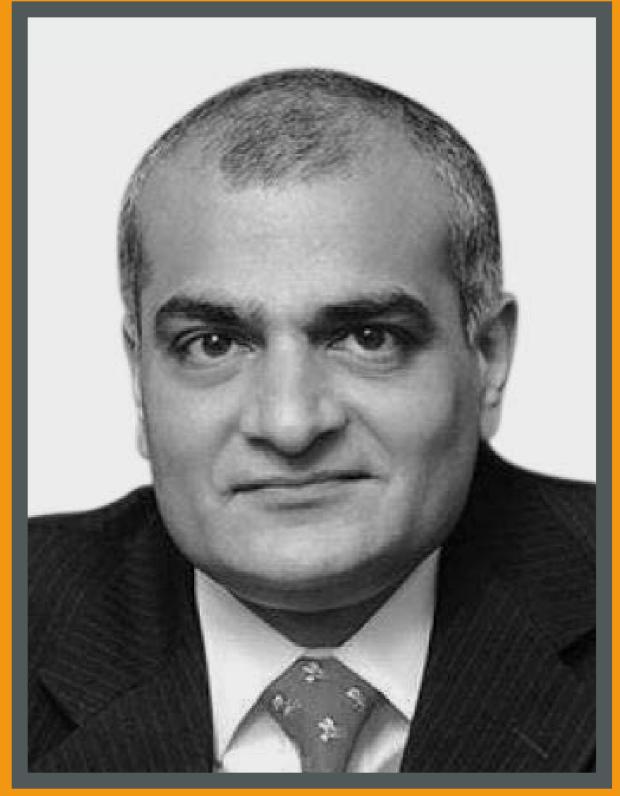
FLO as a division of the Federation of Indian Chamber of Commerce and industry (FICCI) which has been promoting entrepreneurship and professional excellence in women by organizing various workshop, seminars, conferences, talks trainings and capacity building programmes etc. to encourage and facilitate women and further promote their talent, skill & experience across all sectors and levels for economic activity.

I am sure that the Annual Report will contain each and every detail of welfare activities of the FICCI Ladies organization.

My sincere and best wishes for the success of entire endeavour.

(ARVINÓ KEJRIWAL)

Message from President, FICCI





Rashesh Shah President

Federation of Indian Chambers of Commerce and Industry

Federation House Tansen Marg New Delhi 110001 **T** +91 11 2335 7364 **F** +91 11 2332 9369 **E** president@ficci.com www.ficci.in CIN: U99999DL 1956NPL002635

MESSAGE

On the occasion of the 34th Annual Session, I am pleased to extend best wishes to the FICCI Ladies Organization (FLO).

I want to take this opportunity to congratulate FLO for being associated with exemplary work for the development of entrepreneurship and professional excellence among woman for the last 34 years of its existence. Compliments to FLO for emerging as a premier association of its kind in India as also creating a niche and brand of itself by organizing innovative programmes that benefit a large number of woman.

It is even more satisfying to note that the FLO does not limit its activities to metro cities but also carries out significant work for the empowerment of rural woman. FLO's outreach is extending globally and it is highly commendable. In the sphere of employability and awareness, its initiatives are in sync with the national agenda.

FICCI is needed privileged to have this specialized arm and as the apex business organization in the country, we look forward to continuously compliment the efforts of FLO.

Regards,

Rachesh shal

Mr. Rashesh Shah President, FICCI

Date: March 19, 2018

Industry's Voice for Policy Change

Message from President, FLO





From the Desk of the President

Dear Friends,

As I come to the end of my tenure as President FLO, I fondly look back at my long standing association with this organisation.. beginning as a member in 2004, to the enriching journey as the Chairperson of YFLO Delhi in 2010-11 and now as the 34th National President of FLO in 2017-18.

As Sheryl Wudunn said "If you economically empower a woman, she represents enormous opportunity that can actually be transformative, not only for family and community but at an aggregate level for the economy and the country as a whole".

As women play increasingly important roles to take the country forward amidst this shift, FLO is best positioned to play a catalyst's role in bringing about a positive impact. Hence the theme for our 34th Annual Session .. Women Transforming India!

This year, my objective as the President, was to propel learning, increase networking and ensure enrichment amongst our members. Our goal was to build a strong and powerful network of women leaders and create opportunities for entrepreneurship development.

Interactive sessions on a range of subjects such as Business Management, Entrepreneurship development, Leadership Lessons, Role of Media in Social Change, Financial Knowledge including GST, Power of Creativity amongst others were organized, keeping in view the varied interests of the members. Visits to Indigo Airlines, Good Earth Factory and India Art Fair were also highly appreciated.

The members got to interact with and be inspired by with eminent personalities such as the Hon. President of India, Shri Ram Nath Kovind, Minister Piyush Goyal, Minister Smt. Anupriya Patel, Ex CM of Delhi Smt. Sheila Dikshit, Boman Irani, Kailash Satyarthi, Arnab Goswami, Chanda Kocchar amongst many others.

This year FLO achieved another milestone in its illustrious journey, with the launch of the 14th Chapter at Uttarakhand on January 13, 2018. Shri Trivender Singh Rawat, Hon'ble Chief Minister of Uttarakhand, launched the new Chapter at his own residence.

The Delegation to Japan was highly successful. 40 FLO members visited the exotic 'Land of the Rising Sun' Japan where Osaka, Kyoto & Tokyo were a part of the 9 days itinerary. The delegation, included business meetings with the Ladies wing of the Japan Chamber of Commerce and Industry, a visit to the Japanese Parliament, the DIET and an interaction with leading Japanese Parliamentarians.

This year we also brought out 3 very meaningful

publications - A Knowledge Paper on Cancer called Call for Action: Expanding Cancer Care for Women, on the status and needs of Cancer care for women in collaboration with Ernst & Young; The Women's Artisans Craft Directory covering 29 states of India and highlighting the creative dexterity of more than 400 plus women artisans was launched in December '17 to create greater market linkages for them and a Handbook of Business Laws of India, that every entrepreneur should be aware, was brought out in collaboration with the leading law firm Cyril Amarchand Mangaldas.

My Journey at FLO has taught me new lessons at every step of the way... be it learning to work with an all women's team .. each one a volunteer, planning ahead of time, importance of time management, keeping calm when everything seems to be falling apart... the list is endless!!!

I am very grateful to my enthusiastic, supportive and very resourceful Office-bearers, Governing Body Members, family and friends who have been by my side constantly. Without you, I really could not have hoped to achieve all that I had set out to.

My sincere gratitude to all the Past Presidents, for their wisdom and guidance.

I am thankful to each one of my Chapters Chairs for sharing the dream. It is our collective vision and effort that made this year meaningful and impactful.

I am grateful to the Editorial Team of Sajani Anil Dua, Avantika Dalmia & Ankurita Pathak for their help and inputs towards this Annual Report.

I would like to thank Rashmi Sarita, Bishakha Shome and the FLO Secretariat for their whole-hearted cooperation this year.

All my very best wishes to the Incoming President, Pinky Reddy and the Governing Body of 2018-19.

Thank you giving me this wonderful opportunity to lead an inspiring organization like FLO. As I step down as National President today, I take with me a deep sense of gratitude and satisfaction, strengthened bonds of friendships and great learnings from a very action packed eventful 356 days .. the memories of which I will cherish forever!

FLO .. may you continue to learn, grow, create impact, change lives and Transform India!

Warm Regards,

Vasvi Bharat Ram

National President 2017-18 Ficci Ladies Organisation

Message from Chairperson, CACCI-CWEC







Dear all,

As Chairperson of CWEC Taiwan my heartiest congratulations to FICCI - FLO India President Mrs Vasvi Bharatram & President elect Mrs Pinky Reddy.

Under the able leadership of President Vasvi Bharatram FICCI - FLO India achieved great heights in 2017-18. I now look forward to another eventful & collaborative year under the leadership of President Elect Pinky Reddy.

In brief The Confederation of Asia-Pacific Chambers of Commerce and Industry Women Entrepreneur Council (CWEC) was established in 2006 for enhancing economic growth for women in the Asia Pacific Region. It has a membership in 27 countries . It is a Product & Service Council of CACCI the leading private sector organization in Asia established in 1966. Along with promoting economic development throughout the Asia-Pacific region, it also works closely with the European Chambers of Commerce & Industry as well as Federation of Gulf Council Chambers of Commerce.

To publicly acknowledge the growing relevance of the contribution of women, CACCI in its 50th year initiated the First Asia Pacific Woman Entrepreneur Award for an outstanding businesswoman of the region.

I look forward to another eventful year & hope to see many of you in Mongolia this September & Turkey in November.

With warm regards,

Mukta Nandini Jain

Chairperson, CACCI-CWEC Past President, FLO (2006-07)

Message from Chairperson, IWEC India







Dear Friends,

IWEC has enjoyed success since its foundation in 2007 by the Barcelona Chamber of commerce in cooperation with FICCI Ladies Organisation, The Manhattan Chamber of Commerce and joined by the Cape Town Chamber of Commerce.

The Mission and Goal of IWEC initiative is to connect Women business owners from around the globe to a Multi Nation organisation that has awarded 291 successful business women whose Companies have combined annual revenue of over \$ 26,600,000,000.

The current team of IWEC on behalf of FICCIFLO is past President Neena Malhotra as, India Chair-IWEC & Vice president-FLO Harjinder Kaur as Global Ambassador-IWEC. The FICCI-FLO delegation had visited Seattle for IWEC awards in November 2017 and led by Harjinder Kaur. The awardees from India included past chairperson of Coimbatore, Devika Ramesh and upcoming Vice chairperson of Mumbai, Lubeina Shahpurwala.

IWEC has a robust offering for constituents, affiliates, strategic partners and sponsors linking them in a continuum with major Women Business Enterprises of the global economy.

FLO has always been at the forefront in highlighting success stories and inspiring women to become leaders and entrepreneurs.

Our best wishes to FLO for all future endeavors.

Neena Malhotra India Chair & Board Member, IWEC President, FLO (2011-12) Harjinder Kaur National Vice president-FLO Global Ambassador, IWEC

Message from Vice Chairperson, SCWEC India







Congratulations to all of you at FLO on completion of one more year of service.

One more year has rolled on giving rise to an occasion to reminisce, time to look ahead and one more opportunity for us to resolve to do better.

My association with FLO is a long one that has left me with a profusion of pleasant memories. The Organisation, established in response to the need of fulfilling the aspirations of many women entrepreneurs has come a long way after a challenging and ardous journey and made a tremendous success of its inception. It has achieved much in these decades and hence has much to be proud of. Please continue with your good work.

Let FLO & SCWEC keep working together for each other's success and realise our objectives and goals.

lextend my good wishes to every member of FLO family for a more successful future.

Kajetha Q.

Kavitha Dutt Vice Chairperson (India) Past President FLO (2009-10)

Message from Founder Chairperson, WCD India







Dear friends,

FLO collaborated with Women Corporate Directors (WCD – USA) a non-profit foundation in 2010. Both WCD and FLO are powerful advocates of women empowerment. WCD seeks to inspire and educate female board members and promote gender diversity on corporate boards.

FLO Women Directors (FWD) program too seeks to inspire and train prospective women directors in corporate governance plus provide an opportunity to network with sitting directors.

As founder chair of FLO - WCD affiliation, I consider myself fortunate and privileged to be part of this revolution and am committed to creating a data bank of board ready women directors.

During 2017-18 under the leadership of National President Vasvi Bharatram and FWD Chairperson Ujjwala Singhania 300 women were trained. We are grateful to KPMG the chief sponsor of WCD for being our knowledge partner. I congratulate each and every participant for taking this opportunity to 'Skill up' and get board ready.

Male dominated boards often argue that there are not enough qualified female candidates. Surveys have shown that this is not entirely true. So, if you are looking for trained and qualified women directors please do contact FICCI FLO.

Best Regards,

Ranjana Agarwal

Founder Chairperson FLO – Women Corporate Directors (WCD) Affiliation Past President, FLO 2010-11

Message from India Chair, IAWBF







Dear Friends,

"Entrepreneurship matters. Its benefits are many, from rewarding problem solving, organizational and leadership abilities, to fostering creativity and engendering empowerment. Not the least of its merits is the significant boost it gives to the economy."

I am so proud and privileged to have been part of FLO's journey this year as it set benchmarks in supporting, empowering, educating and promoting women entrepreneurs in several ways.

I would also like to thank FLO in all its support in being able to extend and share these issues with our friends and neighbour's of the ASEAN countries with whom we enjoy much synergy and cultural harmony.

The creation and launch of IAWBF on the 5th of July 2017 has already seen promotion of women entrepreneurs in the ASEAN region. We have shared important crosscutting issues with women and policy makers from this region and have been important contributors to the economic and social development of the countries in the ASEAN region as well.

Creating a strong IAWBF team, attending the ASEAN Summit in Manila and subsequently hosting a summit New Delhi, welcoming a strong delegation from these countries, awarding outstanding achievers from this region and showcasing our synergies in the textile industry with discussions at the highest level have provided constructive strategies, insights and experiences and will allow for harmonization of policies, approaches, and analytical tools for greater trade and synergy within this region.

We have opened conversations with the government in Guwahati and are looking to have a formal presence of IAWBF there. Strategically it is the Doorway to ASEAN region and with the cross country friendship highways near completion will provide huge opportunities for trade and business.

I would like to thank the IAWBF team for all their enthusiasm and the unflinching support they have extended to me.

Warm Regards

Vinita Bimbhet

India Chair, India ASEAN Women's Business Forum & Imm. Past President, FLO



PAST PRESIDENTS & OFFICE BEARERS GOVERNING BODY MEMBERS



Past Presidents 1983-2017





Indu Jain 1983-1984 (Founder)



Abha Dalmia 1984-1985



Sudha Jhunjhunwala * 1988-1989



V L Indira Dutt 1992-1993



Usha Patodia 1985-1986



Nirmala Jain* 1989-1990



Madhu Kanoria 1993-1994



Manju Bharat Ram * 1986-1987



Indu Rani Punj 1990-1991



Beena Khaitan * 1994-1995



Shobhana Bhartia 1987-1988



Shubhra Gupta



Dr Manju V Mehta 1995-1996



Usha Krishna 1996-1997



Dr Kusum Ansal 2001-2002



Usha Agarwala 2005-2006



Kavitha Dutt 2009-2010



Malvika Rai 2013-14



Sarparveen Kaur 1997-1998



Surekha Kothari 2002-2003



Mukta Nandini Jain 2006-2007



Ranjana Agarwal 2010-2011



Neeta Boochra 2014-15



Anjana Somany 1998-2000



Chandra Garodia * 2003-2004



Kiran Gera 2007-2008



Neena Malhotra 2011-2012



Archana Garodia Gupta 2015-16



Renuka Shah 2000-2001



Namita Gautam 2004-2005



Anuradha Goel 2008-2009



Kavitha Varadaraj 2012-2013



Vinita Bimbhet 2016-17 *Since Deceased

Office Bearers 2017-2018



Vasvi Bharat Ram National President



Aparna (Pinky) Reddy Sr Vice President



Jayanti Dalmia Treasurer



Harjinder Kaur Vice President



Poonam Mahajan Jt. Treasurer



Vinita Bimbhet Imm. Past President



Rashmi Sarita Executive Director



GOVERNING BODY MEMBERS 2017-18



Akhila Srinivasan



Archna Luthra



Divya Suri Singh



Jahnabi Phookan



Mamta Singhania



Priyanka Agarwal



Alka Batra



Arti Rajkumar



Dr Sonali Kochhar



Joyshree Das Verma



Meera Goyal



Promila Bahri



Anuja Narain



Avantika Dalmia



Dr Vijaya Bharti Rangarajan



Jyotsna Angara



Pawan Jain



Rati Dhandania Mundrey



Archana Surana



Charu Gupta



Garima Jain



Jyotsna Kaur Habibullah



Pragati Gupta



Reena George





Ritu Das



Ritu Vadehra



Ruchika Gupta



Sajani Anil Dua



Sangeeta Rai Gupta



Shoba Jolly



Sucheta Shah



Sunitee Abbi



Ujjwala Singhania



Pavani B Agarwal Chairperson



Shubha Bhandari Sr. Vice Chairperson



Roopa Patel Imm. Past Chairperson



Aditi Parekh Chairperson, YFLO



Lakshmi Ishwar Chairperson



Yashodhara Shroff Sr. Vice Chairperson

CHENNAI CHAPTER



Meena Mohan Vice Chairperson



Anupama Shivaraman Sr. Vice Chairperson

COIMBATORE CHAPTER



B.Uma Maheswary Chairperson



Jayanthi Manohar Sr. Vice Chairperson



Swarnalatha Mallavarapu

QU. Sudha Shivkumar Imm. Past Chairperson



Devika Ramesh Imm. Past Chairperson



HYDERABAD CHAPTER



Kamini Saraf Chairperson



Priyanka G Allahabadi Sr. Vice Chairperson



Padma Rajagopal

INDORE CHAPTER



Imm. Past Chairperson



Sandhya Raju YFLO Chairperson



Chairperson

Minal Jain

Chairperson



Sr. Vice Chairperson

JAIPUR CHAPTER



Nitasha Chordia Sr. Vice Chairperson

KOLKATA CHAPTER





Preeti Saboo Imm. Past Chairperson



Sunita Kanoria Chairperson



Sr. Vice Chairperson





Anupama Sureka Imm. Past Chairperson



YFLO Chairperson



Chairperson

Monika Chaudhary

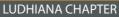
Chairperson



Sr. Vice Chairperson



Vice Chairperson





Reena Aggarwal Sr. Vice Chairperson



Savita Agarwal Imm. Past Chairperson







MUMBAI CHAPTER



Change of Guard April 14, 2017



Ms Vasvi Bharat Ram took over as the President of FLO at the conclusion of the 33rd Annual Session on April 14th, 2017.



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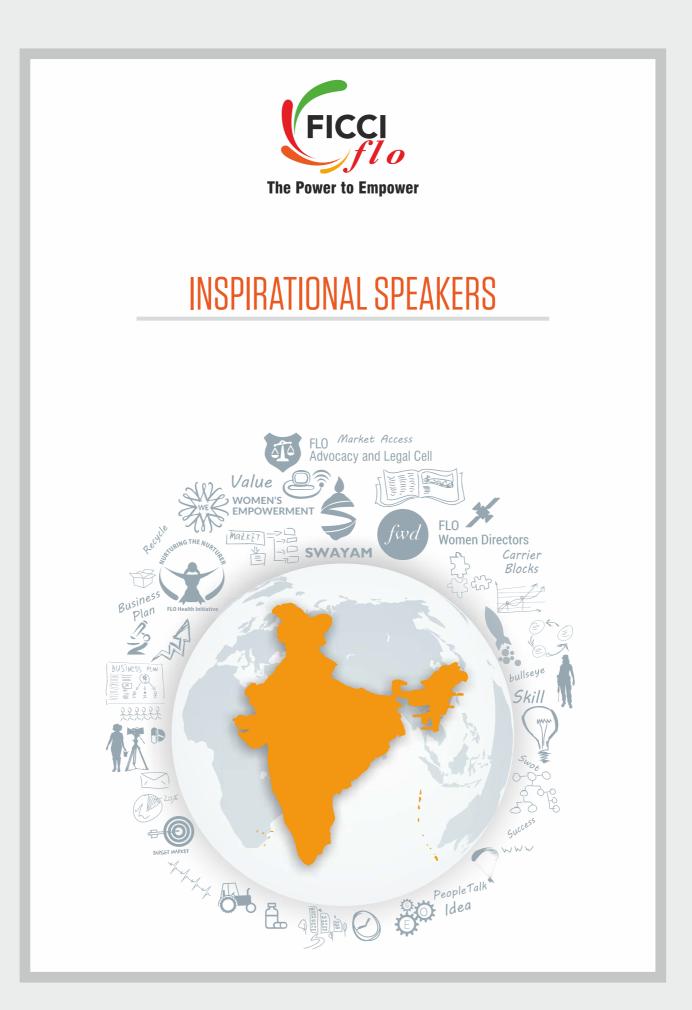
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INSPIRATIONAL SPEAKERS

Interactive session with Vikram Oberoi & Arjun Oberoi, from The Oberoi Group on "Building the World's Best Luxury Hotel Brand"; April 21, 2017





Spearheading her term as the National president of FLO, Ms Vasvi Bharat Ram had an inspiring session with two stalwarts from the hospitality industry, Vikram and Arjun Oberoi. The interactive session, aptly titled, "Building the World's Best Luxury Hotel Brand", was an opportunity for the members to pick up tips, advice and ideas for success and innovation. Mr Vishesh Chandiok, CEO Grant Thornton India LLP moderated the session.

INSPIRATIONAL SPEAKERS

Boman Irani on "The Journey: Life, Learning & Leadership Lessons": May 5, 2017

FLO organised an interactive session with Boman Irani on "The Journey: Life, Learning & Leadership Lessons". As a part of its activities, FLO brings together achievers from various arenas for interactive sessions on breaking through challenges and innovating change to achieve success.

Boman Irani is an inspirational personality and a role model for all.







INSPIRATIONAL SPEAKERS

The Ripple Effect- An Interaction with Kailash Satyarthi, Nobel Peace Prize Winner & Child Rights Activist: May 17, 2017

An interactive session was organised with Shri Kailash Satyarthi. Titled, "The Ripple Effect" it was organised with the objective to deliberate and showcase positive examples of people who managed to beat the odds in India's villages, towns and cities, work for the upliftment of the society and more specifically protecting children from the scourge of bondage, trafficking and exploitative labour.







News as an Agent of Social Change: An interaction with Arnab Goswami : July 28, 2017



FLO organised an interactive session with Arnab Goswami, MD Republic TV, on the topic "News as an Agent of Social Change".

Addressing the session, Arnab Goswami said that India with the help of advanced technology, editorial sophistication and big global channels is on the verge of becoming the media capital of the world before the year 2020 and will take on BBC, CNN and other global channels.





Shri Piyush Goyal, Hon'ble Minister of State for Power, Coal, New & Renewable Energy and Mines, Gol, on "GST- The Indian Economy & the Way Ahead": August 8,2017

FLO organised an interaction with Shri Piyush Goyal, Hon'ble Minister of State for Power, Coal, New and Renewable Energy and Mines, Government of India on "GST-The Indian Economy & the Way Ahead".

With this session, FLO aimed to empower women with enhanced knowledge on GST and its implementation in business and daily lives.







Harnessing the Power of Creativity...from Ads-Shads to Films-Shilms ! with R.Balki and Gauri Shinde : August 24, 2017



FLO organised an interactive session on Harnessing the Power of Creativity...from Ads-Shads to Films-Shilms ! with R.Balki and Gauri Shinde.

It was fascinating to hear from the stalwarts about their journey, learn about their challenges and understand their creative pursuits. The session was moderated by Shri Anil Rai Gupta, the Chairman and Managing Director of Havells India.





Stories That Matter: An Interactive Session with Sunitha Krishnan, Neelam Katara & Laxmi: September 15, 2017

FLO recognises the success stories of women who break all stereotypes and provides a platform for the members to be inspired by them. The interactive session Stories That Matter, was an excellent opportunity to be motivated by the interesting journey of Sunitha Krishnan, Neelam Katara&Laxmi.







Launch of FLO Health Initative: Nurturing the Nurturer: September 21, 2017





Smt. Anupriya Patel, Minister of State, Health and Family Welfare, GOI was the Guest of Honour at the launch of the FLO Health Initiative-Nurturing the Nurturer.

Apollo Hospitals has partnered with FLO for this for this important initiative. Dr Anupam Sibal,Group Medical Director, Apollo Hospitals Group, Senior Pediatric Gast-roenterologist and Hepatologist, Indraprastha Apollo Hospitals, Delhi was present during the programme. Dr. Sameer Kaul, surgical oncologist from Apollo Hospitals addressed the members. Three inspirational women were felicitated with the FLO Cancer Crusader Awards - Dr. Vijay Bharthi Rangarajan, Neerja Malik, and Lisa Ray.



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Women Empowerment (WE) in Sports – Breaking Boundaries: October 24, 2017

FLO organised an interactive session titled – Breaking the Boundaries, to honour the Golden Girls of Indian Cricket, Mithali Raj & Jhulan Goswami, who have led the Indian Cricket team to the finals of the World Cup 2017 and created a defining moment in the history of women's cricket in India. Rahul Dravid, Former Indian Cricket Captain felicitated them in the event.

A panel discussion was also organised with the 3 cricketers, Mitali Raj, Jhulan Goswami and Rahul Dravid, where they shared their journey in the cricket world and discussed about possible ways to create a roadmap for sports to evolve as crucial tool for women empowerment.

Archana Vijaya, celebrity cricket presenter moderated the session and also shared her journey in the cricket industry.







breaking boundari





Interaction with Anoushka Shankar October 30, 2017

FLO organised an exclusive interaction with Anoushka Shankar, daughter of Indian sitar maestro Ravi Shankar. The Grammy-nominated musician and global icon was in India to showcase her debut as a film music composer.

Anoushka Shankar interacted with the FLO members and shared her journey as an artist, her musical style and the experience of creating music for a film for the first time. She also spoke about the expectations from her to have lived up to her legendary father, the world's most famous sitar player, Ravi Shankar.









Connecting Women Entrepreneurs: Celebrating Women's Entrepreneurship Day: November 16, 2017

FLO, organised a session titled "Connecting Women Entrepreneurs", commemorating Women Entrepreneurship Day, in collaboration with Global Linkers.

The theme of the Women's Entrepreneurship Day event was 'Connecting Women Entrepreneurs'.

Panellists included – Kanika Tekriwal (Founder, JetSetGo), Neha Kirpal (Founder-Director, India Art Fair), Priyanka Gill (Founder, POPxo), Richa Kar (Founder, Zivame). The discussion was moderated by Fatima Mahdi Karan (Consulting Editor, Business Television India).



Fatima Mahdi Karan, Consulting Editor, BTVI



Summi Gambhir, WED India Ambassador & Co-founder, GlobalLinker



Kanika Tekriwal, Founder, JetSetGo



Richa Kar, Founder, Zivame



Priyanka Gill, Founder, POPxo



Neha Kripal, Founder-Director, India Art Fair





Celebrate Creativity: Release of Women Artisans Craft Directory from 29 States & An Interactive Session with Anju Modi & Sanjay Garg: December 19, 2017

The launch of the Women Artisans Craft Directory took place in the presence of two eminent personalities - Sanjay Garg & Anju Modi, designers and fashion entrepreneurs . Sanjay Garg is the Founder of Raw Mango, a brand of contemporary Indian hand-woven textiles crafted using traditional techniques. Anju Modi's 25 years old label has evolved to become a revered and coveted designer brand. Besides deriving concepts from cultural heritage, Anju Modi also contributes to the bank of textile reserves and ancient crafts.



Interaction with Tanmay Bakshi, World's Youngest IBM Watson programmer in Conversation with Gadget Guru, Rajiv Makhni: December 22, 2017

FLO organised a very interesting session with Tanmay Bakshi, 14 year old World's Youngest IBM Watson programmer, cognitive developer, TEDx Speaker, Algorithmistand Author.

Tanmay Bakshi, is an Indian origin computer genius who fell in love with computers at five, released his first iPhone app at nine, and at just 14 years old is now working with IBM on artificial intelligence.

He was in conversation with Gadget Guru, Rajiv Makhni, who hosts technology shows like 'Gadget Guru', 'Cell Guru' and 'NewsNet 3.0', which air on NDTV 24×7, NDTV Profit and NDTV India.





She Leads India: Celebrate Women...today and everyday! : March 7, 2018

FLO in collaboration with www.SheThePeople.tvorganised a very interesting session titled "She Leads India, to commemorate International Women's Day.

Smt. Sheila Dikshit- former Chief Minister of Delhi; Neerja Birla - Philanthropist; Aditi Mittal- Comedian; Priyanka Raina- social entrepreneur; Shreya Singhal- Lawyer; Rashmi Bansal- Author & Manisha Raisinghani- Founder-Loginext Solutions; Shivani Malik, Da Milano and Nistha Satyam, UNWomen shared their experiences.



Vasvi Bharat Ram, FLO President with Smt. Sheila Dikshitformer Chief Minister of Delhi



Aditi Mittal, Stand-up Comedian



Priyanka Raina, Social Entrepreneur

Neerja Birla, Philanthropist; Vasvi Bharat Ram, FLO President & Ms Shaili Chopra, Founder of SheThePeople.TV





AWARDS



Felicitation of Cancer Crusaders Launch of FLO Health Initative: Nurturing the Nurturer: September 21, 2017

FLO recognises and celebrates the stories of women achievers who breaks all stereotypes, beats all odds and be inspirational role models for women across the globe. Towards this, three inspirational women were felicitated with the FLO Cancer Crusader Awards - Dr. Vijay Bharathi Rangarajan, Neerja Malik, and Lisa Ray. FLO saluted these women achievers as lcons of Inspiration, for their achievements and challenges, and giving back to the society in the most extraordinary way.

Dr. Vijaya Bharathi Rangarajan, is the Founder of CAN-STOP (Cancer Support Therapy to Overcome Pain), a community-based voluntary organisation that provides cancer patients and their families with counselling services, functions as a link between the patient's family and the doctor, provide the patients with nutrition and helps younger patients find sponsors to fund their treatment.

Neerja Malik, a double cancer survivor, works with cancer patients to spread awareness. She is the trustee of the NGO 'Sankalp' that works at providing free education to the girls. Her book, "I Inspire" is her own inspirational journey.

Lisa Ray, Actor, Philanthropist & Cancer crusader is the first Indian celebrity to chronicle her cancer diagnosis publicly by announcing from the Toronto International Film Festival and through her blog the Yellow Diaries which has been now commissioned into a memoir by Harper Collins.



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ULANII BULLE



ANTIPRIYA PATE

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AWARDS



Felicitation of Women Cricketers Women Empowerment (WE) in Sports -BREAKING THE BOUNDARIES: October 24, 2017

FLO believes that successful women must be recognized not only because they deserve to but also it encourages other women to face all odds and emerge victorious and confident.

It is especially true when Indian women are breaking all stereotypes and bringing laurels to our country in the field of cricket, which has been always considered as a male bastion.

It is in this spirit that FLO felicitated the Golden Girls of Indian Cricket, Mithali Raj & Jhulan Goswami, who have led the Indian Cricket team to the finals of the World Cup 2017 and created a defining moment in the history of women's cricket in India.

Rahul Dravid, Former Indian Cricket Captain felicitated them in the event.







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WORKSHOPS

Prof. Daniel McQuade, Columbia Business School, NY on Venture Creation and Expansion- MBA- My Business Plan: May 22, 2017



A very enriching session on "MBA- My Business Plan: Venture Creation & Expansion" was organised, with Prof. Daniel MQuade, Columbia Business School, NY.

The objective of the programme was to familiarize the participants with some of the important issues related to creating an effective business plan for setting up a new venture, expanding an existing business, creating the right marketing strategies, developing a unique branding and innovative way to play in the market.



WORKSHOPS



Gender Parity Index: Train The Trainers Workshop: July 4, 2017

FLO released India's first Gender Parity Index in April 2017, with the objective to evaluate gender diversity in India's formal sector.

A "Train the Trainer" workshop with the research team was organised in order to facilitate the process of preparing the report on Gender Parity, which would articulate the success, challenges and policy recommendations for the government.





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--- Sir Shri Ram

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Other Interests

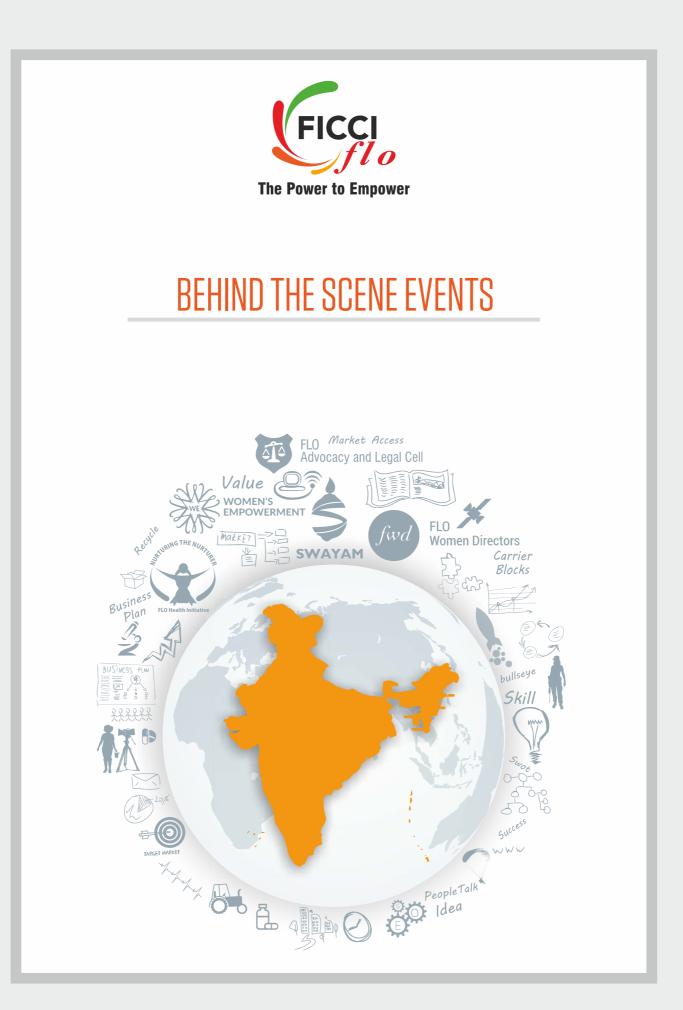
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BEHIND THE SCENE EVENTS

A FLO Exclusive: Behind the Scenes of Indigo , an Interaction with Aditya Ghosh, President, INDIGO: July 14, 2017

FLO organised an exclusive session for members – "Behind the Scenes of Indigo Airlines", an interactive session with Mr. Aditya Ghosh, President, INDIGO.

It was an exclusive opportunity for the members to witness what goes on behind the scenes of the meticulous planning and execution of the airline, which flies four of every 10 Indian domestic passengers.



BEHIND THE SCENE EVENTS



From Design to Delivery: A Visit to Good Earth Factory at Ballabhgarh, Faridabad & Interaction with Anita Lal, Founder of Good Earth and Simran Lal, CEO of Good Earth December 5, 2017



A visit to the Good Earth Factory at Ballabgarh, Faridabad provided a wonderful opportunity to witness behind the scenes of making luxurious Good Earth products. The members were privileged to be walked through the treasures of the luxury design space, through crockery, clothes, spa products, décor and lifestyle sections.

An inspirational interaction with Anita Lal, Founder of Good Earth and her daughter Simran Lal, CEO of Good Earth, on their journey and learnings was also organised.





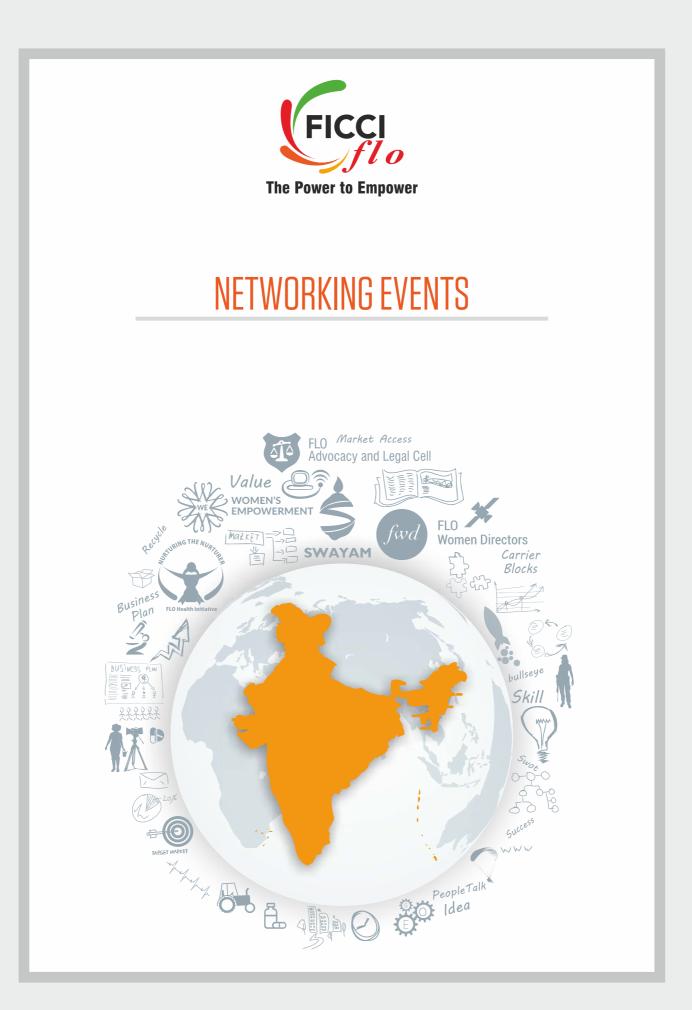


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Get Social: Networking Session for New Members : August 11, 2017

An exclusive networking session was organised for the new members of FLO & YFLO. Aptly titled, GET SOCIAL, the Meet provided a wonderful platform for welcoming new members and orienting them with the objectives and activities of FLO.

The event was hosted by Governing Body Member, FLO and Past YFLO Delhi Chairperson, Priyanka Agarwal at her residence.





SHRIRAM Bhartiya Kala Kendra - 61st year of The Legendary Dance Drama: October 6, 2017

In an endeavour to celebrate the India's artistic and cultural heritage, FLO provided an opportunity for the members to witness the legendary dance drama by Shriram Bharatiya Kala Kendra- Shriram.





The Annual Fellowship Meet- "A Celebration of Basant": January 22, 2018

FLO & YFLO Delhi jointly organized a Networking & Fellowship meet for the members at Past President Anuradha Goel's residence. The Meet provided a wonderful platform for interaction with fellow members & new members and to connect with them professionally and at a personal level. It was even more significant that the Fellowship Meet coincided with the celebration of Basant Panchami, the festival that celebrates love and learning.

Women Delegates from ASEAN countries, Ms. Maria Aurora Geotina, Pacita Juan, and Ma Khine Zaw, who were in India to attend the ASEAN-India Commemorative Summit in New Delhi, also attended the Fellowship Meet.











Curated Walk-India Art Fair 2018: February 10, 2018

An exclusive curated walkthrough was organized for the FLO members at the 10th edition of India Art Fair. It was an excellent opportunity for the members to visit the India Art Fair, which is the leading platform to discover modern and contemporary art from South Asia and a portal to the region's cultural landscape.









Sundowner at Haveli Dharampura: February 21, 2018







Ghalib Ki Dilli – Words in the Garden: A Celebration of Literature, Arts & Ideas : February 24-25, 2018

FLO collaborated with IILM for Words in the Garden – A celebration of Literature, Arts and Ideas at the India International Centre. The literature festival aimed at exploring and celebrating Delhi through words, ideas, expressions, discussions, dialogues, readings, exhibitions and performances.

FLO Governing Body member Shoba Jolly conducted a workshop on photography. FLO Past President Archana Garodia Gupta & FLO Member Anjali Jaipuria were invited as panellists.







TU COUNTRIES



FLO Vital Voices' Global Mentoring Walk : March 10, 2018



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CHAPTER PRE-LAUNCH CHAPTER LAUNCH AT UTTARAKHAND





CHAPTER PRE-LAUNCH AT UTTARAKHAND

Interaction with Shri Trivendra Singh Rawat, CM of Uttarakhand at Dehradun: August 26, 2017



Pre-Launch interaction with prominent women of Devbhoomi, Uttarakhand to introduce FICCI Ladies Organisation: August 26, 2017



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CHAPTER LAUNCH AT UTTARAKHAND



Launch of FLO Uttarakhand Chapter January 13, 2018



FLO launched its 14th Chapter "FLO Uttarakhand Chapter" in Dehradun, the capital city of this beautiful Himalayan state. Shri Trivender Singh Rawat, Hon'ble Chief Minister of Uttarakhand, launched the new Chapter and delivered the keynote address. It was an honour for FLO that the launch was hosted at the CM's residence at Dehradun.

Ms. Dia Mirza, Actor, Producer & UN Environment Ambassador was the Guest of Honour. Smt. Rekha Arya, Hon'ble Minister of Women Empowerment & Child Development, Uttarakhand also graced the occasion.

Shilpi Arora, FLO Governing Body Member was announced as the first Chairperson of Uttarakhand Chapter. The programme was very well attended, with several dynamic women entrepreneurs and professionals from Uttarakhand and also other pan India Chapter members of FLO, besides the Presidium, Past Presidents & National Governing Body Members. =







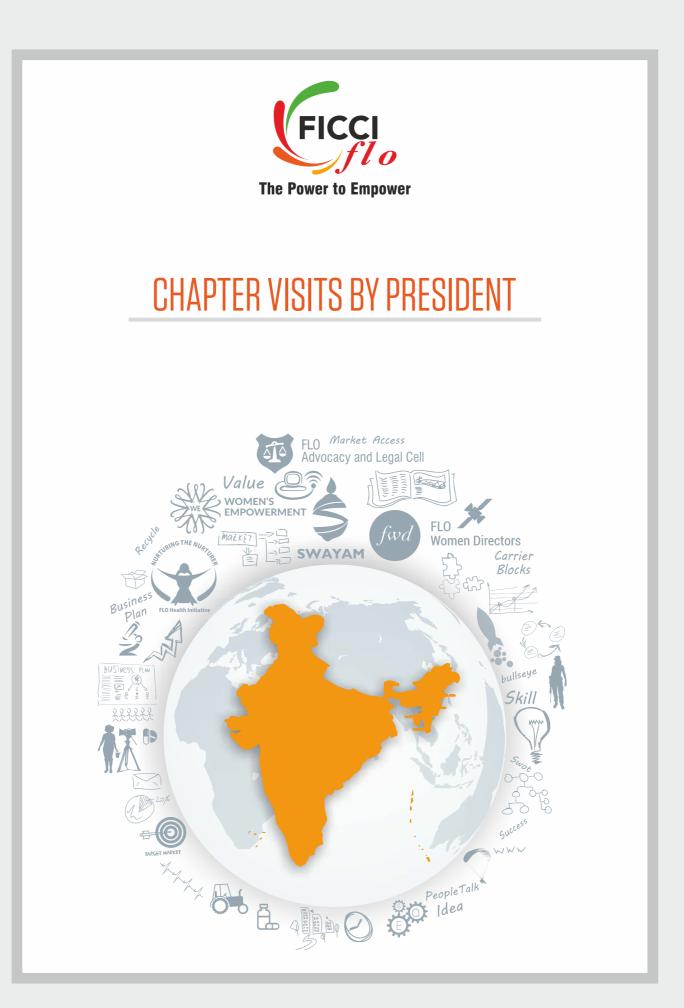


CHAPTER LAUNCH AT UTTARAKHAND

FLO Women's Car Rally in support of "Save The Girl Child" : January 14, 2018

FLO Women's Car Rally in support of 'Save the Girl Child' was also organised at Dehradun. The Rally was flagged of by The Hon'ble Chief Minister from his residence. The rally saw enthusiastic participation with almost 60 cars helmed by over 150 women drivers and navigators traverse through Clock Tower and Rajpur Road before reaching Antara Senior Living where the event concluded. The cars were decorated with colourful stickers, balloons and flowers accentuating the 'Save Girl Child' message.







CHAPTER VISITS BY PRESIDENT

Lucknow-Kanpur

2nd FLO-UP Women Awards: April 29, 2017

FLO President, Vasvi Bharat Ram was invited as the Guest of Honour at the 2nd FLO UP Awards, felicitating the women of Uttar Pradesh for outstanding achievement in their respective field with separate categories for rural and urban women.



FLO Indian Women Artisans Awadh Festival - FLO IWAAF ' 18 at Awadh Shilpagram, Lucknow: February 9-11, 2018

FLO President, Vasvi Bharat Ram was invited at the Guest of Honour to FLO IWAAF '18, which was naugurated by Shri Yogi Adityanath, Chief Minister of Uttar Pradesh & Smt Rita Bahuguna Joshi, Cabinet Minister in the Government of Uttar Pradesh.





Bangalore

Digital India- Quo Vadis, the Way Forward: June 3, 2017

FLO President, Vasvi Bharat Ram was invited at the Guest of Honour by FLO Bangalore Chapter at a very interesting session titled-"Digital India Quo Vadis ... the Way Forward" with Amitabh Kant and other distinguished speakers.



FLO & YFLO Kolkata

2nd Governing Body Meeting & Interactive Session on Icons of Bengal : August 1-2, 2017

FLO President interacted with the members of FLO & YFLO Kolkata during the Governing Body Meeting hosted by the Chapter. She also inaugurated the FLO-YFLO Bazaar, along with Dr Shashi Panja and participated in the panel discussion – Icons of Bengal, held on the sidelines of the Meet.





Ahmedabad

International Dance Festival: November 19-20, 2017

Vasvi Bharat Ram, FLO President was invited as the Guest of Honour at the International Dance Festival, curated by FLO Ahmedabad Chapter in collaboration with the Indian Council for Cultural Relations (ICCR) and Avanti Foundation.



YFLO Ahmedabad

Team up for Life: November 19, 2017

An exclusive interaction was organised by YFLO Ahmedabad titled – Team up for Life, with FLO President Vasvi Bharat Ram's interaction.





Ludhiana

Interstate Meet 2017-18 at Ludhiana, Jalandhar & Amritsar: November 27-29, 2017

FLO President, Vasvi Bharat Ram interacted with the members of Ludhiana Chapter during the Interstate Meet 2017-18 at Ludhiana and the offsite visits to Jalandhar & Amritsar.



Jaipur

Session on "Murphy Rocks": December 8, 2018

Vasvi Bharat Ram, National President FLO was invited by FLO Jaipur Chapter as the Guest of Honour for a session titled "Murphy Rocks" with Mr Pratish Nair, Founder & Managing Director, Prahlad School of Branding & Entrepreneurship, as the speaker.





Uttarakhand

Launch of FLO Uttarakhand Chapter & All Women Car Rally: January 13-14, 2018

FLO President, Vasvi Bharat Ram was the Guest of Honour at the launch of the 14th Chapter of FLO at Dehradun. Shri Trivender Singh Rawat, Hon'ble Chief Minister of Uttarakhand; Ms. Dia Mirza, Actor, Producer & UN Environment Ambassador was the Guest of Honour & Smt. Rekha Arya, Hon'ble Minister of Women Empowerment & Child Development, Uttarakhand graced the occasion.

An all-Women's Car Rally in support of "Save the Girl Child" was also organised, with over 60 cars and 150 women participating init.







Chennai

FLO Chennai's Women Achievers Award 2017-18 : February 28, 2018

FLO President, Vasvi Bharat Ram attended FLO Chennai's Women Achievers Award 2017-18 at Taj Clubhouse.



Coimbatore

Interaction with Sadhguru : March 1, 2018

FLO President, Vasvi Bharat Ram was invited as Guest of Honour for an exclusive interactive session with Sadhguru Jaggi Vasudev at Isha Yoga centre. A huge delegation of members from Ludhiana Chapter, and members of Coimbatore Chapter, were, the all women audience in the special event. Chennai Chapter Chairperson Meena Mohan was a special invitee.



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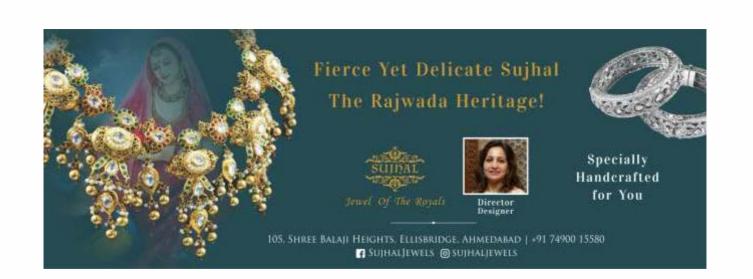
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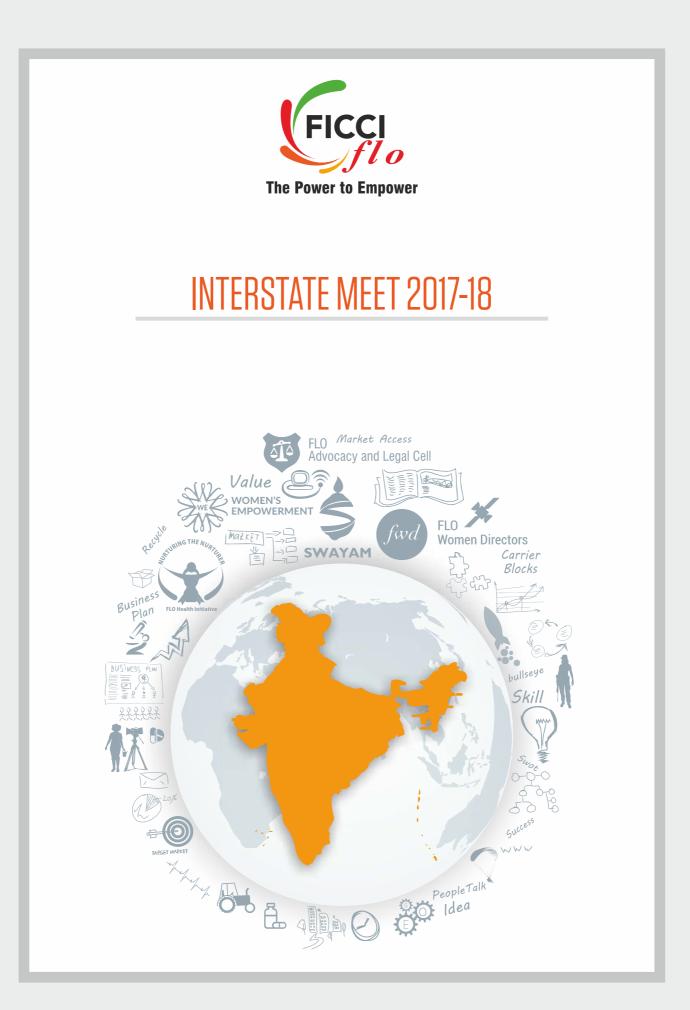


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INTERSTATE MEET 2017 – 2018

Ludhiana, Jalandhar & Amritsar: November 27-29, 2017

FLO Ludhiana Chapter hosted a 3 day long Interstate Meet 2017 & Governing Body Meeting, which had over 200 FLO entrepreneurs, members of 13 chapters of FICCI FLO, attending the event. This overwhelmingly positive response showed the active participation and contribution of women entrepreneurs in today's world.

The open interactive sessions, exhibition (Vintage Punjab) of local products by the women entrepreneurs, visit to historical places in Amritsar like Fort Gobindgarh, Jalianwalah Bagh along with a visit to Partition Museum, interaction with celebrated personalities like Mr. Navjot Singh Siddhu (Minister of Local Government, Punjab, Ms. Deepa Sahi (actor, historian and restorer) and power couple of



Vintage Punjab : Exhibition of local products by women entrepreneurs



Punjabi Theme Dinner: Rangla Punjab

INTERSTATE MEET 2017 – 2018



Ludhiana, Dr Tanveer Sachdev and Mr Parneet Sachdev (Principal Director Of Investigation Punjab and J&K) marked this well-organized event.

The visit to world famous Golden Temple, Amritsar introduced everyone to the history and religious importance of this magnificent Gurudwara which spreads the message of universal peace and brotherhood. The members especially from outside Punjab were impressed with the patriotic fervor shown by the soldiers and spectators alike, when they witnessed the Retreat Ceremony at the Wagah Border, Amritsar.



FLO Awards: Celebrating Women Entrepreneurs



Interaction with Deepa Sahi (Actor, historian & restorer) at Gobindgarh Fort



INTERSTATE MEET 2017 – 2018



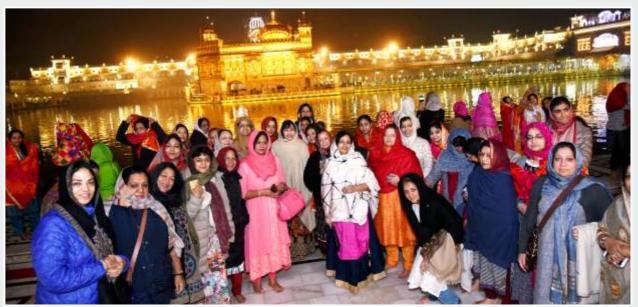
Visit to Amritsar Haveli



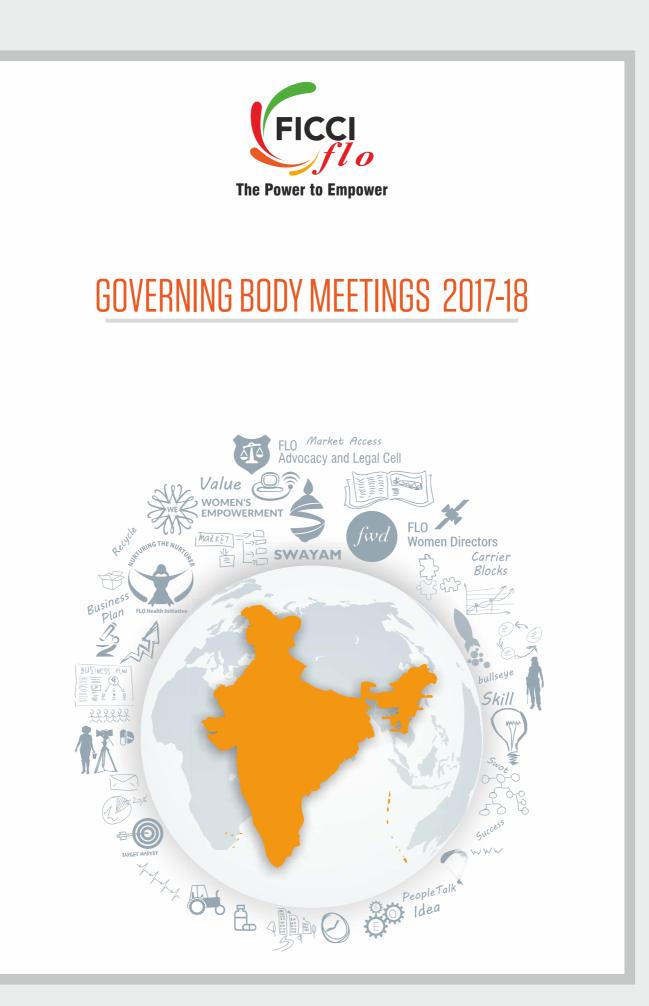
Visit to Wagah Border



Visit to Wagah Border



Visit to Golden Temple at Amritsar





GOVERNING BODY MEETINGS 2017-18

1st Governing Body Meeting 2017-18: April 15, 2017 at New Delhi



2nd Governing Body Meeting, 2017-18: August 1, 2017 at Kolkata



GOVERNING BODY MEETINGS 2017-18



3rd Governing Body Meeting : November 27, 2017 at Ludhiana



4th Governing Body Meeting: February 21, 2018 at New Delhi





FLO-YFLO Bazaar, August 1-2, 2017

Inaugurated by Dr. Shashi Panja, Minister of State for Women & Child Welfare and Social Welfare, Govt. of West Bengal







ICONS OF BENGAL- A Panel Discussion, August 2, 2017







Bengali Theme Night







Ganga Aarti & Cruise on the River Ganges, August 2, 2017







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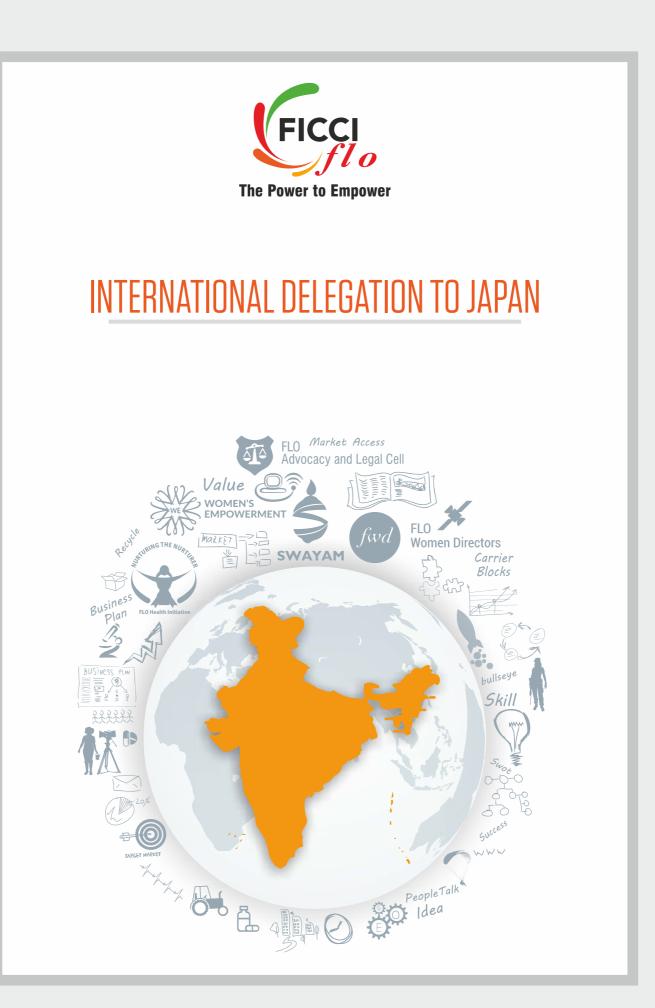
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Reception hosted by H.E. Mr. Kenji Hiramatsu, Ambassador Extraordinary and Plenipotentiary, Embassy of Japan in India : August 30, 3017

H.E. Mr. Kenji Hiramatsu, Ambassador Extraordinary and Plenipotentiary, Embassy of Japan in India, hosted a pre-delegation reception for FLO members going to Japan, at his residence in the Embassy of Japan, on Wednesday August 30, 2017.











FLO Business Delegation to Japan : August 31 - September 8, 2017

FLO President, Vasvi Bharat Ram led a business delegation to Japan, of 40 women entrepreneurs and professionals, pan- India, from August 31-September 8, 2017.

The delegates visited the exotic 'Land of the Rising Sun', which is the proud home to numerous advances in technology, geographic and historic landmarks, and a number of writers and artists. Osaka, Kyoto & Tokyo were a part of the 9 days itinerary for the delegation which had business meetings with JCCI, visited the Japanese DIET and interacted with the Parliamentarians of Japan DIET a nd also met the Indian Ambassadorin Japan.



The DIET- Japness Parliament























Tori Gate at Jinja Shrine Miyajima



Kamakura Buddha Temple



Hiroshima Peace Memorial Park



Fushimi Inari Torii Gates







Jinja Shrine Miyajima



Sensō-ji , Asakusa



Imperial Palace East Gardens



Lake Ashinoko



Kinjauji Golden pavilion



Museum, Peace Memorial Park



Osaka Castle







Skill Development Initiatives: WE Initiative

Women's Employment, Empowerments and Entrepreneurship

National Coordinator: Jayanti Dalmia

India is a thriving economy with a huge human resource base. However, only less than 20% of the eligible workforce are employable. This leaves a huge opportunity to train women, who are mostly untapped, to bridge the gap of the needs of the nation.

At FLO all the Chapters Pan India have been focusing on skilling women in traditional and non-traditional jobs. We have set the standards and guidelines and made sure that they have been either vocationally skilled in a new area or acquired a new skill. This will definitely lead to increase in the skilled workforce and thereby increase in the economy, with women participation in every sphere of economic activity. This year 1722 women are the beneficiaries in Skill Development and 514 women have benefited through Skill Enhancement.

DELHI

In Delhi we have partnered with NIIT and OM Innovation for training in data-processing and call centers to 22 young ladies. 20 women in Bakery and 3 in Spa & Wellness are also trained. Skill enhancement is done to 12 women to add value to their existing skills. We have a tie-up with Sonalika Tractors to install a sanitary towel making machine in Nanak Foundation, Timarpur, which will employ about 30-40 women.

AHMEDABAD

37 women have been trained in professional cooking in partnership with IIHM and are now self-employed.

BANGALORE

By focusing on self-employment, 36 women have been trained in catering and 20 Mehandi Art and most of them are now successfully pursing their professions. 100 girls from Govt. Colleges are trained in skills such as communication, language and computers to enhance their employabilty.

CHENNAI

50 students from MGR Janaki College for Women are trained in Block Printing, 30 in artificial jewellery making in association with Society for Rights of All Women with Disabilities, 20 girls in computers and 20 women from underprivileged society in Nurse Aide training.

COIMBATORE

Several women are trained in various skills such as 58 in tailoring, 20 in driving, 70 in beautician course, 26 in catering, 45 in EDP and 20 tribal women in packing & marketing skills.

HYDERABAD

35 women have been trained in driving, 34 ladies as security guard and 30 women are trained in tailoring in partnership with Hamstech Institute. Under SWAYAM initiative, two young entrepreneurs are shortlisted for handholding of their enterprises.

INDORE

20 girls are trained in Mehandi out of which 5 are gainfully employed and 20 girls are trained in skill enhancement. The chapter has adopted a tribal village, Nihali, through an NGO, Friends of Tribal Society to impart education and hygiene.























JAIPUR

160 women in tailoring and 197 in beauty-care are trained with the help of Jagriti Gyan Vidya Mandir and Swayam Siddhi Foundation Trust. 124 ladies are trained in computer skills.

KOLKATA

6 women are trained in candle making, 7 women in jewellery making with the help of two designers Ms. Shivaalika Julka and Ms. Shashi Julka. 5 women are trained in tailoring, 25 in mehandi, 8 quilling and 6 in candle making 13 women by partnering with Disha Fashion Institute.

LUCKNOW/KANPUR

40 women are trained in tailoring, 21 women in block-printing, 20 women in rakhi & diya making, 25 in jute, 15 neonatal and 15 in gardening. 1300 girls are also trained in self-defense.

LUDHIANA

The chapter has initiated training programs in Baking, Computers, Clinical Assistant, Tailoring and Textile Designing. 200 girls are trained in soft-skills.

MUMBAI

57 women are trained in Beauty & Hair from Nalini & Yasmin Education, 38 women in Jewellery course with tie-up by IIJ.

NORTH EAST

14 women are imparted training in Tailoring in partnership with an NGO, Swabalambi.

PUNE

42 women are trained in Cosmetology, 21 in Dress-making/Tailoring, 16 in Cooking, 29 women in Interior Design, 245 women are trained in Computers and 6 women as Clinical Assistants.

SUCCESS STORY

Aaradhana, one of the very enterprising girls of the village really worked hard on the diyas. She very efficiently took responsibility and gave work to 9 excited girls who worked under her. They worked with enthusiasm for 15-20 days to exucute the job. She was rewarded Rs. 5000 rupees which made her feel proud of her own achievements. This was the beginning of their success story. As we saw their potential we taught them wax Tlight making , & candles plus money envelopes , rakhee & block printing. Today this team is working very hard & doing work on a much larger scale, achieving larger gains.

They are now capable of procuring diyas & painting , making tlights & candles rakhees , envelopes, & other handicraft items and selling on their own thus becoming independent earners, on whom the other village ladies & men look on with great respect.

SUCCESS STORY

Snehal Limkar has been connected to the chapter's Home Chef training program held at Maharastra State Institute of Hotel Management and Catering Technology. It all happened when she accosted a FLO member by chance and it changed her life-course. During the course of her training she has realized her passion for cooking. She has mastered various techniques of international cuisine. After completion of the course FLO Pune Chapter helped her securing a position at Charoal Pit Caterers. There she has learned various aspects professional way of cooking and presentation. She is also exposed now to pressure situations of big events. She dreams to start her own catering unit one day and we wish her all the best in her endeavors.



























We in ECommerce National Coordinator: Joyshree Das Verma

India is the emerging eCommerce market in the region and women need to further encourage women to foray into this area. FLO objective is to economically empower women and E-commerce can directly connect women to the market, particularly under privileged women and in Non-Urban centres, which will significantly empower women.

FLO is working in this direction through the WE in eCommerce Initiative, with the objective to facilitate the process of women empowerment by providing them a digital platform to promote their businesses.

Some of the Initiatives, under the aegis of WE in eCommerce for the year 2017-18:

KOLKATA

FLO Kolkata organised an E-commerce training for Women in Businesses in partnership with the COO of SAHAJ where SWAYAM applicants were taken through their respective opportunities in Marketing via online platform followed by a Q&A and brainstorming session for each.

One such SWAYAM member, Ms Pallavi Shaw's products, bio-gradable sanitary napkin competitively priced for rural networks was uploaded on the SAHAJ e-Commerce website. FLO also encouraged and facilitated free sample distribution to these local sellers to help promote her product.

FLO Kolkata has partnered with a start-up community, Head-start which mentors early stage start-ups. Swayam applicants will get to learn and discuss e-commerce business planning, fundraising and marketing skills via online platforms. SWAYAM applicants started attending these sessions once a month from March 2018 onwards.

BANGALORE

FLO Bangalore had a full day workshop on Entrepreneurial Essentials on the 23rd Jan, 2018. Out of which 3 hours post lunch session covered various aspects of E-Commerce – Online and Digital Marketing. The workshop was successfully conducted by Dr. Peter Yorke who is an expert in Digital Marketing. About 50 members participated in the workshop.

MUMBAI

As part of E-Commerce Initiative FLO Mumbai had organised an excellent event on Business Marketing & Funding strategies which had speakers of repute like Dr. Gita Piramal as Guest of Honour, Dr. Indu Shahani, Jatin Govil and Vishaka Singh.





NORTH EAST

FLO North East has submitted a proposal to the Assam Government to train women entrepreneurs in 4 Districts on digital marketing and giving the women online platform to go live with their products.

LUDHIANA

FLO Ludhiana in conjunction with MSME and SHOPCLUES.COM had a training cum workshop where Members were trained on digital retail space plus facilitated to go online.

JAIPUR

FLO Jaipur had a very successful session on Social Media Marketing on the 29th January, 2018. Seema Gupta shared the prominence of social media and online marketing. The session was very well attended and there was one on one interactions of the questions and queries.







YFLO DELHI

YFLO Delhi had a fabulous session to with the Chief Mogul and Social Media Wizard Avijit Arya on how to leverage social media for business on 15th March 2018. Avijit talked about a lot of new concepts on monetising your passion, the power of videos and stories, podcasts, websites like udemy; coursera, ur org's branding on fb live, the power of Influencers and influencer Marketing, the new FB algorithm at work and the need to pay for targeted boosts, personal branding, whatsapp for business which will be launched soon, Ritual the need to be persistent and consistent for minimum 60 days to see results when Marketing on social media, to not be defined by geographical boundaries anymore and much more

YFLO Delhi also had Ms. Suchi Gupta from Pure Design Solutions on 6th March 2018 - a digital marketing company founded by her - to talk about the intricate details of Ecommerce and how to excel in it.





SWAYAM: Mentorship & Consultancy Cell

National Coordinator: Sucheta Shah

FLO has created a Consultancy and Mentorship cell - SWAYAM in all its chapters Pan India to provide support to new and existing women entrepreneurs as also aspiring student entrepreneurs, in establishing a new business and enhancing existing ones.

SWAYAM was launched nationally on September 10, 2015 at New Delhi, by Mr. Kalraj Mishra, Hon'ble Union Minister of Micro, Small and Medium Enterprises, Government of India.

The primary objective of FLO is to promote entrepreneurship and professional excellence in women. Swayam is a step further in this direction and will play an important role of connecting women entrepreneurs to the right service providers. The aim is to expedite the processes for women entrepreneurs as also to provide them with the right solutions at a reasonable cost.

Mentorship and guidance is a tool that has the potential to help women entrepreneurs grow their businesses, and in some cases change their lives. The objective of SWAYAM is to link FLO women as mentors to women entrepreneurs in 15 locations Pan India. This linkage will facilitate finance, access to banking & government schemes and help identifying franchise opportunities for potential women entrepreneurs. Panels of mentors have been created for the support and guidance of women entrepreneurs across India.

FLO SWAYAM has gone a long way since its launch in 2015. In all we have received around 800 application of which we have mentored and supported around 450 Women Entrepreneurs over the last 3 years. They range from a small Taxi driver, to sex workers to co-operatives to Small and Medium Businesses. The funding organized for them has ranged from a loan of Rs. 50000 to Rs. 1 Crore and also angel funding for a few applicants. Some Chapter wise details as under:

Ahmedabad Chapter

Tied up with SEWA women. Guided them to take their Trupti Nashta to the next level and also helped them to register themselves under FSSAI. Gave ideas to sell their products in hotels, hospitals, Govt departments and other confectioner's.

Bengaluru Chapter

After careful screening and interviews, the SWAYAM team has on boarded 20 mentees in various stages and nature of business (from gourmet cooking, artistes, niche jewellery labels, interior designers among others) and mentoring them. With one on one focus and domain specific mentoring, the success stories are begin to shape confidently.





Chennai Chapter

Ms. Candice Hunter Corby, President & CEO of Cobra Legal Solutions Inc, USA, explained the possibilities of creating opportunities for women in Entrepreneurship & Leadership and her speech on Women initiatives and empowerment was a source of energy and inspiration to all the members. She also explained how to balance work life with Family.





Coimbatore Chapter

- 1. Women Entrepreneur Development Program 7Aug to 13 Sept 2017 28 participants.
- 2. EDP 25th Oct to 23Nov 2017 7 women participants out of 25
- 3. TEDP 19Dec 2017 to 12 Feb 2018 10 out of a total of 26 participants.

In the first two, participants are trained in all the aspects of starting a new business-HR, accounts, GST, bank loans, quality control, etc. The third program was about businesses in food processing

Hyderabad Chapter

The Launch was in August with Pinky reddy and Sangeeta Reddy doing the Brochure and stall Launch with the Panel of professional members and Mr.Varun Sriram. Our LegalExpert spoke on basic corporate legal issues and recent legal developments and policy initiatives applicable for start-ups, early stage ventures and entrepreneurs.Swayam Applicants are taking help from the professional panel for Audit, legal opinion and Marketing and branding, successfully signing the MOU s with these agencies to take her project to the next level.





Indore Chapter

FLO Indore along with Acropolis institute organised a full day session where startups met investors. We started with a workshop on the art of pitching by z incubation followed by presentations by 10 startups in front of VCs Angel Investors and Bankers. These startups were chosen by a select jury from around 80 applications received from across the country. Most startups got an intent to invest by the investors present and also free use of incubation centres.



Jaipur Chapter

FICCI FLO B2B & B2C Exhibition on the 29 and 30th of January 2018. Here the entrepreneurs exhibited & showcased their products and Businesses at the exhibition. They not only earned by selling products but also got orders. Under Swayam few of these girls, skilled for beauty and stitching will be given Beauty Kits and Sewing Machines as prizes which they can use for starting their own business.



Kolkata Chapter

SWAYAM Kolkata has accepted 7 applicants. FLO Kolkata 2017-18 organized a GST training and an E-Commerce Workshop for Women in Businesses where SWAYAM applicants along with members were invited to have a brain storming session. They have partnered with a start-up community, Headstart which will coach Swayam applicants on their business planning, funding, pitching and marketing skills.

SWAYAM members are invited once a month to update or review next steps.

Lucknow

Under Swayam FLO Lucknow Kanpur Chapter Has given Loan to Aradhana Maurya for opening her Beauty Parlour in our adopted village Hingupur.

Ludhiana

1.) Project Pankh:

We have started our project with our first NGO Mision Deep where 250 girls are being mentored. From vocal training to Kathak, from textile designing to creative stitching & sewing, from web designing to life skills sessions, from baking to clinical assistant program - vibrant Colors of 8 skills are made available to the the girls. This innitiative aims to see that most of these girls learn a skill of their interest and further take to an entrepreneurship.

Second project in pipeline for us is on a discussion stage with the government on Women initiatiated dairy projects, talks are being held on setting up of cooperatives and or individual small units to mobilise Women to earn money and be self reliant from home.

Mumbai:

- Marketing and funding strategies for Women Entrepreneurs
- 2. Success stories by Women Entrepreneurs
- 3. Mentor Mentee Workshop for Art





North East

FLO North-East has trained girls in sewing and tailoring at our skilling centre in Mirza. The girls have also been mentored by other ladies who are running a tailoring business, so that they can start their own enterprise and earn a living.

FLO North-East facilitated the training of 10 women in organic during of Eri Silk. They were then given guidance under Ms Bornali on how to weave and dye products fir three market. Ms Bornali herself procures products from these Weavers and puts them on the market for the women.

Pune Chapter

We conducted a very interactive session with Cybercrime expert Mr. Ritesh Bhatia who gave us a lot of insight on how crime is committed by misusing information on social sites

2) Human Trafficking Event:

Pune Chapter concluded an interesting n sensitive panel discussion on Human Trafficking in the heart of the red light area in Pune. FLO Pune Chapter members interacted with the social workers and sex workers and undertook to educate the children of sex workers and make them stand on their own feet independently







FLO Women Directors (FWD) is a pan India initiative, with the objective to encourage induction of Women Directors on company boards as also to educate the existing women on family boards, so as to improve their effectiveness and impact.

It is pertinent to promote different skills, optimise resource utilisation and maximise the potential of women to be taken on boards and being accepted at the leadership positions. FLO is looking at creating a pool of prospective women directors as also enhance the effectiveness of the existing ones.

In India, the appointment of one woman director has become mandatory for certain companies under the new Companies Act, 2013. This step to appoint one women director on the company board is also a step taken toward "Gender Equality". The Goal of the FWD is to train women candidates and enable them with skills, resources and expertise for the appointment as directors in company board. FLO has joined hands with KPMG and Kornferrry for the training programs and we are grateful to them for being associated with FLO.

Training Program Conducted in 2017-18:

Mumbai Chapter

Panel discussion on key challenges for women director – "The Complete Picture" on 23rd Sep, 2017. The speakers were Mr. Suresh Raina From Hunt Partners, Ms. Namita Jhangiani - ErgonZegner and Mr. Vikesh Walia – Institute of Directors.







Chennai Chapter

Workshop on "Women Corporate Directors" in Family Board by KPMG on 5th Oct, 2017.

Kolkata Chapter

"Women at Work Place" with Ms. Lulu Raghavan on 14th Nov, 2017. Program was well appreciated by members as it of take home value for women working in corporate world.



Pune Chapter

Training program for "Role of Women in Family Business" with KPMG and panel discussion on 22nd Nov, 2017.

Coimbatore Chapter

Training program on "Getting Board Ready" for Family Owned Companies with Korn Ferry on 22nd Nov, 2017. Ms. Monica Agarwal, Mr. Vijay Jhalani and Ms. Ranjana Vaish Agarwal were the speakers.

Jaipur Chapter

Training program with Korn Ferry on 13th Mar, 2018.

Bangalore Chapter

Training program with KPMG on 22nd Mar, 2018. "Directors in Family Businesses" – Vikram Surana, Exec Director, Risk Consulting will be the speaker.





FLO National Health Initiative

National Coordinator: Dr. Sonali Kochhar

The First FLO National Health Initiative was set up with the vision of women empowerment. The Objectives were as follows:

- Awareness on how women can protect themselves through breast and cervical cancer screening and human papillomavirus vaccination
- Emphasis on a healthy lifestyle
- Address misconceptions related to Breast and Cervical Cancer
- Organize Breast and Cervical Cancer screenings
- Module under which FLO and NGOs can work together at various FLO Chapters
- Invite speakers on Breast and/or Cervical Cancer.
- Program under which sponsorships can be generated for women for HPV vaccination and Breast and cervical Cancer screening
- Apollo Healthcare is the National Partner for the FLO Health Initiative and a MOU was signed between between FLO & Apollo Health Care on Sept 21, 2017
- A FLO-Ernst and Young White Paper on "Call for Action: Expanding Cancer Care for Women in India"- In-depth
 paper on cancer care for women specific cancers in India was drafted. It highlighted the issues and action plan to
 correct the gaps in the country and learn from other countries. It was released by Smt. Anupriya Patel,
 Honourable Minister of State, Health and Family Welfare, GOI
- FLO Awards for Cancer Crusaders were given to Dr Vijaya Bharathi Rangarajan, Founder of CAN-STOP, Neerja Malik and Lisa Ray, Actor, Philanthropist & Cancer Crusader. An Address by Lisa Ray was done and Cancer screening vouchers were distributed to FLO members
- Two cancer screening camps at Ballabgarh were organized in association with Cancer Awareness, Prevention and Early Detection (CAPED), Indian Cancer Society

Indore

Pinkathon- Run for Breast Cancer Awareness was done with over 1500 participants. Literature and screening vouchers were distributed at nominal rates for all participants. There was media, including social media and live radio, coverage

A free Dental camp for underprivileged children was organized where 200 children were examined and oral hygiene kits were distributed, there was a presentation on oral care by a Dentist, few children who required urgent treatment were referred to the dental college for free treatment

Indore (YFLO)

Talks by a Cancer Survivor (Manisha Koirala) and Oncologists, and a talk for FLO members by two nutritionists were organised.

Bangalore

Menstrual hygiene training was done for more than 712 underprivileged women, including 150 high school girls. There was a distribution of hygiene kits (with one year stock of sanitary pads, soap and disposal bags etc.



Coimbatore

Cancers screening for rural women was conducted. An eye camp was organized to screen 150 attendees, 12 were found to require glasses and 2 children were referred for further investigation. A cancer Awareness program was conducted with 36 attendees. 2 ladies with breast lumps were referred for further investigation

Jaipur

Cervical Cancer Awareness Program was conducted in a village with 200 attendees, women with vaginal discharge, menstrual disorders, bleeding, cervical erosion etc were given medicines and investigations like pap smear were conducted.

North-East

Cervical Cancer awareness camp for FLO members was organized with Apollo Hospital, there were talks by Gynecologists and a cancer survivor and free checkup coupons were given to FLO members.

Lucknow-Kanpur

Medical camps for distribution of free medicine to 120 patients were conducted. Reusable Eco femme pads were given to 100 women, there were talks on Mensuration Hygiene for 176 students and talks on hormone therapy and skin care for FLO members.

Chennai

Free ENT Camp was organised in 4 villages for 95 adults and children. There was screening for ENT issues, audiometric assessment by Madras ENT Research Foundation team and 4 people were followed up for treatment. A walk with CAN-STOP was orgased for breast cancer awareness, attended by 70 FLO members with their families.





Walk for Life-Stride Against Cancer: February 4, 2018 at Rajpath, New Delhi

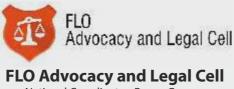
Under the aegis of the FLO National Health Initiative – Nurturing the Nurturer, FLO supported the "Walk for Life: Stride Against Cancer".

The Presidium and FLO members actively participated in the walk, with the objective of creating awareness around cancer and palliative care in the country.









National Coordinator: Reena George

The FLO Advocacy and Legal Cell is still in a very nascent stage. It was launched in December 2016. The main idea driving this initiative is to change the gender discourse in the country to reflect the voices of half the country's population and spread legal awareness so that women effectively participate in the political, economic and social reformation of the country.

NATIONAL INITIATIVES:

The first Advocacy project that was taken up was the Gender Parity Report which was released in April 2017.

FLO in partnership with Cyril Amarchand Mangaldas Advocates and Solicitors released a Handbook on Commercial Laws in India on International Women's Day. This book is intended to be a toolkit in layman terms for any entrepreneur who wishes to start a business. It takes the reader through all aspects and business laws and government compliances.



CHAPTERS INITIATIVES:

The various chapters have been taking the task of creating legal awareness in earnest.

CHENNAI

FLO Chennai Chapter in collaboration with Cobra Legal Solutions organized a series of Legal Awareness Workshops in colleges for students in Chennai.

Topics covered:

- Safety in public places
- Domestic violence act
- Gender bias and harassment at workplaces
- Rights of Women in Matrimonial Houses
- Sexual Harassment
- File an FIR
- Legal Aid for women's issues and concern
- Property Rights of Women

The 1st Workshop was conducted at Shasun Jain College for women on 7th and 9th December 2017. Very interactive Legal Awareness workshop was executed by Legal Executives from Cobra Legal Solutions, Chennai.

The 2nd and 3rdWorkshops were organised in Madras School of Social Work on 9th and 10th January.

The 4th Workshop organized at M.O.P Vaishnav College for Women on 16th February 2018.

The session sensitized the students on many important legal aspects useful for them. Feedback received from themwere very encouraging. About 460 students from the 3 colleges benefited out of this program.

The 5th& 6th Workshops was conducted at Sathyabama College for approximately 800 students on 6th& 7th March.





HYDERABAD:

Hyderabad held a session on the basic legal principles involved in starting a corporate venture. It was well attended and received positive responses for the need many more programs on related topics.







ALCOND T

AHMEDABAD

Ahmadabad conducted a legal awareness camp in conjunction with Nanavati and Nanavati a leading law firm. It was a basic session covering different aspects of the law both business and social. The session was open to members and under privileged women. The key learning by these women was that ignorance of the law is not an excuse to escape the liability of violating laws.

NORTH EAST:

North East held a very enlightening session on Sexual Harassment in the Workspace .The panelists drawn from various walks of life, traced the evolution of the law on sexual harassment in India and debated on how effective the law is, in actual practice.





INDORE:

Indore held a very informative session on laws governing the safety of women and children addressed by the Collector of Indore and the Women Empowerment Divisional Officer, Indore. The event was open to members, lawyers, school principals and non-governmental organisations. It was a very informative session on the prime causes of violence against women, the laws relating to safety, the initiatives take by the State of Madhya Pradesh and use of various mobile apps for security of women and children. The discussion raised serious issues of lapses in safety in public and private spaces. Indore is collaborating to work on a long term solution with the government.

KOLKATA:

YFLO organised an event "Decode Law for Women Ms Pinky Anand" Additional Socilictor General of India was the key note speaker. Saudamini Sharma and moderator Nandini Khaitan helped the members understand women centric laws, their rights and duties. It was a very interactive session with great learning.





Sarees... Spreading Smiles: FLO Diwali Initiative 2017 : October , 2017

This year FLO members celebrated Diwali with a Difference, through the Sarees Spreading Smiles Initiative. The vision behind this initiative was to add colour, vibrance and smiles to the lives of the less privileged women and to not just celebrate Diwali with them but also to celebrate them for who they are!

FLO partnered with various NGOs like Can Support, Chhanv Foundation, Asha Deep Foundation & Chintan Environmental Research and Action Group, Women of Elements, Spread a Smile, TCI Foundation, Save the Children, NLR Foundation, covering causes like old age home residents, women cancer patients, acid attack survivors, mental health patients, rag pickers, leprosy patients etc.

Thanks to the generosity of FLO/YFLO members, we were able to do 2700 plus distributions in the country and 13500 plus distribution across FLO Chapters Pan India. FLO Chapters who contributed to this initiative were Ahmedabad, Bangalore, Hyderabad, Indore, Jaipur, YFLO Ahmedabad, Ludhiana, Kolkata, Lucknow- Kanpur and Coimbatore.













Our NGO Partners













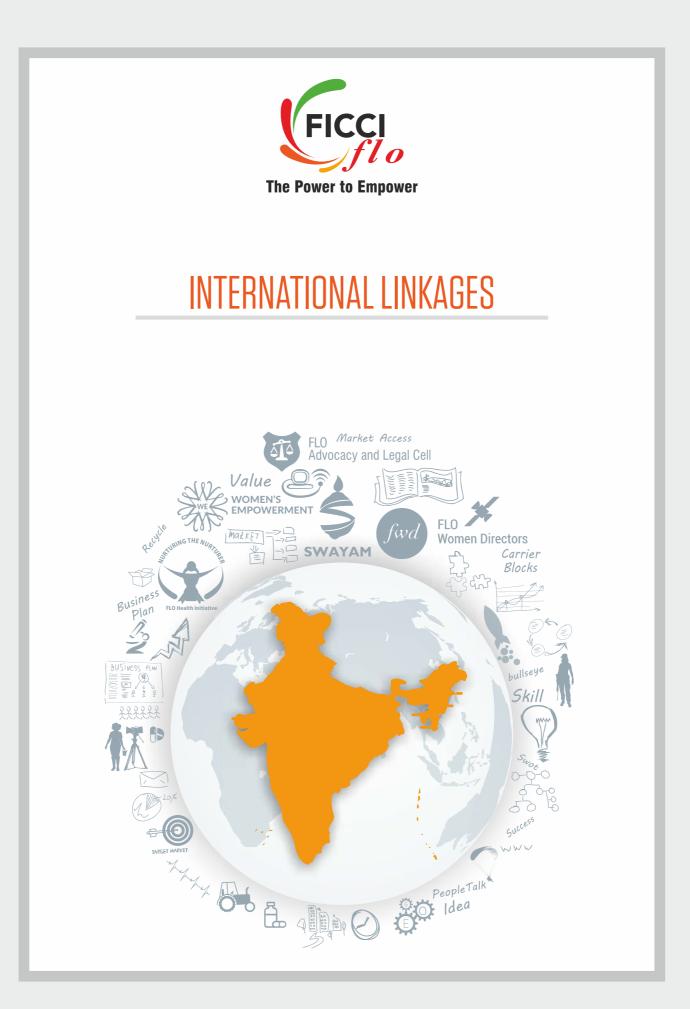








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New Zealand Delegation: May 11, 2017

FLO organised an interesting interaction with a delegation of women entrepreneurs from New Zealand, led by Annu Sharma, CEO and Founder-I am Woman.

The delegates interacted with FLO members and expressed their interest in understanding the challenges in the path of women empowerment in India.



Interaction with Women Entrepreneurs from Israel: May 12, 2017

FLO President, Vasvi Bharat Ram had a meeting with Mrs. Ofra Abramovitch, the founder of Mamanet, accompanied by women entrepreneurs from Israel. Mamanet is the Iargest women Cachibol league in Israel and has opened chapters in many other countries as well.





FLO- IWEC Programme with American Center: "From Start up to Scale up": June 30, 2017

FLO & IWEC organised a joint session with American Center on June 30, 2017. The session titled, "From Start up to Scale up", focussed on exploring investment opportunities for women owned business. The speaker Juan Sabater, connected with the participants through video conferencing. Juan is a partner of Valor Equity Partners, a growth focused, private equity firm, headquartered in Chicago, Illinois.





Indo-Japan Consultation on Women at Work and Changing Social Norms: July 27, 2017

UN Women, in collaboration with the Embassy of Japan, and FICCI, organized the Indo-Japanese Consultation on Women at Work in India and Changing Social Norms. FLO President, Vasvi Bharat Ram was invited as a Speaker.

The event saw participation from key stakeholders, including dignitaries such as H.E. Mr Suresh Prabhu, Minister of Railways, Gol, H.E. Mr. Kenji Hiramatsu, Ambassador of Japan to India, Ms Keiko Takegawa, Director-General, Gender Equity Bureau, Cabinet Office of Japan, Mr. Amitabh Kant, CEO NITI Aayog, Dr Miwa Kato, Regional Director, UN Women Office for Asia Pacific, and Dr Rebecca Tavares, Representative, UN Women Multi Country Office for India, Bhutan, Maldives and Sri Lanka.





Ms Kyoto Hokugo, Director-Ministry of Foreign Affairs, Japan & Ms Kaori Sasaki, President & CEO-UNICUL International Inc., Japan : July 27, 2017

FLO Presidium had a meeting with Ms Kyoto Hokugo, Director-Ministry of Foreign Affairs, Japan & Ms Kaori Sasaki, President & CEO- UNICUL International Inc.,Japan.



Meeting Women Parliamentarians from Nepal: October 3, 2017

Nepal stands at the 14th position globally with regards to women leaders in the parliament. In the election, 191 women leaders (33.2%) were elected out of 575 seats, and Cabinet nominated 6 women out of 26 seats, resulting to 197 women members (32.8%) in the Legislative parliament. An interaction with women parliamentarians of Nepal was very inspirational for FLO members.





Young Political Leaders from American Council of Young Political Leaders (ACYPL): November 9, 2017

FLO hosted a luncheon meeting with a delegation of Young Political Leaders from US, brought in by American Council of Young Political Leaders (ACYPL), a nonpartisan non-profit organization founded in 1966.

The American Council of Young Political Leaders (ACYPL) program focuses on international educational exchanges for young political leaders worldwide. Each year, a group of young people poised to become global leaders and policy makers is selected for the exchange programme through a rigorous selection process.

The delegates interacted with FLO members and expressed their interest in understanding the challenges in the path of women empowerment in India.







10th IWEC Awards & Conference 2017 at Washington: November 12-14, 2017

The 10th IWEC Awards & Conference was held at the Microsoft Corporate Office Headquarters in Redmond, Washington.

The theme of this year's conference was 'Connecting Women Businesses Globally: Accelerating Growth through Innovation & Technology.' The objective was to celebrate global success in women entrepreneurship, build new connections, and discuss how innovation and technology can accelerate business growth. Royal Highness Princess Noor Asem of Jordan chaired the conference.

The 3 awardees from India this year were: Devika Ramesh, Lubeina Shahpurwala & Monika Dhaka. They are FLO members from Coimbatore, Mumbai and Delhi respectively.

Harjinder Kaur, Vice President-FLO & Global Ambassador - IWEC, and Mukta Nandini Jain, Past President- FLO & Chairperson-CACCI attended the Conference.







Commendation Ceremony by Japanese Embassy: November 15, 2017

FICCI has received Japanese Foreign Minister's commenda-tions for its exemplary work in promoting India Japan bilateral trade and economic relations. FLO President, Vasvi Bharat Ram was a special invitee.

The Ambassador of Japan to India hosted a reception on Wednesday, the 15 of Novem-ber, 2017 at Ambassador's Residence, Embassy of Japan, and New Delhi to confer the certificate of Foreign Minister's Commendation on FICCI.



42nd India-Japan Business Cooperation Committee Meeting, January 23, 2018





India ASEAN Women's Business Forum : Participation in ASEAN Events held in 2017-18









Women Leaders Round Table with Canada's Prime Minister, the Right Honourable Justin Trudeau: February 20, 2018

FLO President, Vasvi Bharat Ram was invited to participate in an Women Leaders Round Table with Canada's Prime Minister, the Right Honourable Justin Trudeau, in Mumbai. 25 select women business leaders, including Kochhar, Ipsita Dasgupta of Star India, fashion designer Anita Dongre, Accenture's Rekha Menon, lawyer Zia Mody and banker-turned-entrepreneur Falguni Nayar, FLO President Vasvi Bharat Ram among others, were invited for this roundtable. Mr Trudeau said the meeting was so insightful that it went on for 90 minutes rather than the scheduled 60 minutes.



Justin Trudeau 🖻 Prime Minister of Canada | Premier mini... 18h

Really insightful discussion with the leaders at our roundtable on women in business today in Mumbai with ICICI Bank CEO... see more



13,881 likes • 378 comments







Transformation begins with empowerment...

Bansidhar & Ila Panda Foundation (BIPF), the social development arm of IMFA, implements sustainable and scalable intervention through strategic partnerships and a multi sectoral approach. BIPF is broadening its reach in 5 districts of Odisha. Its initiatives are focused on healthcare, education, skill development, water & sanitation and women empowerment.



PUBLICATIONS



White Paper on Call for Action: Expanding Cancer Care for Women: September 21, 2017

FLO launched the National Health Initative for Women: Nurturing the Nurturers. Smt. Anupriya Patel, Minister of State, Health and Family Welfare, GOI was the Guest of Honour. Apollo Hospitals partnered with FLO for this important initiative.

A White Paper on Call for Action: Expanding Cancer Care for Women, was brought out in collaboration with E & Y. This Paper brings forward a high level summary of the key action points based on the analysis of current gaps, study of successful and relevant global experiences and deliberations with key stakeholders in public and private providers actively involved in the delivery and management of cancer care in India.





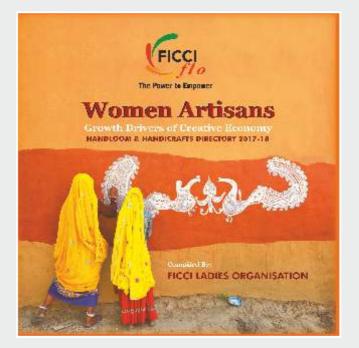
PUBLICATIONS



Release of Women Artisans Craft Directory from 29 States: December 19, 2017

FICCI Ladies Organisation (FLO) released a Women Artisans Craft Directory in an event titled "Celebrate Creativity". This Directory covers the 29 states of India and highlights the creative dexterity of more than 400 women along with their contact details.

The launch of the Directory took place in the presence of two eminent personalities – Sanjay Garg & Anju Modi, two designers and fashion entrepreneurs who understands the true potential of Handlooms & Handicrafts and its significant role in providing employment to a vast segment of craftsperson, thereby preserving the intangible heritage of our country.







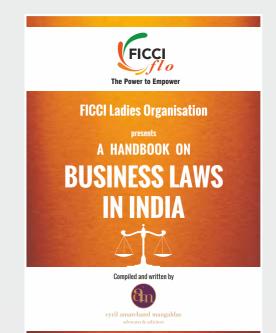
PUBLICATIONS

Release of FLO-CAM Publication on Business Laws in India : March 7, 2018

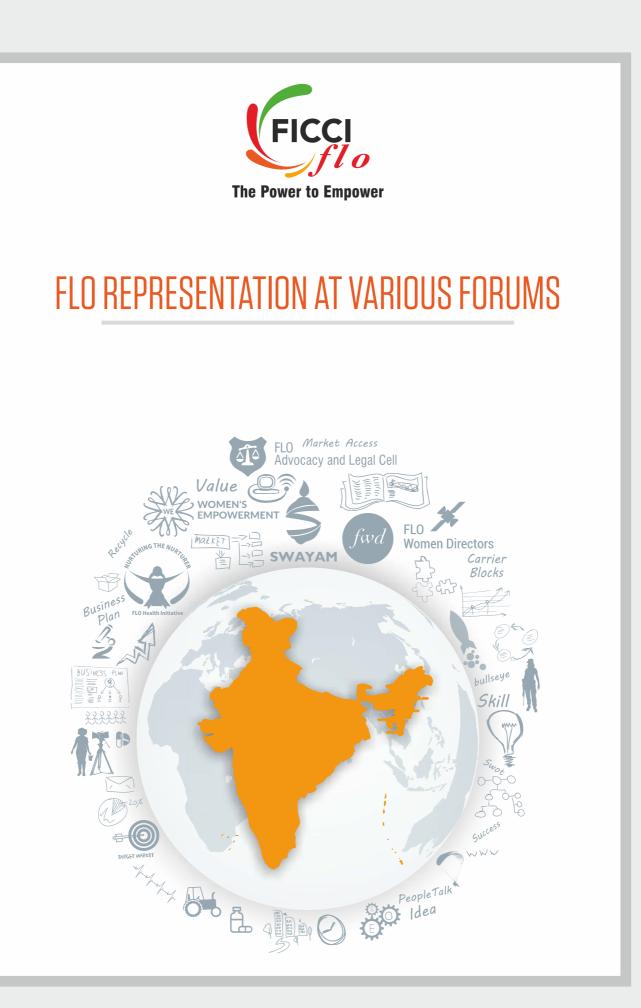
To commemorate International Women's Day, FLO organised a session titled "She Leads India", in collaboration with www.SheThePeople.tv and UNWomen.

It was marked by the unveiling of the FLO-CAM Publication on Business Laws in India. FLO in collaboration with Cyril Amarchand Mangaldas has compiled the commercial section of laws that women entrepreneurs need to be aware of. This publication hopes to empower Indian business women by bridging the knowledge gap of legal terminologies, rights and other legal aspects of running their won ventures.

Former Chief Minister of Delhi, Smt. Sheila Dikshit unveiled the publication, in the presence of other dignitaries.









FLO President @ FICCI: Women in Leadership: Expanding Influence and Catalysts for Success : May 1, 2017

Vasvi Bharat Ram, FLO President was invited by FICCI to address a session titled "Women in Leadership: Expanding Influence and Catalysts for Success". Dr Kiran Bedi, Lt Governor Puducherry, Dr Meenakshi Gopinath and Prof. John Dewar, Vice Chancellor, La Trobe University, Australia also addressed the session.

With an aim to encourage women to take up leadership positions, FICCI along with Delhi based Australia-India Institute, La Trobe University, had organised this roundtable.







Road to Global Entrepreneurship Summit 2017: Celebrating and Empowering Women in Entrepreneurship: November 14, 2017

FLO National Joint Treasurer, Poonam Mahajan & Past President, Archana Garodia Gupta represented FLO as Speakers at the Road to Global Entrepreneurship Summit 2017: Celebrating and Empowering Women in Entrepreneurship at American Center, New Delhi.







National Seminar on Stree Shakti: January 27, 2018

FLO President Vasvi Bharat Ram was invited to speak at the national seminar on "Stree Shakti", organised by the Group of Intellectuals and Academicians (GIA), IIMC and Prajna Pravah at Jawaharlal Nehru University.



Jiyo Befikar- All Women Bike Rally by Navbharat Times: March 11, 2018

FLO President, Vasvi Bharat Ram was invited by Navbharat Times (NBT) to address Delhi's first 'All Women Bike Rally'. Completely rejecting gender roles & stereotypes, this bike rally had 290 women steering the bikes. The rally flagged off from DLF Place, Saket at and culminated at DLF Promenade, Vasant Kunj. In attendance and showing their support were Actor Jimmy Shergill, Actor & biker Neetu Chandra, Mrs. Annapurna Mishra (Mayor, East Delhi), Mrs. Savita Gupta (Mayor, South Delhi), Mrs. Vani Tripathi (national General secretary of Bharatiya Janata Party), Mr. R P N Singh (Minister of State for Home Affairs), renowned dancers Nalini & Kamalini and fashion designer Samant Chauhan.





Zee News Fairplay Awards : March 21, 2018

FLO President, Vasvi Bharat Ram was invited to give away the Zee News Fairplay Award to Deepa Mallik, for special achievements and extraordinary feats in the field of sports. Deepa Malik's mother and daughter came on the stage to receive the award on behalf of her. Malik is the first Indian woman to win a medal in Paralympic Games when she bagged silver medal at the 2016 Rio Paralympics in the shot put. She also has a gold medal in F-53/54 Javelin event at the para athletic Grand Prix held in Dubai in 2018. She is currently the World Number one in F-53 category..



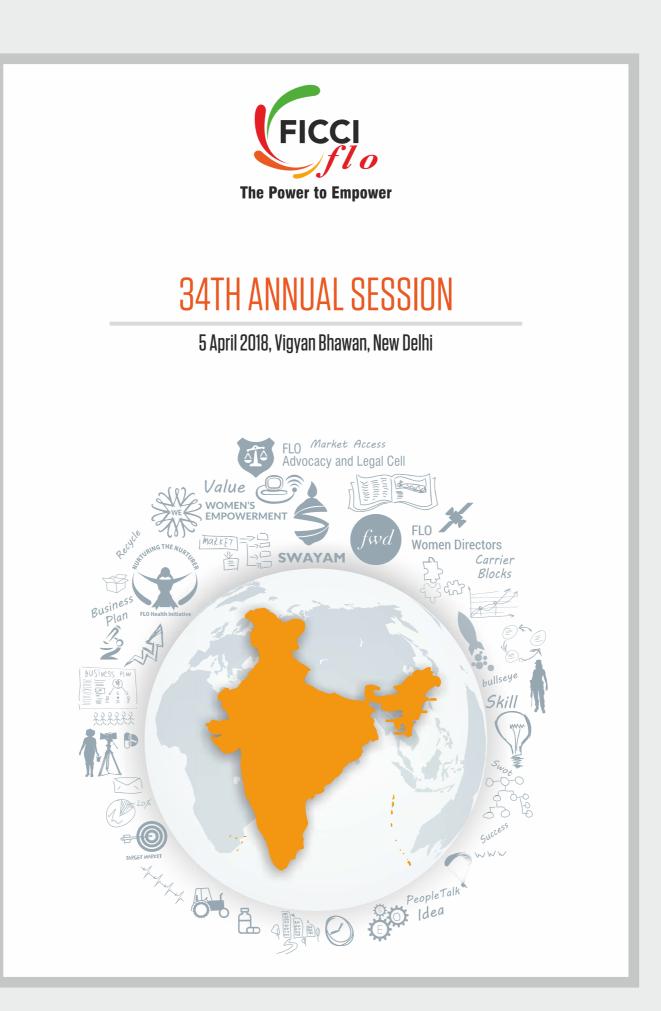


THANK YOU SPONSORS











34th Annual Session Theme: Women Transforming India

FLO organized its 34th Annual Session on April 5, 2018 at Vigyan Bhawan. Hon'ble President of India, Shri Ram Nath Kovind was the Chief Guest and delivered the keynote address.

As women play increasingly important roles to take the country forward, FLO is best positioned to play a catalyst's role in bringing about a positive impact. Towards this objective, the theme for the 34th Annual Session was WOMEN TRANSFORMING INDIA.

Speaking on the occasion, the President said that women constitute half our country. They contribute to our economy at work and at home, in many diverse ways. Yet, when it comes to business and commerce, it is regrettable that women have not been given their due. We need to create conditions for more and more of our daughters and sisters to come into the workforce. We need to push harder to ensure appropriate, encouraging and safe conditions at home, in society and at the work-place to enhance the percentage of working women.



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President Arrival







President FLO presenting Hon'ble President of India with a memento







Annual Report 2017-18



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FLO ICON Awards : April 5, 2018

As a part of its activities, FLO brings together Women Achievers who have broken through challenges, beaten the odds and played inspirational role models for women around the globe.

Commemorating the occasion, FLO recognised 9 Indian Women Achievers with FLO ICON AWARDS, those who have touched the peak of their careers/ businesses and are inspirational leaders in their respective fields. Dr. Jyotsna Suri, Past President, FICCI and Shri Rashesh Shah, President-FICCI gave away the Awards.

The awardees were:

- 1. Dr Aarti Vij, Chief of AllMS' Organ Retrieval and Banking Organization (ORBO) for Health & Wellness
- 2. Ms Ekta Kapoor, Joint Managing Director and Creative Director of Balaji Telefilms for Media Entrepreneurship
- 3. Ms Twinkle Khanna, Entrepreneurs, Author, Film Producer, for Conscientious Cinema
- 4. Ms Falguni Nayar, Founder & CEO, NYKAA, for Digital Entrepreneurship
- 5. **Dr Tessy Thomas**, Director, Advanced Systems Laboratory (ASL), for Science & Technology Defence Research and Development Organization (DRDO) for Science & Technology
- 6. Ms Namita Gokhale, Author and Director of Jaipur Literature Festival, for Promoting Literature
- 7. Ms Bharati Chaturvedi, Founder of CHINTAN, Environmentalist and writer for Environmental Protection
- 8. Dr Seema Rao, Commando Trainer, certified Doctor and MBA in crisis management for Commando Training
- 9. Ms Kamal Kumbhar, Social entrepreneur & Founder of Ekta Producer Company for Grassroots Mobilization

Awardees with President





FLO Icon Awardees

34TH ANNUAL SESSION

FLO Icon Awardees in Conversation with Shereen Bhan – Managing Editor, CNBC-TV 18 on "Women Transforming India"

142 ANNUAL REPORT



FLO Icon Awardees



ANNUAL REPORT 143





FLO ICON AWARDEE for Health & Wellness - Dr Aarti Vij, Chief of AlIMS' Organ Retrieval and Banking Organization (ORBO) and Dr. Jyotsna Suri, Mr. Rashesh Shah & Ms Vasvi Bharat Ram



FLO ICON AWARDEE for Media Entrepreneurship - Ms Ekta Kapoor, Joint Managing Director and Creative Director of Balaji Telefilms and Dr. Jyotsna Suri, Mr. Rashesh Shah & Ms Vasvi Bharat Ram





FLO ICON AWARDEE for Conscientious Cinema -Ms Twinkle Khanna, Entrepreneurs, Author, Film Producer and Dr. Jyotsna Suri, Mr. Rashesh Shah & Ms Vasvi Bharat Ram



FLO ICON AWARDEE for Digital Entrepreneurship-Ms Falguni Nayar, Founder & CEO, NYKAA and Dr. Jyotsna Suri, Mr. Rashesh Shah & Ms Vasvi Bharat Ram





FLO ICON AWARDEE for Science & Technology- Dr Tessy Thomas, Director, Advanced Systems Laboratory (ASL), for Science & Technology Defence Research and Development Organization (DRDO) and Dr. Jyotsna Suri, Mr. Rashesh Shah & Ms Vasvi Bharat Ram



FLO ICON AWARDEE for Promoting Literature -Ms Namita Gokhale Author and Director of Jaipur Literature Festival and Dr. Jyotsna Suri, Mr. Rashesh Shah & Ms Vasvi Bharat Ram





FLO ICON AWARDEE for Environmental Protection - Ms Bharati Chaturvedi, Founder of CHINTAN, Environmentalist and Writer and Dr. Jyotsna Suri, Mr. Rashesh Shah & Ms Vasvi Bharat Ram



FLO ICON AWARDEE for Grassroots Mobilization ---Ms Kamal Kumbhar, Social entrepreneur & Founder of Ekta Producer Company and Dr. Jyotsna Suri, Mr. Rashesh Shah & Ms Vasvi Bharat Ram



FLO GENDER PARITY INDEX AWARD was given to Synchrony

FLO is also taking a lead in making the formal sectors of the economy realize the need for creating equal opportunities for women. First of its kind in India, Gender Parity Index is being created to measures the extent of gender parity in the formal sector. FLO GENDER PARITY INDEX AWARD was given to Synchrony, which has been Ranked #1 on the Index. Mr. Sunil Bijlani, Sr. Vice President - Human Resources – Asia and Mr. Faisal Khan, Sr. Vice President – International Operations and Business Leader of Synchrony collected the award.





Ms Shereen Bhan

Interaction with Awardees



Dr Aarti Vij



Ms Twinkle Khanna



Dr Tessy Thomas



Ms Bharati Chaturvedi



Ms Ekta Kapoor



Ms Falguni Nayar



NAMITA COVUM Ms Namita Gokhale



Ms Kamal Kumbhar







Change of Gaurd

Ms Pinky Reddy took up the mantle as the 35th President of FLO for the year 2018-19, from Vasvi Bharat Ram , President FLO 2017-18.



150 ANNUAL REPORT





Press Clippings











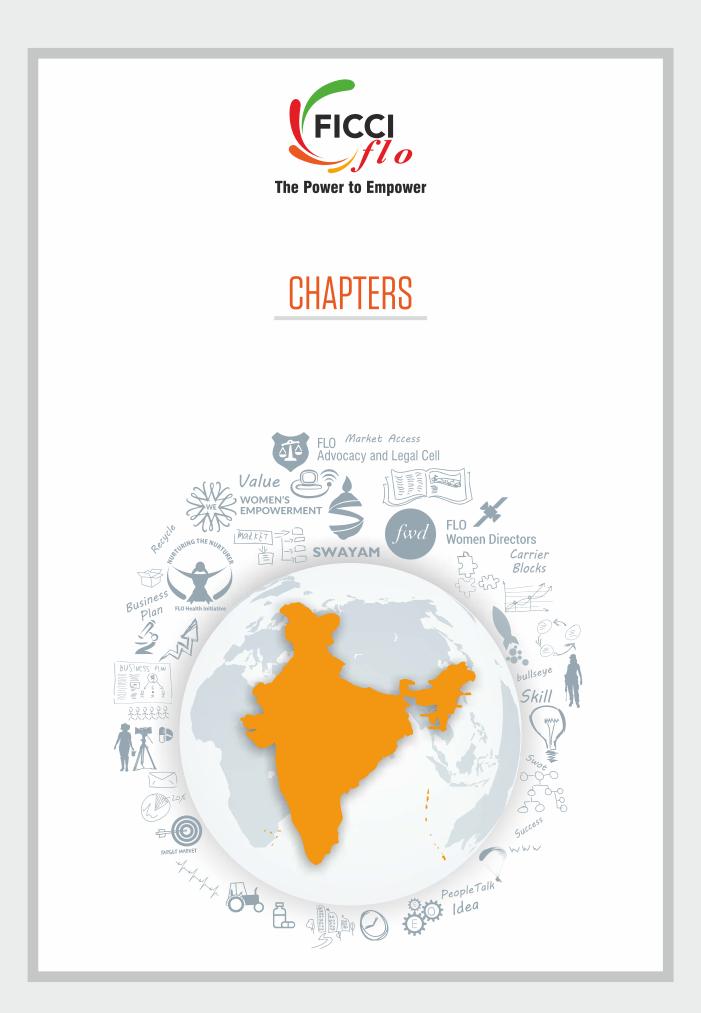






FLO President Vasvi Bharat Ram featured amongst women who have achieved extraordinary success in Prime Minister Shri Narendra Modi's Mann Ki Baat, January 28, 2018







YFLO DELHI Chairperson's Message



Dear Members,

"Together We Transcend"

"A person's mind, once stretced by a new idea, never regains its original dimensions." In my personal trajectory, the idea that has expanded my consciousness forever is YFLO. Leading YFLO Delhi has been one of the most exciting and enriching phases of my life. Meeting eminent leaders from India and across the world, interacting with a cross-section of urban and rural women, listening to the enlightened views of our members & guests, have all enriched me in a way that is almost transformational.

This year we endeavoured to bring the very best of resources and opportunities to YFLO Delhi, to help nurture learning, increase networking and ensure engagement amongst our members. The highlight of the year was the inspitational YFLO interaction with Hon'ble Prime Minister of India Shri Narendra Modi Ji at his residence and taking up projects inspired by his suggestions to us. The Flagship Management Program Crucibold was launched in December to further strengthen entrepreneurship amongst our members.

YFLO is also about touching the many lives of women at the grassroots levels as we did through the year by our programs at the womens' ITI, skilling and empowerment through education.

As I complete my tenure as Chairperson YFLO Delhi, I would like to thank each and everyone of you for the enthusiastic support extended to me and my team every step of the way.

The journey continues..inspiring young women to become empowered leaders and creating greater impact!

With warm regards, best wishes & many thanks,

Aanchal Sethi Chairperson, YFLO Delhi



Atashi Singhania Sr. Vice Chairperson



COMMITTEE MEMBERS

Mandira Lamba Vice Chairperson



Ekta Gupta Treasurer



Change of Guard : April 7, 2017

Aanchal Sethi took up the mantle of YFLO Delhi Chairperson from Trupti Gupta. The theme of her tenure is Together We Transcend.



Interaction with Defence Minister of Canada, Harjit Singh Sajjan : April 18, 2017

YFLO Delhi met Honourable Mr. Harjit Singh Sajjan, Defence Minister of Canada, at a dinner reception held by His Excellency Mr Nadir Patel, Canadian High Commissioner to India.





Jaipur Royals: A Rani's Rendezvous -Retreat to Jaipur : April 24-25, 2017

YFLO Delhi retreat to Jaipur was a huge success. It was an array of interesting events, including interaction with Princess Diya Kumari, degustation and flavouring workshop with Masterchef at Meraaki Kitchen, one of a kind experience at the unique Jal Palace, visit to one of the foremost Private Museums Gyan with a first-hand view on how high end jewellery is manufactured, with a stop at the Narain Niwas Shopping colonade and the icing on the cake... a regal stay at the Fabulous Sujan Rajmahal Palace!



The Game Changers : May 12, 2017

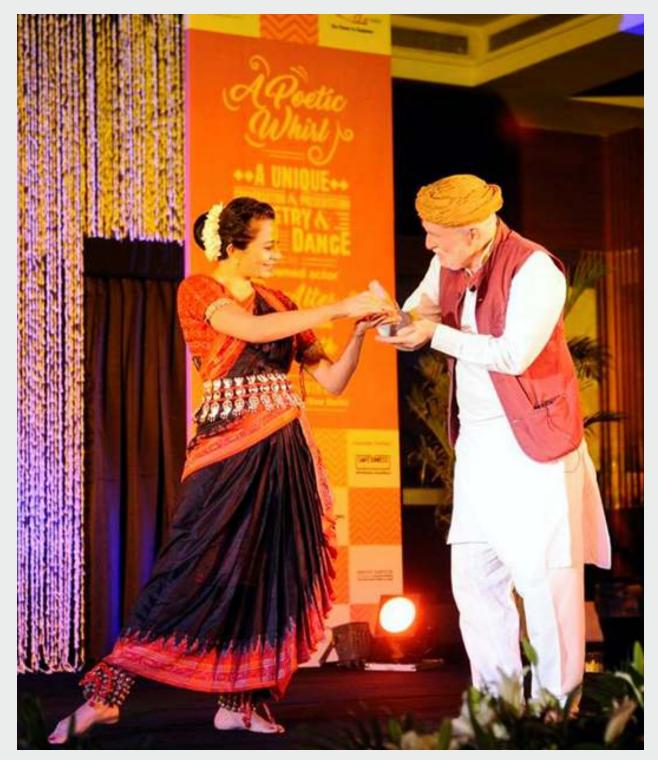
FLO Delhi was graced with the presence of Mr Jayant Sinha, Minister of State for Civil Aviation, Dr Punita Kumar Sinha, Sonia Golani and Shereen Bhan, True Game Changers in their fields, were also invited. Mr and Mrs Sinha both excel in their professions, spoke about their journey from IIT to Harvard to corporate and politics. We also unveiled the book "What after Money and Fame" with author Sonia Golani, in which Mr Jayant Sinha is featured. Shereen Bhan of CNBC, another game changer lead the stellar discussion. Ms Vasvi Bharat Ram, President FLO was our Special Guest.





A Poetic Whirl with Tom Alter & Zia Nath : July 20, 2017

Together we transcended into the learnings and energy of Rumi's Poetry through the intricate tapestry of language and movement with Padma Shri Tom Alter's magnetic recital & danseuse Zia Nath's whirling. We learnt to find the center that is calm despite strong spinning forces all around. The program was followed by a whirling workshop with Zia. The program truly gave us the much needed literary and inspirational dose we all need.





Up Close and Personal with Jackie Shroff : July 27, 2017

YFLO's electric young women met and got to really know the living legend, Actor Jackie Shroff. The indomitable star shared his life's journey - his family, struggles, astrology, his value system, work in the movies and future generation. It was an exciting, honest and insightful morning for us at YFLO.



Interaction with Hon'ble Prime Minister, Shri Narendra Modi: August 3, 3017

YFLO Delhi was privileged to meet with Hon'ble Prime Minister Shri Narendra Modi at his residence. The Prime Minister congratulated YFLO for their enthusiasm and encouragement to an important cause. The discussions focussed on the vital role of women in the family front, education, the economy thresh hold, and in securing the country's future. Inspired by one of his suggestions, YFLO Delhi took up the agenda of helping to set up libraries in MCD Govt. Schools.





New Delhi English Premiere of YUGPURUSH on Monday : August 28, 2017 at Kamaani Auditorium

It was a packed house this evening, at the Kamani for the globally acclaimed play, "Yugpurush, Mahatma ke Mahatma". The play is a heart touching and riveting story on the profound spiritual relationship between the great Indian saint Poet and Philosopher - Shrimad Rajchandra Ji and Father of the Nation, Mahatma Gandhi. The theatrical treatise on Shrimad Ji's stellar life from whom we all can draw tremendous inspiration and the making of the Mahatma. The play expounds values of satya, ahimsa, ethical conduct and persistence that have stood the test of time and act as solutions to the problems faced in modern times. Hon'ble Minister Uma Bharti ji inaugurated the play.



Rise Shine Outshine with Brahma Kumari, Sister Shivani : September 8, 2017

When world renowned Brahma Kumari Sister Shivani, who has touched millions of lives, graced the members of YFLO Delhi, it sure was an enlightening and elated morning for us. With her ingenuous ability she analysed and addressed a wide spectrum of topics like spirituality, self empowerment, life skills, harmony in relationships & leadership skills. We quote: "Power is when no person or situation can touch our state of mind."





The Art of Mindful Parenting with Dr Shelja Sen, India's leading Child Psychologist : September 19, 2017

I accept and love you the way you are. You are unique, you are different and you are you. I will not compare you with others, I will not constantly keep expecting and demanding what you might not be able to do or give.

A session on the art of mindful parenting was organised by YFLO Delhi, with Dr Shelja Sen, India's leading child psychologist as the facilitator. Her nuggets of wisdom, amassed over her practise of over two decades, cannot emphasise enough about the profound impact of being present and mindful to ourselves and to our children in the here and now.



Inauguration of Library supported by YFLO Delhi : October 3, 2017

Inspired by Hon'ble Prime Minister's suggestions on recirculation of books, YFLO Delhi set up the first library at MCD Govt School in Amar Colony on October 3rd. Through our "Bank Your Books" campaign, YFLO Members helped to collect over 5000 books in less than 2 weeks and funded the library infrastructure. The joy brough in these childrens' lives will stay with us forever.





Health & Medical Camp at YFLO Vatika : October 5, 2017

YFLO Delhi Member Dr Noopur Jain & Dr Shefali Jain conducted a health & medical camp for over 150 people residing in and around the YFLO Vatika in Gadaipur where we support the education of young children. We also set up play rides for the children of the school, a novelty for them. This year YFLO has supported the construction of the toilet & utility areas at the school.



Mentoring Program at Womens' ITI, Siri Fort : October 9, 2017

YFLO Delhi has partnered with the Jijabai Womens' ITI in Siri fort this year to conduct mentoring programs by YFLO Delhi Members for the young girl students. Ace designer Elisha Wadhwani conducted the first session. Exposure of the nuances of the practical world truly created an impact on the young students.





Raising Millennials in the Digital Age : October 27, 2017

With Dr Vanita Uppal, OBE The British School; Kallie Purie, Ankhi Das, Saket Modi & Rajiv Makhni

YFLO Delhi in collaboration with Sheetal Ansal & Ansal University, organised a riveting panel discussion on digital technology being a boon or bane. Tech guru Rajiv Makhni led the stellar discussion. Vanita Uppal talked about parenting as a collaboration, urging that it should be



about participation not control. Ms. Purie argued that growing up today is tougher because through social media children live their entire private lives in public view. While assessing the value of personal relationships that are formed through social media, Ms. Das stressed the positive contribution, and the opportunities that go alongside the hazards. Mr. Modi challenged the idea of 'digital detox', insisting that we should not regard digital media as toxic.

YFLO Delhi Flagship Initiative: Leadership & Management Program Crucibold : October-March 17, 2018

This year each chapter had to take up a flagship initiative – What we realised was that a lot of learning was possible beyond the events if we have an ongoing program and mentorship of our young members by senior entrepreneurs – Hence we launched the YFLO Delhi Crucibold Management Leadership program esp designed for women entrepreneurs



from the US – to help enhance skills and overcome any challenges our members face in their business. This has been a very successful initiative with a lot of analysis and take home value for the members in their sphere of business. Each member who enrolled was also connected to a mentor in his/her area of work





A Celebration of Basant: Fellowship Meet : January 22, 2018

This year's FLO-YFLO Delhi collaborative Fellowship meet was an astounding success and saw a lot of engagement and networking amongst the members.



The Indian Parliament: Inside & Out : February 12, 2018

YFLO Delhi's exclusive visit to the Indian Parliament on February 12th was truly a unique experience to see and learn about the Power of the Indian Democracy in action, its houses and functions and the awe inspiring Central hall with the Life size portraits of India's freedom fighters and Prime Ministers. The event concluded with a Lunch specially hosted for YFLO Delhi at the Parliament canteen with Mr Sunil Shastri ji, former minister and son of India's second PMLal Bahadur Shastri.





YFLO Delhi Young Women Achiever Awards : April 6, 2018

YFLO Delhi's Annual program, the illuminating and inspiring YFLO Delhi Young Women Achiever awards to honour and salute the contributions of young women leaders in varied fields was held on 6th April. The ceremony marked yet another stupendous learning year and creating impact in the history of YFLO.

The Awardees were:

- Malaika Arora for Fashion
- Shagun Chowdhary for Sports
- Dipali Goenka for being an Inspirator
- Vrinda Kothari for Media
- Poonam Mahajan for Politics
- Riddhima Kapoor Sahni for Design
- Aditi Rao Hydari for Acting
- Tanvi Ahah for Performing Arts
- Shradha Sharma for Journalism
- Ananya Birla for Entrepreneurship
- Kulsum Wahab for Community Service
- Suchita Salwan for Business
- Japani Shyam for Visual Arts







AHMEDABAD CHAPTER

Chairperson's Message



Dear Friends,

None of us is as smart as all of us!

Our team in Ahmedabad has put its might together and hosted a variety of events to satiate the requirements of the array of members that we have - the professionals, entrepreneurs, designers, homemakers' et al!

The real test though, was the International Dance Festival, which we hosted in November. With troupes from various cultures from across the globe, the inauguration of the festival was graced by FLO National President, Ms. Vasvi Bharat Ram and Padmashree and Padmabhushan recipient, Ms. Kumudini Lakhia.

The team has functioned in cohesion to achieve great success and I am grateful to each one of them for their contribution as also our members for their whole hearted support.

I am also thankful to the Presidium, Ms. Rashmi Sarita and specially Ms. Vasvi for always being there to answer all my queries patiently and always giving valuable advice with a wisdom that belies her age!

Regards, **Pavani Bakeri Agarwal** Chairperson, Ahmedabad Chapter

COMMITTEE MEMBERS



Shubha Bhandari Sr. Vice Chairperson



Babita Jain Vice Chairperson



Shilpa Patel Treasurer



Pooja Singhvi Jt. Treasurer



Krina Shah Secretary



Rajmati Binaykia Jt. Secretary



Roopa Patel Imm. Past Chairperson



Change of Guard Ceremony : April 22, 2017

Ahmedabad chapter's outgoing chair, Roopa Patel, handed over the baton amidst applause and anticipation to the incoming chairperson, Pavani Bakeri Agarwal. The evening was made purposeful with the launch of the Advocacy & Legal Cell. Iconic Bollywood director-producer, Subhash Ghai spoke on gender harmony and the need to learn Sanskrit in school. Women achievers from diverse fields like sports, entrepreneurship, performing arts, education and others were awarded the FLOTUS trophies during the Sambhavaa awards ceremony, which stood out for the lifetime achievement award going to Padmashree Renana Jhabvala.





Balancing Emotions for Productivity : April 30, 2017

Swamini Vimlananda's wisdom laden speech had the ability to give love at the crux because the demand for love isn't decreasing but the numbers of those who can give love are dwindling. We are therefore beggars of love and should transform into givers thereby balancing emotions. Without falling into the man-woman superiority trap women should leverage the inherent differences between the two sexes and take decisions based on intellect rather than emotions.

Meet with SEWA Craftswomen : May 23, 2017

FLO Ahmedabad interacted with Mirai Chatterjee, Director, SEWA and the SEWA craftswomen during an art workshop at SEWA Haveli - a heritage building. A deft SEWA team ensured that highly skilled and experienced women demonstrated the famous crafts of block printing and 'Baadla' work and that FLOites let their creativity flow during the 'do it yourself' routines. Art, heritage and the socio-economic well-being of women were skillfully inter-woven to provide FLOites with a very enriching experience.





World Environment Day : June 5, 2017

A panel of expert environmentalists discussed the role of local agencies and citizens for minimizing damage to the environment. The need to adopt segregation of waste by citizens at their doorstep was emphasized. The ability to do so is an intrinsic view of the Indian philosophy of 'Panchbhoot' opined one of the panelists, while another informed the audience about the number of roads made in the city with the use of plastic waste.



International Yoga Day : June 21, 2017

FLOites learnt the art of feeding the 'PanchKoshas' of the body, performed as an as and pranayama and practiced detachment during a wit and grit filled interactive yoga session conducted by Ms. Riri Trivedi. The mind being an uncontrollable devil, the more one tells it to free



itself from thoughts, the more it remains trapped in them. Nevertheless, 'Meditation frees us from daily stress and this is not difficult to attain', was the core contention.



Shiv Khera : June 24, 2017

Celebrated author and motivational guru, Mr. Shiv Khera, spoke about the importance of ethics, hard work, dedication and sincerity in professional life. Through his own rise from a failure to a successful motivational speaker, he elucidated the undeniable and far-reaching effects of good ethics in the lives of everyone. He clarified doubts about one's own role and work-related issues.



Fellowship meet : July 10, 2017

The Ahmedabad FLOites decided to have some fun – the right context for a successful fellowship meet. New and existing members introduced themselves to enhance acquaintances. Friendship, fun and food anchored members.



Investment simplified : August 18, 2017

Mr. Bishnu Dhanuka provided valuable insights for financial and emotional independence of women. He advocated a basket of investments comprising of fixed deposits, gold and real estate and also emphasized on research as opposed to free tips on equity investment.





An interaction with Chef Pooja Dhingra : August 20, 2017

FLO hosted celebrity pastry chef Pooja Dhingra and its member Gayatri Chona - a nutritionist and entrepreneur. The duo talked about their life journeys, interest in food and a chievements. Dhingra introduced macaroons in India after switching her career from law to baking. She is now a proud owner of Le 15 Patisserie in Mumbai. Gayatri used her expertise in food to open Hubber and Holly, a new venture under the flagship brand Havmor. A recipe for making healthy cookies was shared and demonstrated by Pooja.





Sumedha Mahajan – an interactive session : August 28, 2017

Endurance runner and author Sumedha Mahajan spoke about how despite being asthmatic she played tennis in her childhood and ran from Delhi to Mumbai championing the cause of environment protection. As she cut through rural India during the run she gained insights on the travails of everyday living specially for women.

Hester Biosciences Ltd.: September 9, 2017

FLO member Nina Gandhi sponsored an industrial visit to Hester Biosciences Ltd. which was founded by her husband Rajiv Gandhi under whose visionary leadership the company is a leader in the animal health care and poultry vaccines segment. Members gained an appreciation about health care for a different segment and got an insight not only into the nuances of entrepreneurship in this sector but also into visionary leadership.





Ram Charan : September 27, 2017

FLO members had the opportunity to hear it from Ram Charan, the globally active guruconsultant in business management, well known speaker and author of several books on leadership and steering through business dynamics for goal fulfillment. An unchallenged authority that he is, his words of wisdom gave perspectives on digital economies, leadership, winning in evolving global economies, empowerment, determination & focus. His mantra for the new age economies was 'start as a startup and then scale up'.





Namrata Sheth – interactive session : October 7, 2018

FLO Ahmedabad Chapter members enjoyed an interactive session with Namrata Sheth and explored the myths of weight loss. The moot point as it turned out was a balance between exercise, diet and sleep. "Why am I not losing weight despite....?" This universal dilemma was resolved to the extent knowledge inputs are concerned. As for making the mark on the weigh scale; members' battle with sweet tooth or binging shall continue. Thanks to such events by the Chapter, members can network and get reminded of their obligations for physical and emotional well being.

Cory Walia–the art of perfect make-up : November 6, 2017

Famed make-up artist Cory Walia conducted a workshop on the art of perfect make-up as an important element of grooming. In a wit and h u m o u r l a c e d s e s s i o n h e demonstrated how the perfect look entailed using make-up to enhance, correct, conceal or distract away from the shortcomings of facial contours and features. Members were taught various techniques keeping in mind one's skin texture and colour, shape of eyes, brows and dark circles, hair type



and colour. Amidst repeated rounds of applause and 'wows', Cory, an artist par excellence transformed a few FLOites with a live demonstration.



Pink Parade – a walkathon : December 10, 2017

FLO supported Pink Parade organized by Dr. Shefali Desai of Samved Hospital in order to create awareness about breast cancer. FLO members participated in a walkathon and Past Chairs Sajani Dua and Deepa Shah as well as current Chairperson Pavani Bakeri Agarwal felicitated cancer survivors after the walk.



WE initiative – Mehndi skills workshop : June 29, 2017 and ongoing

A 3-day intensive workshop to skill two batches of women in Mehndi application was conducted giving the much-needed impetus to women entrepreneurship. Sarita Sinha, Chair - Swayam Cell facilitated the initiative through a team from MehndiCultr, the implementation partner. Impeccable support and guidance from WE Convener - Rajmati, WE Team Members and FLO-Ahmedabad Chairperson Pavani Bakeri Agarwal, yielded many a smile and confidence among the participants.





Makarba School WE Initiative : Since July 2017 - ongoing basis

Chapter members volunteered to educate and skill young girls of a municipal school at Makarba on a weekly basis under the "Beti Padhao, Beti Badhao" campaign. The idea is to educate the girls as well as to bring them at speed with creative skills having a livelihood potential.



'WE' Initiative : July 28, 2017

Chapter members donate under the 'Happy to give' initiative of Dreams Foundation so that no one in a needy family sleeps hungry. Other 'WE' initiatives include distribution of prepared hot Food and grocery items for the needy.





'WE' initiative : August 9, 2017

A talk on menstrual hygiene and the use of sanitary napkins was organized for over 50 underprivileged women and girls who were provided with free packets of sanitary napkins. Two participants who would be supplied sanitary napkins at cost were identified for selling them in their area and to spread awareness about menstrual hygiene.



WE initiative - Culinary skills at IIHM : Ongoing since 2016

FLO works for the empowerment of the underprivileged women through culinary skills development for which it has a national tie-up with the International Institute of Hotel Management. In the current year, more than 30 women were skilled by the Ahmedabad Chapter to a level that they would start their own catering business or get suitable employment. The participating beneficiaries were nominated by two leading institutes – SEWA Ahmedabad and the IIT Gandhinagar as part of its CSR through NEEV. With exposure to multi-cuisine cooking, these women who hitherto were adept at local cuisines, will now be able to cater to a wider market.



WE Initiative – FLO's first woman Driver : October 10, 2017

Jayshree Ben has done the FLO Ahmedabad Chapter proud by becoming the first woman cab driver from Ahmedabad to have received her driving license – an irrefutable claim to her road-worthiness. Under WE initiatives, FLO had tied up with the local wing of Maruti Suzuki to provide free training to deserving and underprivileged women. With the successful



training of its first candidate, FLO aspires to create a pink drivers brigade in other cities of Gujarat too.



Legal Advocacy Cell Initiatives : November 18, 2017

Sushma Kankaria, convener of the Ahmedabad Chapter's Legal Advocacy Cell for Women, conducted a session on legal issues relevant for women, be they homemakers, entrepreneurs or professionals. Vaibhavi Nanavati, Managing Partner of Nanavati & Nanavati, a leading legal services provider, addressed about 50 women on a variety of laws that have an impact on business, profession and social life. The event was conducted at Manav Sadhna, a not for profit organization, for the benefit of underprivileged women.





International Dance Festival : November 19 & 20, 2017

It was the heritage week and the city was entrenched in celebrating its stature as a world heritage city. FLO took the cultural festivities a notch above by presenting a two-day International Dance Festival for the citizens and members alike, in collaboration with ICCR and Avanti Foundation. Folk artistes from Vietnam and Zimbabwe as well as various states like Punjab, Assam, Manipur, Karnataka, Rajasthan and the Dangs in Gujarat, performed breathtaking pieces. On the 19th morning, the dancers first performed in a carnival on the city's roads and were cheered by local

citizens who had gathered along the route. Later on, amidst the well-lit ambience of an amphitheatre and the occasional nudge of wintry winds, they rendered a grand spectacle of rhythm, movement and colours. Clearly, they had won over the audience– it continuously broke into cheer calls and applause for every troupe. Chief Guest, Smt. Vasvi Bharat Ram, FLO National President and guest of honour, Padmabhushan and renowned Kathak expert, Smt. Kumudini Lakhia, inaugurated the festival. Chairperson Pavani Bakeri Agarwal along with various committee members as well as volunteer members had put in their might and fervor for more than three months to bring up a kaleidoscope of music and folk dances.

Brain Mapping : December 22, 2017

Each one of us is born with a unique set of fingerprints containing clues about our character, innate strengths, passions, intolerances and other traits. FLO Ahmedabad invited Mr. Sanjeev Agarwal & Aloke Hurra of Brainbow DNE, who conducted a session on brain mapping through fingerprint analysis, a scientific method of skills assessment wherein no questioning of or interaction with the client is required. Instead, these dermatoglyphic experts make a scientific visual assessment of the



fingerprints and based on analysis, guide clients on how to capitalize on their core competencies and overcome their shortcomings. The other benefits of this technique include self-understanding, stress removal and enhanced productivity.



Fellowship Meet : January 8, 2018

A warm, friendly and homely fellowship meet took place at Pavani's ,in the outskirts of the city amidst the paddy fields of Kolat and Moriaya villages. Would any one slacken the tempo of camaraderie that ensued? not at all. In fact rounds of Antaakshri and the ubiquitous introductions of members made sure friendship flowed. The chitter-pitter rose as the number of participants swelled and members tried catching up with each other. Networking at its hilt is how it could be summed up.



A romantic journey into the world of fragrances : January 19, 2018

Mr. Rajiv Sheth, CEO & Creative Director, Just Scents Pvt. Ltd. took FLOites into the magical world of perfumes. Even those without a penchant for perfumes were lured into its depths. In a short workshop members dabbled with samples of fragrances and learnt to identify different types of fragrances. Having been familiarized with the subtleties and nuances of the plethora of fragrances, they became more aware about the process of perfume making and the art of selecting one best suited for their body type and personality.





WE Initiative – Talk on menstrual hygiene, Makarba Municipal school : January 23, 2018

Dr. Sonal Desai, a leading gynaecologist, spoke about various facets of menstrual hygiene to the girl students of the Makarba Municipal School, which was also attended by women of various age groups of the local community. Having explained the physical and emotional dynamics of menstruation at length, Dr. Desai laid emphasis on the use of sanitary pads and appraised them about options that are more economical.





WE Initiative – play equipment in primary schools : February 3, 2018

FLoite Gorsi Parekh upgraded the 'e pathshala' teaching aid software at the Amrapur primary school. It was earlier provided by her a few years ago under the aegis of the Atul Parekh Memorial Trust when the school was adopted for development by the Ahmedabad Chapter. Besides, a variety of play equipment provided by the Chapter to the Amrapur primary school as well as the Indira Nagar pre-primary school were formally inaugurated in the presence of the village Sarpanch, Dy. Sarpanch, principals,

teachers and students. Ahmedabad FLO thus ensured its commitment to this end.

Soft skills management : February 10, 2018

Management expert Indu Singhal ensured that FLOites honed their soft skills while she made them play games of a different sort. Blind folded and instructed to achieve tasks in pairs and groups, members saw through the layers beneath which were centered trust, interdependence, goal orientation, the essentials of perfect coordination and many more. It was experiential learning at its best.





Visit to Sardar Patel farm : February 22, 2018

FLO members had a great time at the sylvan Sardar Patel farm, Kathwada on Thursday, 22nd February. Spread over more than 150 acres, the farm produces a variety grains, pulses, fruits and vegetables. The biodynamic, organic and scientific farming practices that they have adopted in the farm, result in optimal and healthier produce. The plant nursery specialises in a rare collection of plants and succulents. The bouganvillea and champa, available in myriad colours and varieties are a visual treat. The visit had a therapeutic effect on most of us!



Rejuvenate yourself, Recharge Yourself : February 27, 2018

"Sabse bada rog, kya kahenge log!" Isn't that what robs us of our freedom and peace ? And happiness? As Prof. Falguni Vasavada Oza of MICA rightly said, it is how we deal with our life, the choices that we make, how we prioritise our lives and people in our lives, that determines our happiness! The session on ' Rejuvenate yourself, Recharge Yourself' was an eye opener for all the FLO members as they learnt how to be comfortable and happy with their own selves, expect less from themselves and invent and invest in themselves! It isn't about neglecting others, it's about not neglecting yourself!





YFLO AHMEDABAD Chairperson's Message



Dear Friends,

Woman must not accept; she must challenge. She must not be awed by that which has been built up around her; she must revere that woman in her which struggles for expression.

I believe my responsibility towards woman empowerment does not end here but begins here.

Let me begin by saying how privileged I feel to have had the opportunity to serve this institution. I wish to thank each one of you for enabling me to serve in this position and especially Past Chair-persons Roopa Patel & Ritu Jain for their constant encouragement and confidence in me. I truly feel that the last one and a half years have been immensely fulfilling, and have allowed me to gain valuable experience in the workings of this esteemed organisation.

The selfless support extended by the committee members is worthy of applause, and I express grati-tude for the grit and determination displayed by them round the year.

The end of a year is a good time to look back, reflecting on achievements, and to look forward, to see what we still need to accomplish.

I conclude the year with the following, very meaningful lines "The woods are lovely, dark and deep. But I have promises to keep, and **miles to go before I sleep".**

Regards Aditi Parekh Chairperson, YFLO Ahmedabad

COMMITTEE MEMBERS



Shriya Damani Sr. Vice Chairperson



Swati Goradia Vice Chairperson



Aarohi Shah Treasurer



Ratna Jani Secretary



A Story about Curing Cancer – Manisha Koirala, Dr. Somesh Chandra & Dr. Deepa Trivedi : April 23, 2017

A Cancer Survivor and a fine film actress – Manisha Koirala along with Dr Somesh Chandra and Dr. Deepa Trivedi (Leading Oncologist) from Ahmedabad graced the occasion on 23rd of April 2017.



Uncensor the Censored With Mahesh Bhatt : June 24, 2017

A one of a kind event, YFLO had invited Mr. Mahesh Bhatt, an Indian filmmaker, Producer and a screenwriter best known for his work in the Hindi movie Industry.

To add to the perfection, Aruna Mukim anchored the entire tetee-tete. He dwelled on topics like



accepting the harsh reality between the real and the virtual world, pressing social issues, GST and a little Bollywood trivia.



A Royal Rendezvous with Her Highness Radhika Raje Gaekwad of Baroda : July 14, 2017

A hi-tea/networking session was held at Hyatt on the 14th of July 2017 with her Highness Radhika Raje – Gaekwad of Baroda. At the networking event – the YFLO ladies had an opportunity to have a one on one conversation with her highness about Indian royals, family values, politics, fashion, heritage and a lot more.

Mantras for success : August 25, 2017



YFLO hosted an illuminating event with author, columnist, TV pundit and marketing guru Suhel Seth. The event was widely attended by YFLO and FLO members as well as the city's industrialists, who listened with rapt attention to Mr Seth's well-articulated thoughts where amongst other things, he spoke about the near-absence of liberal arts in India and its necessity in Indian society and discourse.



Paint for A Cause With Ms Vandana Agarwal (Dreams Foundation) : September 15, 2017



A one of a kind event, YFLO along with Ms. Vandana Agarwal, dwelled on the subject of importance of CSR activities in an organization through art and supporting a cause via The Dreams Foundation that empowers individuals to fulfil their family's basic needs by utilizing their own entrepreneurial skills at the grassroots level. Dreams do this by providing seed capital through interest-free loans and grants to simple but Promising ideas.



Learn | Indulge | Network with Ojas Rajani : September 25, 2017

A networking event was held at MK Jewels on 25th of September to learn and Indulge in some make up tutorials by a famous Bollywood makeup artist Ojas Rajani. Ojas has been associated with the makeup/beauty industry for the past 18 years, and has worked with all the top Bollywood celebrities.



Stay Fit. Stay Fantastic : November 10, 2017

YFLO Ahmedabad hosted an enlightening and informative event on the importance of fitness and a healthy lifestyle – a subject that concerns most urban women. The city's fitness enthusiasts along with YFLO members gathered at the Novotel Hotel to listen to the expert insight of Ms Seema Jajodia Jindal and Ms Mala Barua - both pioneers in the field of health and nutrition.





Interaction with FLO President Vasvi Bharatram : November 19, 2017

YFLO had an interactive session with FLO President Vasvi Bharat Ram, who eloquently elaborated YFLO's history and its nationwide contribution and impact on the lives of Indian women. The conversation also entailed member participation, where each member briefly spoke about their professional pursuits, and how being part of YFLO has directly impacted their lives – whether through personal enrichment or career advancement.





History of Heritage Walk and Talk : January, 31, 2018

An interactive session with Jayshree Lalbhai and Feroze Gujral, the event espoused the importance of art and heritage in India, and reiterated the need to preserve and share these with future generations. The conversation took place against the serene backdrop of the Kasturbhai Lalbhai Museum, which showcases the family's art collection and plays a pivotal role in the heritage of Ahmedabad – India's only UNESCO World Heritage city.

High tea Networking event : February 17, 2017

A warm and cozy high tea networking event was organised exclusively for YFLO ladies at the home of committee member Kiran Sewani. The gathering's aim was to give the women further opportunities to interact and get to know each other better, through creative games that acted as ice breakers and brought the group closer together.





Diwali Dinner : October 13, 2017

YFLO committee member Prachee Goswami hosted a beautiful Diwali dinner celebration for YFLO members and their spouses against the backdrop of serene music, heartening conversation, great food and of course, the warmth of lights! Members, in collaboration with NGO Manav Sadhana, donated sarees for women who help our city stay green and clean.





Fundraising Event : April 1, 2017

A fundraising shopping session hosted by Aashka Patel in collaboration with Love Generation at Ahmedabad's Accentric Loft, it's aim involved supporting YFLO's CSR activities designed to facilitate the upliftment of society's under-privileged women. The event kick-started with an exclusive members-only lunch and was followed by the opportunity to browse through and pick one's favourite styles from the stunning collections on display by designers Nandita Mahtani, Bhavana Pandey and Dolly Sidhwani.

Paint for a Cause : September 15, 2017

YFLO Ahmedabad hosted a heartwarming fundraising event at the Art Socio Studio, Ahmedabad in conjunction with NGO Manav Sadhana's Vandana Agarwal and The Dreams Foundation. The members sipped, dipped, painted, and created artwork as part of the fundraising initiative to support The Dreams Foundation's key objective of empowering individuals to meet their family's needs through effective use of their entrepreneurial skills.





Charity High Tea : February 14, 2018

YFLO Ahmedabad hosted a fund raiser charity event on account of February being the Cancer awareness month and the forthcoming Women's day. Cosmopolitan's Editor in Chief Nandni Bhalla and Sonali Bendre attended as guests of honour where they spoke candidly about workplace-related gender inequality issues and ways to overcome these. The prolific gathering also involved a cancer awareness session with Dr. Chirag shah and Dr. Anagha Zope from Apollo Hospital. The event also supported YFLO entrepreneurs, who used the occasion to introduce and display their products.



YFLO Royal Jodhpur Polo Retreat

The YFLO Polo retreat developed exactly such bonds and friendships amongst twenty women who only formally knew each other before. We left our comfort zones of traveling with family and friends and went into the "royal" unknown, beginning with our journey to Jodhpur in a chartered flight. We shared rooms in one of the world's most beautiful palaces The Ummaid Bhavan, and at-tended one of the world's most elite events with the Royals of the World - The Polo Match. Here, we not only experienced royalty but even mingled with them. I remember exchanging a few words with His Highness Gaj Singhji - the Maharaja of Jodhpur, who later hosted a special auction dinner party for us at his palace gardens. We had dinner in the beautiful Mehrangar Fort in all its gran-deur, and lunch at the Raas Haveli.

The trip went beyond socialising and also incorporated learning elements. A special handicrafts visit and lunch was hosted by the Managing Director Gaurav Jain of Basant handicrafts for the YFLO women where we admired Jodhpur's famous handicrafts and learned more about their traditions. We also visited the Good Earth store where Good Earth India's head stylist gave us sustainable styl-ing tips and where we gained familiarity with various forms of printing and their processes.



The 3 day YFLO Polo Retreat was indeed an experience of a life time - one through which beautiful memories were created that will undoubtedly live on forever, and friends that we'll cherish all our lives. From all of us who were a part of the retreat, we wholeheartedly thank YFLO Ahmedabad for giving us this magnificent experience, and we hope for many more to come.



Good Earth store visit



Visit to Basant Handicrafts Factory





BANGALORE CHAPTER

Chairperson's Message



Dear Friends,

It has been an honour and privilege to lead the Bangalore Chapter of FLO. We are a young chapter in our fifth year, but the vibrancy and diversity of our members is exemplary. Our biggest achievement this year has been in the Skilling area (WE initiatives). We were able to impact the lives of several women by skilling them in cooking, mehndi and life skills, employability skills etc. We have kick started the CSR initiatives also with Menstrual Hygiene training and distribution of hygiene kits to 512 women. We have successfully screened 326 women for breast cancer using an advanced technology driven hand-held device in a series of camps at various NGOs.

Our membership has grown by more than 100 and we have a healthy membership of 300 plus now. Diversity of member events ensuring that there is something for everyone has added to the allure of FLO and has helped us position FLO as a leading women's organization in Bangalore.

Regards, Lakshmi Ishwar Chairperson, Bangalore Chapter



Yashodhara Shroff Sr. Vice Chairperson



Shruti Mittal Vice Chairperson



Sajel Masturlal Secretary



COMMITTEE MEMBERS

Nupur Handa Treasurer

Manjari Jalan

Jt. Secretary



Kiran Soni Jt. Treasurer





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THE EMERGING ROLE OF WOMEN IN 2

Visit to Art of Living Ashram : May 2, 2017

A divine beginning to the year, Bangalore Chapter was privileged to have a face-to-face meeting with Gurudev Sri Sri Ravishankarji and his sister Bhanu Didi. Members also contributed towards educating five girl children at AOL school for a year.

An Evening with the Stars : May 31, 2017

This was a movie premiere of Konkana Sen Sharma's directional debut "A Death in the Gunj". Konkana Sen Sharma, Kalki Koechlin, Vikrant Massey and Gulshan Deviah flew down to Bengaluru for an interactive session with the 250 people present there comprising of the members and their families.





Digital India: Quo Vadis : June 3, 2017

A joint program of FLO with FICCI Karnataka was organized where our National President Ms. Vasvi Bharat Ram and Joint Treasurer Poonam Mahajan were invited. The keynote speaker Shri Amitabh Kant stressed the role of FLO in digitally empowering the masses.



Against all Odds : June 17, 2017

Recognising the success stories of people who with their determination and passion become an inspiration for society, FLO invited Shalini Saraswathi and Akshay Nanavati, to interact with the members, on June 17,2017, for 'Against all Odds'.



The Journey of Taneira : July 13, 2017

The 'Journey of Taneria'- a brand to revive handloom weaving and to give a fresh life to the graceful Indian garment, the SAREE, was held on July 13, 2017, at the aesthetically restructured showroom of Taneira, the youngest brand of Titan group.





An afternoon with Shashi Tharoor : July 22, 2017

This event saw the highest turnover of members (over 150). Dr. Tharoor was at his charming best when he discussed the "Era of Darkness" during the British rule in India. Ms. Abha Dalmia, founder President of FLO graced the occasion with her presence.



FLO BAZAAR : August 11, 2017

The much-awaited FLO Bazaar, the annual hosting of top designers of Bengaluru and outside, was inaugurated by Mrs. India Globe, Veena Jain along with Anitha Reddy, founder, NGO Dwaraka and Susheelamma, founder, NGO Sumangali. Complimentary stalls were given to a few NGOs, who made excellent sales.



Safety and the City : August 16, 2017

A face-to-face interaction with Additional DGP and former commissioner of police, Shri Praveen Sood on various safety measures taken for women in Bengaluru was organized by Flo on August 16, 2017. The members downloaded the mobile app 'Suraksha BCP' developed by Bengaluru Police for women safety.





FLO Master Chef : August 30, 2017

Being the first Master Chef event in Bengaluru, excitement at the venue was palpable as the four teams took ahead the cooking contest. Each team was given an hour, a mystery box of ingredients and a market place to buy just a few extra ingredients.





Handloom as a Green Industry : September 9, 2017

On 9th September, FLO hosted an interactive and topical event that was titled "Handloom as a Green Industry". The event generated lot of interest among members and others as Handloom industry sustenance was discussed threadbare. Our traditional looms and the skill of the weavers need encouragement, was the concluding point.

Musical Evening : October 6, 2017



Musical evening with spouses called FLO DeeoMela was a runaway hit with the spouses who showed up in large numbers. There was a fungame and plenty of prizes and gift coupons.



Visit to defence PSU BEML's metro factory : October 24, 2017

Visit to defence PSU BEML's metro factory was an educational experience for our members who learnt the workings of a PSU. We were delighted to see the passion, precision and commitment of the employees. Icing on the cake was the inspirational talk by CMD Deepak Kumar Hota.





Mantra of Myntra: November 16, 2017

An art evening at Gallery g : November 3, 2017

An art evening at Gallery g helped us understand the nuances of jewellery in Raja Ravi Varma's paintings. Speaker Usha Balakrishna is a renowned expert on this subject. We also witnessed The Raja Ravi Verma Heritage Foundation going live on google.

Mantra of Myntra was a learning event with a visit to the corporate HQ of the country's largest online portal for fashion and lifestyle products. CEO Ananth Narayanan left no stone unturned to make it a memorable and learning event for FLO members.





Alternative healing therapies : December 12, 2017

Alternative healing therapies was a talk by two doctors of alternative medicine -Dr. Ina Rajapaksha and Dr. Chetali Samanth, who touched upon life style diseases and cure using ayurveda, energy healing and other methods.





Bangalore Matters - the way forward : January 9, 2018

"Bangalore Matters - the way forward" was a much needed event that addressed the woes of our garden city and how to restore it back to its old glory. MP Shri Rajeev Gowda delivered the keynote address followed by a panel discussion of prominent Bangalore activists like Priya Chetty Rajagopal, V. Ravichandar and Uma Reddy.

Workshop on Entrepreneurial Essentials : January 23, 2018

Workshop on "Entrepreneurial Essentials" by Anjana Vivek and Peter Yorke was a full day workshop on the two pillars of entrepreneurial success - finance and digital marketing. It was well received by our members who went back with huge take aways.





Networking event : February 16, 2018

Bangalore members met in large numbers and bonded amidst fun and games. There was a couple of fun games that provoked deep sharing between new and old members alike. There was a FLO quiz by the Chairperson that tested everyone's FLO IQ and gift vouchers were distributed to winners.



FLO Initiative - WE in cooking

Bangalore Chapter conducted advanced cooking skills for 33 women in association with IIHM Bangalore where the women were taught hygienic and heathy cooking, menu planning etc. Certificates were awarded after completion. All the women had 100 percent attendance and some of them have started their own small-scale catering businesses.





FLO Initiative - Mehndi skilling

20 women were skilled as Mehndi artistes over 20 classes held on saturdays. They have now joined the mehndi group and are visiting functions and weddings as mehndi artists.

FLO CSR in Menstrual hygiene

We were able to complete menstrual hygiene training and distributing of hygiene kits to 512 women (including 150 girl students) over 5 sessions conducted at various NGOs. WOW was our partner in this CSR.





FLO CSR in Breast cancer screening

We were able to complete screening for breast cancer for 326 women over 4 camps across NGOs using a hand-held device and checked the vitals like BP, Blood glucose etc too.



FLO Women Achievers' Awards March 10, 2018

Eight high achieving women of Bangalore were honoured on 10th March in a grand ceremony at Hotel Leela Palace followed by supper theatre by Jagriti. It was a beautiful evening of celebration where the spouses joined too.



CHENNAI CHAPTER

Chairperson's Message



Dear Friends,

I'm privileged and honoured to be under the dynamic leadership of FLO National President, Ms. Vasvi Bharat Ram. It has been an extensive learning experience, an opportunity to meet & interact with the FLO members of Chennai & Nationwide.

Every event / workshops was significant, enriching experiences, extremely memorable for me and our members

Through SMART Village Project we have built 55 toilets, infrastructure for schools, conducting Tuition Centers at four villages with the support of our dynamic team made it a very rewarding year.

I would like to thank my strong & supportive team & Past Chairperson without them none of the efforts would have been successful.

Regards,

Meena Mohan Chairperson, Chennai Chapter

COMMITTEE MEMBERS



Anupama Shivaraman Sr. Vice Chairperson



Deepali Goyal Vice Chairperson



Sakshi Sahoonja Treasurer



Shuchi Agrawal Jt. Treasurer



Preeti Devi Ganeriwala Secretary



Shalini Bokaria Jt. Secretary



Sudha Shivkumar Imm. Past Chairperson



Change of Guard Ceremony : 26 April 2017

The outgoing Chairperson, Ms. Sudha Shivkumar, presented the highlights of 2016-17. The incoming Chairperson, Meena Mohan outlined plans to focus on women empowerment, Smart Village project, FLO — SWAYAM Mentorship cell and inclusion of the members in all the events and activities.



Shradha...A Tribute : June 16, 2017

FLO Chennai had a good start by honouring Women's Indian Association for completing 100 years standing against odds to carve a respectable space for women. WIA is a Heritage Welfare Organization, of the women, by the women and for the women.





"Let's Go Nuts on Yoga" – on International Yoga Day : June 21, 2017

A wonderful yoga session was conducted by Yoga Instructor Ms. Katyayini Reddy, an advanced certified yoga instructor from the International Sivananda Yoga Vedanta Centre. This was followed by an interesting talk on Health & Nutrition by Ms. Naaznin Husein, a Dietician, Nutritionist & Yoga Consultant who serves as President of Indian Dietetics Association (IDA) Mumbai Chapter.





Fund Raising Event : July 20, 2017

FLO Chennai and Weave in India organised a trunk show to exhibit a diverse collection of masterpieces of clothing from weavers & artisans from across India. This is a fund raising event for Adarsh Gram Yojana Project (AGYP) and aims to support weavers & artisans in India. The fund raised through this event was used to create playground in two government Schools in AGYP villages.

A New Age Organic Business Mantra: July 28, 2017

Mr. Rajashekar Reddy Seelam, Founder & MD of SrestaNatural Bioproducts Pvt. Ltd. who supports more than 40,000 Farmers Families across 15 states & markets over 200 Organic food products under 24 Mantra Brand, in India, Europe and U.S. inspired us to sustainable ways in future. Ms. Rehana Ameer, the first Indian born woman elected to the Court of Common Council in 950 years of the City of London Corporation's, was the guest of honour.







"Tech-Over-Embracing Disruption-Industry 4.0 and Education 4.0" : August 16, 2017

The event is about what to do when machines do everything and what kind of education to be adopted. An enlightening talk by Mr. Anuj Sharma expert on Fourth Industrial Revolution in Industry and its impact on Education inspired all the members.

Launch of Networking Group : August 22, 2017

A Networking Group has been created as a new initiative of Chennai Chapter for the benefit of its members. As part of this initiative, Networking Meet will be hosted every month by a member or group of members.





Session on GST : August 24, 2017

An interactive session on GST (Goods and Services Tax) with Mr. Sumit Kedia, Associate Member and Faculty (GST),Institute of Chartered Accountants of India.



Block Printing Workshop : September 11, 2017

Soft Launch of FLO Chennai Chapter Block Printing workshop was held at MGR Janaki College for Women. As many as 50 underprivileged girls from the college benefited from this workshop.



"Women in Leadership: A Peek Inside" : September 12, 2017

This was an informative session for the members with Ms. Candice Hunter Corby, President & CEO of Cobra Legal Solutions Inc, USA. Candice explained the possibilities of creating opportunities for women in leadership.





UNICEF 'CEO Run' 2017 : September 17, 2017

The UNICEF 'CEO Run' 2017 - Chiefs for children, organized by United Way of Chennai was conducted at the Jawaharlal Nehru Stadium. The focus was to get leaders of society to safeguard children and encourage them to provide holistic development of children.



Hema Malini's "SYNERGY" : September 17, 2017

An Indo-Georgian dance fusion was performed at Shri Mutha Venkatasubba Rao Concert Hall, Chennai. The performance showcased confluence of Georgian dance ballet 'Sukhishvili' with Indian dances Pung Cholom, Bharatnatyam and Kathak, together on one stage.



Workshop on Women Directors in Family Boards : October 5, 2017

An informative and innovative "Workshop on Women Directors in Family Boards" conducted by FLO Chennai. Mrs. Raji Venkatraman, Co-founder Vetri Systems, shared her experience and perspectives of being a director/ entrepreneur in her family business, followed by a technical workshop by KPMG on Corporate Governance in Family Boards, conducted by Mr. Rajesh Verma and Mr. Rahul Lunkar. Members also had a wonderful soft skill training conducted by Mr. P.S. Vasudevan, an internal corporate trainer and life coach on leadership styles and different states of egos.





2nd FLO Business Networking meeting : October 13, 2017

FLO Chennai Chapter conducted 2nd FLO Business Networking meeting along with an ice breaker session for its New Members inducted in 2017. The meeting was hosted by the Chapter Chairperson Ms. Meena Mohan. Agenda of the meeting was individual member introduction, highlights of FLO projects and fundraiser activities, icebreaker-games and display of products created through the skill development project of FLO. Members had great time networking with each other.



Elephant in the Room : October 26, 2017

FLO Chennai organized an annual fundraiser event "Elephant In The Room" - A play by Yuki Ellias, and it was extremely well received, excellent reviews and acclaim from audiences. FLO Chennai thank all its members, families and friends for contributing to the fundraiser by buying Donor passes, donors generously contributed to the projects directly.. The time and effort of each and every Board and committee member made this event a success. All proceeds collected will fund the Adarsh Gram Yojana Project and Women Empowerment projects under FLO.





One Walk One Hope : October 29, 2017

FLO Chennai associated with CAN-STOP and participated in their Annual Pink Ribbon Walk "One Walk One Hope". CAN-STOP, an outreach program of our Past Chairperson Dr.Vijaya Bharathi Rangarajan, of Sundaram Medical Foundation, who received Cancer Crusader Award on 21st September 2017, presented by Smt. Anupriya Patel, Minister of State for Health and Family Welfare in FICCI FLO Health Initiative program at Federation House, New Delhi.



Drawing Board to Mannequin : November 10, 2017

FLO Chennai organized a spectacular event at Crowne Plaza with an inspiring talk and presentation by one of the most renowned designer of India, Mr. Tarun Tahiliani. He shared his vision and entire creative process from 'Drawing board to Mannequin' of one of India's most sought after brands. The event was vibrant and a full house leaving the audiences in awe and giving them a taste to his creative process in collecting insights and ideas from the surrounding.





3rd Business Networking Meeting : November 21, 2017

FLO Chennai Chapter's 3rd Business Networking Meeting was hosted by Ms. Fharzana Siraj at Orange Ray. FLO Chennai Chapter Members shared their business experiences, knowledge and ideas through this meeting.



A Journey from Loyola College to Los Angeles : December 15 2017

FLO Chennai presented 'A Journey from Loyola College to Los Angeles' by Ashok Amritraj, a United Nations India Goodwill Ambassador, a Hollywood Film Producer and a Wimbledon Tennis Player spoke his life journey from Chennai to Los Angeles. Listening to his speech was truly a Namma Chennai success story and a great inspiration for the members!





Kama Ayurveda : January 17, 2018

FLO Chennai in association with Kama Ayurveda organized an Ayurvedic Masterclass in Health treatments that are rooted in the ancient science of Ayurveda for its members.



24 Countries - One Legendary Road Trip : January 23, 2018

FLO Chennai presented '24 Countries-One Legendary Road Trip' a talk by Meenakshi Arvind, who recently completed a road trip from Coimbatore to London travelling across 24 countries and covering 26,800 Km in 72 Days. She shared the challenges and the learning of the trip with FLO members.



Women Achievers Award : February 28, 2018

FLO Chennai Chapter presented Women Achievers Award for Outstanding Women Achievers under the categories of Entrepreneur, Upcoming Entrepreneur, Professional, Social Entrepreneur-Individual and Non-Governmental Organisation. Achievers were honoured by our Chairperson Ms. Meena Mohan along with our FLO National President Ms. Vasvi Bharat Ram and MD of Apollo Group of Hospitals Ms. Suneeta Reddy. Event followed by Drums performance by 10 years old Master Raviram Anbumani, Yoga performance by the children supported through FLO Chennai's Adarsh Gram Yojana Project and a Fashion show by Aeshaane, celebrating 'inclusivity and diversity'.





Insight into Entrepreneurship : March 8, 2018

Australian Consulate in Collaboration with FICCI FLO Chennai organised an event "Insight Into Entrepreneurship" with Ms.Uppma Virdi, an Indian origin Young Entrepreneur from Australia. The engaging conversation moderated by FLO executive member Ms. Vidya Singh, Princess Vijayanagaram was motivating and inspiring for the members. The event was a true celebration of a successful woman on the International Women's day.



Legal Awareness Workshops

FLO Chennai Chapter in collaboration with Cobra Legal Solutions organised a series of Legal Awareness Workshops in colleges for students in Chennai.

Topics covered such as Safety in public places, S e x u a l H a r a s s m e n t, Domestic violence act, File an FIR, Gender bias and harassment at work places, Legal Aid for women's issues and concern, Rights of Women in Matrimonial Houses and Property Rights of Women. The sessions sensitized the students on



many important legal aspects useful for them. Feedback received from them were very encouraging.

- The 1st Workshop was conducted at Shasun Jain College for women on 7th and 9th December 2017. Very interactive Legal Awareness workshop was executed by Legal Executives from Cobra Legal Solutions, Chennai.
- The 2nd and 3rd Workshops were organised in Madras School of Social Work on 9th and 10th January.
- The 4th Workshop organized at M.O.P Vaishnav College for Women on 16th February 2018.
- The 5th & 6th Workshops was conducted at Sathyabama College for on 6th & 7th March.



Women Empowerment Project (WE 2017-18)

FLO sponsors training courses along with various associations for under privileged girls and women. Training courses include imparting computer skills, nursing aide course and jewellery making course for women with special needs. This year FLO Chennai launched a Block Printing workshop for underprivileged girls from college. FLO Chennai would like to thank Ms. Srilakshmi Mohan Rao and Dr. Renuka David, Radiant Group for coordinating and sponsoring the program, respectively.



Block Printing Workshop



Jewellery Making Course



Nurse Aide Training



Computer Skill Training



Adarsh Gram Yojana Project (2017 -18)

FLO Chennai has adopted 4 villages under Venkatapuram Panchayat to develop them into Model Villages. It has been supporting government Schools for its infrastructure development, organizing free evening tuition centres for under privileged children, constructing toilets for households under the Open Defecation Free Program, conducting free medical camps, and health awareness programs and implementing Solid Waste Management at Schools.



Tuition Centers



Construction of Household Toilets



Yoga Classes



School Infrastructure Development



Health Camps



SWM Practices at Schools



COIMBATORE CHAPTER

Chairperson's Message



Dear Friends,

It has been a fulfilling year under the brilliant guidance of Mrs. Vasvi Bharat Ram and her presidium. It is a pleasure to reflect upon the achievements of this year, my journey from being a committee member to the chairperson has truly been motivational and self-evolving.

My entire experience has been an exciting voyage where I had the opportunity to touch and change the livelihood of many women to arm themselves with skills and training so that they could be a successful entrepreneurs.

Team work is an essential ingredient for smooth functioning and I would like to say a special thank you to my committee for their vital and enduring support in organizing the various events for the entire year. In all it has been an enriching and significant year for me.

Regards

B. Uma Maheswary Chairperson, Coimbatore Chapter

COMMITTEE MEMBERS



Jayanthi Manohar Sr. Vice Chairperson



Poonam Bafna Vice Chairperson



Suguna Ravichandran Treasurer



Preethika Balaji Secretary



Devika Ramesh Imm Past Chairperson



Change of Guard : April 17, 2017

The 26th year of FLO Coimbatore Chapter started off with a bang by having an eminent Chief Guest – Mrs. Vanitha Mohan for the Change of Guard ceremony. An AV on the 25th year was well received with 518 women being empowered, the 3rd highest number of lives touched pan India of FICCI-FLO. Ms. Devika Ramesh passed on the baton to Ms. Uma Maheswari and she unveiled the plans for the year.



Fundraiser: April 28, 2017

The movie Bahubali 2, first day first show was screened at Brookefields Mall, with approximately Rs. 70000 being raised from this fundraiser. Many of the FLO Coimbatore Chapter members along with their families enjoyed the movie outing.

Musical Evening – First Networking Event : June 12, 2017

Immediate Past Chair Ms. Devika Ramesh played hostess of the evening to perfection at her residence, for the first networking event. The session was embellished with melodious entertaining songs sung by Ms. Ritvika Sunku which turned the



 $magical-musical \, evening \, into \, something \, special.$



Achieving Oneness with Mind and Body : June 21, 2017

To celebrate the International Yoga Day, FLO Coimbatore Chapter along with Suguna Pip School arranged an interactive session on Yoga for the students. Ms. Malathi Babu of Sai Karma Yoga Center, an eminent International certified teacher of Hatha and Kundalini Yoga was the Chief Guest. She taught the children simple yogasanas, pranayams and relaxation techniques.





Graduation/Inauguration of Women Skilled At Shanti Ashram : June 28, 2017

The first batch of women skilled in tailoring had their 'GRADUATION CEREMONY' at Shanti Ashram. The second batch of women started their session in tailoring with hope and starry dreams for their future.

Press Meet : June 29, 2017

The Press of the English and Vernacular Dailies were invited to a meet to showcase the past years work at FLO Coimbatore and to also share the plans for the forthcoming year.

Excellent Press coverage and great Publicity was garnered for the chapter. Past chairs and the committee members catered to the question answer session.





Shakti – Girl Child Abuse Awareness Program : July 13, 2017

An Awareness program on girl child sexual abuse, ways to cope, and to protect oneself, was conducted by FLO Coimbatore Chapter member Ms. Sashirekha with extreme warmth, sensitivity and tact. Approximately 600 girl students from grades 6 to 9 were the audience to the event.



"Eye – The Window of the Soul, From Darkness To Light" – An Interactive Session: July 18, 2017

An extremely informative and interesting session about the various eye diseases and latest technological advancements made in eye care was undertaken by the leading ophthalmologists. FLO Coimbatore Chapter and Aravind Eye Hospital are planning to partner for Pediatric Eye camps for rural school children in the near future. The interactive session by Dr. Kalpana Narendran – Director of the hospital and a FLO member was a precursor of sorts.





Skilling Registration & Screening Event : July 21, 2017

Registration & screening for women in skill training in the fields of driving, tailoring, nursing, beauty service & security guards was held. Ambal Auto along with Maruti were offering 50 hours of free training in driving. Avinashilingam JSS offered to

train and skill for tailoring and beauty servicing. Aravind Eye Care Hospital offered training for Nursing. Stalwart Security Systems promised to train women as security guards.



Inauguration of EDP Event at PSG-CAS : August 7, 2017

The 25 days workshop for Women Entrepreneurs at PSG-CAS started off with FLO Coimbatore chapter. Past chair and Chief Business Officer of SNR Sons Trust -Ms Swati Rohit was the chief guest whose tips on structured planning; having clarity and focus was well received.



Celebration of International Tribal Day : August 9, 2017

To commemorate the international Tribal day, Ms. Kamini Surendaran, a FLO Coimbatore Chapter member, who had been working with the tribal people, encouraged the FLO members into marketing of Eco friendly Herbal forest products. The first purchase was done by FLO Coimbatore Chapter Chairperson Ms. Uma and the other members followed suit. The members



sponsored two packing and sealing machines to help the tribal women folk in their business. A talk on effective Marketing techniques was also held.

In Conversation with a Trail Blazer Ms. Meenakshi Aravind : August 11, 2017

Ms. Meenakshi Aravind, Coimbatore's Trail Blazer who had successfully completed a road trip by car of 72 days from Coimbatore to London was the speaker of the day. Her incredible story of having crossed 24 countries, 26800 Kilometers with two



other women to celebrate 70 years of Indian Independence, to spread awareness of women empowerment and to garner support for literacy was truly inspirational.



Valedictory Function of Women's Entrepreneurship Development Programme (EDP) : Sept 2017

The Women's Entrepreneurship Development Programme (EDP) 17-18 was conducted from August 7th to September 13 at PSG- CAS. It was successful programme having provided the fledgling entrepreneurs with a set of tools to arm themselves



with for their respective businesses. The Valedictory function of the same was held on the 13th of September with Mr. Sanjay Kondass, MD, Kondass Group, Coimbatore as the Chief Guest.



Delegation to Japan : 30 August -8 September 2017

Chapter chair Mrs Uma Maheswari and Mrs Venkatalakshmi were part of the 40 member FICCI FLO delegation to The land of the rising Sun, Japan. The highlights and experience of the visit was shared by Mrs Uma to all the members. She informed that the visit proved to be an enriching and memorable one with meeting the enterprising women at the Japanese Chamber of Commerce and the House of Representatives.

Rally For Rivers: October 9, 2017

FLO, Coimbatore Chapter Committee members had the opportunity to meet with Sadhguru Shri Jaggi Vasudev and pledge support to his nationwide awareness campaign, 'Rally for Rivers '- an initiative to save the Indian rivers from depletion.





Diwali Get-Together : October 9, 2017

Diwali – the festival of lights brings with itself an unmatchable excitement and celebratory spirit. The members got together to celebrate one of the biggest festivals of India with great gusto and fanfare. Delicious food, the

candy goody bag and the festive spirit was enjoyed by all. The evening paved way for members to network and interact with one another.



Second Batch Tailoring Graduation : November 20, 2017

Twenty five women underwent rigorous training in Tailoring at Shanti Ashram for the course duration of Three months. These women learnt a skill to sustain themselves by self-employment and to start a new chapter of their lives. FLO Coimbatore Chapter has been instrumental in bringing about a positive change in these women.



Beautician Course for Girls : November 22, 2017

A big group of 70 girls of Sevanilayam have signed up for a course in Beauty and Grooming where they learn the basic skills of make- up, hairdressing, Mehendi and personal grooming. The skills learnt would help young women like these to find employment in beauty salons, spas and the like.





IWEC Awardee Ms. Devika Ramesh : November 15, 2017

Immediate past chair of FLO Coimbatore, Ms Devika Ramesh was conferred with the IWEC award at a grand ceremony in Seattle, USA. Ms Devika, Managing Director of RMP group of companies has been in the business for over 25 years. Coimbatore chapter members are proud of her achievements.

Women On Board : November 22, 2017

An informative session for emerging women directors, on 'GETTING BOARD READY' for FAMILY OWNED COMPANIES along with KORN FERRY International proved to be a valuable one for the members and audience. With great inputs on corporate governance and on how to be an effective and empowering woman on board by the esteemed speakers Ms. Monica Agrawal – Senior Client Partner, Global Financial Services, Board Services India and



Ms. Ranjana Vaish Agarwal – Managing Partner – Vaish and Associates, Chartered Accountants.



Inter State Meet: November 27-29, 2017

Eleven members from Coimbatore Chapter participated in the Interstate meet visiting Ludhiana. Visits to the Golden Temple and the Wagah border were all memorable. Ludhiana Chapter members played the perfect hosts, their warmth and hospitality was extremely commendable and appreciated by all.





Cancer Screening: November 24, 2017

A team of doctors from Ramakrishna Hospital conducted a Cancer screening camp, organised at Sharp Industries, Coimbatore. Thirty-six women were screened in the camp. A talk on self -examination and awareness on Breast Cancer proved to be a valuable one for the women. Two of the women screened were asked to go for further diagnosis and treatment.

Estee Lauder Event : December 2017

The iconic makeup, skincare and fragrance brand Estee Lauder joined hands with FLO Coimbatore to celebrate the launch of its Double Wear Nude Wear fresh Foundation and Pure Colour love Lipsticks. It was an entire day dedicated to Personalized makeovers and live learning demonstrations on 'Minimalistic Chic & Retro Glam' make up.



Ananta – Infinity and Beyond: December 16, 2017



Ananta - Infinity and beyond was one of a kind evening which brought together two immensely talented women one from the world of Films and the other from the world of Music. A maverick young film maker and recipient of many awads, Ms Swati Mohan and her incredible documentary ' Boundless Land', had the audience riveted to their seats.

Ms Lalita Sharma, highly acclaimed versatile Hindustani Classical Vocalist of the Mewati Gharana and

disciple of the great Sangeet Martand, Padma Vibhushan Pandit Jasraj captivated the audience with her powerhouse singing.



EDP – Food Processing : December 19, 2017 – February 12, 2018

A Food Processing program for budding entrepreneurs was organized at PSGCAS Campus for a duration of 36 days. The program had 26 participants who underwent technical training by an esteemed lineup of the food industry bigwigs. Industrial visits, sessions on marketing, packaging, purchase techniques, taxation and GST, distribution and production planning, methods of food preservation, food safety and quality



management systems, interfacing with leading institutions for business plan appraisal etc. was conducted during the entire program. Certificates for participation were distributed.



Kovai Vizha : January 8, 2018

Coimbatore as a city celebrates its rich culture, traditions and history with its annual ' Coimbatore Vizha' a week long affair weaving together a plethora of events covering the arts, food and entertainment, enterprise and business, sports, education and technology etc. This year saw the advent of a new addition, a special city tour on a double deck bus aptly named'DoubleTakkar'.

FLO Bazaar : January 20-21, 2018

FLO Bazaar has always been proud in promoting women entrepreneurs at the grass root level by providing them with free stalls over the years and this year was no different. With over 40 stalls in number women entrepreneurs in and around Coimbatore had the perfect platform where they displayed and sold their wares and went home happy with the sales generated.



Honorable Chief Guest Ms S. Lakshmi, Deputy Commissioner of Police, Law and order, Coimbatore and Guest of Honour Ms Seetha, Cine Actress inaugurated the Bazaar on day one. Day two had popular Character artiste Mr Vijayakumarvisiting the Bazaar.



Aligning Organisations - the Japanese way, at Chamber Towers : February 16, 2018

Celebrated Business strategist and Mentor to many corporate bigwigs Mr. Gopalan Ramaiya, was the eminent Speaker at FLO Coimbatore event. With his decades long, close proximity and association with two major Japanese business houses, he was able to share his valuable insights and unraveled the DNA that drives Japanese Corporates to scale their business to dizzying heights in an interesting session.



Conversation', with Sadhguru : March1,2018

A one of its kind, exclusive interactive session with Sadhguru Jaggi Vasudev was organised by FLO Coimbatore at the venerable Isha Yoga centre. A huge delegation of members from Ludhiana Chapter, and members of Coimbatore Chapter, were, the all women audience in the



special event. FLO President, Vasvi Bharat Ram was the special invitee along with Chennai Chapter Chairperson Meena Mohan.



'Kovai Virundhu' at Zone: March 2, 2018

FLO Coimbatore, had the opportunity to play host to the visiting member delegates of Ludhiana Chapter. Southern hospitality was showcased beautifully at the exclusive ladies Luncheon, the 'intheme' decor, hosts dressed in resplendent south silk sarees, the traditional welcome of guests, an elaborate sit down vegetarian fare served on banana leaf and the goodie bag filled with southern delicacies as takeaway gifts, left the guests feeling overwhelmed at this unique experience.



HYDERABAD CHAPTER

Chairperson's Message



Dear Friends,

Behind every successful woman is the support of a loving family and friends. I thank my wonderful family members and my beautiful tribe of ladies, my dearest friends who have helped me reach where I am today.

Through FICCI FLO we have a perfect platform and a wide scope for Women Empowerment and a better quality of livelihood.

At the grass roots level, we plan to work at various initiatives to empower women through Vocational and Skills Training, Driving & Transportation, Vocabulary building, self defence and new learnings. For the mid strata, we plan to tie up with T-Hub and other Angel Investors and aggressively push Swayam to make entrepreneurs out of women.

I am grateful to all my Past Chairs from whom I have learnt valuable leadership lessons and who have prepared me for taking on this role today. I want to thank each one of you for being there and making me what I am today.

With all the good wishes and blessings, and a great sense of gratitude n humility, my committee and I take on the responsibility for a promising year ahead in FLO. May the spirit of 'We Power' be our guiding force as we ignite more minds and empower more lives.

Giving Wings to our Ideas - let the Energies FLO! Jai Hind!

Regards Kamini Saraf Chairperson, Hyderabad Chapter

COMMITTEE MEMBERS



Priyanka Ganeriwal Sr. Vice Chairperson



Ritu Shah Secretary



Sona Chatwani Vice Chairperson



Rakhi Kankaria Jt. Secretary



Subraa Maheswari Treasurer



Padma RajGopal Imm. Past Chairperson



Rituu Singh Jt. Treasurer



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Change of Guard : April 22, 2017

The outgoing chairperson, Ms. Padma Rajgopal handed over the baton to Ms. Kamini Saraf. Nidhi Swarup the outgoing YFLO chair addressed the audience and handed over the baton to Ms. Sandhya Raju as the YFLO chair for 2017-18. Ms. Jyotsna Angara updated the members on the prestigious Entrepreneur Park with all the details.





Fellowship: April 29, 2017

The Fellowship evening began with a warm up round of karaoke followed by Antakshari rounds. The meethas boosted and energised the members and inspired the whole team of Ms Kamini Saraf to work harder.

The Game Changer: Ms. Jyothi Reddy, CEO of KEY Software solutions: June 9, 2017

Ms. Jyothi Reddy, CEO of a multi-Million Dollar IT recruiting firm, KEY Software solutions, Phoenix, Arizona, is truly a game changer. Her attitude and her words spoke volumes about her life journey from an orphanage to a CEO.





Drop the Veil: June 19, 2017

Ms. Babita Kumari Phogat spoke very openly about her challenges, strengths and weaknesses and the driving force life behind her hard work (her father) for the session on "Drop the Veil". The event was moderated by Ms. Vinita Pittee.

Be Bold for Change: July 3, 2017

The event at FICCI FLO Hyderabad chapter on women safety was undertaken with discussions on new Govt. proposals, safety apps, digitisation, Law and order, Helplines. The Speakers were Mr. Anurag Sharma, (Director General of Police, Telangana State), Ms. Swati Lakra, (Addl Commissioner of Police and SIT) and Mr. Sunil Sharma, (IAS, Principal Secretary, TRB).





"Thinking Refreshed": July 29, 2017

FLO Hyderabad organised a session titled "Thinking Refreshed", with Nara Lokesh, (Cabinet Minister for Information Technology, Panchayati Raj and Rural Development in Andhra Pradesh) and Nara Brahmani, (Executive Director at Heritage Foods Ltd., & Grand Daughter of N.T.Rama Rao, as the speakers.





"3 Idiots" Disrupting the world : August 11, 2017

FLO Hyderabad roped in three every day heroes who are aptly accomplished personalities to share their journey and inspire their members - Mr. Sonam Wangchuk, (Innovator, Educationist, Reformist), Mr.Deepak Ramola, (Writer, Actor & Founder of Project FUEL) and Mr.Rahul Navrekar, (start-up Entrepreneur, Founder & CEO of NDTV Ethnic Retail Ltd. Indian Roots).

The Laws and Clauses of a Start-up : August 26, 2017

Young and dynamic Corporate Lawyer, Mr. Varun Sriram was invited to speak on the laws and clause of start-ups, which also saw the launch of "SWAYAM" (Giving Wings to Ideas). The appointed panellist comprised of Mr. Ramakanth (Advertising + Marketing head RBC Worldwide and Mr. Juzer S Soni (Partner at PKF Consulting Services LLB) .Guest of honour Ms. Sangeeta Reddy (MD – Apollo Hospitals) and FLO National Sr.Vice President Ms. Pinky Reddy also graced the launch.





"A Paradigm Shift" : September 15, 2017

Ms. Maneka Gandhi, Union Minister for Child & Women Development, Govt. of India addressed the members on 'Paradigm Shift-Super Women to Super Power'. She spoke about "SAKHI", "E-HUT", "Panic Buttons", "Nari Shakti awards' and various other activities. The event was well moderated by Mr.T.S.Sudhir (Consulting Editor India Today TV).

Kamini Saraf, Hyderabad Chapter Chairperson presented the policy Documentation on Women's safety concerns to Ms. Maneka Gandhi.





Jodhpur Retreat : September 17-20, 2017

The retreat to Jodhpur was a classic mix of grandeur, royalty, mesmerising locales and the warmth and bonding created amongst fellow members. 68 members from the Chapter joined this retreat, which was meticulously planned.

Women & Wealth: October 13, 2017

It was an auspicious Diwali time to host FICCI -FLO Hyderabad Chapter's event on "Women & Wealth" with speakers- Mr. Gaurav Mashruwala (Founder, Cutting Edge); Mr. Hemant Rastogi (CEO, Wise investment Advisors); Mr. Amit Trivedi (Founder, Karamyog Knowledge Academy); Mr. Rajiv Bajaj (CMD, Bajaj Capital Ltd.); Mr. Siddharth Zarabi (BTVI) and Ms. Samina Nalwada (BTVI).



Building New India: November 14, 2017

It was a proud moment for FICCI-FLO Hyderabad Chapter to host Honourable Vice President of Government of India, Shri Venkaiah Naidu Ji.





Empowering Leadership in Women : November 27, 2017

Showers of blessings for FLO Hyderabad chapter with, Sadhguru Shri Jaggi Vasudev's (Isha Foundation) gracious, mystic and divine presence. He honoured us for an interactive session with Ms. Kalvakuntla Kavitha (Member of Parliament) and spoke on "Empowering Leadership in Women".





Power Breakfast : November 30, 2017

It was a proud moment to be a part of GES held at Hyderabad and on 30th of November We (FLO-Hyderabad) did a joint event with FICCI Hyderabad at the ISB Hyderabad Campus. It was a panel discussion over breakfast with eminent panellist. Our chairperson Ms. Kamini Saraf moderated the event

The Only Disability in life is bad attitude : December 13, 2017

FLO Hyderabad Chapter had an interactive session with Mr. Rahul Bajaj (Advocate & Rhodes Scholar) & Ms. Ritika Sahni (Founder- NGO Trinayani) on "The only Disability in Life is a bad attitude" on December 13, 2017. The idea of this session was to create awareness on the lives of disabled people in the month of disability.

The Speaker Mr. Rahul Bajaj, born blind shared his



experience and told that his disability of vision did not stop his progress in any way. Ms. Ritika Sahni came with her disabled Band "Pehli Baarish" of 4 people.



Personal Branding Master class by Mr. Anand Pillai : December 20, 2017

Hyderabad Chapter hosted the Master class on Personal Branding by Mr. Anand Pillai, THE BRAND GURU. It was a hands-on workshop to help you understand, build and communicate the unique brand that is "YOU".



Murphy Rocks: January 6, 2018

New Year came with new learnings. We at FICCI-FLO Hyderabad Chapter organised a workshop on Murphy Rocks with Mr. Pratish Nair (Founder of PKSBE).





Women who have paved their own path: January 16, 2018

FLO Hyderabad chapter organised a session titled "women who have paved their own path". The speakers were: Chhavi Rajawat (First Village Panchayat Sarpanch of Soda, Rajasthan); Kanika Tekriwal (Owner Jetset Go) and Kalpana Saroj (Owner Kamani Tubes).





How safe are you : February 3, 2018

FICCI FLO Hyderabad Chapter join hands with ISB on a talk on Cyber Safety for Women & Children by Mr.RakshitTandon.

Invest in Knowledge: February 7, 2018

It was a lot of learning at FICCI -FLO Hyderabad chapter who came up with yet another workshop on smart investing. Mr. Bishnu Dhanuka shared the investment mantra and threw light on how to attain financial Independence.





YFLO HYDERABAD Chairperson's Message

Dear Friends,

I, Sandhya Raju am honoured to be leading the committee for the 2017-18 Annual year. This year has been filled with speakers of unconventional and path breaking journeys for the YFLO members that I believe have led to new ideas and inspirations being planted in the minds of our members.

Our speakers and experiences have been specifically curated to inspire YFLO members to appreciate the journey to success by thinking ahead of one's time, out of the box and shattering glass ceilings.

I hope to end this year knowing that I and my committee have helped inspire the members of FICCI FLO Hyderabad to break new paths and succeeding in their endeavours.

Regards **Sandhya Raju** Chairperson, YFLO Hyderabad 2017-18

COMMITTEE MEMBERS



Vinita Surana Sr. Vice Chairperson



Shilpa Datla Vice Chairperson



Apurva Jain Treasurer



Namrata Secretary



Pernia Qureshi : on the business of virtual luxury retail

Pernia Qureshi inspired us with her journey on how she became the first women to start an online retail store for luxury fashion before anyone else in India even warmed up to the idea of online retail. The members of YFLO Hyderabad had the experience of well-known Lakme Fashion Week designer Anushree Reddy of helping us understand how Pernia had executed her vision to start an online retail store in



the luxury fashion sector. Pernia also spoke about breaking the pressure of being 'in fashion' to a fresh perspective of learning to dress for your own body type.

Call Health Head Quarters : YFLO Site Visit

The members got a tour of the CallHealth headquarters, where the health industry is being turned inside out and all consolidated services are being brought to the patient's door step. YFLO committee and members got to speak directly with CEO Mr. Hari Thallapali. He shared the vision he had for the future of the health service industry and how CallHealth plays a role in it. We learnt that CallHealth is creating a virtual platform to consolidate all the different players and sectors of the health industry and make the patient the centre of this universe by bring all the services to his doorstep at his or her own time. The members watched a live virtual session between a doctor and a patient and the role Callhealth plays in enabling the power of time and comfort to the patient.





JUHI CHAWLA : The dangers of plastics and radiation on the environment and health

Juhi Chawla stunned us all by talking about her new projects apart from her film career, when all we expected was a journey of her success in films. It was awe inspiring to understand how she responsibly used the power of her success to bring light to issues related to pollution of plastics and radiation. Juhi conducted experiments in front of the members to show how harmful cell phone radiation is to our bodies and



minds. The session was moderated by well-known model, winner of Mrs India Pageant turned fashion designer Ms. Shilpa Reddy.

Rana Dagubatti and Rukmini Vijaykumar : The art of story telling

Rana Daggubati and Rukmini Vijaykumar brought a new dimension to 'art appreciation' for the members of FLO. They spoke about how performing arts and cinema have the power to tell influential and culturally impactful stories. Rukmini Vijaykumar delivered a powerful speech about the nuances of classical dance and how intricately tied it is to the ancient Indian art of storytelling. She also performed and demonstrated to the audience members who after the speech learnt to apreciate and understand the story telling nuances in Bharatanatyam. Rana Daggubati spoke about how new technology and the craft of cinema is being used to bring ancient and powerful stories of India into almost realistic experiences for the audience.





INDORE CHAPTER Chairperson's Message



Dear Friends,

A year after taking on as Chairperson, FLO Indore Chapter, today I stand tall, with both Humility and Pride. A year full of learnings and great experiences. I took on this responsibility at a time when the Indore chapter needed to raise its bar and establish itself in the hearts of the people of Indore.

I can say with complete satisfaction that I put my heart and soul into it and the results were quite gratifying. Interacting, collaborating and connecting with various people from all walks of life has really helped expand my vision.

FLO has brought out the best in me in terms of creativity as well as implementation. I am grateful for this opportunity that helped me empower women from various strata and in turn empower myself from within.

To summarise my thoughts, here is what I believe, "Behind me is infinite power, Before me are endless possibilities, Around me is boundless opportunity."

Regards, **Neha Mittal** Chairperson, Indore Chapter

COMMITTEE MEMBERS



Rekha Mehta Sr. Vice Chairperson



Bhavna Bhalla Vice Chairperson



Meetu Kohli Treasurer



Shweta Kedia Secretary



Meghna Wadhwani Imm. Past Chairperson



Change of Guard and Launch of Legal Advocacy Cell : April 29, 2017

Meghna Wadhwani, Chairperson, handed over to mantle of FLO Indore to Neha Mittal, for the term 2017-18. Neha Mittal presented her first welcome speech along with a presentation on the plans for the year ahead.



Dhakad Hai! -In conversation with Babita Phogat : July 10, 2017

A very high energy event with a full house of members, where Babita spoke and inspired. She was very candid in her conversation and that really touched the hearts of the audience. Neha Mittal, Chairperson, along with Mr Khandelwal, interacted with Babita.



Tree Plantation : July 14, 2017

FLO Indore members participated in a tree plantation drive with full enthusiasm and took an oath to save Mother Earth in their own little way. The plantation was done at the Acropolis College of Indore.





Social Intelligence : July 26, 2017

This was a wonderful session on how to deal with people by understanding their non-verbal behavior. An appropriate topic for present times, it was well appreciated by all members. Dr Atre really kept the members engrossed in the topic.



Turkish Dervish - The art of Whirling : August 10, 2017

Mr Shivam Satyam, a very experienced and learned Master in Whirling, took all the members into a beautiful inward journey of being one with God through this meditative technique of whirling.



GST -A nightmare, not so scary : August 19, 2017

This was a very informative session on the myths around GST, its advantages and how to be GST ready in an easy way. CA Manoj Gupta gave much needed information around GST and resolved many queries that the members from various fields had in mind.





Social Spaces-Swayam Promotion in Acropolis college of Technology : August 22, 2017

Under the Swayam initiative, FLO Indore has started giving presentations in various city colleges. FLO member who is a soft skills trainer, was chosen to give a presentation at the college and address the students in order to motivate them towards startups.





Take charge of your life with Dr Jyothi Reddy : September 2, 2017

Dr Jyothi Reddy spoke about her journey and inspired every single woman sitting in the audience. The session ended with a standing ovation and a huge round of applause. An NGO named Khushi that teaches slum children and also helps them earn some money through making of candles etc., was given complimentary space at the event.

Vazandaar - Marathi Film screening on "Size Zero Fad" : September 19, 2017

A wonderful movie screening that got us huge audience. We booked the entire screen at lnox and after the movie, we had an interaction with the cast and crew of the film. An eye opener on how size zero fad actually is just a hype and is something that lowers our self-esteem.



FLO Diva : November 12, 2017

A FLO pageant that got the members enthusiastic participation, with various sessions on makeup and grooming as well as training to ramp walk. The Grand Finale saw judges Nitish Bharadwaj, former Mrs India, Pallavi Kaushik and Commando trainer, Dr Seema Rao. The highlight was the showstopper, Laksmi (acid attack survivor).





Millenium Maams by Bishnu Dhanuka : November 24, 2017

A very informative workshop on Warren Buffets theory of Investments. Members got to learn the details of investments and how stocks are a better investment than gold.



Vanyatra - Visit to a Tribal Village : December 4, 2017

Few Members visited a tribal village near Kargone district about 160 kms away from Indore. We were welcomed by the villagers with dance music and garlands. We spoke to them about health and hygiene and distributed oral hygiene kits. We saw how the NGO, Friends of Tribals society, manages to educate the children there and also provide for vocational training, medical needs etc. it was an eye opening visit for the members. FLO Indore decided to adopt one such village for the year 2017-18.





Life Beyond Life - Interaction with Commissioner of Indore on Organ Donation and green Corridors : January 13, 2018

This was a very heart touching session that enlightened all of us about how the green corridors are created for the transport of organs. All the rules and regulations were discussed in this regard. We also realized how saving one life can be so overwhelming and thus pledging your organs can indeed be a great virtue.



Murder Mystery Networking : January 30, 2018

A really fun networking event where all members were given certain characters along with a kit including their ID cards, character description, objectives as well as props. One among these was the murder and one was to die during the course of the party. A few clues were given and the members had to find the murderer. Winners were given hampers and medals. Well attended and appreciated event.



Swayam: Entrepreneurship week PitchBiz : February 10, 2018

"Investors meet founders" is an initiative to provide the platform to Start-ups and aspiring student entrepreneurs for mentoring and funding opportunities. The top 10 shortlisted start- ups got an opportunity to participate in live pitching in front of Bankers, Angel Investors and Venture Capitalists.

We received 80 application from across the country, out of which 10 finalists pitched and 8 of them were funded and provided incubation centers.

Conclusion of E week with TEDx : February 17, 2018

We ended the E week with TEDx which was a great success with 500 plus audience and 7 speakers which included: Mr Arindham Choudhry (IIPM); Ms Nidhi Agarwal (Karyaah); Major Vandana Sharma (Kargil War Veteran); Mr Vinay Menon (stand up comedian); Mr Piyush Mishra (Bollywood); Ms Lakshmi Narayn Tripathi (Transgender Activist).







Personal Branding by Anand Pillai : February 2, 2018

A session with high energy and lots of new learning for all the members. Most of the learnings were quite immediately put to use by members as well as by the FLO Indore chapter to get us trending and more likes. This helped us reach out to a lot more people on social media.





Padman : February 20, 2018

Promoting use of sanitary napkins among underprivileged women. FLO Indore took 50 underprivileged ladies for the movie Padman and distributed biodegradable sanitary napkins to them procured from an NGO Jwala.

Cancer Screening : February 28, 2018

FLO Indore arranged a free cancer screening camp for underprivileged ladies. 3 Doctors, who are also FLO members volunteered to do the checkups. Breast cancer and oral cancer checkups were done for 35 ladies.



Woman's Day : March 8, 2018

A high energy, full house event with all members in powerful hues of yellow got together displaying women empowerment in its true sense by being who they are. 10 of our own FLO members spoke about their life struggles and achievements inspiring one another. FLO Indore also felicitated women in media from the 4 leading papers of Indore.





JAIPUR CHAPTER Chairperson's Message



Dear Friends,

As the Chairperson of Jaipur chapter in its 11th year, I have thoroughly enjoyed this journey which has been accentuated with so many learning curves. I am an Architect & Co-Founder and CXO of an Online Social Enterprise, 'Misrii'.

Our motto for the year," Unlimited You " projected a vision , which made us embark on a journey to realize our hidden potentials, untapped energies & gradually helped re-invent our thought process. We enjoyed every moment of this interesting journey to self-discovery & learnings from these interactions organized this year. Under the National Skilling Initiatives, we skilled 500+ under-privileged women. We also organized our chapters inaugural B2B & B2C Exhibition to promote business growth for all our entrepreneur members. "Our silent hard work made the noise".

Regards **Minal Jain** Chairperson, Jaipur Chapter

COMMITTEE MEMBERS



Nitasha Chordia Sr. Vice Chairperson



Shweta Chopra Vice Chairperson



Wandana Parnami Treasurer



Monica Kothari Secretary



Preeti Saboo Imm. Past Chairperson



Change of Guard Ceremony : April 19, 2017

FLO Jaipur Chapter had organized the change of guard ceremony of 2016-17 with an ambience of music & off beats track by Translento-an Australian band from Goa, where Ms. Preeti Saboo handed over the baton to Ms. Minal Jain .The Past chairpersons unveiled the Calendar of the tenure 2016-17.



"How to live before you die" with Lisa Ray : April, 27 2017

The inaugural session for the tenure 2017-18 began with a motivational talk by Lisa Ray. Chairperson Minal Jain announced her theme of the year as "Unlimited You", shared her vision & announced the distribution of the UID cards for all members.

Lisa Ray a dynamic motivational speaker, is a true example of bravery and positivity in the face of adversity. Cervical Cancer Awareness Campaign's poster was launched.



Insights on Success with Kabir Bedi & Radhika Apte on : May 6, 2017

It was an interactive enriching session & the insights were realistic, with actors Kabir Bedi & Radhika Apte as the speakers. FLO initiatives of Computer Education & Skilling in Tailoring were unveiled. Computer Education is being imparted in Balika Sadan for 125 students.





Fusion of Flavors with Vicky Ratnani : June 7, 2017

A culinary session was organized with Celebrity Chef Vicky Ratnani, whose wit and charm has a duality that is reminiscent of natural Indian spice. Intensively trained and extensively travelled, Ms. Minal Jain added that by having Vicky Ratnani, a chef with wild imagination of food, a gourmet & connoisseur, is a way to spread the message that Indian Food & spices are the best around the globe, their essence, their benefits to health are great in an era where everyone is highly dependent on junk food.



Dream. Dare. Do...Building the Brand You "With Tanvi Bhatt & Anand Pillai : June 25, 2017

Personal Branding session was organized with one of India's Leadership, Branding& Business Transformation Guru, Mr. Anand Pillai & Ms. Tanvi Bhatt, Pioneer of Personal Branding in India. Challenging questions & answers were addressed by the speakers. Key to building your brand lies in believing, discovering & reinventing yourself.





"Eat. Delete" by Pooja Makhija In Conversation With Gul Panag on : July 13, 2017

"Health is the greatest of all possessions, A pale cobbler is better than a sick King" quoted Chairperson Minal Jain, welcoming everyone for the session on Health & Nutrition by, Pooja Makhija in conversation with Gul Panag. Poster of skilling in Beauty training was launched.





Health Initiative "Cervical Cancer Awareness Camp": July 23, 2017

FLO Jaipur chapter conducted Cervical Cancer awareness programme & screening Gynaecology camp at Gudamansingh Village, Govt. School. The awareness programme included a talk on cervical awareness & maintenance of personal hygiene for prevention of it. All the common gynaecological problems including pelvic inflammatory diseases, white discharge, menstrual

irregularities, pregnancy, infertility were addressed. The team of doctors did pap smear test on the patients as required.

Leadership & Peer Pressure with Mr. Ashish Vidyarthi : July 24, 2017

This session by Ashish Vidyarthi brought us closure to our quest to unravel our motto 'Unlimited You'. He took us on a journey of reference points in our daily lives, where everybody related to the subject with our experiences & perceptions.





We in Skilling In "Tailoring & Beauty & Education" : August 5, 2017

FLO Jaipur initiated a batch of 47 ladies for Women Empowerment for Skilling in Tailoring & a batch of 60 ladies for skilling in Beauty. Both the initiatives are facilitated by Jagriti in terms of venue. The underprivileged ladies & girls were motivated to learn & begin their journey to change their Lives for a better future. We shall also try to get them employed & shall provide them Certificates for the same.



"Love, Posession & Power – Tales In Black & White" By Devdutt Pattnaik & Anil Srinivasan : August 8, 2017

Devdutt Pattnaik said that we exchange stories to gain knowledge & to know about each other's worlds. He narrated the stories of feminine divinity of different eras along with beautiful amalgamation of music by Anil Srinivasan. "Black, White and Grey: Shades of Feminine Divine," the first dialogue of parallel perspectives was struck by Devdutt Pattnaik with stories of Shivji, Shri Krishna and Ramji & Sitaji.



Battles in The Mind With Anna Chandy : August 18, 2017

The session on "Battles of the Mind" with Anna Chandy who helped Deepika Padukone come out of depression, was a mental treat. It motivated us to start taking care of our mental health. She talked about how mental illness (depression, anxiety, stress) can cause irreparable complications in one's life. The rate with which it is increasing, it will be an epidemic by 2020.





"Life Stories – True Tales" by Dr. Jyothi Reddy & Screening of movie "Kajal" : September 4, 2017

FLO Jaipur welcomed everyone to an untold story of sheer grit & determination, to identify with, to discover a true story of a humble human being. Her journey from being



a field laborer to owning her own software company, she has traveled time - Dr. Jyothi Reddy, from the U.S.A, the President & CEO of her software development company.



Workshop on Negotiation Skills by Shankar Venkatgiri, Associate Professor, Indian Institute of Management : September 18, 2017

FLO Jaipur organized a workshop on Negotiation Skills by Shankar Venkatagiri, Associate Professor, Indian Institute of Management, Bangalore. The workshop was

attended by 37 delegates. During the workshop we came across some fundamental nuances of Negotiations which were explained. Subtle aspects of inter-personal interactions can make a significant difference to the outcome. Concept is important – Not Content.

The Retreat Rishikesh, Rock. Raft. Rest. : October 17-19, 2017

FLO Jaipur Chapter retreat was held at Rishikesh @ Aloha by the Ganges for 2 nights & 3 days. Total 75 members registered for this retreat to Rishikesh. The members arrived on 27th afternoon at Rishikesh and spent the afternoon at the picturesque NIM Beach, where team building activities



and games were organized. On the 28th morning, the day started with a stimulating yoga session and nature walk. We did adventurous Rafting in the Ganges which everybody enjoyed. A special photo shoot was planned during the Hi-Tea followed by Ganga Aarti at the Parmath Ashram.



Beaut-i-ntelligent by Monica Dogra : October 10, 2017

FLO Jaipur organized an event with Ms. Monica Dogra, an American musician and actress of Indian Origin. We welcomed all to a story of a seeker whose grit & determination to walk the un-walked & always seen as one amongst us, who has proven that fate is always written by sheer hard work & passion. Being a woman defines you in a way that formulates, guides,



sometimes celebrates and at times can limit. We constantly have to decide whether to operate from fear, to empower yourself & the other women around you, or out of freedom of expression



Sarees spreading Smiles : October 14, 2017

FLO Celebrates Diwali with a difference: "Sarees spreading Smiles!" We had taken up the national initiative to collect Saris & Suits in good condition, old and new, and donate them to the lesser privileged women and girls. We had an over-whelming response to this saree collection drive from the members. Total 800 Sarees & Suits were distributed & donated to not so privileged Women & girls.

The Retreat Rishikesh, Rock. Raft. Rest : October 27-29, 2017

FLO Jaipur Chapter retreat was held at Rishikesh @ Aloha by the Ganges for 2 nights & 3 days. Total 75 members registered for this retreat to Rishikesh. The members arrived on 27th afternoon at Rishikesh and spent the afternoon at the picturesque NIM Beach, where team building activities



and games were organized. Hi tea at the resort was arranged for. Evening ended with DJ and dancing, followed by dinner. On the 28th morning, the day started with a stimulating yoga session and nature walk. We did the adventurous Rafting in the Ganges which everybody enjoyed. A special photo shoot was planned during the Hi-Tea followed by Ganga Aarti at the Parmath Ashram Next day everybody were treated for a foot spa session by the poolside & we checked out for sightseeing the Ram Jhoola& had a walk in the by lanes of Rhishikesh.



Investment Mantras by Bishnu Dhanuka : November 7, 2017

FLO Jaipur organized a workshop on Investment Mantra. An investment in knowledge always pays our best interests. The session was to enable us prevent making poor financial decisions in our lives taking steps judiciously towards wealth creation. The best investment is in our financial education to build more wealth.



Fellowship Meet with Anu Menon followed by Nagada Jamming Session by Maestro Nathulal Solanki : November 17, 2017

FLO Jaipur welcomed Anu Menon & Nathulalji Solanki. Ice breaking sessions were organized during the networking time. It was informed that till date we are skilling 300 + Women & girls for Tailoring, Computer & Basic Education, Beauty in association with few NGO's & thanked all the members who had supported us in for these initiatives. The Chapter also appealed to employ the first batch of 94 skilled women. The event was followed by Nagada Jamming.



Murphy Rocks by Pratish Nair & Guest of Honor Ms. Vasvi Bharat Ram, National President FLO : December 8, 2017

It happens to all of us many a times that No Matter how long or how hard we research & shop for an item, it will be on a discount sale somewhere, after we have bought it. This is "Murphy: Expect the unexpected". Ms. Vasvi Bharat Ram, National President, FLO said " FLO Jaipur



Chapter is doing a fantastic job of keeping the vision of FLO alive with all its Initiatives being followed.



Dance of Love: Crescendos of Rumi & Shiva by Zia Nath & Sanatan Chakravarty : December 19, 2017

It was a mesmerizing performance of Odissi & Sufi Whirling. We were a witness to a 1200 year meditational dance style, one of the very few movements of spiritual growth which have lived so long continuously. You cannot believe it unless you experience, that just by whirling like a child, we can discover our inner-self.



Distribution of Certificate for Skilling in Tailoring & Beauty Course : December 29, 2017

FLO Jaipur in association with Jagriti NGO presented Certificates to women & girls on completion of training in Beauty & Tailoring Skill Initiative under WE – Women Empowerment Skilling Initiative. We distributed 66 Certificates for Beauty skilling & 39 for Tailoring. The ladies & Girls showcased their works & organized a fashion walk.



You, the Game Changer by Abha Maryada Banerjee : January 11, 2017

A session with the Asian Oprah Abha Maryada Banerjee was organized. Abha said that anyone can be a game changer. What makes you a game changer is the Capacity, Critical moment, Choice & Context. Being a game changer is a game of persistence and choice.





Joy of Giving : January 16, 2018

FLO Jaipur Chapter distributed 700 school bags & 700 pair of socks to under-privileged, lower income group children of rural schools of Bharatpur (Nadbai) on 16th January, 2018. The schools were Robin Govt. Upper Primary School, Shardha Rai Bareli Senior Secondary School, Govt. Pravishika Sanskriti School. The School Children were overwhelmed with joy.



FLO B2B – B2C Exhibition : January 29-30, 2018

FLO Jaipur organized the Inaugural B2B and B2C Exhibition on 29th and 30th January. The main objective of this B2B & B2C exhibition was to promote business development, networking exposure, social media presence, business outreach and connect businesses with professionals. Knowledge sessions by industry prominent designers and speakers were organised. The topics covered included talks by Vikram Phadnis on "The Business of Fashion", Prof's from IIM B, Ganesh Prabhu & Seema Gupta on "Strategy



Management"& "Social Media Marketing" respectively, Mandira Wirk on "Personal Style or Expensive Fashion", Eina Ahuwalia on "Jewellery & Self Expression"& Anand Pillai on "Intrapreneurship.". One on one personalized expert advice & ideas were exchanged by the speakers. Fashion Designer Poonam Bhagat too had a Tete a Tete with the exhibitors.



Emotional Intelligence by Neharika Vohra : February 6, 2018

An Excellent session with Prof. Neharika Vohra, IIM Ahmedabad helped the members see a different dimension of intelligence and many unknown aspects of our lives. Struggling to get rid of our emotions can be like playing tug of war with a monster. Today emotional intelligence is to have the capacity to give "the pause", it's to recognize that you will feel better when you express emotions.



Being Spontaneous & Original with Shekhar Kapur : February 24, 2018

FLO Jaipur had an enriching session with Shekhar Kapur. He gave his insights on Existence, Intuition, Creativity, Perfection, Inspiration, Success, Failure, love, on dealing with rumors.





Health Awareness Camp : February 27, 2018

FLO Jaipur Chapter organized Health Awareness Camp at Sanjay bazar, Jaipur on 27th February, 2018 felicitated by Swayam Siddha Foundation Trust. In order to improve women health status in community at Sanjay Bazar, Jaipur general health checkup, cancer awareness and screening camp was conducted. 158 women were registered in this camp.



Reinventing Yourself with Dr. Rajdeep Manwani : March 10, 2018

Mr Rajdeep Manwani gave mantras of leading a happy life & attaining success. He took us through his life's journey & gave examples of great achievers namely Gandhiji, Mother Teresa, Rahul Dravid. His talk was outstanding, humorous,



meaningful and philosophical! He said about taking responsibility of your own life rather than blaming others.



KOLKATA CHAPTER Chairperson's Message

Dear Friends,

We can rise as a collective by uplifting others. Empowerment to me does not only translate to self-sufficiency but also being able to inspire the same in others. As FLO chairperson, I have focused to build an ecosystem of dialogue and engagement among FLO members on the ideals Empowerment, Growth and Unity.

I believe there are Heroes out there working towards a better world and we can be the SHEroes on our end, forging a better future for all. During my tenure I have had the opportunity to display my commitment towards better living conditions for women by harnessing employment opportunities and providing skilling platforms to resource poor sections of our society.

Regards **Sunita Kanoria** Chairperson, Kolkata Chapter

COMMITTEE MEMBERS



Suchandra Bhutoria Sr. Vice Chairperson



Jyoti Jalan Vice Chairperson



Sarika Patodi Treasurer



Ritu Jajodia Secretary



Anupama Sureka Imm. Past Chairperson



Change of Guard : May 6, 2017

FLO Kolkata organized the Change of Guard, wherein Ms Sunita Kanoria took over as the new Chairperson for 2017-18 from Ms Anupama Sureka, the outgoing Chairperson.



Women in Entertainment : May 6, 2017

An interactive session "Women in Entertainment" with one of the most prominent actresses from the Bollywood industry, Sharmila Tagore in a tete-e-tete with the celebrated journalist Shekhar Gupta.





Go Green: FLO celebrates "World Environment Day" : June 5, 2017

FLO Kolkata united efforts with the Bonsai Kolkata Chapter to celebrate the World Environment Day on 5th June' 2017. The Consulate General of France, Mr. Damien Syed commended the initiative and congratulated FLO members. Mr. Jonathan Ward, U.S. Commercial Service Officer was the Guest of Honor.



'Eat Good, Feel Good' : July 6, 2017

FLO Kolkata Introduced a Holistic Approach to Health and Wellness - Nutritionist and fitness expert Dr. Luke Coutinho and model-turned-chef Aditya Bal. Twenty four FLO members took part in the live cook-off with six teams competing to replicate the dishes by Aditya.

Yoga Day : June 21, 2017

FLO Kolkata celebrated International Yoga Day on June 21, 2017.





Comedy Evening Fundraiser : July 29, 2017

FLO Kolkata Chapter organized a stand-up comedy evening with the acclaimed comedian, Anuvab Pal who performed 'Alive at 40'. This exciting comedy fundraiser event was attended by over 450 people, whose proceeds would directly be utilized towards sponsorship of children of Suryodaya School which is committed to providing meals, uniform and wellrounded education against a fee of INR 18,000/- yearly (monthly INR 1500/- only). The Comedy Fundraiser was the first of its kind to raise funds towards sponsorship of education for the underprivileged children.



FLO-YFLO Bazaar Kolkata : August 1, 2017

The 2nd GB Meet was hosted in Kolkata for the very first time spread over two-days. The meet kicked off with the YFLO-FLO Bazaar inaugurated by the Hon'ble Minister of State for Women and Child Welfare & Social Welfare, Dr. Shashi Panja and the National President FLO, Ms. Vasvi Bharat Ram.

The YFLO-FLO Bazaar had sixty eight stalls in total, showcasing the diverse tradition of craftsmanship in textile, merchandise, art works and fashion from across various states of India under one roof. The Governing Body members sampled an exquisite luncheon presenting Kolkata's unique street-food culture truly adding to the true bazar experience. The exhibition had over 2000 visitors making the bazaar a grand success.



Icons of Bengal : August 2, 2017

Icons of Bengal was organized on the day 02 of the 2nd Governing Body meet in Kolkata gathering the most diverse panel members showcasing the Icons of India from Bengal in the fields of art, music, literature, politics, cinema and sports world.

GST Workshop by KPMG : August 12, 2017

FLO Kolkata Chapter hosted a workshop on new GST Tax regime introduced by the Govt of India. Mr. Aditya Hans, a Tax Partner at KPMG and his team made a detailed presentation keeping their approach very interactive. As subject matter experts, KPMG was able to customize the session per various business industries of the FLO members present in the workshop.





Our Planet with Maneka Gandhi : September 20, 2017

FLO Kolkata Chapter earmarked its mid-year by hosting Ms Maneka Gandhi, Indian Union Cabinet Minister for Women & Child to address FLO Kolkata on 20th September at the Taj Bengal.

Ms Gandhi's address was riveting with insightful statistics and detailed game-changing policies which the new government has been able to implement alongwith a progressive shaping for the welfare of women across the urban and rural landscape of India.





FLO Social Evening : October 4, 2017

FLO Kolkata was fortunate to collaborate with the world renowned Manish Malhotra, and leading couture Jewelry designer Raj Mahtani for an evening with Flamenco and Fashion. The Gala evening celebrated the Spanish National Day with FLO Kolkata Members. Manish Malhotra and Raj Mahtani showcased their finest bridal garments and jewelry collection.

Royal Rendezvous : November 7, 2017

This year FLO Kolkata organized their annual retreat for members to experience The Rambagh Palace, Jaipur the land of the Maharajas and Maharanis. The members also were hosted by Princess Diya Kumari herself, who shared her personal journey of imbibing a Rajput heritage and royalty, with a visit to the Swapna Mahal, followed by a tour of the world's largest producer of marble.





Women in the Workplace : November 14, 2017

On 14th November FLO Kolkata Chapter organized an informative and interactive workshop conducted by Mrs. Lulu Raghavan; Managing Director of Landor, credited as one of India's 50 most influential women in media, marketing, and advertising in Impact publication of 2015. FLO Members were introduced to her personal journey through anecdotal storytelling from her life, the key lessons that strung her corporate career to the success she has found today.



Two Women of Many Parts : November 17, 2017

FLO Kolkata witnessed an interaction with the iconic mother – daughter duo, acclaimed actors Mrs Aparna Sen and Ms Konkona Sen Sharma moderated by television anchor Mir Afsar Ali, On November 17, 2017. The two women who had played many parts in reel and real life spoke about their roles as a daughter, wife and a mother but most importantly as individuals who dared to live their dreams despite challenging circumstances.





Spiritual Awakening with Sister Shivani : December 16, 2017

FLO Kolkata hosted a spiritual evening for guests and members in collaboration with Sister Shivani of the Brahma Kumaris, it was held at Kala Mandir. The Brahma Kumaris are an organization which believe in meditation for peace, hope for the world, wisdom for life and the discovery of spirituality as a way of life. This evening had every guest and member in deep meditation seeking inner guidance and was followed by a special message given through Sister Shivani.

A Soulful Evening with Sadhguru : December 17, 2017

FLO Kolkata Chapter organized an evening with Sadhguru at The Westin. As the evening progressed with people unified in meditation, Sadhguru spoke to the audience about life and our purpose in it. Each person in the vicinity was in awe of the essence they received from him.





Inspirational Innings with Mithali & Jhulan : December 18, 2017

FLO Kolkata Chapter organized a different turn of events. Inspirational Innings had the popular Indian Women's Cricket Captain Mithali Raj, Fast Bowler Jhulan Goswami moderated by cricketing journalist Boria Mazumdar. It was an event which graced every member and child alike where also FLO Kolkata organized a special arrangement for the under 16 women's cricket team to attend the session.



Authentic Power with Priyanka Gandhi Vadra : December 19, 2017

The event Women and Authentic Power held at The Oberoi Grand was graced by Mrs Priyanka Gandhi Vadra. The session was moderated by Dr. Shefali Tsabary who is close friend of Mrs Vadra. Mrs Vadra also enlightened the members on her philosophies as a daughter, wife, and mother and most importantly as an individual.



New Members Meet : January 11, 2018

This year FLO Kolkata saw the biggest intake of new members in Kolkata's history. Chairperson took the opportunity to host an evening of fun and games which broke the ice for most and also inducted the milestones FLO has come to achieve and shoulder over its legacy of 33 years.



Bedazzled with Sunita Menon : January 19, 2018

FLO Kolkata Members were bedazzled by the celebrity host Ms Sunita Menon and her journey to becoming the most sought after Tarot Card Reader in the country. She confers her chance to come upon her passion at an early age which gave her extensive experience in the art of Tarot Card Reading.





FLO Delegate Dinner with Lit Meet 2018 : January 26, 2018

FLO members got the chance to closely interact with more than forty delegates of the Literature Festival 2018 hosted in Kolkata. The evening was a brilliant experience for the visiting authors from various parts of the world on the Republic Day of India.



Tryst with Destiny : February 3, 2018

Actor Sanjay Dutt connected with FLO members on his tryst with Destiny and the life lessons from his journey as an actor as also as an individual.







Dear friends,

It has been a humbling experience for me to head YFLO Kolkata over the past one year. As its Chairperson, celebrating the special 10th year of YFLO Kolkata, the activities have been multi-faceted and multi-dimensional. It has provided for eons of learning - extended levels of bonding - and developing a greater sense of responsibility for every action taken. Challenges & opportunities helped me to become resolute, while prompting me to organize the events "perfectly" through careful planning and teamwork.

Personally for me, YFLO has been a life-changing experience. It has taught me the value of leadership and the importance of working together to achieve bigger goals. I would sincerely like to acknowledge and thank each one of you in YFLO Kolkata and all the peers in FLO/YFLO for the love and support extended to me during my tenure as Chairperson.

Thank you.

Warm regards Shilpi Choudhary Chairperson, YFLO Kolkata

COMMITTEE MEMBERS



Isha Patodia Sr. Vice Chairperson



Amrita Kajaria Vice Chairperson



Shefali Agarwal Treasurer



Shilpa Sethi Secretary



Candid Conversations with Mahesh Bhatt : May 5, 2017

The first event of YFLO Kolkata for the year 2017-2018 was held with Mr. Mahesh Bhatt – noted Director, Producer and a Prolific Writer.

Addressing a very large gathering of 260 plus audience, Shilpi Choudhary, the newly elected Chairperson of YFLO Kolkata spoke about her plans and events, and introduced the year's theme "The Connect".



"Trace Your Trafficking Footprint"-Leena Kejriwal : May 16, 2017

To commemorate Mother's Day, YFLO Kolkata Chapter under its initiative YFLO Care, invited Ms. Leena Kejriwal, a photographer and installation artist. Leena has been the brand ambassador for Fuji India and an artist in residence in France under the Indo French Cultural Exchange Program.





Happy Soul Personal Transformation Workshop with Ms. Pooja Bedi : June 27, 2017

YFLO Kolkata invited Ms. Pooja Bedi, a former Bollywood actress and television show host, to conduct a motivational workshop under her brand, 'Happy Souls'. These workshops are an amalgamation of philosophy, self- hypnosis, metaphysics, healing modalities, science and theosophy, which can be used to cure even phobias and fears.





Yeh Dil Mange More by Anuja Chauhan : July 4, 2017

YFLO Kolkata officially launched its first Book Club in an exclusive event with the author Anuja Chauhan, often referred to as the 'the best writer of Indian commercial fiction genre'. The event "Yeh Dil Maange More", drew in active readers, aspirant authors, day dreamers as well as bookworms amongst FLO and YFLO members.

YFLO Drift with Audi : July 22, 2017

YFLO Kolkata always believes in breaking stereotypes - an afternoon of sports, luxury, and fun came together on the 22nd of July, 2017 at the Audi Kolkata Showroom. An exciting fellowship, the buzz for the same was created before the event. A virtual car rally with 16 teams was organised along with other games with the help of a computer software, flash cards, spray painting, etc.





YFLO FLO Bazaar : August 1, 2017

The YFLO FLO Bazaar was held on the 1st of August at the Portico Plus in Taj Bengal, Kolkata. It was an extensive exhibition displaying Kolkata's established and upcoming designers and many out station exhibitors as well. It was inaugurated by Mrs. Shashi Panja and exhibited designer wear clothes, kids' clothes, accessories, jewellery, organic living and healing stalls.



Luxury Then & Now - In conversation with Vikram Oberoi, CEO of Oberoi Hotels and Resorts : August 3, 3027

The event "LUXURY THEN & NOW" in conversation with Vikram Oberoi, CEO of Oberoi Hotels and Resorts took place in the grand ballroom of the Heritage property of The Oberoi, Kolkata on the 3rd of August. Mr. Vikram spoke in depth about the hospitality industry, its challenges and the level of precision required to maintain its top notch level of service.





Be Born Again on the Mountain with Arunima Sinha : August 17, 2017

Be Born Again on the Mountain with Arunima Sinha, The Patriotic Connect, kick-started with a flag hoisting ceremony by Arunima who candidly narrated her story right from the time when she was thrown out of a moving train and lost one leg, to the time she climbed Mt.Everest as an amputee, including the troubles she faced on the way to the top!

Thacker Dairy Farm visit : August 28, 2017

Thacker Dairy Farm visit, The Dairy Connect was the first factory visit undertaken by YFLO Kolkata Chapter this year. The owners, Nishit & Davina Thacker ensured that each member saw all the units of the factory, including the ice cream unit, milk unit, curd unit, ghee unit etc and answered all the queries.





Ek Mulakat Amish ke Saath : September 14, 2017

YFLO Kolkata celebrated "Ek Mulakat Amish ke Saath" event on Hindi Diwas in association with Sanmarg leading daily newspaper with renowned author Amish Tripathi as the guest of the day, who has written multiple books on Hindu mythology with a very interesting take, spoke of his journey in banking which converted to book writing. The event was moderated by Miss Supriya Newar in India's primary language Hindi.





YFLO Different Strokes -Splash your Heart out! with Bose Krishnamachari : September 23, 2017

An elaborative session on art was organised with ace artist Bose Krishnamachari. Mr Bose's session was followed by Mrs Aradhana Dalmia's (Founder of The Artemist) art workshop. A total of 54 ladies participated in the art

workshop. There were teams formed to make the session fun and interactive. Each team was given the task of coming up with a theme based art-piece.

YFLO Diwali Dazzle : October 12, 2017

YFLO Glam Swards and Diwali fellowship was a fun networking event. The area was brightly lit with decorative lights and glitters – artificial lights and candles. Beautiful Bolly tracks on the guitar and keyboard was played by Abhiruchi Singh, making it a perfect evening for all the YFLO members. Getting dressed up in traditional wear has its own



Indian charm. The ladies were wearing dazzling outfits flaunting the traditional look.



The Musical Connect with Shibani Kashyap : October 26, 2017

Shibani Kashyap's power packed performance enthralled the audience and made them to dance on her tracks. The elaborative session of Sing talk (singing and talking) by Shibani Kashyap included - her passion for singing which started from school and college, collaboration with Pakistani Sufi singers and her love for Sufi legends from India and Pakistan.





YFLO Ranthambore Reverie : October 30- November 1, 2017

YFLO Ranthambore Reverie was the YFLO Kolkata members retreat to the cities of Jaipur and Ranthambore. 38 members participated in the retreat. Members lucky to sight tigers on the morning game drive. Entertainment was planned for our members on the first night as a Desi-Videsi night where the dress

code was mismatch and the food was incredible Rajasthani cuisine. The next day all the members enjoyed lunch at the pool of the property following which we got the opportunity to interact with workers at the NGO Dastkar after which we went to Vanya Vilas, a property of the Oberoi's for high tea. All in all, a memorable trip with amazing bonding and new friendships that none of us will forget!

YFLO Bollywood Connect with Vidya Balan : November 17, 2017

YFLO members were invited for an interactive session with famed Bollywood Actress Vidya Balan. She was accompanied by Suresh Triveni & Atul Kasbekar, the key team members of the film, Tumhari Sulu. The event took place at Taj Bengal Kolkata and was attended by more than 100 YFLO members. The event was ably moderated by designer Nil, the famous face of DEV RNIL.





YFLO Factory Visit: Maple Accessories Pvt. Ltd : November 18, 2017

YFLO Kolkata organized a factory visit for all its members and their kids. Mr Gaurav Bhalotia, the director of Maple Accessories- One of the largest leather goods manufacturers and exporters of India, came forward and took the initiative to organize the visit at his factory located at Amta Road, Howrah. YFLO provided a platform to its members and kids to get a ring side view of how their favorite leather handbags and wallets are made and exported to various clients and leading fashion houses of the world.



Wok & Talk with Seema Jajodia Jindal & Vintage Asia : December 11, 2017

YFLO Kolkata's event Wok with Vintage Asia & Talk with Seema Jajodia was held on the 11th of December at the Vintage Asia restaurant at the JW Marriott Hotel, Kolkata. This was the Wellness Connect with our members where Ms Jajodia, who is a founding member of the Delhi YFLO Chapter, gave us a talk on nutrition. There was much wisdom in her talk in relation to myths relating to health, making everyone enriched with knowledge.





YFLO Weight Loss Tamasha with Rujuta Diwekar : December 16, 2017

YFLO Kolkata has an invigorating session on health and fitness with famed celebrity nutritionist Rujuta Diwekar in conversation with the CEO of Rush fitness Ritu Agarwal. Rujuta has been a nutritionist to celebrities like Kareena Kpoor, Alia Bhatt, Varun Dhawan to name a few. The event was attended by more than 100 members. Rujuta in this educative session broke a lot of eating and diet myths.





"YFLO Team runs 10k for Tata Steel Marathon after completing a bootcamp." – The Fitness Connect : December 17, 2017

'Before every run is a race between your mind and an excuse. WIN IT.'

Words that motivated a strong willed group of 55 from YFLO to colour the Tata Marathon, pink. Both

first timers- sceptical about finishing 5k leave alone 10k and veteran runners of earlier marathons were egged on at a training session for around 2 months conducted by the much revered Sir Mrityunjoy Roy. Members were taught how to pace themselves out, run with the correct stance and stride and most importantly breathe. It was always about the next step for most of them and not the end. The mental strength and support within the circle that formed - made each of them a winner.

Britannia Cake Factory visit : January 11, 2018

11th January 2018 was set as the day for the Britannia Cake Factory visit for YFLO & FLO members. We were joined by a total of 75 guests including guests and member/s children. All the members were allotted into groups of 15 (Fifteen) and then given a tour of the factory.





YFLO "Tales of Cocktails" : January 29, 2018

YFLO "Tales of Cocktails! What's your Poison?!" Event was a fun fellowship of YFLO members. Over 50 members got together on a winter afternoon at Ozora terrace to do some cocktails mixology! Divided into 13 teams, each team had to make different drinks as per specifications given in each round. There were four different rounds where judgement was based on different aspects. Presentation of the drink as well as the taste and overall appeal was judged by esteemed judge, Aditya Mehta, owner of multiple lounges and restaurants.





YFLO CARES - Flight to Fantasy - Grooming session for HOPE Foundation kids : January 31, 2018

YFLO Kolkata recently introduced a truly noble initiative into the organization - "YFLO Cares". The vision behind this was to mobilize funds and resources for underprivileged children and conduct events for them which will truly assist them in raising their standard of living and enjoy life like any of us do. One of these events was in collaboration

with Studio Meche, headed by celebrity make up artist, Deepti Mohindar and the Ashar Alo Home for Girls of Hope Foundation, Kolkata.

YFLO "Decode Law 4 Women with Ms Pinky Anand" : February 3, 2018

YFLO "Decode Law 4 Women with Ms Pinky Anand" event took place on the afternoon of the 3rd of February in the Crystal Ballroom of Taj Bengal, Kolkata. Ms Pinky Anand, celebrated lawyer, along with Saudamini Sharma and moderator Nandini Khaitan helped the members understand their rights and laws relating to the different stages of a woman's life. The great takeaway of the event was the understanding that cases-trigger-laws,



laws to be formed diligently with a lot of thought and discussions. A fantastic learning afternoon ended with some lovely high tea and networking.



Ignite your Mind with Gaur Gopal Das : February 20, 2018

On 20th Feb, YFLO Kolkata had one of its "Life Connect" events with International life coach Gaur Gopal Das.

Gaur Gopal Das, an Indian spiritual leader and an active motivational speaker had the YFLO ladies all ears within a few minutes of him speaking. He largely spoke about how situations and circumstances are constant, and one should exercise the ability to make choices amongst them.





Anti-Gravity Yoga-Celebrating Women's Day – The Yoga Connect : March 5, 2018

YFLO Kolkata believes that a healthy woman is an empowered woman. On the occasion of Women's Day, to celebrate this theme we organised a special session of Anti-Gravity Yoga(Aerial Yoga) for 40 of our members at the studio of Real Yoga

which is also owned by our member Mrs Yogita Sureka. Spread across 4 sessions for 10 members each, each member learnt a new form of yoga to strengthen the body and the mind by conquering their fears of falling. The members truly enjoyed the Yoga Connect provided by YFLO.



"Social Media - the biggest opportunity in the history of Business with Avijit Arya" - The Marketing Connect : March 10, 2018

All year through YFLO Kolkata has worked hard to ensure varied topics are presented to the members in different ways. One such important subject had been on hold for the very best. Social Media - the biggest opportunity in



the history of Business - was the topic taken up by the speak Mr Avijit Arya on the 10th of March at the Bengal Club. Mr Arya is ranked top 100 digital icons by impact. He is the "chief mogul" @internetmoguls.

YFLO BOOK CLUB – 6 sessions, August 2017 - February 2018



The YFLO Bookclub was introduced this year with author Ms Anuja Chauhan inaugurating the same at the Yeh Dil Maange More event with us in July 2017.

With the vision of Connect, the idea was to get a niche group of members to come together each month and discover different genres of books, away from the cocooned comfort zones. Spearheaded by committee member, Varsha Wadhwa, we select a point person each month, so that every member gets an equal opportunity to lead the discussion and become well-versed with the other members and build confidence.

So far, we've covered the following books:

- The Dalal Lama's Cat by David Michie
- The Upstairs Wife by Rafia Zakaria
- South of the Border West of the Wind by Huraki Murakami
- Lean In by Sheryl Sandberg
- Karna's Wife by Kavita Kane Karna's Wife
- Open: An Autobiography by André Agassi



LUCKNOW – KANPUR CHAPTER

Chairperson's Message



Dear Friends,

On becoming the Chairperson of Flo Lucknow-Kanpur chapter, I learnt a lot of things, especially key organizational skills like planning, prioritizing and achieving my goals. Time management, decision making, delegating, communication skills, appreciating and motivating people were the undeniable add-ons to the process of my personal grooming.

Coming together is a beginning, keeping together is progress and working together is success. Flo got us all together and by learning to work together with my committee and the members I have been able to achieve so much in such a short time. I thank all responsible for giving me such a gratifying platform to reach out to the people who need us the most.

My mantra was always – Alone we can do so little, together we can do so much. My committee was there through thick and thin and did wonderful events with very little guidance.

regards,

Archana Khaitan Chairperson, Lucknow- Chapter

COMMITTEE MEMBERS



Renuka Tandon Sr. Vice Chairperson



Madhuri Halwasiya Secretary



Anuradha Varshney Vice Chairperson

Pooja Gupta

Jt. Secretary



Meenu Jhunjhunwala Treasurer



Anju Narain Imm. Past Chairperson



Red Spot a Menstruation Camp : April 30, 2017

In the Menstruation camp by Khel, 45 students have been benefited by the talk and free napkins were distributed.





The Great Cash Cleanup : May 1, 2017

FLO Lucknow-Kanpur Chapter organized a talk show with the esteemed speakers CA Shri Kanchan Khanna and CA Shri Vikas Garg on PM Narendra Modi's demonetization: A boon or a bane? Event Chairs were Ragini Khanna and Vijaya Kapoor.

Talent Has No Boundaries : May 5, 2017

A Talent Show, in Kanpur, was performed by 125 students of Navsrijan Educational Society, an initiative started by Mrs. Anjali Jaipuria, with a mission to serve the under privileged children living in the slums of Lucknow.



Skin Art : May 10, 2017

In keeping with its objective to empower women and facilitate them for their talents, skills and energies, FICCI-FLO Lucknow Kanpur Chapter had put together, an interactive session by renowned Cosmetologist & Dermatologist Dr. Nidhi Tandon about skincare and anti-ageing. Event Chair- Roma Agarwal.





Developing Regional Infrastructure and Tax Policy : May 16, 2017

FLO Lucknow-Kanpur Chapter hosted an interactive session with Senator Deb Peters, Senate Assistant Majority Leader, South Dakota Legislature, USA and Helene Keeley, Representative, Delaware Legislature, USA.



Women's Health Awareness Programme : May 22, 2017

FLO Lucknow Kanpur in partnership with Water Aid, created awareness about Women's Health in Village Saidanpur, Distt. Barabanki. Jyotsna Kaur Habibullah, FLO, Head of Village Initiatives, Lucknow coordinated the initiative with Water Aid and DEF and Neelima Gupta MHM coordinator, Vatsalya, Water Aid Lucknow, an expert trainer.





Talk About GST : May 27, 2017

India in today's times demands effective and strong economic reforms. And we are indeed witnessing them too. Jasmine Jain – Deputy Commissioner, Commercial Tax – gave a descriptive talk related to income tax, especially the GST bill and how it would impact us.



WE Skill in Cutting, tailoring, Block Printing : July 1, 2017

FLO Lucknow Kanpur Chapter under its initiative of WE Skill launched new training projects in partnership with 'Ehsaas' organization and have been training girls in tailoring, stitching, embroidery and boutique work skills.





WE Skill in Raakhi Making : May 1-July 7, 2017

FLO Lucknow- Kanpur Chapter has been teaching the adopted village girls how to make Raakhis. They came out with amazingly beautiful raakhis which were then sold in Delhi, Kanpur, Lucknow etc. by FLO members and all the proceeds were given back to the village girls. This initiation was taken up by Indu Jhunjhunwala, Sarita Prahladka, Usha Agarwal and Payal Garg.

FLO Bazaar : July 7, 2017

FLO Lucknow-Kanpur hosted the 2nd FLO-BAZAAR, a perfect answer to retail therapy, exclusively for women entrepreneurs, across the nation. Inaugurated by Chief Guest Mrs. Kiran Modi and Guest of Honour Mrs. Manjula Jhunjhunwala, the bazaar had 53 stalls, with NGO'S participation. The proceeds from the bazaar will be utilized to improve the sanitation facility of the Government primary girls' schools of Kanpur.





Tree plantation & Swatch Bharat Campaign : July 13, 2017

Lucknow Kanpur chapter partnered with the government of Uttar Pradesh in a plantation drive at the space assigned by the government. GO GREEN BEFORE GREEN GOES. Dr. Rita Bhaguna Joshi, honorable minister of the state flagged of the drive along with our Sr. Vice chair Renuka Tandon and other FLO members.





Strengthen Your Bond – Friendship Day Networking Meet : July 26, 2017

FLO Lucknow Kanpur Chapter hosted a networking meet at Indu Jhunjhunwala's residence and discussed what FLO is all about and all the events in the pipeline.

Self Defense Workshop : August 6, 2017

Self-defense workshop organized by Red brigade – Safe Women Safe Lucknow. A mission to cover 100 schools in 100 days. FLO has associated to educate and empower 1000 girls in six schools in self-defense and against violence so another "Damini" may not be repeated.





Women and Wealth : August 10, 2017

The program was custom designed for women who are keen in getting acquainted with managing wealth and investments. It helps guide women leaders on effective family office practices of large business families.

Skill Initiative: Nursing & Childcare Programme : August 8, 2017

FLO Lucknow Kanpur Chapter launched its first WE initiative in health care: 'Maternity & Neonatal Care' curated by Ritu Mathur and her team for the benefit of the girls of Mal Village. A 2 months long hands-on course in Maternity & Neonatal care has already been rolled out emphasizing on training of mother and newborns.





Tarz- Jaane Woh Kaise Log The... – a showcase of work & muse-ic of the legendary filmmaker- GURU DUTT', August 26, 2017

FLO Lucknow Kanpur Chapter hosted a cultural evening filled with music and theatre depicting songs, life and history of the filmmaker Guru Dutt, at Jaipuria Management Institute. The music program was staged by the group TARZ, who left the audiences delighted with a dose of beautiful music and entertainment.



Hormone Therapy & Understanding : August 29, 2017

FLO Lucknow Kanpur Chapter hosted a networking meet along with a very informative session with Dr Lovee about Hormone Therapy and different phases of Menopause.





Evening With Devdutt Pattaniak : September 3,2017

Devdutt Pattanaik said that we exchange stories to gain knowledge to know about each other's worlds. He narrated the stories of feminine divinity of different eras along with beautiful amalgamation of music.



Daan-Utsav: October 2, 2017

FLO Kanpur Chapter has organized: The joy of giving a week before Diwali was celebrated by giving voluntary financial help to various underprivileged people. It was a very satisfying project.





Dev Diwali : November 4,2017

FLO Lucknow-Kanpur Chapter 18 Members went for the Dev Diwali to Banaras. Lovely bonding occurred and amazing Ganga Aarti has been attended by all the members.

Kilol : December 15 & 16 ,2017

FLO Kanpur Chapter organized talk on fabric of India by the owner Mamta Mansinghka. She spoke about her passion of block printing and how she started her production unit. The FLO members enjoyed and learned a lot about the printing techniques.





Table Styling : January 31, 2018

FLO Kanpur Chapter has organized event that of a table styling workshop by the renowned Ami Kothari from Mumbai. Executing the whole experience has been very wholesome and enriching.

3rd FLO Lucknow Kanpur Half Marathon Dates : January 28, 2018

After the continuous success of 2 years of its maiden endeavour, FICCI FLO Lucknow-Kanpur hosted the 3rd edition of the annual Half Marathon in support of the cause "Beti Bachao Beti Padao". The Marathon was an awareness campaign, and a focused donation drive, to raise awareness towards the "Beti Bachao Beti Padao" campaign.



About 1500 participants from all over the city ran to show their support for the cause. There were 4 different categories of race namely 21 kms, 6 kms, 3 kms and kids race of 400 mtrs, though maximum crowd was seen running for the 3 kms race. The Prize distribution was facilitated by Shri Suresh Khanna, Cabinet Minister in U.P. Government.



Indian Women Artisans Awadhi Festival (IWAAF) : February 9-11, 2018

Indian Women Artisans Awadhi Festival (IWAAF) was a three-day exhibition of crafts, culture and cuisine in Lucknow, fully supported by UP Tourism, showcasing the works of artisans and designers on all levels from across the country.

The event focused on empowering women artisans and entrepreneurs from across the country by giving them a platform to showcase their talents and products to the consumers of the state of Uttar Pradesh and an opportunity to expand their market. This was also a unique concept for women Artisans to showcase and intermingle with high end designers.

Hon'ble Chief Minister of UP, Shri Yogi Adityanath honored the event with his presence on 9 th February for the prize and certificates distribution and Dr Rita Bahuguna Joshi, Cabinet Minister in the Government of UP, Minister of Women Welfare, Family Welfare, Maternity and Child Welfare and Tourism, Government of Uttar Pradesh, inaugurated the festival as the Chief Guest on the opening ceremony on 9th February.

As many as 24 of the 60 participating artisans were invited by Dr. Rita Bahuguna ji to put up their stalls permanently at Delhi Haat. At the opening ceremony Hon'ble chief minister Yogi Adityanath invited women artisans to be active participants in the One District One Product scheme launched by the UP government, by registering their products. He also extolled the FICCI Ladies Organization (FLO) to become active agents in propagating the cause of regional crafts and skills by providing training to women in various divisions.





LUDHIANA CHAPTER

Chairperson's Message



Dear Friends,

Big life changes make for big gains.

Six years back FLO and a life threatening illness came simultaneously to me. It was my redefining moment, together these two occurrences made me see things as not an end but as a beginning, this year as a chairperson, I grew more as a person than I had in my entire life and I would like thank the women of FLO for being exemplary teachers in all aspects of my life.

I truly believe that FLO's idea of a modern inclusive gender neutral India will serve as a national vision to transform, empower and recognise the crucial need to promote a women's wellbeing.

This year pulled me out from my cocooned world of family and personal business endeavours to a platform which exposed me to the lows the underprivileged to the highs of the governmental workings. It gave me various opportunities to interact with the full spectrum of how the system works and where we women bridge the gap to make a difference.

This introduction has ignited a spark in me, and I would, in my best capacity carry this forward as a FLO mascot working at various levels for women empowerment. FLO platform inculcated a sense of discipline within and truly showed me myself and the world around me in the mirror for the better and for worst.

A woman is the full circle. Within her is the power to create, nurture and transform - Diane Mariechild.

Last but not the least, I would like to include herein my team of this year. Thank you can never be enough, I asked for commitment, you gave me dedication. I asked for obedience, you gave me authority. I asked for cooperation, you gave me support.

Amrita Rekhiraj

Jt. Secretary

Regards **Monika Choudhary** Chairperson, Ludhiana Chapter

COMMITTEE MEMBERS



Reena Aggarwal Sr. Vice Chairperson



Radhika Gupta Jt. Treasurer



Manisha Oswal Secretary



Vice Chairperson



Mannat Kothari Treasurer



Savita Aggarwal Imm. Past Chairperson



Change of Guard : April 24, 2017

The Change of Guard of Ludhiana Chapter was organised on April 24, 2017. It was presided over by Mrs Mamta Ashu, MLA.

Chairperson Monika Chaudhary introduced her team and shared her vision for the year.





Interaction with Australian High commissioner to India, Harinder Sidhu : May 4, 2017

FLO Ludhiana had a very interesting and stimulating interaction with Ms Harinder Sidhu, Australian high commissioner to India at JW Marriot in Chandigarh. Mrs Mridula Jain made a representation on behalf of the wool council and Mrs Amrita interacted on the tourism opportunities with Australia.

Redefine Yourself- A networking event : May 11, 2017

A very well attended n etworking and a fellowship event, it was an evening full of fun frolic with healthy food and food tips by cake square, gyming secrets unfurled by Ozone, spa treatments by Divine spa and Aqua Zumba session.





Cyber Safety and Awareness Workshop : July 14, 2017

When it comes to moulding young mind, there is no better than today's speaker Mr Rakshit Tandon, who is a cyber-security expert. Mr Dhoke, Chief Commissioner of Police also joined the session to understand cyber security issues common man is facing today.





Digital empowerment in conjunction with the MSME and Shopcules.com : August 23, 2017

Shopclues held a very informative workshop with the members to understand the digital retail space. Several members got their businesses online instantly the same day. MSME supported this workshop and gave a very informative presentation on government schemes and incentives for women entrepreneurs.

Demystifying Louboutin -An Insight to the French Brand : September 23, 2017

It was interesting eye opener and awe inspiring evening for the members. What makes a brand like Louboutin the most coveted brand in the world, its business strategies and the heritage of a shoe maker to a brand of international stature, the session was all about these and more.





Rally of Rivers, in conversation with Sadhguru : September 30, 2017

FLO Ludhiana met Sadhguru enroute his quest to save the rivers and pledged our support to help conserve rivers of India. We would also like to acknowledge the contribution of COIMBATORE CHAPTER for helping us realise this event.



Interaction with Australian Minister, Hon Zoe Bettison : November 7, 2017

FLO Ludhiana Chapter had a very engaging interaction Australian Minister Hon Zoe Bettison at Chandigarh. FLO was invited to take a delegation to interact with the Minister over tea, which was hosted by the Minister herself. The discussion was on the status of women in Punjab viz a viz status of



women in South Australia and future linkages that can be developed between both states.



Punjab Start-up & Entrepreneurship Policy Unveiling : November 22, 2017

Draft of Punjab Start-up and Entrepreneurship Development Policy 2017 was unveiled by Chief Minister of Punjab, Capt. Amrinder Singh. It was prepared to develop the State as leading global hub of Start-ups and innovation, to accelerate economic growth and to provide large scale entrepreneurial ventures and job creation.

Rajinder Gupta, Regional Chair- FICCI, Chairman, Trident Group and Vice Chairman, Punjab State Planning Board also attended the event.

Interstate Meet 2017-18 -Ludhiana, Jalandhar & Amritsar : November 27-29, 2017

FLO Ludhiana Chapter hosted a 3 day long Interstate Meet 2017 & Governing Body Meeting from 26th November to 29th , with over 200 ladies entrepreneurs from across the country attendeding the event.

The open interactive sessions, exhibition (Vintage Punjab) of local products by the



women entrepreneurs, visit to historical places in Amritsar like Fort Gobindgarh, Jalianwalan Bagh along with a visit to Partition Museum, interaction with celebrated personalities like Mr. Navjot Singh Siddhu (Minister of Local Government, Punjab, Ms. Deepa Sahi (actor, historian and restorer) and power couple of Ludhiana, Dr Tanveer Sachdev and Mr Parneet Sachdev (Principal Director Of Investigation Punjab and J&K) marked this well-organized event.



The visit to world famous Golden Temple, Amritsar and the Retreat Ceremony at the Wagah Border, Amritsar was much appreciated.

A book launch of two young girls from Ludhiana called 'Shade of Silence' got a chance to showcase their compilation of study on shades of a women's life. The best feature of this event was the presenting of the awards to the 8 women entrepreneurs acknowledging their contribution in the field of woman entrepreneurship.

The Interstate Meet held in Ludhiana Punjab, steered by Mrs Monika Choudhary,



Chairperson FICCI FLO Ludhiana and Team FLO was a huge success and gave the local women entrepreneurs a platform to showcase their products and talent on vast national canvas.

Skilling Programme : December 6, 2017

FLO Ludhiana organised a week long consistent effort from FLO to visit the underprivileged sections of the region to impart skill, knowledge and medical help.





FLO Health Initiative with Dayanand Medical college- Launch of FLO medical cell : December 6, 2017

FLO Ludhiana Chapter started their yearly feature "Joy of giving week" with EK Noor-Neki ki Dukaan - A novel concept to give and take and share with dignity and a collaboration with DMC hospital - paediatric Oncology.





Morning FLO Networking Session : December 10, 2017

FLO members walked the railway station with hot tea and snacks for the overnight passengers who are forced to stay at the platforms between their journeys due to paucity of funds. Members made contribution of blankets, warm gloves, woollen caps and warm sheets.

FLO Skilling Initiative : December 10, 2017

FLO Ludhiana believes that skilling improves quality of many a lives. Donations were made to Snehanchal, an NGO for rural women in Chandigarh where we donated yards of clothes, laces, borders, embroidery material and worked towards upgrading and teaching girls sewing techniques.





Textiles as an Agent for enhancing women entrepreneurship : January 21, 2018

FLO and Bridal Asia joined hands to work for the awareness of the skewed gender ratio in our country and the increasing crime against women. Till the Women's Day on March 8, 2018 a continued commitment towards this awareness drive will witness holding sessions – art competitions, street plays, coffee sessions and counselling sessions in schools, banks and other public places.



Skilling with FICCI FLO on Women empowerment and sexual harassment : Women Police conference : January 20, 2018

250 women police personnel participated in this conference. The Keynote speaker was Mr R. Dhoke



(CP) . rest of the sessions were : Work life balance : Monika Chaudhary (Chairperson FLO); Women wellness : Dr Vanie Thapar (FLO), Communication: Payal Mohindru (FLO) ;Leader ship : Mridula Jain (FLO, PPF), Glass ceiling : Rupinder Bhatti (ACP) ;Meditation : Leena Bharti (Pyramid), Demystifying Investigation : Neelu Sharma (DDA) and Sexual Harassment: Mrs Anita Punj (IG).

Dastaan -e-Kabir - An annual FLO Networking event : January 31, 2018

The Annual FLO Ludhiana networking event was held at Kabir Café. Concern India Foundation supported the event. Mr Harbhajan Mann added that extra spark to the mission and stood by the Chapter in support of the initiative to save the girl child.



Project Pankh- Umeed Ki Udaan : February 1, 2018

Project Pankh was an initiative to empower and equip 250 underprivileged girls with skills to sew and various art forms. This a step towards making them self-reliant, independent and opening various windows of aspiration and hope for them to earn a respectful living.



Inter chapter collaboration: Coimbatore –Ludhiana retreat : March 1, 2018



International Women's Day : March 8, 2018





MUMBAI CHAPTER

Chairperson's Message



Dear Friends,

As I come to the end of my tenure, I look back at the year with sheer gratitude and humility. Being the Chairperson of such a dynamic and esteemed organisation has changed me as a person overall. I would want to take this opportunity to give heartfelt thanks to my Committee, Our President Vasvi, GB Members and fellow members.

My objective was Share to learn, Share to Grow. All the initiatives were the highlight of my events.

Organizing Mumbai's first Marathon 'MumbaiFLO10k' gave me an immense sense of pride to be partnering with FLO. The Empowerment Run was a huge success .We also organized a sports day for 800 female students of BMC School, where each child was a winner and the smile on their faces was the best reward for me.

With a lot of precious memories, experience that I carry back, friends made forever, I wish to thank all of you for being a part of my wonderful Journey.

Kind regards, **Minali Shah** Chairperson, Mumbai Chapter



Monica Chaturvedi Sr. Vice Chairperson



Anuradha Bhatia Vice Chairperson



COMMITTEE MEMBERS

Hema Narasimhan Treasurer



Nafisa Nimakwala Jt. Treasurer



Shikha Gupta Secretary



Swati Mayekar Imm. Past Chairperson



Change of Guard, April 2017 – Bombay Stock Exchange

The Change of Guard Ceremony was held on 28th April 2017, at the International Convention Hall of The Bombay Stock Exchange. Ms. Minali Shah, Chairperson for the year 2017-18, shared her plans & vision for 2017-18.

E & Y Women Business Leaders Session, May 16,2017



FLO Mumbai Chapter participated in the EY Entrepreneurial Winning Women[™] conference, which was a panel discussion on "Doing Business in India". The session was designed to give the women an overview of the Indian economy, and their role in business in India.





Session on 1100 days completion of Modi Government : May 25, 2017

FLO Mumbai Chapter participated in an event organized by BTVI, India's Premium English Business News channel where students connected with experts from India's top mutual funds and leading brokerage houses.

Demystifying Astrology : June 10, 2017

Riddhi Bahl -Celebrity Astrologer was an excellent speaker who clarified many doubts & explained how astrology has scientific reasons for everything being followed & is not magic. She answered many queries put forth by the audience & also gave some tips.





Networking Event, July 5, 2017

Members had a very good time at the networking event. It was a fun filled event wherein members bonded with each other, had a fun time & discussed about how they can get involved with various FLO activities.



Business Marketing & Funding Strategies: July 14, 2017

FLO Mumbai Chapter had organized an excellent event on Business Marketing & Funding Strategies -14th July 2017 at ISME. Dr. Gita Piramal (Author & Entrepreneur) -Guest of Honour - shared her experiences & journey. Dr. Indu Shahani (Dean ISME), Mr. Jatin Govil (Business Loan Head- ICICI bank) and Ms. Vishakha Singh- Founder Red Polka.com shared their experiences.





Networking Event:August 9, 2017

Members had a very good time at this event at Light House Café-Worli. It was a fun filled event wherein members introduced themselves, had a chat over coffee, discussed their work & how they can get involved in various activities of FLO.



Blissful Retreat at Karjat : July 28-29, 2017

FLO Mumbai Chapter had organized a two day trip to Karjat at Radisson BLU Resort. Many Members participated in the event. An event packed with great bonding, lot of learnings, Nature Walk, Factory visit to Uttam Galva Steel Plant and lots of FUN!



Greener Cleaner Smarter Environment : August 17, 2017

FLO Mumbai Chapter conducted an event on Environmentan initiative to make it Greener Cleaner & Smarter. Ms. Juhi Chawla spoke about the menace of plastic. Ms. Kunti Oza, founder & Chairperson of CLEAN MUMBAI FOUNDATION spoke about e-waste.





Skilling Initiative

FLO Mumbai Chapter has been skilling women in Beauty & Hair Assistant Courses. We at Mumbai have tied up with Nalini & Yasmin Salon which provides training to women in these courses.

We are happy and proud that four girls trained by FLO Mumbai Chapter have been employed. Ms. Poonam Bhaina and Bhumi Makwana are employed with Nalini & Yasmin Salon- Bandra West. Ms. Sujita Kanojia and Ms.Farzana Khan are with Agile Fingers earning rs. 9000/- month.

KUDOS to FLO skilling Team for empowering these women to be financially independent.



Event on Women's Safety – Self Defense : September 9, 2017

FLO Mumbai Chapter took an initiative towards Women's safety which is actually the need of the hour today. The event informed members about an institute started by Aditya Thackeray, son of Shiv Sena chairperson & Actor Akshay Kumar, which provides free training to women at various centres. The purpose is to make women ready to face the challenges and make them confident.





Event on Women Corporate Directors – The Complete Picture : September 23, 2017

FLO Mumbai Chapter hosted an event on Women Corporate Directors – The Complete Picture on 23rd September 2017.The event had two panel discussions with Ms. Rupa Vora, Ms. Rachana Maheshwari, Ms. Smita Affinwala, Ms. Shalini Kamath in Panel 1 and Mr. Suresh Raina from Hunt Partners, Mr. Vikesh Walia – Institute of Directors in Panel 2.

Signing of MOU with AAA Health Care : September 23, 2017

On 23rd September 2017, FLO Mumbai Chapter signed an MOU with AAA Health Care, for Skilling Women for General Duty Assistant and Geriatric Assistant (old age care). Courses are



approved and accredited by Maharashtra State Skill Development Society and Health Care Sector Skills Council.



Sports Conclave for all runner enthusiasts : November 22, 2017

FLO Mumbai Chapter had organized a SPORTS Conclave for all runner enthusiasts on 22nd November 2017 at Edelweiss Auditorium Kalina. The event was a precursor to the upcoming #Mumbai FLO10k on 10th December to support the underprivileged women. The event gave insights on nutrition, strength and endurance that aid in running.

The event had eminent speakers: Ms. Suchita Varadkar-Head Marathon Trainer-Front Runners ; Ms. Balwinder Arora-ACSM Certified Marathon Trainer; Ms. Dr. Rajani Patil – Orthosports and Ms. Smruti Gokhale-Nutritionist.



FLO Mumbai emPOWERment Run : December 10, 2017

FLO Mumbai Chapter had organized a Marathon (emPOWERment Run) on 10th December 2017 at Bandra Fort. The purpose of the RUN was to gather funds for various initiatives of FLO: Build a toilet in Rural areas; Skill a Woman and Donate a Cycle.

Expo was conducted on 8th & 9th December 2017 for distribution of goodie bags to the participants at Phoenix city Mall Kurla. Advocate



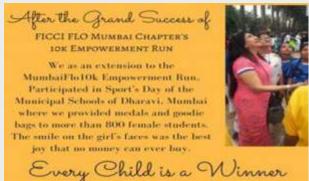
Ashish Shelar, BJP's young leader was the guest of honour. Celebrity guest was Mr. Mickey Mehta – India's leading Holistic Health Guru!



Sports Day Event – Dharavi Sports Complex : December 22,2017

After the successful completion of the Empowerment Run, FLO Mumbai Chapter, as an extension to the Empowerment Run, participated in the Sports Day of Municipal schools of Dharavi.

It was good to see that the scenario of sports is changing in Municipal schools & even girls are participating in large numbers in various sports breaking the stereotypes. More than 800 goodie bags & medals were distributed to the female students.



Success Stories of Emerging Entrepreneurs : January 17, 2018

A session highlighting the success stories on Emerging Entrepreneurs was organized at the US Consulate.

Monal Mehta Kabra- Founder Solar Desk informed that Solar desk focuses on skilling people in making use of solar energy thereby contributing not only to the growth of a developing nation but also enabling them to be independent & enhancing their creativity & talent.

Priyanka Shah-Founder I-Kheti informed that her firm believes that urban farming has the potential to make cities greener.

Sneha Kamath is the founder of She CanDrive, a woman led driving institute in Mumbai that trains only women to drive. Since inception she has successfully trained over 600 women.

Ritika Sahni- Founder & Trustee – Trinayani has been working with Disability related issues for last 20 years and founded Trinayani, a cross disability advocacy NGO in 2006, with the sole desire to inform, communicate and create awareness, tolerance and respect about the world of persons with disabilities amongst the non-disabled population as well as, explore and create equal opportunities for persons with disabilities.





Grooming & Networking Event : February 15, 2018

FLO Mumbai Chapter hosted an event on Grooming & Networking at JUICE Salon in Colaba. It was a fun event where members had a good time networking with each other & also got Hair Analysis, Hair wash & blow dry done.



Health Camp at Kherwadi Municipal School : March 5, 2018

FLO Mumbai Chapter conducted a Health checkup Camp at Kherwadi Municipal School on 5th March 2018. Doctors & Volunteers from NGO- Kasturi foundation informed women attendees about the causes, remedies and self-examination methods for various types of cancers. Basic tests like diabetes, weight, BP was done during the camp.





NORTHEAST CHAPTER

Chairperson's Message



Dear Friends,

When I donned the mantle of Chairperson and walked towards a new horizon, I was not fully aware of the doors and windows that would open and vistas shown. The year has been an amazing learning experience for me. It made me grow individually and socially. It gave me the confidence to perform against odds and made me realize that there is so much one can do for the society. I learnt that even the smallest act of service is bigger than the grandest intention.

An energetic, enthusiastic and supportive team made my journey a cake walk. I will be forever grateful to them for bringing out the essence of team work and the power it effuses.

Focus, dedication, hard work, commitment, to reach out, to give out, to hold hands..... are life's lessons that the platform of FLO has taught me and I am so proud to be a part of it.

I would like to take this opportunity to congratulate National President Vasvi Bharat Ram for a successful tenure and wish the Incoming President Aparna Reddy a fantastic year ahead!

Wishing my successor Sarita Sikaria and her team a very positive and productive 2018-19! God Bless!

Warm regards, **Prabidita Bharati** Chairperson, North East Chapter

COMMITTEE MEMBERS



Sarita Sikaria Sr. Vice Chairperson



Srutimala Duara Vice Chairperson



Juhie Saboo Secretary



Indrani Deb Imm. Past Chairperson



Deepa Hazarika Treasurer





Change of Guard : May 2, 2017

FICCI FLO North East Chapter began its 10th year with Ms. Prabidita Bharati taking over as Chairperson, on 2nd May 2017.

Fire Relief Work : May 3, 2017

In the aftermath of a devastating fire that broke out in Ambari, Guwahati on 2nd May 2017, members of FLO North East Chapter rose to the occasion and came forward to provide immediate relief to 46 families whose homes were reduced to cinders.





Resourceful bonding and Enterprise Meet : May 15, 2017

Interaction and communication help not only Team spirit but also give everyone the chance to get to know each other better. FLO North East Chapter had its Resourceful Bonding and Enterprise meet on 15th May 2017.

Health Camp : May 28, 2017

FLO North East Chapter held a Health Camp on 28th May 2017 at Kharguli Hills, Guwahati. A team of doctors, Past Chairpersons of FLO and a few members attended to nearly 300 patients and distributed free medicines.





World Environment Day : June 5, 2017

On 5th June 2017, World Environment Day, members of FLO North East Chapter along with Chairperson Ms Prabidita Bharati and past chairpersons, bought saplings from Ulubari Nursery, thus supporting the theme of 2017 'Connecting People to Nature...."





Session on GST : June 8, 2017

FLO North East Chapter organized a session on GST (Goods and Service Tax) on 8th June 2017 with Mr. Vivek Jain, an eminent C A by profession, as the guest speaker.

Personal Branding : June 13, 2017

On 13th June 2017 FLO North East Chapter organized an interactive session on Personal branding - Power talk by Mira Gulati Swarup. Through her workshop, Mira provided expert etiquette advice for effectively steering contemporary life situations.





Yoga Session : June 21, 2017

On 21st June 2017, International Yoga day, a Yoga session was organised in Shradhanjali Kanan, Zoo Road, Guwahati.



Networking Lunch : August 12, 2017

On 12th August 2017, FLO North East Chapter under the able leadership of Chairperson Ms Prabidita Bharati organized a contributory affaire, a merry get- together.. with a demo session around wellness & a mix of some games and fun prizes... of course the main attraction- Power talk on Public speaking by our own member Prerna Agarwal.





Flood Relief : August 19, 2017

FLO Northeast Chapter, under the leadership of Chairperson Prabidita Bharati, undertook a relief operation for the flood victims of Pobitra area. Carrying relief material for 100 odd families, the team could reach and succeed in distributing these materials to the most needy.

Teachers' Day : September 5, 2017

On 5th September 2017, FLO North East Chapter celebrated Teacher's Day by felicitating our in house Educators and gifted a potted plant to each of them .The chief guest Ms Anubha Goel, Principal Royal Global School, graced the occasion with her presence.





USHA sewing School: October 20, 2017

A demand for a sewing and tailoring school was felt for quite sometime in Mirza which is about 40 km from Guwahati. On 20th October 2017 Ficci FLO North East Chapter in consultation with Usha International set up USHA Sewing school with 3 machines and 20 students.

A teacher was appointed and at the end of a 3 months course, the students were given certificates by USHA. Usha certificates go a long way in acquiring loans to set up business and enterprises.'



Diwali celebration : October 24, 2017

Diwali was celebrated with great joy and enthusiasm on 24th October 2017 by FICCI FLO North East Chapter in Guwahati Gymkhana club. The banquet hall was illuminated with lights and colourful decor. Members dressed up in their traditional best. A great assortment of Indian cuisine and desserts were served for snacks.





Weavers Meet: October 28, 2017

FICCI FLO North East Chapter organised a meeting with Rakhee Barua, a weaving consultant, and trainer on 28th October 2017, who advised the weavers on how to make their daily weaving into an economic prospect by better management.

She shared with them few ideas and tips which is beneficial to the artisan entrepreneurs and will help them progress in life and become the role models of success for other village artisans.



Work your Rights – Sexual Harassment : November 8, 2017

FLO North East Chapter had organised a talk on Work your Rights – sexual harassment at work; on 8th November 2017. The keynote address by Reena George threw some light on the topic and enlightened us about the Vishakha Guidelines which was stipulated by Supreme court of India in 1997 regarding sexual harassment at work place.



In Conversation with Adil Hussain : November 22, 2017

FLO North East Chapter on 22nd November 2017 had organised a live interaction with Adil Hussain – an Indian stage, television and film actor who works in mainstream Bollywood as well as art house cinema. His words on his past and present works, his journey to Bollywood and about his family, reflected his simplicity and down to earth nature and kept the audience engaged the whole two hours.





A workshop of Natural Dyes on Eri : December 1, 2017

A workshop of Natural Dyes on Eri was held in Kaziranga from 1st of December 2017. The workshop was for 10 days and FLO North East Chapter sponsored the course for 10 girls. All the girls are weavers of eri fabric and participation in this workshop will help them to dye their own threads or fabric. The dyes used are purely natural and organic and readily available in the

woods of Kaziranga. Henna, turmeric, hibiscus, jasmine, onion peels, indigo, powder puffs etc. are some of the readily available raw material sources.





Women on Depression-An Illness not Weakness : January 18, 2018

FLO North East Chapter organised a talk by Dr. Rajiv Siotia on Women in Depression – An Illness not a weakness. Dr. Siotia, Consultant Psychiatrist, Melbourne, Australia gave a beautiful insight on the topic and how not to stigmatize those with mental illness. He stressed that all should take an initiative to educate themselves.

Cervical cancer – Detectable, Preventable and Treatable : January 21, 2018

FLO North East Chapter organised an awareness programme in collaboration



with Apollo Hospital 21st January 2018. Dr. Him Leena enlightened the audience about reasons, problems and preventions of cervical cancer. Dr Aloka Goswami, Gynecologist explained about Breast Cancer and how to do a self test. The motivational talk by Dr Minoti Borthakur, a cancer survivor for 24 years, left us spell bound by her positive attitude to life. Coupons were also distributed by Apollo Hospital for free pap smear tests and discounts on whole body tests.



Forging Ties with ASEAN : January 28, 2018

In support of women entrepreneurs FLO Northeast had an interactive session on forging ties with ASEAN on 28th January 2018 in Guwahati – the speaker being Pacita Juan and Vinita Bimbhet, Co-Chair of Indian Asean women business forum. ECHO store owner Pacita Juan is not just a leader in the coffee industry and sustainable lifestyle – she is also a leader in ensuring that women have a real voice in all aspects of society.

Other delegates Suparna Trikha, New Delhi is a well-known natural beauty expert of herbs and ingredients and a columnist; and Ma Khine Zaw an industrialist from Myanmar.



Factory visit to KN Industries : February 6, 2018

FLO North East Chapter had organised a factory tour of member Ms Hemaprabha Devi's KN Industries in Magaldoi on 6th February 2018. KN Industries manufactures 2000 LPG cylinders per day and supplies to Indian Oil, ONGC, Bharat Gas etc. and also to Bhutan, Nepal and Myanmar.

The visit was followed by an interaction with 2 most prominent



industrialists of the region, Anupam Deka of Repose and Pankaj Sarma, of Rhino plastics, which was informative and insightful.

FLO Women Achievers Award of Excellence : February 15, 2018

An event is held annually by FICCI Flo North East Chapter to celebrate the achievements and pay tribute to exceptional women entrepreneurs who have built businesses with a significant impact on the economy and to the community. These achievers are inspirational leaders and role models for all.

The awardees this year were: Lakhimi Baruah Bhuyan: The lady with the Midas touch; Hanjabam Shubhra Devi: Empowering women from the kitchen; Leena Saikia: Walking down the spice lane; Bano Haralu: Flying high ... with the falcons and Saroj Khemka: An entrepreneur with a philanthropist heart.

The awards were handed over by Chief Minister of Assam Sarbananda Sonowal – most vibrant and dynamic leader who presided over the event.





PUNE CHAPTER Chairperson's Message



Dear Friends,

This year as the Chairperson of the Pune Chapter, I have had the opportunity to interact with women from different walks of life who have supported and contributed to the growth of the chapter. My theme for the year has been 'ICE' (IMPACT, COMMIT AND ENRICH). We have tried our best to revolve all our events and programs under this theme to ensure that our members have had an enriched learning.

With a strong base of 300 women members, we accomplished some truly wonderful things. It has indeed been a rewarding and fulfilling journey for the team of the Pune Chapter as we transformed, under the "Skilling" Initiative 320 girls and made them more confident individuals, the 'Run for Empowerment' at the FLO Marathon had 7000 participants support this cause and this is our annual fundraiser wherein we raise funds for our social initiatives. Our second edition of the Lit Fest-Shabdotsav was a huge success and had 30 celebrities and authors in attendance along with book launches and workshops. To achieve results is the true measure of a team... and our results speak for themselves. I would like to thank my various committees for working so hard to make this year a successful and impactful one. As a team we have tried to make a positive difference in the lives of many women.

Warm regards, Varsha Chordia Chairperson, Pune Chapter

COMMITTEE MEMBERS



Sangeeta Lalwani Sr. Vice Chairperson



Ritu Prakash Chhabria Secretary



Christine Khalsa Vice Chairperson



Usha Poonawalla Jt. Secretary



Aneeta Sanas Treasurer



Sabina Sanghvi Imm. Past Chairperson



Interaction with India's leading Fitness and Wellness Icon Nawaz Modi Singhania : May 5, 2017

Nawaz Modi Singhania addressed the FLO Pune members in an interactive chat on fitness and wellness. In her words "Fitness is critical to one's health, to the way one looks, to maintain the body, to anti-ageing and to mental well-being. The fitter you are, the healthier you will be".





Rendezvous with the dynamic and versatile Bollywood Star Preity Zinta : June 20, 2017

This tete- a -tete with Preity Zinta gave us a peep into her early childhood and her foray into acting, joining Bollywood and today being a women entrepreneur. She always knew that there was a life beyond movies for her. She lives by believing in the fact that "anything is possible in life, if you aren't desperate".

Interaction and discussion with cybercrime and cyber security expert Mr. Ritesh Bhatia : July 22, 2017

FLO Pune chapter organized an insight into new age cybercrimes with Mr. Ritesh Bhatia who is an eminent cyber security consultant. He was recently invited by Interpol at Singapore to share his views on this interesting subject.





Session with renowned world famous celebrity astrologer Dr. Sundeep Kochar : August 10, 2017

A modern avatar, Sandeep believes in breaking rules and doesn't comply to the "panditji" image, indulging in shayari, rather than spiritual mantras. "If you want to strengthen your luck, become spiritual. When you meditate and connect with yourself, you don't need any astrologer."



Holistic and Wellness Retreat to Atmantan, Mulshi : September 12, 13 & 14, 2017

A truly rejuvenating and refreshing time for the FLO Pune Members.Atmantan, a luxury wellness resort located at Mulshi, near Pune, offered 2 days of pure bliss amidst the backdrop of the Sahyadri mountain range.





Sacred Dance & Whirling Mandala workshop by Dr. Zia Nath : October 27, 2017

The workshop was an immersion into the world of Sacred Dance and Whirling Mandala. We explored centering exercises and movements from the works of George Gurdjieff- An Armenian mystic who gave an important place to dance in the journey to our higher consciousness. With this we understand the relational co-operation between of 3 centres of ourselves – mind, body & heart.

Pune FLO Half Marathon : October 8, 2017

The flagship event of the FICCI FLO Pune Chapter, the Pune FLO Half Marathon, a run for women e m p o w e r m e n t w a s a phenomenal success with over 7000+ participants.

In addition to this fundraising activity was a release of a souvenir by the guest of honor -Amruta Fadnavis, the first lady



of Maharashtra. Other guests of honor Vishwas Nangare Patil – IAS. Mr. Krishna Prakash – IPS and Corporate Heads were present on this occasion.





Mask workshop – 'Finding Yourself' to destress and rejuvenate your inner self with celebrity artist Ajay Deshpande : November 18, 2017

Celebrity Artist Ajay Deshpande took the members on a creative journey to create a piece of art for their home.

Workshop on Role of Women in Family Business : November 22, 2017

India's leading corporate governance firm KPMG, conducted a workshop for "Role of Women in Family Business" and this included topics such as governance, growth, wealth preservation and philanthropy.





Interaction with child prodigy Tanmay Bakshi a computer genius working with IBM on Artificial Intelligence : January 2, 2018

An interaction with the 13 year old IBM Watson programmer Tanmay Bakshi, an Indian origin computer genius who fell in love with computers at the age of 5, released his first iphone app at 9 and now at 13 is working with IBM on Artificial Intelligence.

Visit to NDA – the first tri-service academy in the world : January 13, 2018

Members bonded while visiting the National Defence Academy in Khadakvasla, Pune. Truly called as the "Cradle of Leadership", the NDA visit covered the equestrian centre, museum, Peacock Bay, iconic Sudan Block and the highlight being a tete- a- tete with lady officers over hi-tea at the officer's mess.







Awakening' session with eminent spiritual leader Sister Shivani : February 2, 2018

A session called "Spiritual Wisdom for Changing Times" was organized with Sister Shivani. A strong audience of 600+ were present for this session. A blessed afternoon of experiencing inner peace and power.

Pune Chapter SHABDOTSAV – A Literary Festival : February 3-4, 2018

The 2nd Edition of the FLO Pune Chapter SHABDOTSAV was a huge success in association with Symbiosis Institute. The inaugural session was at the hands of Hon. Min. Babul Supriyo and Javed Akhtar.

Celebrity sessions and book launches – Hema Malani , Rishi Kapoor , Sanjeev Kapoor, Dr. Sarita Dawre & Mickey Mehta



Two action packed days with panel discussions, workshops, wellness sessions and media political debates were the key highlights of the fest, attended by 500+ audience

Human Trafficking Event : February 12, 2018

FLO Pune conducted an interesting and sensitive panel discussion in the red light area of Pune with social and sex workers on Human Trafficking. Members lent the gruesome stories of the speakers a patient ear with compassion and attention. A true eye opener session for all of us to learn about the challenging lives they lead.





UTTARAKHAND CHAPTER

Chairperson's Message



Dear Friends,

'Leadership and learning are indispensable to each other', and my journey of setting up a new chapter of FLO in my native state of Uttarakhand has made every day a further wisdom for me. I feel fortunate to have got this opportunity and am truly grateful to the people because of whom this has been possible, and to God. Even though I have been a businesswoman for over two decades now, starting a new FLO chapter has been a completely new experience with its unique set of challenges. Networking with a large number of women from varied backgrounds, working with an excellent core team, conceptualizing and executing FLO activities and seeing FLO strengthen its presence in Uttarakhand has been a learning. I am passionately working on implementing FLO's national vision and agenda in the state I trace my roots to. I am delighted to share that even though our Uttarakhand chapter is only two-months old, FLO has established strong credentials in the region which is also reflected in the widespread media coverage that all our events have been getting.

I am very thankful to Vasvi Bharatram for this opportunity and all the national team members along with chapter-chairs for standing by me. I am also overwhelmed with the unconditional support and talent of my core and extended team, thank you for being so wonderful and for believing in me! It has been thirteen years since I became a part of the FLO family, and FLO is at the essence of my life and my identity. It is my belief that FLO is an ideal platform for a woman to be herself and realize her dreams, and we at FLO can make a huge impact in nation building and societal development at large. A big thank you to the presidium and FLO secretariat for their continuous support. I am looking forward to receiving similar guidance and encouragement from the incoming president and my cochairpersons.

As I have learnt from setting up the FLO Uttarakhand chapter, let us not be afraid to try new things, but step out of our comfort zones and fly high.

Long live FLO!

Warm Regards, **Shilpi Arora** Chairperson, Uttarakhand Chapter

COMMITTEE MEMBERS



Nazia Izuddin Sr. Vice Chairperson



Sarika Panchhi Jt. Treasurer



Kiran Bhatt Vice Chairperson



Puja Aggarwal Secretary



Anupama Khanna Treasurer



Komal Batra Jt. Secretary





Launch of Uttarakhand Chapter : January 13, 2018

FLO Uttarakhand Chapter was launched on January 13, 2018 by Shri Trivendra Singh Rawat, Chief Minister of Uttarakhand, in presence of Ms. Dia Mirza, Actor, Producer & UN Environment Ambassador and Smt. Rekha Arya, Hon'ble Minister of Women Empowerment & Child Development, Uttarakhand. Shilpi Arora, FLO Governing Body Member was announced as the first Chairperson of Uttarakhand Chapter.

FLO Women's Car Rally in support of "Save the Girl Child" : January 14, 2018

The first programme of FLO Uttarakhand Chapter was a Women's Car Rally in support of "Save the Girl Child" on January 14, 2918. It was flagged of by The Hon'ble Chief Minister from his residence.

The rally saw enthusiastic participation with almost 60 cars helmed by over 150 women drivers and navigators traverse through Clock Tower and Rajpur Road before reaching Antara Senior Living where



the event concluded. The cars were decorated with colorful stickers, balloons and flowers accentuating the 'Save Girl Child' message.





FLO Talk on "From Women's Education to Empowerment" : February 16, 2018

Uttarakhand Chapter Organized a talk on "From Women's Education to Empowerment: A Man's Perspective". The event was hosted by Shilpi Arora, Chairperson FLO Uttarakhand and moderated by Sarika Panchhi, joint treasurer FLO Uttarakhand.

The keynote address was given by Professor Dinesh Singh, Former Vice Chancellor of University of Delhi. He gave examples of great achievers who excelled without an academic degree. He also shared his unique viewpoint that "Every woman has an inner Drumbeat. Recognising that is important than getting a formal degree".

The event also saw the Welham boy's principal, Gunmeet Bindra and the Managing Director of Doon International Group of Schools, Gaganjyot Mann, sharing their thoughts on the topic with the attendees.



FLO Member's Networking Meet on "International Women's Week" : March 11, 2018

FLO Uttarakhand organized a Member's networking meet on the occasion of International Women's Day with MP Mala Rajyalakshmi Shah Member of Parliament as guest of honour. Mrs. Gaganjyot Mann was the day chair hosting the event.

Chairperson Ms. Shilpi Arora, while talking to media added that FLO Uttarakhand is putting major efforts towards women empowerment in the state and shall launch various awareness programs for social change as well as skill development to improve the financial state of women.

Mrs. Rajyalakshmi narrated the present condition of the parliament and the lack of women leaders in politics and



expressed words of encouragement to all who were present. Amongst the discussion there were various bonding exercises for the members to break the ice and a healthy participation could be seen from all present.







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towards India's

development has

been astonishing. They are going from strength to strength in every sphere of life playing a very significant role in the social and economic development. In public life and in the corporate world, women have broken the glass ceiling. Indian women CEOs on one side, are making a mark as top leaders faring better than Europe. On the other side, at the grassroot level, their performance as entrepreneurs & educators have been remarkable owing to their incredible dedication and sheer hard work. Women are changing our country for the better, as they bring in the passion and sensibilities that make everyone around them excel. Sleepwell Foundation has been actively working towards transforming lives of young women through its Holistic Proactive Wellness initiatives. Our activities span issues that impinge on national interest: Education, Skill Development, Entrepreneurship, and Emotional Weilness, Through Awareness, Action and Advocacy, we are making a difference in lives of youth. We once again dedicate ourselves to help young Indian women unlock their true potent-



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